



**DRAGON BOAT CANADA
BATEAU-DRAGON CANADA**

**13TH CANADIAN
DRAGON BOAT
RACING
CHAMPIONSHIPS**

WASCANA LAKE - REGINA SASKATCHEWAN

JULY 18-21, 2019

**Practice times will be
available on Thursday July
18th, 2019.**

This outline is provisional and provided to assist crews in planning. Please note that changes may take place as necessary. Any required changes will be communicated promptly.

**The 2019 CDBC is the Race
Off for the 2020 Club Crew
World Championships!**

COMMUNITY/FESTIVAL DIVISION – DIVISION III

Dragon Boat Canada is thrilled to be working with the Regina Dragon Boat Festival and we look forward to bringing together the local teams from the area and the CDBC competitors!

DBC Membership is NOT required to participate in the Regina Festival itself. Teams can register directly with the Regina Dragon Boat Festival at <https://reginadragonboat.com>.



LOCATION

Wascana Lake is situated in Wascana Park, which is a beautiful 2,300 acre urban green-space and waterway park located in the heart of Regina. The park is within walking distance to downtown Regina and is only a 5-minute drive to the airport and other amenities. Wascana Lake provides the advantage of being a still water lake that is well sheltered from winds.

During the fall and winter of 2003-2004, Wascana Lake was drained and dredged to deepen it by an average of approximately 5 metres. The 'Big Dig', was primarily intended to decrease aquatic weed growth, improve water quality, and allow more competitive and recreational rowing, canoeing and paddling during the summer months. Crews also installed thirteen aeration diffusers throughout the lake to produce oxygen for the water in order to improve its life-supporting quality.

The Wascana Lake course features a refurbished design introduced for the 2005 Canada Games and has hosted annual Dragon Boat events for decades. The course was also used for rowing events such as 2015 Western Canada Sprints Regatta, the 2015 Northwest International Rowing Association Regatta and the 2016 Canadian Masters Championship Regatta.

The paddling course is well-maintained and continually upgraded and enhanced. Athletes and coaches from across Canada consistently express their appreciation of Wascana Lake and consider it to be one of the best racing venues in the country. Wascana Park offers ample space for all the off-water activities associated we are planning!

ACCOMMODATION

There are many accommodation choices available just minutes from the race course, with an option available for all budgets.

[Here is a link to complete accommodation information.](#)

Please be sure to indicate at time of booking that you are booking for the Canadian Dragon Boat Championships. Hotels are listed in order of proximity to the venue (from closest to farthest). There will be an additional release of rooms further away from the venue in bulletin 2.

REGISTRATION

**ONLINE
REGISTRATION
WILL OPEN IN
FEBRUARY FOR ALL
DIVISIONS**

DIVISION I & II

For Division I and II, all athletes must be paid DBC associates for the 2019 Dragon Boat Canada membership year in order to register for the Canadian Dragon Boat Championships.

A minimum of 8 athletes must be registered to the CDDBC Team List at time of registration. Team Registration will be cancelled for any Team if payment for a minimum of 8 athletes is not received within 7 days of registration.

Complete Team Lists will not be required to be entered until July 12th complete payment will be required no later than July 12th or registration will be void. Entry fees are non-transferable and non-refundable.

Entry fees:

- \$60.00 per individual for the first crew – Premier, Senior Divisions (A, B and C), Blind and Partially Sighted (BPS) and Breast Cancer Survivor (BCS) divisions.
- \$25.00 for each additional crew - Premier, Senior (A,B and C), BPS and BCS.
- \$30.00 Special Rate for Junior, U24 and University Division – unlimited entry in all categories. Unlimited entry is available only to individuals registered first in Junior, U24 or University division. Otherwise unlimited entry is void and standard additional crew fees shall be levied.

BOATS, PFDS AND PADDLES

IDBF Specification Dragon Boats (Standard) will be provided for the Championships.

Under the DBC Competition Regulations, participants in Division I and II are not required to wear PFDs when racing, unless the Chief Official so decides. This decision is solely at the discretion of the Chief Official and may be determined by the weather (e.g. Junior's, BPS required to wear PFDs).

All Division III Regina Dragon Boat Festival participants are required to wear PFDs.

Only IDBF Licensed 202a paddles may be used.

PFDs and paddles will be available at the regatta site. Availability may be limited so if the desire to use a PFD or paddle is known in advance, please book in advance. The booking form will be available in the next bulletin.

TEAM TENTS

TEAM TENTS WILL BE AVAILABLE.

INFORMATION WILL BE INCLUDED IN BULLETIN 2

QUESTIONS?

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DIVISIONS, RACING CLASSES, COMPETITION CLASSES AND RACE DISTANCES

The following descriptions are an overview. For complete information regarding Divisions, Racing Classes, and Competition Classes please review the DBC Rules of Racing - <http://www.dragonboat.ca/#!download/c3ju> **Note: Rule change process will be taking place this fall, there may be changes to the Rules of Racing.**

Division I	Gender Class	2000m	500m	200m	Eligible for Club Points	
U18	Open	✓	✓	✓	✓	
U18	Women	✓	✓	✓	✓	All female crews (including drummer and steersperson).
U18	Mixed	✓	✓	✓	✓	Crews must contain a minimum of 8 and a maximum of 10 paddlers of each gender.
U24	Open	✓	✓	✓	✓	
U24	Women	✓	✓	✓	✓	All female crews (including drummer and steersperson).
U24	Mixed	✓	✓	✓	✓	Crews must contain a minimum of 8 and a maximum of 10 paddlers of each gender.
University	Mixed	✓	✓	✓	✓	Min of 8 and a max of 10 paddlers of each gender.
Premier	Open	✓	✓	✓	✓	
Premier	Women	✓	✓	✓	✓	All female crews (including drummer and steersperson).
Premier	Mixed	✓	✓	✓	✓	Crews must contain a minimum of 8 and a maximum of 10 paddlers of each gender.
Senior A	Open	✓	✓	✓	✓	
Senior A	Women	✓	✓	✓	✓	All female crews (including drummer and steersperson).
Senior A	Mixed	✓	✓	✓	✓	Crews must contain a minimum of 8 and a maximum of 10 paddlers of each gender.

Senior B	Open	✓	✓	✓	✓	
Senior B	Women	✓	✓	✓	✓	All female crews (including drummer and steersperson).
Senior B	Mixed	✓	✓	✓	✓	Crews must contain a minimum of 8 and a maximum of 10 paddlers of each gender.
Senior C	Open	✓	✓	✓	✓	
Senior C	Women	✓	✓	✓	✓	All female crews (including drummer and steersperson).
Senior C	Mixed	✓	✓	✓	✓	Crews must contain a minimum of 8 and a maximum of 10 paddlers of each gender.
Breast Cancer Survivor	Open	✓	✓	✓	✓	No age division. No gender restrictions..
Blind and Partially Sighted	Open	✓	✓	✓	✓	No age division. No gender restrictions.
Division II	Gender Class	2000m	500m	200m	Eligible for Club Points	
No age categories. This division is for crews new to Sport Racing or the Canadian Championships.	Women	✓	✓	✓	✓	All female crews (including drummer and steersperson). No age categories.
	Mixed	✓	✓	✓	✓	Crews must contain a minimum of 8 and a maximum of 10 paddlers of each gender.
	Open	✓	✓	✓	✓	There are no restrictions on Open crew composition.

EVENT SCHEDULE – SUBJECT TO CHANGE

A detailed schedule will be available following the close of early bird registration.

Thursday July 18, 2019	
Practice - The practice booking form will be available upon the opening of registration.	8am – 7pm
Friday July 19th, 2019	
Racing Division I and II 200m all ages and genders	8am – 6pm
DBC Annual Meeting of Members - WIFC	7:30pm
Saturday July 20th, 2019	
Racing – 500m and 2000m All Division I and Division II Age Categories Women and Open and Division II Mixed Blind and Partially Sighted Breast Cancer Survivor University Awards for Division I (Women and Open) and II (Mixed, Women and Open), BCS and BPS will commence immediately following the last race of the day. Festivities will be taking place at the CDBC site and downtown.	7:30am – 6pm
Sunday July 21st, 2019	
Racing – 500m and 2000m All Division I Age Categories Mixed (No Division II) Division III Mixed, Women and Open Awards for Division I Mixed, BCS, Division III, and overall will commence immediately following the last race of the day. Celebration! CDBC Celebration will take place on Sunday evening. Information to come in Bulletin 2!	7:30am – 6pm