

Uitslag solo's triatlon De Bres 2019

Plaats	Startnr	Naam	Categorie	Prestatie	Zwemmen	Fietsen	Lopen
1	1	Van Looveren Jens	H-40	49:26	0:05:36	30:05	13:46
2	37	De Wolf Ben	H-40	49:54	0:05:45	29:58	14:12
3	175	Robbe Janssens	H-40	50:41	0:05:04	30:41	14:57
4	94	Oris Maarten	H-40	50:47	0:05:58	30:27	14:23
5	152	Wera Wout	H-40	50:50	0:05:42	30:52	14:16
6	116	Steenackers Tom	H-40	51:10	0:06:08	30:32	14:31
7	191	Senne Bes	H-40	51:13			14:33
8	184	Stijn Weyts	H-40	51:21	0:06:20	30:08	14:53
9	194	Rens De Ridder	H-40	51:37	0:06:09	30:35	14:54
10	72	Kennis Glenn	H-40	51:39	0:05:58	30:35	15:06
11	89	Neel Tim	H-40	51:40	0:06:00	30:33	15:08
12	147	Vissers Dries	H-40	51:53	0:06:21	30:08	15:25
13	109	Schoonvliet Stein	H-40	52:02	0:05:48	30:41	15:33
14	99	Philips Siebe	H-40	52:08	0:05:50	30:30	15:48
15	34	de Kort Simon	H-40	52:35	0:05:49	30:48	15:59
16	29	De Bock Hannes	H-40	52:46	0:07:06	30:47	14:54
17	58	Hendrickx Bart	H-40	52:53			15:03
18	85	Mertens Jeff	H-40	52:58	0:06:51	31:01	15:07
19	178	Steven Eyckmans	H-40	52:58	0:06:41	32:00	14:17
20	414	Schoofs Tom	H+40	52:58	0:06:42	31:45	14:33
21	477	Paul Embrechts	H+40	53:03	0:06:21	32:02	14:41
22	124	Van den Buys Dieter	H-40	53:33	0:06:35	32:02	14:56
23	11	Baelus Wouter	H-40	53:44	0:05:46	31:27	16:31
24	353	Baelus Nick	H+40	53:54	0:06:26	31:51	15:39
25	55	Ghielens Wout	H-40	53:57	0:05:40	32:32	15:47
26	52	Francken Lennert	H-40	54:00	0:07:33	31:04	15:24
27	98	PERAY Elias	H-40	54:02	0:05:51	30:48	17:24
28	10	Aurélian Gheerardyn	H-40	54:04	0:07:48	31:17	15:00
29	157	Seppe Wauters	H-40	54:25	0:07:26	31:05	15:55
30	163	Stef Anthonissen	H-40	54:28	0:08:16	30:31	15:42
31	392	Ienaerts Gert	H+40	54:34	0:07:03	31:58	15:34
32	111	Sneyders Jente	H-40	54:39	0:08:10	30:53	15:36
33	404	nicolaï Pieter	H+40	54:45	0:06:23	32:03	16:19
34	125	Van Den Heuvel Steven	H-40	55:00	0:07:49	30:55	16:17
35	65	HUYGENS Glen	H-40	55:01	0:07:43	31:03	16:16
36	145	Vermeulen Ward	H-40	55:01	0:07:50	30:56	16:16
37	73	Kennis Nick	H-40	55:02	0:07:42	31:01	16:20
38	8	Aertsen Thomas	H-40	55:13	0:07:26	31:15	16:33
39	358	Bogaerts Steven	H+40	55:17	0:09:04	31:22	14:52
40	181	Sam Neel	H-40	55:28	0:06:53	32:21	16:15
41	54	Ghielens Robbe	H-40	55:29	0:06:33	32:29	16:28
42	139	Van Velthoven Koen	H-40	55:38	0:07:16	31:20	17:03
43	53	Geerts Jan	H-40	55:42	0:07:57	30:21	17:25
44	384	Hinneman Ronny	H+40	55:44	0:07:13	31:52	16:40
45	442	Vannueten Bart	H+40	55:46	0:07:28	31:36	16:43
46	186	Kristof Stevens	H-40	55:47	0:07:46	31:23	16:39
47	130	Van Hasselt Bart	H-40	55:53	0:08:17	30:45	16:52

48	68	Janssen Wout	H-40	55:56	0:07:39	31:04	17:14
49	123	Van de Heyning Koen	H-40	55:58	0:07:44	31:12	17:02
50	14	Bolckmans Lenz	H-40	56:00	0:05:48	32:27	17:46
51	59	Hens Jan	H-40	56:01	0:07:12	31:15	17:35
52	179	Lander Van Dijck	H-40	56:02	0:08:32	31:19	16:12
53	434	van Dyck Wim	H+40	56:04	0:07:14	31:39	17:12
54	12	Bevers Stef	H-40	56:14	0:08:07	31:00	17:07
55	377	Geerts Peter	H+40	56:21	0:07:47	32:05	16:31
56	9	Appels Alexander	H-40	56:22	0:07:09	32:02	17:12
57	187	Bert Aernouts	H-40	56:24	0:07:37	31:18	17:29
58	382	Helfensteyn Dave	H+40	56:27	0:06:37	32:28	17:24
59	126	van der Auwera Dave	H-40	56:33	0:07:07	31:59	17:28
60	141	Vanwesenbeeck Arvid	H-40	56:49	0:08:55	32:02	15:53
61	112	Sommen Bart	H-40	56:55	0:07:36	31:48	17:32
62	40	Dekkers Robin	H-40	57:10	0:08:40	31:26	17:05
63	81	Meeusen Axel	H-40	57:21	0:08:10	32:39	16:33
64	119	teblick Jonas	H-40	57:27	0:07:30	33:16	16:41
65	457	Wouters Lieven	H+40	57:31	0:08:07	31:51	17:34
66	76	Latinne Reynaldo	H-40	57:34	0:08:25	33:55	15:14
67	39	Deckers Jan	H-40	57:41	0:08:43	31:33	17:26
68	27	daeleman Steve	H-40	57:43	0:08:12	32:02	17:30
69	122	Van de Heyning Geert	H-40	57:44	0:07:05	31:56	18:43
70	363	de Bie Werner	H+40	57:45	0:07:07	32:00	18:40
71	172	Davy Woestenborghs	H-40	57:47	0:08:52	31:25	17:30
72	378	Geysen Wout	H+40	58:00	0:08:33	32:14	17:13
73	156	Wout De Bal	H-40	58:14	0:08:12	32:59	17:03
74	144	Vermeiren Stijn	H-40	58:26	0:08:37	32:31	17:18
75	2	Accou Juul	H-40	58:26	0:09:00	32:54	16:33
76	56	Gysbrechts Philippe	H-40	58:28	0:08:48	31:22	18:19
77	84	Mertens Ben	H-40	58:36	0:09:46	32:14	16:37
78	472	Stijn Claes	H+40	58:36	0:10:41	31:52	16:04
79	185	Hans Van Gastel	H-40	58:38	0:08:32	31:42	18:25
80	446	Vermeiren Stijn	H+40	58:39	0:08:07	32:10	18:23
81	177	Gert Anthonissen	H-40	58:40	0:09:14	32:40	16:46
82	476	Jimmy Verhoeven	H+40	58:40	0:08:39	32:32	17:30
83	142	Verheyen Jens	H-40	58:42	0:08:23	32:53	17:26
84	189	Jan Kenis	H-40	58:42	0:07:17	31:42	19:44
85	410	Renders Dennis	H+40	58:43	0:09:13	32:19	17:12
86	458	Wurms Yorck	H+40	58:48	0:06:56	33:10	18:43
87	78	Maegh Stijn	H-40	58:49	0:08:28	31:56	18:27
88	466	Stefan Flerackers	H+40	58:49	0:07:07	32:07	19:36
89	360	Burvenich Jo	H+40	58:50	0:08:32	32:55	17:24
90	149	Vissers Joppe	H-40	58:50	0:07:37	32:29	18:45
91	413	Schoofs Chris	H+40	58:53	0:08:40	32:46	17:29
92	438	Van Riel Paul	H+40	58:57	0:09:23	32:12	17:23
93	153	Wijgers Pieter	H-40	58:58	0:08:16	32:53	17:49
94	254	Eynde Kaat Van	D-40	58:58	0:06:15	35:49	16:54
95	381	Govers Kris	H+40	59:00	0:08:08	32:47	18:07
96	183	Tim Monsieurs	H-40	59:02	0:09:03	32:54	17:05
97	190	Stoffel Van Eeckhoudt	H-40	59:04	0:08:09	32:37	18:20

98	401	Mertens Chris	H+40	59:06	0:10:09	32:43	16:15
99	482	Nico Mullens	H+40	59:14	0:08:11	48:38	17:26
100	180	Stef Roes	H-40	59:16	0:07:55	32:43	18:38
101	138	van Overveld Evert	H-40	59:18	0:10:28	33:50	15:01
102	173	Bob Gagelmans	H-40	59:18	0:08:36	32:05	18:37
103	361	Busch William	H+40	59:21	0:08:54	33:55	16:33
104	429	Van den Broeck Herman	H+40	59:25	0:07:43	33:46	17:57
105	356	Bjarne Tumelaire	H+40	59:30	0:07:41	33:36	18:14
106	439	Van Thillo Peter	H+40	59:34	0:08:54	32:32	18:10
107	6	Adriaenssen Jeroen	H-40	59:35	0:08:32	33:00	18:04
108	7	Aertsen Lucas	H-40	59:42	0:07:44	30:58	21:01
109	170	Tom Van Den Borne	H-40	59:44	0:10:08	31:21	18:16
110	474	Wim De Voeght	H+40	59:48	0:08:28	33:22	17:59
111	16	Bouziane Yusri	H-40	59:56	0:08:09	34:06	17:43
112	355	Bie Werner De	H+40	59:57	0:09:20	33:40	16:58
113	280	Van Leuven Sharon	D-40	59:59	0:06:38	35:28	17:53
114	176	Max Wemmers	H-40	59:59	0:08:29	32:14	19:17
115	463	Kris Verhaert	H+40	1:00:02	0:09:29	32:25	18:09
116	88	Muyters Yves	H-40	1:00:04	0:09:24	33:42	16:59
117	359	Bouziane Mohamed	H+40	1:00:12	0:09:03	32:31	18:38
118	352	Baekelmans Johan	H+40	1:00:15	0:08:37	33:23	18:15
119	468	Koen Chantrain	H+40	1:00:26	0:10:55	31:50	17:43
120	222	Van den Elsen Sofie	D+40	1:00:27	0:07:03	35:30	17:55
121	285	Vanendert Jolien	D-40	1:00:27	0:07:07	35:06	18:15
122	470	Dirk Van Dyck	H+40	1:00:29	0:08:15	31:50	20:26
123	302	Jolien Boonen	D-40	1:00:29	0:08:55	36:04	15:31
124	351	Adam Tom	H+40	1:00:35	0:07:28	33:55	19:13
125	286	Verjans Sarah	D-40	1:00:36	0:07:08	35:19	18:10
126	121	Tilburgs Tim	H-40	1:00:37	0:09:14	32:27	18:57
127	420	Stabel Ronny	H+40	1:00:43	0:09:58	32:56	17:49
128	100	Pillaert Bert	H-40	1:00:49	0:08:05	33:13	19:31
129	133	Van Herck Pieter	H-40	1:00:55	0:08:37	33:33	18:45
130	450	vervloet Kurt	H+40	1:00:56	0:10:13	32:38	18:07
131	129	Van Gils Gertjan	H-40	1:01:07	0:09:16	33:54	17:58
132	182	Christophe Troch	H-40	1:01:08	0:08:16	33:07	19:47
133	388	Kenis Filip	H+40	1:01:10	0:10:42	34:36	15:53
134	444	Verheyen Wim	H+40	1:01:14	0:10:21	32:22	18:31
135	134	Van Hout Marnix	H-40	1:01:15	0:09:18	32:41	19:16
136	432	Van Dijck Jan	H+40	1:01:21	0:08:45	32:57	19:40
137	393	Libbrecht Diederik	H+40	1:01:24	0:09:55	32:47	18:42
138	370	Decombes Walter	H+40	1:01:24	0:09:59	33:04	18:22
139	440	Vanbelle Patrick	H+40	1:01:39	0:09:31	33:23	18:46
140	38	Decat Frederiek	H-40	1:01:47	0:07:46	35:18	18:43
141	272	Swaenen Ellen	D-40	1:01:57	0:07:33	34:52	19:32
142	433	van Dijck Polle	H+40	1:02:02	0:08:51	33:07	20:05
143	161	Brent Meyvis	H-40	1:02:02	0:10:18	33:37	18:08
144	146	Vermeylen Ruben	H-40	1:02:17	0:07:52	34:30	19:55
145	18	Ceulemans Jorn	H-40	1:02:22	0:09:09	33:05	20:09
146	50	Dufraing Jasper	H-40	1:02:22	0:09:48	34:44	17:51
147	132	Van Hecken Pieter	H-40	1:02:25	0:10:13	34:06	18:07

148	385	Horrevorst Raf	H+40	1:02:26	0:08:31	33:26	20:30
149	102	Poels Harmen	H-40	1:02:27	0:08:04	36:39	17:45
150	47	Donder Rudy De	H-40	1:02:39	0:07:57	34:49	19:53
151	456	Wouters Koen	H+40	1:02:41	0:09:46	35:07	17:49
152	135	Van Kerchove Tjimmy	H-40	1:02:41	0:08:40	35:36	18:26
153	154	wijnants Kris	H-40	1:02:43	0:10:14	34:11	18:18
154	70	Joosen Wim	H-40	1:02:46	0:09:18	37:22	16:08
155	295	Wouters Ine	D-40	1:03:04	0:07:55	36:10	18:59
156	15	Bosschaerts Bart	H-40	1:03:14	0:08:27	35:47	19:01
157	430	Van den Broeck Werner	H+40	1:03:14	0:06:54	34:11	22:10
158	380	Govaerts Jan	H+40	1:03:16	0:09:38	35:41	17:58
159	92	Oprins Ivan	H-40	1:03:19	0:08:49	34:43	19:48
160	239	Braspenning Moniek	D-40	1:03:20	0:07:51	36:14	19:16
161	301	Leen Jochems	D-40	1:03:24	0:08:25	35:58	19:02
162	390	Koyen Luc	H+40	1:03:33	0:09:08	34:24	20:01
163	274	Turelinckx Julie	D-40	1:03:40	0:08:49	37:43	17:09
164	41	Denis Tuur	H-40	1:03:46	0:08:07	37:18	18:23
165	435	Van Kerchove Dirk	H+40	1:03:48	0:08:34	33:42	21:32
166	427	Van Beeck Alex	H+40	1:03:51	0:09:52	34:53	19:07
167	64	Huybrechts Sebastian	H-40	1:03:54	0:09:52	34:33	19:29
168	407	Peeters Mark	H+40	1:03:55	0:10:23	35:54	17:39
169	423	Suy Jeffrey	H+40	1:03:56	0:09:49	34:12	19:56
170	267	Pauwels Lauranne	D-40	1:03:58	0:08:02	35:52	20:05
171	51	Dufraing Ruben	H-40	1:04:06	0:09:36	34:41	19:50
172	454	Wouters Dimitry	H+40	1:04:06	0:09:46	35:08	19:14
173	150	Voeten Stijn	H-40	1:04:17	0:08:51	33:24	22:02
174	74	Kooremans Arne	H-40	1:04:18	0:10:36	35:07	18:36
175	308	Patricia Van Dun	D+40	1:04:25	0:08:51	36:14	19:21
176	368	De Rop Sven	H+40	1:04:25	0:09:31	35:33	19:22
177	374	Frederickx Tom	H+40	1:04:34	0:10:44	34:24	19:26
178	91	Op De Beeck Niels	H-40	1:04:35	0:10:25	35:55	18:15
179	366	de jong Siebren	H+40	1:04:44			18:07
180	303	Jessie Maene	D-40	1:04:50	0:09:09	37:08	18:33
181	441	Vanheuckelom Roel	H+40	1:04:54	0:09:40	33:45	21:29
182	296	Wuyts Tanya	D-40	1:04:54	0:08:32	36:45	19:37
183	79	Mahieu Joris	H-40	1:04:58	0:08:46	35:46	20:26
184	201	Aernouts IIs	D+40	1:05:07	0:09:12	36:02	19:54
185	80	Massez Jesse	H-40	1:05:16	0:10:20	37:04	17:54
186	387	Ide Dries	H+40	1:05:16	0:10:47	35:06	19:24
187	164	Steven Van Delsen	H-40	1:05:19	0:11:59	37:47	15:33
188	357	Boeykens Steven	H+40	1:05:19	0:10:43	35:41	18:56
189	447	Vermeulen Guy	H+40	1:05:31	0:09:13	35:41	20:37
190	204	Copmans Goedele	D+40	1:05:35	0:08:56	36:31	20:09
191	235	Blom Lobke	D-40	1:05:35	0:09:16	35:47	20:33
192	75	Krupp Jurgen	H-40	1:05:42	0:09:21	36:46	19:36
193	220	van Aert Carla	D+40	1:05:50	0:09:01	36:13	20:37
194	467	Chris Van Hout	H+40	1:05:50	0:10:41	35:46	19:24
195	289	Vermeiren Ruth	D-40	1:05:59	0:09:34	36:08	20:18
196	210	Hendrix Kim	D+40	1:06:00	0:10:13	36:46	19:01
197	408	Pul Johan	H+40	1:06:07	0:12:18	35:46	18:04

198	304	Eva Leys	D-40	1:06:07	0:07:38	38:48	19:42
199	259	Janssen Veerle	D-40	1:06:10	0:09:10	36:55	20:05
200	431	van der Meer Dennis	H+40	1:06:11	0:10:10	35:29	20:33
201	244	Costermans Ines	D-40	1:06:16	0:09:27	37:51	18:59
202	137	Van Oosterwijck Evert	H-40	1:06:18	0:09:31	35:40	21:08
203	90	Ooms Zico	H-40	1:06:26	0:09:12	39:52	17:23
204	305	Lore Van Aert	D-40	1:06:27	0:09:41	37:36	19:11
205	451	Vlaminckx Tom	H+40	1:06:29	0:10:04	36:43	19:44
206	282	Van Zundert Katleen	D-40	1:06:35	0:09:21	36:47	20:28
207	437	Van Lierde Bruno	H+40	1:06:37	0:10:46	36:57	18:54
208	13	Bogaerts Joren	H-40	1:06:42	0:09:43	37:26	19:34
209	35	De Raedt Karel	H-40	1:06:43	0:09:56	39:06	17:42
210	475	Marc Vermeiren	H+40	1:06:46	0:10:22	35:18	21:07
211	60	Hernalsteen Wim	H-40	1:06:50	0:10:29	35:33	20:49
212	469	Gert Heylen	H+40	1:06:53	0:10:56	35:33	20:24
213	276	Van de Sande Nicky	D-40	1:06:58	0:09:56	37:01	20:03
214	290	Verstappen Tinne	D-40	1:06:59	0:09:32	37:04	20:24
215	114	Staes Brent	H-40	1:07:00	0:08:42	39:22	18:56
216	383	Hermans Jan	H+40	1:07:14	0:11:08	37:20	18:47
217	275	Van Breda Sanne	D-40	1:07:14	0:09:37	37:04	20:35
218	233	Backx Renee	D-40	1:07:23	0:10:37	37:44	19:03
219	309	Lore Beyers	D-40	1:07:25	0:10:14	37:03	20:09
220	306	Joanne de Pagter	D-40	1:07:27	0:09:22	37:16	20:50
221	415	Schroyens Ken	H+40	1:07:28	0:09:00	36:12	22:16
222	464	Tijl Kuystermans	H+40	1:07:30	0:11:23	36:54	19:15
223	31	De Cremer Tim	H-40	1:07:34	0:09:43	37:03	20:49
224	268	Quax Suzanne	D-40	1:07:43	0:09:35	39:06	19:02
225	428	van den Boer Robert	H+40	1:07:43	0:09:25	41:25	16:54
226	478	Jeroen Van Loon	H+40	1:07:44	0:10:15	35:19	22:10
227	243	Catthoor Ellen	D-40	1:07:50	0:08:48	38:05	20:58
228	364	De Cuyper Bart	H+40	1:07:57	0:09:55	35:47	22:16
229	419	Sneijders Gert	H+40	1:08:08	0:11:00	36:24	20:45
230	199	Jurian De Craene	H-40	1:08:09	0:10:49	37:11	20:09
231	5	Adriaensen Michiel	H-40	1:08:12	0:11:06	38:14	18:52
232	160	Yannick Peeters	H-40	1:08:14	0:11:48	37:12	19:15
233	33	De Houwer Sam	H-40	1:08:16	0:09:21	36:39	22:16
234	61	Herthogs Lennert	H-40	1:08:23	0:09:40	35:29	23:15
235	394	Loose Peter	H+40	1:08:24	0:10:33	38:29	19:24
236	22	Claessens Arne	H-40	1:08:30	0:11:04	37:17	20:10
237	452	vranken Bert	H+40	1:08:39	0:09:53	36:44	22:03
238	399	Mariën Walter	H+40	1:08:43	0:10:30	36:39	21:35
239	266	Pannemans Silke	D-40	1:08:47	0:08:30	39:52	20:26
240	395	Luyckx Filip	H+40	1:08:50	0:08:51	37:00	23:00
241	264	Moeraert Bo	D-40	1:08:51	0:08:31	37:55	22:26
242	228	Vloemans Saskia	D+40	1:08:51	0:10:43	37:47	20:22
243	409	Put Raf	H+40	1:08:53	0:10:28	36:35	21:51
244	473	Jaap Majoor	H+40	1:08:57	0:09:26	39:37	19:55
245	200	Maxime Brocatus	H-40	1:09:11	0:12:34	36:26	20:12
246	400	Meeusen Jef	H+40	1:09:16	0:11:09	37:10	20:58
247	287	Vermeiren Katrien	D-40	1:09:18	0:08:11	36:04	25:04

248	350	Steven Devisch	H+40	1:09:25	0:10:06	36:28	22:52
249	17	brants Tim	H-40	1:09:27	0:09:16	35:55	24:17
250	221	van Aert José	D+40	1:09:37	0:09:33	37:39	22:26
251	445	Verhoeven Kurt	H+40	1:09:38	0:13:08	37:09	19:22
252	105	Robeyns Diego	H-40	1:09:39	0:12:39	36:43	20:18
253	36	De Wachter Rade	H-40	1:09:45	0:08:22	36:04	25:20
254	4	Adriaensen Maarten	H-40	1:09:49	0:12:09	37:06	20:35
255	202	Bartholomeeussen Elke	D+40	1:09:50	0:10:58	37:30	21:22
256	354	Bevers Tom	H+40	1:09:57	0:11:50	38:46	19:22
257	93	Oprins Mike	H-40	1:10:06	0:07:18	38:01	24:48
258	217	Smets Evy	D+40	1:10:13	0:10:02	37:10	23:01
259	66	Jacobs Jeffrey	H-40	1:10:21	0:08:28	40:18	21:36
260	110	Sels Ward	H-40	1:10:28	0:10:50	37:35	22:03
261	425	Tack Karel	H+40	1:10:38	0:10:42	39:44	20:14
262	263	Michielsen Inne	D-40	1:10:39	0:08:02	36:12	26:26
263	247	De Deken Charlotte	D-40	1:10:40	0:10:38	39:34	20:29
264	83	Meijer Ruben	H-40	1:10:44	0:11:58	37:49	20:58
265	273	Sysmans Karin	D-40	1:10:57	0:10:34	39:09	21:15
266	277	Van Den Broek Mieke	D-40	1:10:58	0:10:33	39:10	21:16
267	140	Vanhove Hans	H-40	1:10:59	0:11:22	39:27	20:11
268	28	De Bie Vincent	H-40	1:11:04	0:10:11	37:30	23:23
269	379	Gootjes Rini	H+40	1:11:13	0:11:39	37:22	22:13
270	208	Goyvaerts Inge	D+40	1:11:22	0:08:47	38:54	23:42
271	293	willems Maud	D-40	1:11:25	0:10:38	40:01	20:47
272	227	Vermeiren Kim	D+40	1:11:36	0:10:50	37:40	23:06
273	421	Sterckx Maurice	H+40	1:11:42	0:11:58	37:08	22:37
274	375	gabriels Johan	H+40	1:11:44	0:12:03	37:08	22:34
275	278	Van Eyck Julie	D-40	1:11:49	0:10:18	36:48	24:44
276	205	Cuppers Evi	D+40	1:11:50	0:10:01	40:22	21:28
277	362	Cappaert Tom	H+40	1:12:02	0:12:50	38:12	21:01
278	234	Beyers Ellen	D-40	1:12:06	0:11:04	39:55	21:07
279	207	Depauw Veerle	D+40	1:12:18	0:10:00	38:38	23:40
280	219	Stouten Jacqueline	D+40	1:12:20	0:11:04	40:03	21:14
281	115	Stallaert Pascal	H-40	1:12:21	0:12:31	39:08	20:43
282	107	Sallaerts Jelle	H-40	1:12:22	0:10:18	40:00	22:04
283	223	Van Elsacker Lieve	D+40	1:12:24	0:10:52	39:28	22:05
284	248	de Laat Noortje	D-40	1:12:25	0:09:58	37:09	25:19
285	211	Hermans An	D+40	1:12:27			22:29
286	108	sampermans Ian	H-40	1:12:32	0:10:23	40:26	21:43
287	386	Huybrechts Hans	H+40	1:12:33	0:11:42	34:53	25:59
288	307	Robin Pauwels	H+40	1:12:35	0:13:43	39:55	18:59
289	174	Jasper Fransen	H-40	1:12:44	0:11:25	37:42	23:37
290	255	Fabré Karlien	D-40	1:12:52	0:09:28	36:58	26:26
291	216	Proot Sarah	D+40	1:12:54	0:11:00	40:32	21:22
292	436	Van Langenhove Hans	H+40	1:13:03	0:11:24	39:41	21:59
293	71	Kenis Rob	H-40	1:13:07	0:11:20	38:13	23:34
294	396	Maaskant Jan	H+40	1:13:15	0:09:57	39:09	24:10
295	373	Emonds Rik	H+40	1:13:21	0:11:20	37:39	24:23
296	82	Meeuwssen Simon	H-40	1:13:35	0:13:57	37:07	22:32
297	261	Maenhout Febe	D-40	1:13:42	0:09:53	40:44	23:06

298	212	kroesen Wendy	D+40	1:13:46	0:11:21	41:17	21:08
299	166	Jan Hermans	H-40	1:13:48	0:12:05	38:14	23:30
300	424	Tack Henri	H+40	1:13:53	0:10:52	43:04	19:58
301	214	Nuyens Ingrid	D+40	1:13:53	0:10:27	40:37	22:50
302	462	Johan Delrve	H+40	1:13:54	0:11:21	40:11	22:23
303	417	Smits Kris	H+40	1:13:57	0:13:00	37:34	23:24
304	251	Decombes Kim	D-40	1:13:58	0:10:00	38:58	25:00
305	240	Brosens Kaat	D-40	1:14:01	0:10:20	37:55	25:47
306	265	Oprins Nina	D-40	1:14:01	0:08:53	40:49	24:20
307	241	Brys Sieglinde	D-40	1:14:04	0:10:20	38:02	25:42
308	117	Suykerbuyk Renzo	H-40	1:14:13	0:12:15	40:46	21:13
309	422	Sterckx Wim	H+40	1:14:32	0:14:51	37:43	21:59
310	113	Soykenc Ersin	H-40	1:14:41	0:09:49	41:27	23:25
311	310	Joni Schoofs	D-40	1:15:19	0:07:59	40:41	26:40
312	460	Zeevat Henri	H+40	1:15:19	0:12:55	40:06	22:19
313	237	Boenders Lien	D-40	1:16:02	0:10:37	40:03	25:23
314	165	Stijn Laurijssens	H-40	1:16:07	0:12:14	43:13	20:41
315	284	Vandewaetere Emely	D-40	1:16:30	0:10:57	38:50	26:44
316	151	Vosters Wout	H-40	1:16:35	0:12:25	38:20	25:52
317	253	Donckers Kim	D-40	1:16:39	0:09:22	40:53	26:25
318	158	Tim De Donder	H-40	1:17:14	0:17:42	37:25	22:07
319	292	Vingerhoed Monique	D-40	1:17:15	0:10:17	39:48	27:11
320	406	Ossenblok Dirk	H+40	1:17:42	0:12:34	43:31	21:38
321	298	Lindsay Engelen	D-40	1:18:05	0:10:25	43:09	24:32
322	397	Maes John	H+40	1:18:14	0:11:47	43:18	23:09
323	479	Marc Engelbos	H+40	1:18:41	0:11:45	43:14	23:43
324	19	Ceulemans Yari	H-40	1:19:37	0:13:09	40:58	25:30
325	167	Bram Geentjens	H-40	1:19:47	0:12:10	42:07	25:32
326	63	Hillen Jelle	H-40	1:19:48	0:11:44	42:07	25:57
327	245	De Blick Ellen	D-40	1:20:09	0:11:18	42:06	26:46
328	258	Hofkens Lisbeth	D-40	1:20:15	0:11:29	42:53	25:54
329	291	Vervaet Katelijne	D-40	1:20:23	0:12:29	44:14	23:42
330	44	D'Hoore Brecht	H-40	1:20:49	0:13:19	41:04	26:26
331	283	Vande Voorde Ines	D-40	1:21:04	0:11:17	42:37	27:11
332	260	Janssens Emily	D-40	1:21:06	0:11:12	42:40	27:14
333	231	Aertsen Nele	D-40	1:21:17	0:10:05	44:21	26:52
334	168	Kevin Engelen	H-40	1:21:21	0:12:47	43:47	24:47
335	471	Pieter Hendrickx	H-40	1:21:54	0:25:49	35:53	20:13
336	250	De Vry Kaat	D-40	1:22:17	0:12:41	47:06	22:31
337	246	De Cuyper Kirsten	D-40	1:22:30	0:13:00	46:26	23:04
338	262	Meeuwssen Sabrina	D-40	1:22:32	0:13:01	43:45	25:47
339	371	Destaecke Dirk	H+40	1:23:07	0:12:28	41:59	28:41
340	403	Naimi Achour	H+40	1:23:11	0:13:08	44:15	25:49
341	215	Pelssers Ingrid	D+40	1:23:23	0:12:57	42:48	27:38
342	69	Janssens Alain	H-40	1:23:46	0:13:47	43:20	26:40
343	372	Dierckx Marc	H+40	1:23:49	0:18:23	41:30	23:57
344	171	Jeroen Geentjes	H-40	1:24:59	0:07:21	54:47	22:51
345	45	Dirkx Wim	H-40	1:25:10	0:16:17	42:51	26:02
346	271	Suijkerbuijk Esther	D-40	1:26:01	0:13:37	47:51	24:33
347	206	de Bruijn Emmely	D+40	1:26:02	0:13:41	47:49	24:33

348	226	van Puijenbroek Anna	D+40	1:26:12	0:10:56	43:46	31:30
349	43	der Schoot Thomas Van	H-40	1:26:48	0:17:42	47:03	22:04
350	213	Maes Lenie	D+40	1:27:17	0:13:30	46:59	26:49
351	411	Rutten Koen	H+40	1:27:18	0:14:04	42:57	30:19
352	455	Wouters Koen	H+40	1:27:35	0:15:58	46:40	24:59
353	236	Blom Roos	D-40	1:27:42	0:12:29	45:24	29:50
354	418	Smits Ronald	H+40	1:28:01	0:12:37	47:46	27:39
355	188	Simon Mueller	H-40	1:30:04	0:12:32	48:11	29:22
356	32	De Feyter Jinte	H-40	1:30:31	0:14:07	42:12	34:13
357	461	Peter Engelen	H+40	1:31:05	0:13:40	45:25	32:02
358	218	Solomon Cristina	D+40	1:33:42	0:12:34	48:10	32:59
359	367	de ridder Benediktus	H+40	1:37:39	0:18:48	50:30	28:22