

RECIPE

No-Bake Cookies - Vegan and Sugar Free



When I met my wife, she and her family had been making No-Bake Cookies for years. I immediately fell in love with the chocolatey, chewy, oaty goodness!

This recipe keeps all of the rich, chewy sweetness, without the sugar, milk, and butter.

No-Bake Cookies - Vegan and Sugar-free

1 can coconut milk, or 13 ounces almond milk

1 Cup dates, packed

1/4 Cup natural peanut butter

1/2 Cup cocoa powder

2 1/2 Cups rolled oats

In a blender, purée the milk, peanut butter, dates, and cocoa powder until smooth.

If using almond milk, pour the mixture into a saucepan, bring to a boil over medium, and boil 3-4 minutes, or until thickened.

Stir in the rolled oats until completely combined. Scoop onto a parchment-lined baking sheet and allow to set 10-20 minutes before serving (not necessary, but it allows the oats time to soften and meld with the rest of the flavors.)