

These statistics cover individual track and field events, plus the marathon, for which national championships have been staged. Medallists are only shown if they were Belgravians at the time of the event (i.e. not if they were medallists before or after their membership).

In 1866 the Amateur Athletic Club (AAC) held the first athletic meeting recognised as a national championships and continued to do so up until and including 1879, when London Athletic Club also staged their own national championships. The AAC was superseded by Amateur Athletic Association (AAA), formed in 1880, and under this association's auspices the national championships were held through to 2006.

These championships were open to foreign competitors until 1995 and also in 1997. In 1996 and from 1998 onwards only UK nationals were allowed to compete, with the exception of the 10,000 metres and marathon.

Between 1977 and 1993, and in 1997, UK Championships were additionally held for British athletes only but they were held early in the year and did not necessarily attract all the top home talent. They were not regarded as the 'national' championships; but to give a complete picture we have shown Belgrave medallists in these UK Championships after the detail for the AAA & British Championships.

From 2007 to date the national championships have been styled the UK Championships or British Championships and incorporate the Trials for any subsequent global competition.

With the exception of the steeplechase (which became metric in 1954), running race distances were changed from imperial to metric distances in 1969. We have shown the imperial distance first to maintain a chronological order of results.

For race walking, for much of the championship history, there was a short walk (2 miles changing to 3,000 metres) and a long walk (originally 7 miles, then 4 miles, reverting to 7 miles and then changing to 10,000 metres). However, in 2001 both walks were replaced by a single event (5,000 metres). Once again, we have shown the various distances for a championship in the chronological order in which they were held.

No championships were held between 1915 and 1918, and between 1940 and 1945.

100 yards (1866-1968)

No Belgrave medallists.

100 metres (since 1969)

1978	3	Ernest Obeng GHA	10.67	-1.0
1981	2	Ernest Obeng GHA	10.27	0.0
1985	1	Ernest Obeng GBR	10.44	-1.4
1987	2	John Regis	10.37	0.6
1988	2	John Regis	10.31	1.3
1989	2	Marcus Adam	10.34	-0.7
	3	John Regis	10.39	
1991	2	John Regis	10.22	0.3
1992	3	Marcus Adam	10.36	-0.4
1993	3	John Regis	10.32	1.0
1998	1	Darren Campbell	10.22	-1.7
	2	Dwain Chambers	10.23	
1999	2	Dwain Chambers	10.07 w	2.3
	3	Darren Campbell	10.18 w	
2000	1	Dwain Chambers	10.11	-0.8
	2	Darren Campbell	10.12	
2001	1	Dwain Chambers	10.01	1.7
2008	1	Dwain Chambers	10.00	1.6
2009	2	Dwain Chambers	10.22	-1.8
2010	1	Dwain Chambers	10.14	-0.6
2011	1	Dwain Chambers	10.09	1.2
2012	1	Dwain Chambers	10.25	-0.1
2013	1	Dwain Chambers	10.04	1.9
2014	1	Dwain Chambers	10.12	0.3

Dwain Chambers was originally placed 1st in 10.08 /-1.6 but was later disqualified for a doping violation.

UK Champs:

1985	2	John Regis	10.5	0.8
1987	3	Marcus Adam	0.61	0.4
1988	1	John Regis	10.65	-1.9
1989	1	Marcus Adam	10.31	1.3
1992	3	Marcus Adam	10.63	-2.2
1997	2	Darren Campbell	10.29	-1.4
	3	Dwain Chambers	10.42	

220 yards (1902-1968)

No Belgrave medallists.

200 metres (since 1969)

1986	1	John Regis	20.41	1.4
1987	1	John Regis	20.25	1.5
1988	2	John Regis	20.56	-1.5
1989	1	Marcus Adam	20.78	-2.5
1990	1	John Regis	20.28	1.4
1992	1	John Regis	20.27	-1.5
1994	2	Philip Goedluck	20.83 w	3.2
1995	1	John Regis	20.37	0.3
1996	1	John Regis	20.54	-0.5
2000	1	Darren Campbell	20.49	-1.2
2001	3	Dwain Chambers	20.65	0.6
2002	2	Darren Campbell	20.26 w	2.2
2004	1	Chris Lambert	20.94	-0.3
2005	3	Chris Lambert	21.37	-1.4

UK Champs:

1985	=1	John Regis	21.59	-2.4
1986	1	John Regis	21.34	-3.2
1989	1	Marcus Adam	20.37 w	2.3
1991	1	John Regis	21.24	-3.5
1992	1	Marcus Adam	20.75	-2.5
1993	1	John Regis	20.21 w	2.5

440 yards (1866-1968)

1939	2	Eddie Pack	49.4
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400 metres (since 1969)

1994	2	Du'aine Ladejo	45.36
1996	2	Du'aine Ladejo	44.66
1997	3	David Nolan	47.35
2000	2	Sean Baldock	45.71
2002	2	Sean Baldock	45.84
2003	2	Du'aine Ladejo	45.93
2004	1	Tim Benjamin	45.58
	3	Sean Baldock	46.24
2005	1	Tim Benjamin	45.52
2006	1	Tim Benjamin	46.00
2009	3	Set Osho	46.71

UK Champs:

1993	1	Du'aine Ladejo	46.14
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880 yards (1866-1968)

1932	3	Thomas Scrimshaw	1:58.2
1933	2	Thomas Scrimshaw	1:54.5

800 metres (since 1969)

1998	1	Jason Lobo	1:49.68
1999	2	Jason Lobo	1:48.69
2001	1	Neil Speaight	1:49.63
2002	2	Neil Speaight	1:50.71
2005	1	Tim Bayley	1:48.54
2006	3	Tim Bayley	1:47.98

UK Champs:

1987	1	John Gladwin	1:47.66
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1 mile (1866-1968 & 1980)

1947	3	Bill Nankeville	4:18.8
1948	1	Bill Nankeville	4:14.2

1,500 metres (since 1969 except 1980)

1986	1	John Gladwin	3:35.93
1987	3	John Gladwin	3:42.14
1998	3	Matt Yates	3:40.38
2006	3	Neil Speaight	3:43.17

UK Champs:

1983	1	John Gladwin	3:45.09
1985	3	Gary Staines	3:44.22
1986	2	John Gladwin	3:36.28
1997	3	Matt Yates	3:40.66

4 miles (1866-1931)

No Belgrave medallists.

3 miles (1932-1968)

1937	3	Jack Parker	14:32.0
1947	3	George Lucas	14:30
1948	3	Bill Lucas	14:21

5,000 metres (since 1969)

1987	2	Gary Staines	13:30.53
1988	2	Gary Staines	13:51.33
1989	3	Gary Staines	13:34.83
1990	3	Gary Staines	13:36.11
1993	2	Gary Staines	13:37.08
1994	2	Darren Mead	13:54.08
2001	3	Mark Miles	13:53.74
2004	2	Spencer Barden	13:51.41
2005	2	Mark Miles	13:58.18

6 miles (1932-1968)

1934	2	Arthur Penny	30:43.8 + 60-80 yds
1947	3	Charlie Smart	30:51.0

10,000 metres (since 1969)

1989	3	Gary Staines	28:17.54
1992	3	Paul Evans	28:13.71
1993	1	Paul Evans	28:17.49
1995	1	Gary Staines	28:49.29
1996	3	Paul Evans	28:28.31
1999	1	Paul Evans	28:34.62
2004	2	Kassa Tadesse	29:22.20
	3	Mark Miles	29:27.05

UK Champs:

1988	3	Gary Staines	28:12.93
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10 miles (1879 LAC, 1880-1972 excluding 1948-1957)

1936	3	Tom Carter	52:40.2
1938	3	Arthur Penny	52:52.0
1939	3	Tom Carter	52:54.0
1962	3	Gerry North	48:38.2
1965	3	Gerry North	50:09.8

Marathon (since 1925)

1996	3	Paul Evans	2:10:40
1997	1	Paul Evans	2:09:18
2005	3	Kassa Tadesse	2:15:09

In 2013, in the race which incorporated the championship, Phil Wicks placed 3rd in 2:19:07 but was not actually entered in the championship.

Steeplechase (1879 LAC, 1880-1912)

No Belgrave medallists.

*The Championship was run over a variety of distances and number of hurdles.***2 miles Steeplechase** (1913-1953)

1935	2	James Ginty	10:29.8
1936	2	James Ginty	10:25.2

3,000 metres Steeplechase (since 1954)

1972	2	John Bicourt	8:34.72
1973	2	John Bicourt	8:32.29
1975	3	John Bicourt	8:34.94
1993	3	Justin Chaston	8:34.64
1994	1	Justin Chaston	8:28.28
1996	1	Justin Chaston	8:29.19
2000	2	Justin Chaston	8:32.21
2003	2	Kevin Nash	8:41.17
2004	1	Justin Chaston	8:33.69

UK Champs:

1993	2	Justin Chaston	8:32.79
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120 yards Hurdles (1866-1968)

No Belgrave medallists.

110 metre Hurdles (since 1969)

1995	1	Neil Owen	13.63	-0.3
1996	3	Andrew Tulloch	13.70	-0.1
2004	3	William Sharman	13.97	-1.5
2006	2	William Sharman	13.45	w 2.7
2007	3	William Sharman	13.98	-0.3
2008	3	William Sharman	13.84	0.4
2010	1	William Sharman	13.45	-0.4
2011	3	William Sharman	13.77	-0.8
2013	1	William Sharman	13.44	0.0
2014	1	William Sharman	13.18	w 2.4

UK Champs:

1997	3	Andy Tulloch	13.85	-1.8
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220 yards Hurdles (1952-1962)

1955	3	Dennis Merrett	24.7
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440 yards Hurdles (1914-1968)

1949	3	Gervais Jarvis	56.7
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400 metre Hurdles (since 1969)

1992	3	Max Robertson	50.46
1996	1	Jon Ridgeon	49.16
1997	3	Matt Douglas	51.70
1998	3	Chris Rawlinson	50.20
1999	1	Chris Rawlinson	49.62
2000	1	Chris Rawlinson	48.95
	3	Matt Douglas	49.89
2001	1	Chris Rawlinson	48.68
	2	Du'aine Ladejo	49.44
2003	2	Matt Douglas	49.41

2006	3	Matt Douglas	50.09
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UK Champs:

1992	2	Max Robertson	50.13
1997	1	Chris Rawlinson	49.69

High Jump (since 1866)

1990	3	Roger Te Puni NZL	2.18
1997	2	Brendan Reilly	2.15
1998	=2	Brendan Reilly	
2000	1	Ben Challenger	2.22
	2	Brendan Reilly IRL	2.22
2001	1	Ben Challenger	2.17
2002	2	Ben Challenger	2.20
2003	1	Ben Challenger	2.24
2004	1	Ben Challenger	2.23
	3	Samson Oni	2.15
2005	1	Ben Challenger	2.27
	2	Samson Oni	2.20
2009	2	Samson Oni	2.24
2012	2	Samson Oni	2.24

UK Champs:

1997	1	Brendan Reilly	2.28
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Pole Vault (since 1866)

1937	1	John Dodd	3.68
1946	3	John Dodd	3.58
1989	1	Mike Edwards	5.20
	=2	Ian Tullett	5.10
1990	2	Mike Edwards	5.25
1991	3	Mike Edwards	5.30
1992	1	Ian Tullett	5.30
	2	Mike Edwards	5.30
1994	=2	Mike Edwards	5.20
1995	3	Mike Edwards	5.10
1996	3	Mike Edwards	5.30
1998	3	Ian Tullett	5.35
1999	=2	Mike Edwards	5.40
	=2	Ben Flint	
2000	3	Ben Flint	5.30
2010	1	Joe Ive	5.35

UK Champs:

1985	2	Phil Lovell	4.80
1989	1	Mike Edwards	5.10
	3	Ian Tullett	5.00
1990	2	Mike Edwards	5.20
1992	1	Mike Edwards	5.30
	2	Ian Tullett	5.30
1993	2	Mike Edwards	5.30

Long Jump (since 1866)

1993	1	Fred Salle	7.72
1994	2	Fred Salle	7.60
1995	1	Fred Salle	7.66
1999	3	Darren Thompson	7.45
2000	3	Darren Thompson	7.48

2001 2 Darren Thompson 7.52

UK Champs:

1992 3 Fred Salle 7.66w
1993 2 Fred Salle 7.55

Triple Jump (since 1914)

1964 3 Derek Boosey 15.45
1967 2 Derek Boosey 15.32
1969 3 Derek Boosey 15.32
1970 3 Derek Boosey 15.21
1972 2 Rodney Heward-Mills 15.77
1993 2 Derek Browne 15.66
2001 3 Phillips Idowu 16.88
2002 1 Phillips Idowu 17.02
2005 3 Phillips Idowu 16.29w
2006 1 Phillips Idowu 17.50
2008 1 Phillips Idowu 17.58
2009 1 Phillips Idowu 17.05
2010 1 Phillips Idowu 17.12

UK Champs:

No Belgrave medallists.

Shot Put (since 1866)

1991 1 Paul Edwards 18.92
1992 1 Paul Edwards 19.08
1993 2 Paul Edwards 18.56
1994 1 Paul Edwards 18.32
1999 3 Lee Newman 16.49
2006 3 Chris Gearing 17.12

UK Champs:

1991 1 Paul Edwards 18.68
1992 1 Paul Edwards 18.77
1993 1 Paul Edwards 19.06

Discus (since 1914 except 1919)

1989 2 Abi Ekoku 56.82
1990 1 Abi Ekoku 57.58
1992 2 Abi Ekoku 58.02
1994 1 Kevin Brown 58.60
1996 3 Kevin Brown 56.76
1997 2 Kevin Brown 57.30
1999 3 Lee Newman 58.08
2003 3 Scot Thompson 52.98
2004 3 Scot Thompson 52.65
2005 3 Leith Marar 53.73

UK Champs:

1989 3 Abi Ekoku 52.52
1990 2 Abi Ekoku 56.46
1991 2 Kevin Brown 54.46
3 Darrin Morris 52.82
1992 1 Abi Ekoku 56.42
3 Kevin Brown 55.52
1993 1 Darrin Morris 57.70
1997 2 Kevin Brown 59.44

Hammer (since 1866)

1957 3 Percy Porter 52.32
1998 1 Mick Jones 72.13
1999 1 Mick Jones 74.25
2000 1 Mick Jones 71.51
2001 1 Mick Jones 74.40
2002 1 Mick Jones 72.26
2004 1 Mick Jones 72.04
2005 2 Mick Jones 69.60

UK Champs:

1997 2 David W. Smith 70.92

Javelin (since 1914 except 1919)

1932 3 E. Robert Turner 56.89
1933 3 G.H. Powell 49.82
1939 3 C.H. Melchior 50.01
1992 3 Nigel Bevan 81.70
1995 3 Nigel Bevan 76.58
1997 3 Stuart Faben 65.04

The specification of the javelin was changed in 1986, with the effect of reducing the distances thrown.

1989 3 Nigel Bevan 77.30

Decathlon (since 1928)

1971 3 Cliff Brooks BAR 6064
1974 3 Cliff Brooks BAR 6642
2004 1 Louis Evling-Jones 7405w
2007 3 Kevin Sempers 7363

2 miles Walk (1901-1968)

1927 2 Albert Fletcher 14:21.6 + 8 yds
1934 3 Don Brown 13:41.0 + 40 yds
1935 2 Don Brown 13:53.8
1936 3 Harry Churcher 14:02.8
1937 3 Don Brown 14:33.4
1938 3 Harry Churcher 14:11.4
1939 1 Harry Churcher 13:50.0
1946 2 Harry Churcher 14:04.6
1947 2 Harry Churcher 13:56.0
1948 1 Harry Churcher 13:49.0
1949 2 Harry Churcher 14:09.6e
1950 2 Percy Wright 15:09.8
1951 2 Gerald Gregory 14:00.8
1952 2 Gerald Gregory 14:26.0
1957 1 Stan Vickers 14:05.6
1958 1 Stan Vickers 13:33.4
1959 2 Stan Vickers 13:47.1
3 George Williams 14:00.4
1960 1 Stan Vickers 13:02.4

3,000 metres Walk (1969-1986)

1976 2 Graham Seatter NZL 13:01.4
1977 2 Graham Seatter NZL 12:14.91
1978 3 Carl Lawton 12:41.12

Belgrave Harriers Championship Medallists

AAA, British & UK Championships

1979	3	Carl Lawton	12:37.69
1980	2	Richard Dorman	12:24.45
1986	1	Murray Day NZL	12:04.0

In 1986 the 3,000m walk was actually a Race Walking Association Championship.

7 miles Walk (1866-1893)

1889	3	W. Curtis	57:22.4
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4 Miles Walk (1894-1900)

No Belgrave medallists.

7 miles Walk (1901-1968)

1920	3	James Belchamber	57:36.4
1923	3	Harold King	55:46.6
1930	3	Tommy Green	54:16.4
1937	2	Harry Churcher	51:13.0
1938	3	Joe Coleman	53:36.8
1939	1	Harry Churcher	52:37.0
	3	Joe Coleman	54:32.2
1946	3	Harry Churcher	54:18.8
1947	1	Harry Churcher	52:48.4
1948	1	Harry Churcher	52:23.0
1949	1	Harry Churcher	52:41.8
1951	3	Harry Churcher	54:04.0

1956	2	Stan Vickers	52:45.2
1957	1	Stan Vickers	51:34.4
	2	Eric Hall	51:49.0
1958	1	Stan Vickers	51:10.2
	2	Eric Hall	52:14.3
1959	2	Stan Vickers	51:08.6
	3	Eric Hall	53:04.2
1962	3	Ray Middleton	53:50.4
1963	2	Vaughan Thomas	53:42.0

10,000 metres Walk (1969-2000)

1971	2	Carl Lawton	46:31.4
1976	3	Carl Lawton	45:10.0
1985	1	Murray Day NZL	43:35.3
1986	2	Murray Day NZL	42:46.92

UK Champs:

1984	3	Richard Dorman	43:34.50
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5,000 metres Walk (since 2001)

2008	3	Alex Wright	22:58.21
2009	2	Alex Wright	23:20.13
2010	1	Alex Wright	20:11.09
2012	1	Alex Wright	19:48.14
2013	1	Alex Wright	19:27.39