add a **protein** (3oz)
- halal chicken $3.00
- hard boiled egg $1.25
- smoked salmon $2.50
- grilled tofu $2.00

switch up your **base**
- rice noodle
- barley
- quinoa
- rice

we can make your box into a toasted wrap!

**the riviera box** 6.99
rice noodle, spinach, kalamata olives, cherry tomato, candied walnuts, shredded carrot in our vanilla balsamic dressing

**the green belt box** 6.99
barley, baby spinach, cucumber, cherry tomato, dried cranberries, toasted pumpkin seed, Canadian cheddar, maple dijon vinaigrette

**the california box** 6.99
quinoa, romaine lettuce, cucumber, cherry tomato, guacamole, red onion and feta in our vanilla balsamic vinaigrette

**the mayan box** 6.99
quinoa, romaine, charred corn, pinto beans, red onions, pico de gallo, guacamole and flour tortilla chips with our maple dijon vinaigrette and fresh squeezed lemon juice

**the dragon box** 6.99
rice noodle, kale, shredded carrot, red onion, pickled radishes edamame, flour tortilla chip and diced peppers in our toasted peanut and ginger sauce

**superfood champions box** 6.99
quinoa & barley blend, kale, edamame, guacamole, candy cane beets, candied walnuts, purple cabbage and pickled radishes in our raspberry vinaigrette

**vegan chilli** 4.50
made in house with fresh local ingredients and completely gluten free

**sunrise energizer box** 5.99
barley, banana, toasted walnuts, granola and dried cranberries in a vanilla maple and cinnamon yogurt

**the desert oasis box** 6.99
quinoa, spinach, cucumber, chickpeas, pico de gallo and red onions in a blend of our vanilla balsamic and raspberry vinaigrettes

**need a little extra?**
- add cheese 2.00
- add sour cream 2.00

**drinks**
- bottled 2.39
- fountain 1.39
- monster 3.54

**make it a combo!**
**add a bowl of soup for $1.49**