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| b97d43_296573239b324bec8d13278f588fd3f7.jpeg ***PB Blueberry Banana Smoothie***  *MyPlate2Yours - Lynn Dugan* Serving Size: 2Ingredients 1/2 cup vanilla yogurt  1/2 cup milk  1/4 cup quick oats  1/2 large banana  1/2 cup frozen blueberries  2 tablespoons creamy peanut butter Directions Blend on high for 1 minute until smooth. Pour into two glasses. Enjoy! |