



**EQUESTRIAN  
SUCCESS AND MINDSET  
CLINIC  
RIDDEN & THEORY SESSIONS**

Every rider knows that their riding skills determine their success.

What riders often don't know is that mental strength is as important, if not more so. Tanja focuses more on the rider's mind and body and has worked with riders of all levels from Pony Club kids and beginner adults to international competitors. She has helped dozens of riders regain their confidence and achieve success beyond their expectations by combining skilful riding techniques with 'mindset' coaching.

For more details: [www.tanjamitton.com](http://www.tanjamitton.com)

Facebook: [www.facebook.com/tanja.mitton](http://www.facebook.com/tanja.mitton)

**When:** Sunday 8th March 2015

**Where:** Edenfield Stables, Vernor.

**Cost:** \$75 Private Ridden Session

\$75 Group Theory Session

\$150 Private Ridden & Group Theory Session

\$110 Private Theory Session

**BOOKINGS ONLINE:**

<http://events.constantcontact.com/register/event?llr=86lra8eab&oeidk=a07ea7lbvmkc3bf015f>

To receive updates on future Tanja Mitton Clinics at Edenfield Stables email: [info@edenfield.com.au](mailto:info@edenfield.com.au)



Contact: Emma Schulz 0408 489 322

3497 Forest Hill—Fernvale Road Vernor QLD 4306

E: [info@edenfield.com.au](mailto:info@edenfield.com.au)

W: [www.edenfield.com.au](http://www.edenfield.com.au)