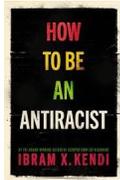


Rabbis' Favorite Reads

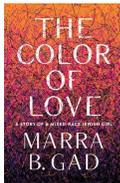
Relating to our High Holy Day theme of *Renew, Refresh, Refocus*, these are the books your TBS Rabbis are reading to get them ready for the season!



Rabbi Julie Bressler



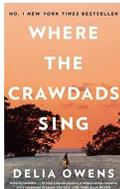
How to Be an Anti-Racist by Ibram X. Kendi. This book made me stop and think at nearly every page. Kendi brilliantly weaves narrative, research, and action ideas to emphasize the need for significant cultural and societal change in America. A must read, and a challenging read.



Color of Love by Marra Gad. A beautifully written memoir about a biracial Jewish woman that follows her journey in a world that often does not know how to engage with her various identities.

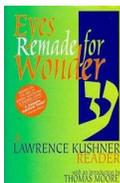


Untamed by Glennon Doyle. A fantastic memoir about womanhood, parenting, sexuality, sexism, society, love, and more. I found myself almost shouting “yes!” out loud many times while reading this book.

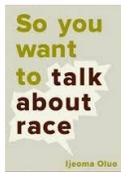


Where the Crawdads Sing by Delia Owens. Excellent prose and a complex but easy-to-follow story about life in the marshlands and the resiliency of one young woman when the world wrote her off.

Rabbi Todd Markley



Eyes Remade for Wonder by Rabbi Lawrence Kushner. In his own wise and poetic way, Rabbi Kushner helps us to refocus ourselves on life's most important matters, shares centuries of wisdom from Jewish tradition in accessible ways, and writes in a most engaging and compelling style... perfect for renewing, refreshing, and refocusing us at this time of year.



So You Want to Talk About Race by Ijeoma Oluo. For those of us awakening anew to the realities of pervasive and systemic racism in our nation and wanting to begin - or continue - our learning, this book is an invaluable resource and source of great insight for us all.

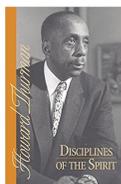


Inscribed: Encounters with the Ten Commandments by Rabbi Oren Hayon. Rabbi Hayon is a colleague and friend who recently edited this compendium of contemporary teachings on the Ten Commandments from some great Jewish thinkers of our day.

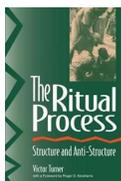


March by Congressman John Lewis. In April of 2018, we traveled as a family to MLK Jr.'s birthplace in Atlanta, where we purchased this trilogy of graphic novels retelling the story of John Lewis' life. We then traveled on to Selma and walked the Edmund Pettus Bridge on our way to Montgomery, where Congressman Lewis and his fellow civil rights marchers were headed when he was brutally beaten by state police upon that bridge. Lewis' passing this summer inspired me to re-read his story in this format, which is moving and compelling for adults and youth alike.

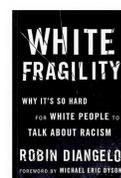
Rabbi Jay Perlman



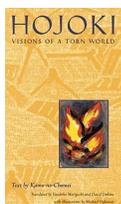
Disciplines of the Spirit by Dr. Howard Thurman. Thurman is a 20th century philosopher, minister, and writer. In this text, he explores five spiritual dimensions of life: Commitment, Growing in Wisdom and Stature, Suffering, Prayer, and Reconciliation.



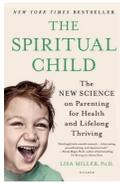
The Ritual Process: Structure and Anti-Structure by Victor Turner. Turner was a 20th century anthropologist. In this text, Turner explores an African system of belief in order to understand how ritual behavior and symbolism may be used to understand social structure.



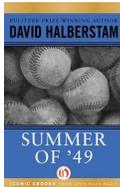
White Fragility by Robin DiAngelo. This book considers the phenomenon of “white fragility” – defined as ‘the defensive moves that white people make when challenged racially.’ DiAngelo writes of its origins, consequences, and how we might engage more constructively.



Hojoki: Visions of a Torn World by Kamo-no-Chomei. Written by the 12th century Japanese poet and Buddhist priest, Chomei's beautiful work is a literary response to a series of crises that were experienced in Kyoto in his day.



The Spiritual Child: The New Science on Parenting for Health and Lifelong Thriving by Lisa Miller. Dr. Miller, a psychologist, professionally chronicles the scientific connection between physical and emotional well-being and spiritual well-being in children.



The Summer of '49: The Classic Chronicle of Baseball's Most Magnificent Season by David Halberstam. Halbertam tells the dramatic unfolding of the 1949 season rivalry between the Red Sox and Yankees – a year that featured the dramatic play and personalities of Joe DiMaggio and Ted Williams.