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| b97d43_296573239b324bec8d13278f588fd3f7.jpeg***PB Blueberry Banana Smoothie****MyPlate2Yours - Lynn Dugan*Serving Size: 2Ingredients1/2 cup vanilla yogurt1/2 cup milk1/4 cup quick oats1/2 large banana1/2 cup frozen blueberries2 tablespoons creamy peanut butterDirectionsBlend on high for 1 minute until smooth. Pour into two glasses. Enjoy! |