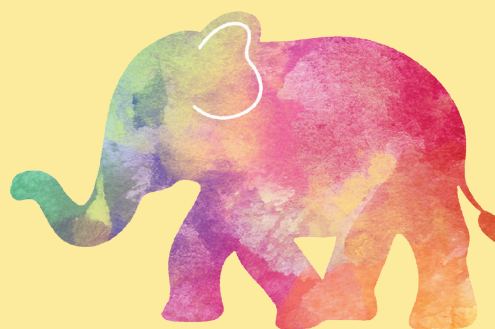


# Gathering of Kindness



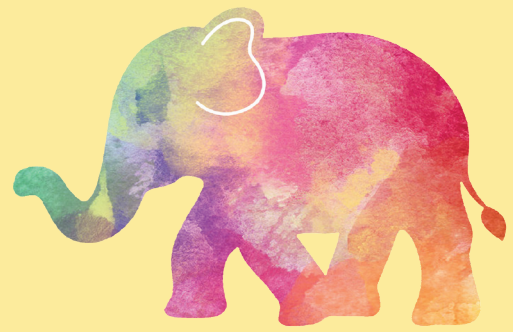
Thursday 14th November 2019

<b>8.30am - 9.00am</b>	Registrations open
<b>Welcome</b>	<b>Acknowledgement of Traditional Owners</b> Welcome: Prof Catherine Crock AM
<b>Session 1</b>	<b>Kindness in high performing environments – are we getting it right?</b> – Julia Harper, Director, Health, Ageing and Human Services, KPMG.  Julia will share her insights and experiences on the role of kindness in high stakes environments and will ask us whether the way we work is driving the opposite of what we need. She will draw on lessons from the current Royal Commissions and her own work with the Hush Foundation looking at practical approaches to kindness in our everyday work.
<b>Session 2</b>	<b>‘Kalamity to kindness’ - Bringing Arts and Health together</b> – A monologue on kindness with Inaugural Kindness Ambassador, Alan Hopgood AM
<b>Session 3</b>	<b>The Dignity in Kindness – Dr Linda Barclay, Monash University</b>  There are many ways in which we can be kind to one another, and many benefits to being kind. One of the ways we can show kindness to those whom we care for is to uphold their dignity. In this session we will explore what it means to uphold a person’s dignity, and why it matters so much that we do so.
<b>10.20am - 10.35am</b>	<b>MORNING TEA BREAK</b>
<b>2-minute mindfulness with Sharee Johnson, Executive Coach</b>	
<b>Session 4</b>	<b>Hospital Leaders Forum – Panel Discussion</b>  Nothing is off limits. Hear from visionary leaders in health, aged care and the consumer and staff experience talking about the “ <b>elephants in the room</b> ” of healthcare.  Chaired by Dr Gemma Sharp, NHMRC Early Career Fellow / Clinical Psychologist, Monash Alfred Psychiatry Research Centre.  <b>Panellists include:</b> <ul style="list-style-type: none"> <li>• Dr Cathy Balding, FCHSM, GAICD, Managing Director, Qualityworks.</li> <li>• Tom Symondson, Chief Executive Officer, Victorian Healthcare Association.</li> <li>• Dr Paul Harrison, PHD, GAICD, Co-Director, Deakin Business School’s Centre for Employee and Consumer Wellbeing.</li> <li>• Dr Lorraine Dickey, MD FBA FAAB, Founder and CEO, The Narrative Initiative (USA).</li> <li>• Duane Attree, Managing Director, Potential(x) and CEO, Health Roundtable.</li> </ul>

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<b>Session 5</b>	<p><b>Launch of new book: <u><a href="#">Bird's Eye View: Stories from a life lived in health care</a></u></b></p> <p>Sue Robins, Canadian Patient Storyteller and Author is joining us to officially launch her new book, Bird's Eye View: Stories from a life lived in health care.</p> <p>This will be a conversation facilitated by Nathan Scolaro, Editor of Dumbo Feather Magazine.</p>
<b>Session 6</b>	<p><b>Perspectives on kindness – Assoc. Prof David Brewster, Academic and clinician, and Toula Saltas, Patient Experience Manager at Cabrini Health.</b></p> <p>David and Toula will host a conversation with medical students Lauren and India, and patient Fran about adding kindness to healthcare, including strategies and research on what works.</p>
<b>1.00pm - 1.45pm</b>	<p><b>LUNCHTIME</b> <b>Music sojourn:</b> String Quartet will play music from Hush Foundation.</p>
<b>1.45pm - 2.00pm</b>	<p><b>Summary and close.</b></p>
<b>2.00pm - 2.30pm</b>	<p><b>A networking opportunity for all.</b></p>

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