

# SUNSET PICKLEBALL

## OPEN PLAY:

Wednesday 6:30-9pm  
Saturday 10:00am-noon

Paddles, balls, and grips available for purchase, demo paddles.  
\$7.00 per person - balls included.

## CLINICS:

### Introduction to Pickleball

30 minutes of rules & drills followed by instructional play.

Monday 5-6:30pm (complimentary drop-in)

### PB Instructional Play & Skill Development

(3.0-4.0+ skill levels) Thursdays 7:00-9:00pm

Taught by Mike Chapin, IPTPA Certified Level II Professional Pickleball Instructor/Trainer/Coach - (highest level of IPTPA certification and only one in St. Louis City/County)

for more information contact Mike Chapin 314-761-1120  
or Mike@StLouisPickleball.com

## COURT TIME:

Court rental \$15.00 hour, max 6 people per court/reservation.  
Call 314-849-2327 to reserve your court.

Permanent Pickleball court time available email  
pam@sunsettenniscenter.com

## PRIVATE & GROUP LESSONS:

Private lessons available contact Mike Chapin at 314-761-1120 or  
Linda Anglo at 314-930-9225 Pickleball group events available on  
request contact Sunset at 314-849-2327

## WHAT IS PICKLEBALL?

Pickleball, a sport created just 50 years ago, is a fun and exciting paddle sport for people of all ages and levels of athletic ability, and one of the fastest growing sports in the US and around the world. It is easy for beginners to learn, and yet a challenging, fast-paced, competitive game for more experienced players.

Pickleball combines many elements of tennis, badminton, and ping-pong. It is played as doubles or singles both indoors and outdoors on a badminton-sized court (about one-third the size of a tennis court) using a net, a paddle and a hard plastic ball with holes (similar to a wiffleball).

Beginners can learn to play the game in about 30 minutes and quickly become proficient. Those with previous experience with racquet or paddle sports can rapidly become very competitive. Pickleball is a very social game as well as being a great workout and a whole lot of fun.

The sport is growing explosively at a rate of about 40% per year in the US and around the world, currently with about 2.5 million players according to the Sports Fitness Industry Association.



Sunset Tennis Center