

Domestic Violence Awareness Month

October is Domestic Violence Awareness Month. As you will see in this newsletter, ASPEN is dedicated to informing the public at large about the facts surrounding domestic violence and the traumatizing affect it can have on survivors, their families, and the community. ASPEN is also dedicated to providing the very best personal services to those victims and survivors.

ASPEN is also dedicated to supporting victims of sexual assault and violence. At this point in history, it is more important than ever to listen to survivors stories and support them through extremely difficult times. As the scenes unfold in front of a national audience, allegations of sexual assault and misconduct MUST be taken seriously and those who come forward must be heard. ASPEN will continue to support the brave women, and men, who come forward to share their stories and to ask perpetrators be held responsible--and yes, that includes those at the highest levels of government.

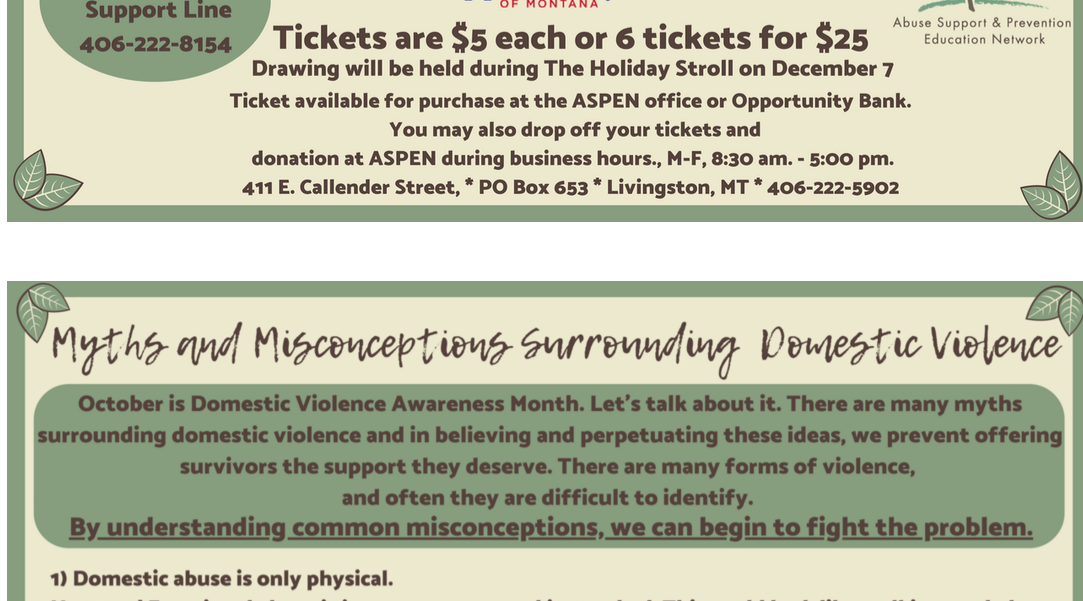
ASPEN needs you to be part of the solution for putting an end to domestic and sexual violence in all of its forms. If you would like to learn more about how you can help, please contact us. We can provide training and education in both public settings and in small, more personal settings. Let us know how we can help you become an active community participant in the fight against violence. We are here for you.

Heidi

Heidi Barrett

Executive Director

ASPEN – Abuse Support & Prevention Education Network



You needn't leave the safety and comfort of your home to participate. Curl up with a cup of tea and fill out the enclosed tickets and send in your check or money order with the enclosed envelope. That's all there is to it!

ASPEN thanks Clare Lemke for making and donating these beautiful quilts to benefit our work!

The four quilts will be displayed at Livingston's Opportunity Bank during the months of October and November.

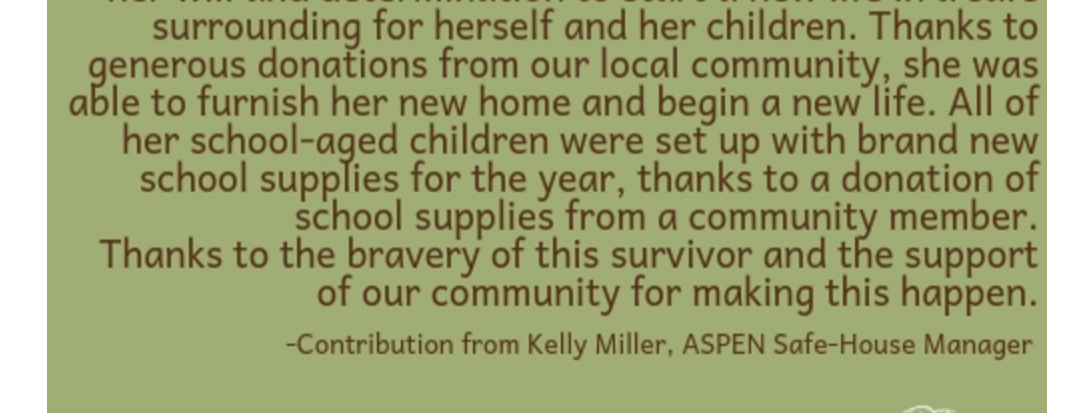
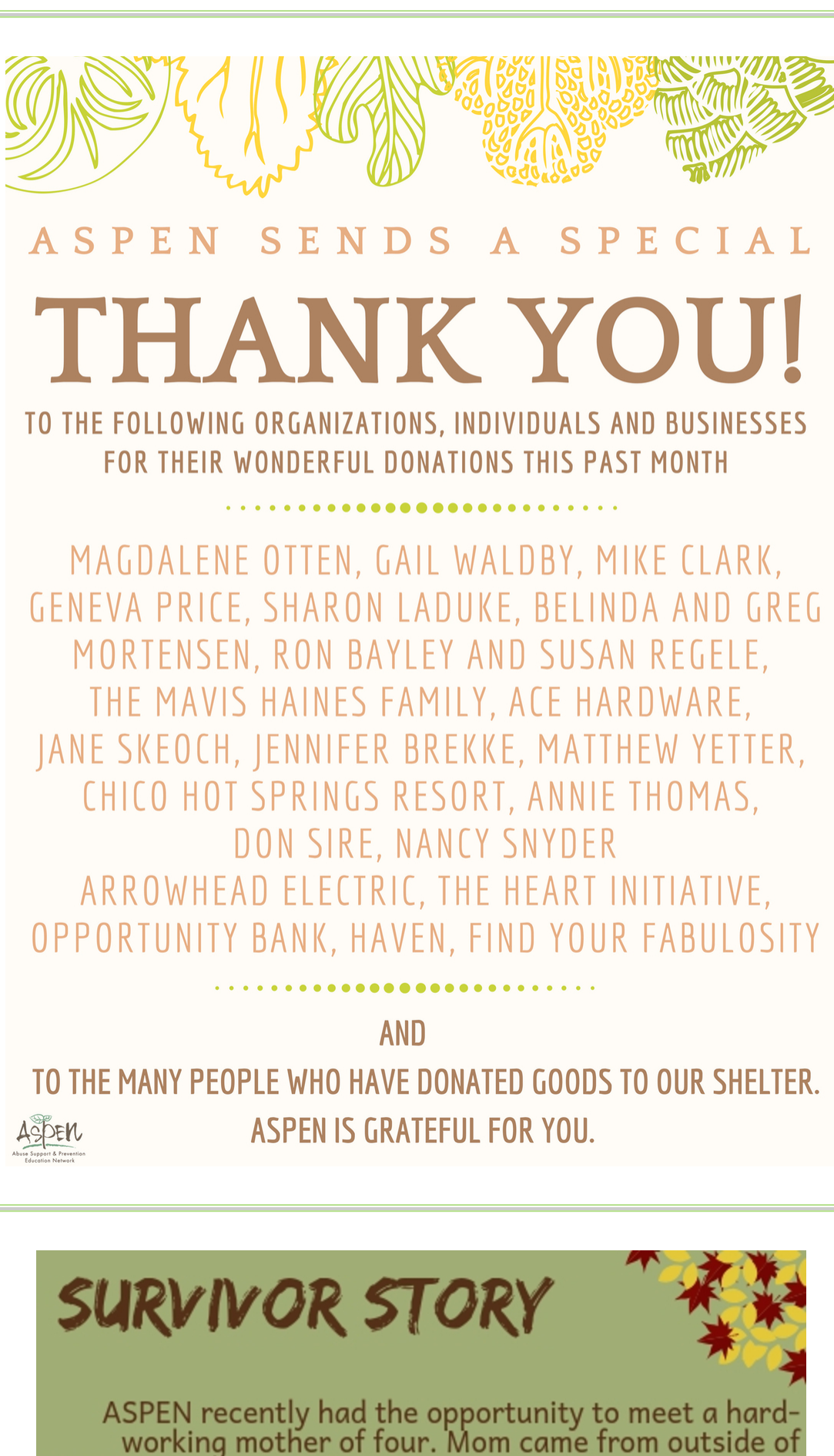
ASPEN's
24-Hour
Support Line
406-222-8154

Opportunity Bank
OF MONTANA

ASPEN
Abuse Support & Prevention
Education Network

Tickets are \$5 each or 6 tickets for \$25
Drawing will be held during The Holiday Stroll on December 7

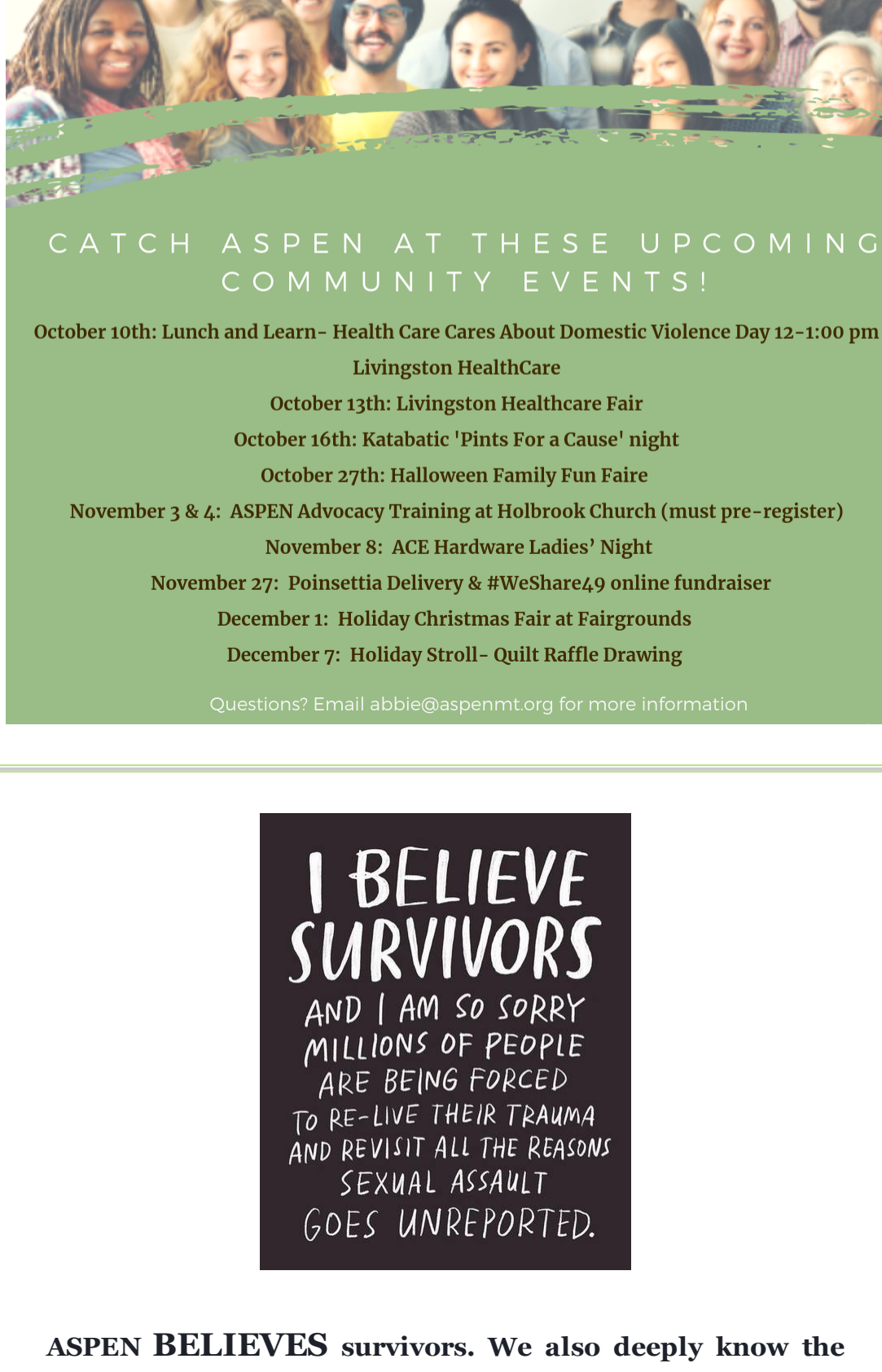
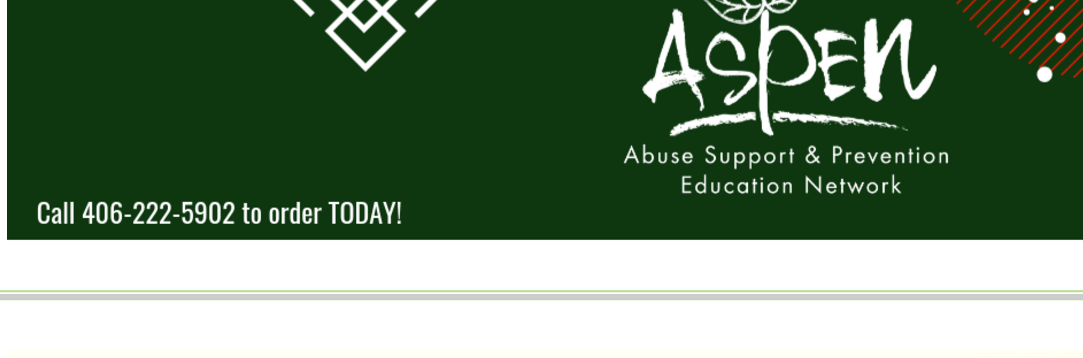
Ticket available for purchase at the ASPEN office or Opportunity Bank.
You may also drop off your tickets and donation at ASPEN during business hours, M-F, 8:30 am - 5:00 pm.
411 E. Callender Street, * PO Box 653 * Livingston, MT * 406-222-5902



MAGDALENE OTTEN, GAIL WALDBY, MIKE CLARK,
GENEVA PRICE, SHARON LADUKE, BELINDA AND GREG
MORTENSEN, RON BAYLEY AND SUSAN REGELE,
THE MAVIS HAINES FAMILY, ACE HARDWARE,
JANE SKEOCH, JENNIFER BREKKE, MATTHEW YETTER,
CHICO HOT SPRINGS RESORT, ANNIE THOMAS,
DON SIRE, NANCY SNYDER
ARROWHEAD ELECTRIC, THE HEART INITIATIVE,
OPPORTUNITY BANK, HAVEN, FIND YOUR FABULOSITY

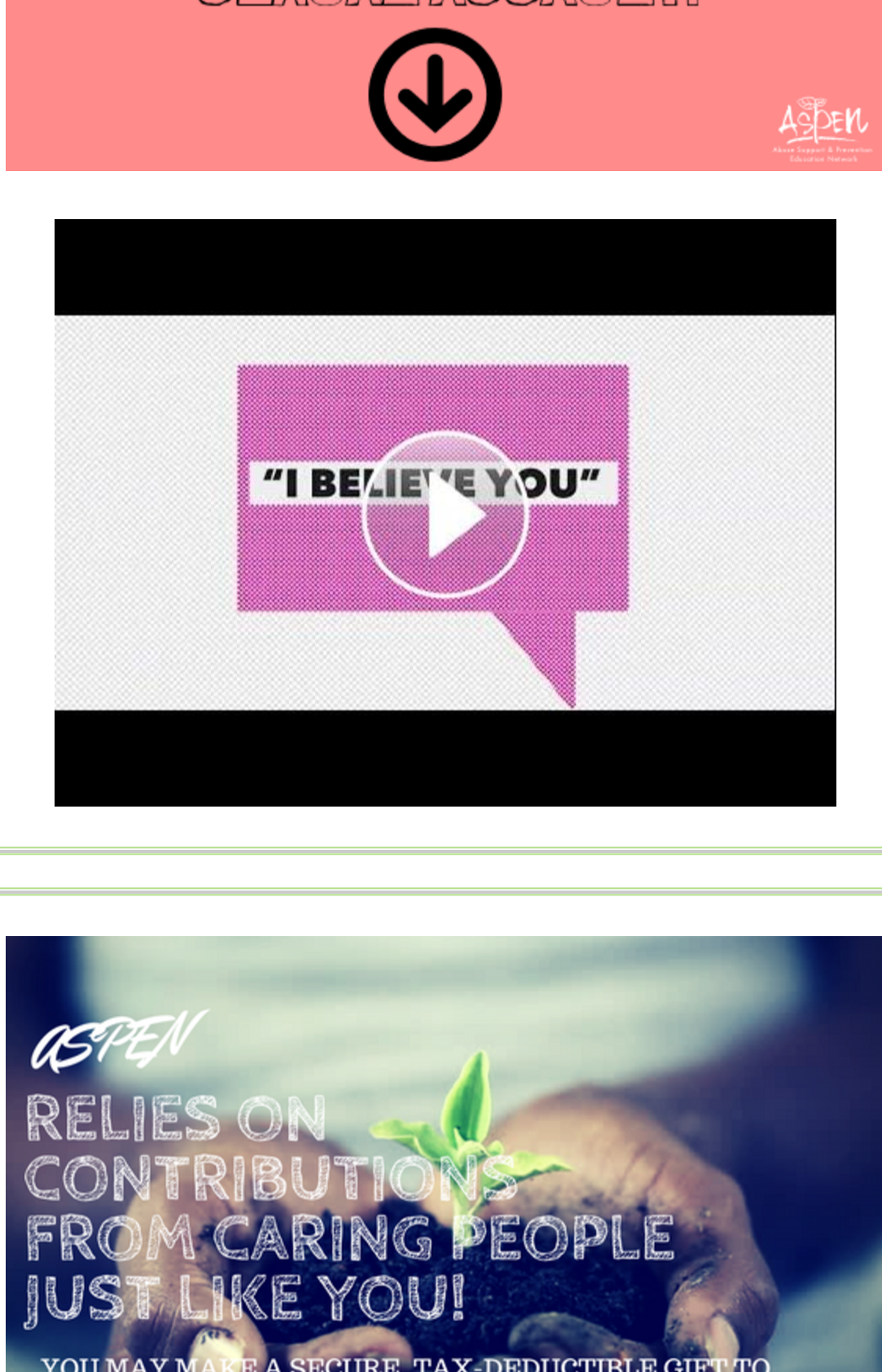
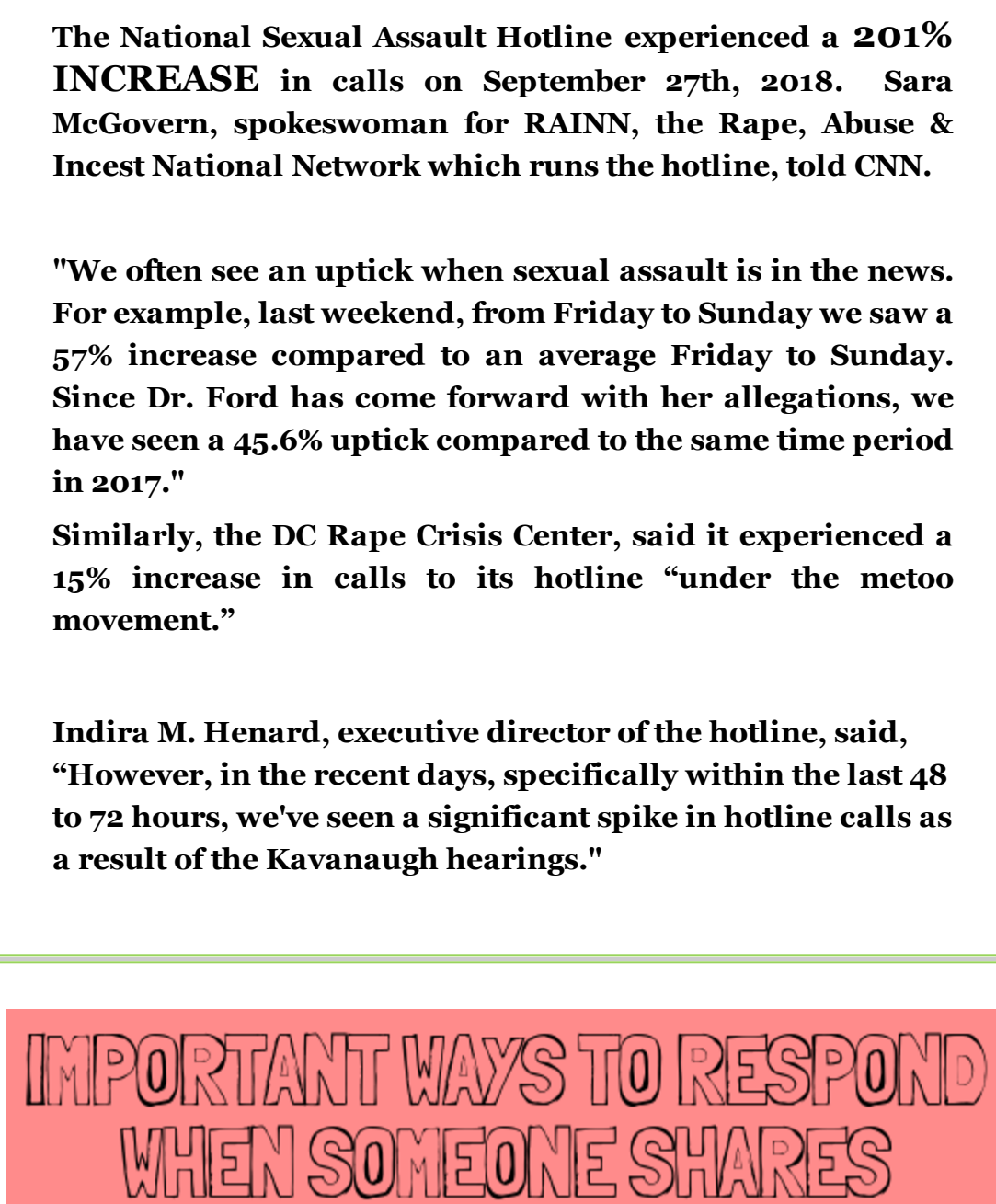
AND

TO THE MANY PEOPLE WHO HAVE DONATED GOODS TO OUR SHELTER.
ASPEN IS GRATEFUL FOR YOU.



CALL ASPEN'S 24 HOUR SUPPORT LINE AT 406-222-8154

ASPEN
Abuse Support & Prevention
Education Network



ASPEN BELIEVES survivors. We also deeply know the pervasive nature of sexual assault in our community, state, country and world, and that seeing this play out on the national stage can be an intense and difficult time for survivors. Please know that you are not alone and can call our 24-Hour Support Line at 406-222-8154.

-National Sexual Assault Hotline: 1-800-656-4673

-Love is Respect: Call 1.866.331.9474 or Text LOVE IS to 22522

The National Sexual Assault Hotline experienced a **201% INCREASE** in calls on September 27th, 2018. Sara McGovern, spokeswoman for RAINN, the Rape, Abuse & Incest National Network which runs the hotline, told CNN.

"We often see an uptick when sexual assault is in the news. For example, last weekend, from Friday to Sunday we saw a 57% increase compared to an average Friday to Sunday. Since Dr. Ford has come forward with her allegations, we have seen a 45.6% uptick compared to the same time period in 2017."

Similarly, the DC Rape Crisis Center, said it experienced a 15% increase in calls to its hotline "under the metoo movement."

Indira M. Henard, executive director of the hotline, said, "However, in the recent days, specifically within the last 48 to 72 hours, we've seen a significant spike in hotline calls as a result of the Kavanaugh hearings."

DONATE HERE

ASPEN

PO Box 653 (Mailing)

411 E. Callender Street (Street)

Livingston, MT 59047

www.aspenmt.org

Office: 406-222-590224-Hour Support Line: 406-222-8154

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