



Hello everybody!

Sunday 15<sup>th</sup> March 2020

Dia dhaoibh a phaisti!

I know that on Thursday last when we heard that all schools, including Scoil Bhríde, were to close for at least 2 weeks it seemed to happen very suddenly and what was your normal day in school changed quickly.

This had to happen as there is a virus in our country and in the world at the moment, which is new and making many people sick. The most important thing we all must do is take care of each other and that is what the Government are asking us to do. The Government (the people who are in charge of our country ) and the HSE( the group of people in charge of all health issues) are making the right decisions and they are working very hard to make sure everyone is as safe as can be. They are in charge and we can help by following the rules they make, like washing our hands, not meeting in large groups (they call it social distancing) and not spending long times with our nannies and grandads (just for the moment!)

But DON'T Worry! This will pass and life will go back to normal.

In the meantime let's all take this time at home to do the things we love and enjoy. I think this should include all or some of the following:

**-READ:** Spend some time each day reading, and not just for schoolwork. Now is the time to read your favourite books and if you haven't got new books to read, read one you really enjoyed again! It's amazing how much of a book you have forgotten when you read it again. Stop after a few pages or chapters and think about how the story is going.

**-DRAW /PAINT/COLOUR:** We all know how much you love to draw and colour so now you have the time to do so each day! I'm sure there's packs of colours that have been hiding around the house and even if they all run out it's amazing what you can do with just a pencil! By changing the pressure you use, you can create many different shades of the grey pencil marks.

**-MAKE:** Take the time to build/rebuild with your Lego or bricks. Let your imagination run wild and make your own creations. And if there's no bricks you can gather up all the cardboard and packaging at home and build your own forts, robots, cars etc.

**-PLAY:** You may never have so much time again to go through all your toys and games and spend hours playing with them. I bet you'll find toys in your room that you had even forgotten you had! Or maybe rediscover an old favourite? You can also spend time sorting through all your toys, deciding which ones to keep or give away. You could sort your toys by colour, size etc... the possibilities are endless!

**-SING/PLAY MUSIC:** We all know how you love to sing, so sing, sing along to your favourite songs or make up your own! If you play an instrument you have time now to play it just for the pleasure and the enjoyment of it.

**-HELP:** Do your best to help around the house. Maybe it could be your job to clean the door handles in your house? How many handles in your house?! Don't forget all the handles on presses . wardrobes etc.

But mostly don't worry, that's the job of adults and the Government. Spend time with the people you love without having to rush to a timetable of school, crèche, after school activities and all the other busy parts of our lives. The time for them will return.

This is a very unusual time for us all, but remember you are making History! In years to come whenever anybody talks about Spring 2020, they will mention the Corona Virus and what we all had to do.

If you enjoy writing maybe start your own daily record of what you do in a diary? It doesn't have to be in a fancy Diary, any notebook or copy will do. And in years to come your records will be an historical artefact (you all hear about those in history classes!) Your Diary will let people really know what when on for you in these weeks at home.

I'll stop now I promise!

I look forward to meeting you all at the front door of school in a few weeks' time and hearing all your news.

In the meantime:

BE SAFE

BE WELL

and BE GOOD!!

Best wishes

*Mrs. Gallagher*