

REVERSE ADVENT CALENDAR

2018

Place one item from the below list in a box everyday, from the 1st to the 24th December.
When your box is ready, drop it off at the Foodbank Lifeline Foundation in Valletta.
Every box you donate will help us provide food for families in crisis over the winter months.

Here are some ideas of the kind of food you can donate:

1st Dec Milk (UHT)	2nd Dec Fruit Juice (UHT)	3rd Dec Cooking Oil	4th Dec Tinned Tomatoes
5th Dec Baked Beans	6th Dec Tomato Paste	7th Dec Passata	8th Dec Tinned Fruit
9th Dec Tinned Vegetables	10th Dec Tinned Meat	11th Dec Tinned Fish	12th Dec Pasta
13th Dec Rice	14th Dec Noodles	15th Dec Couscous	16th Dec Soup (tinned/packet)
17th Dec Breakfast Cereal	18th Dec Biscuits	19th Dec Snack Bars	20th Dec Tea Bags
21st Dec Instant Coffee	22nd Dec Sugar	23rd Dec Jam (not homemade)	24th Dec Instant Mashed Potato

Please remember not to donate expired food or fresh/frozen items.

Also, please do not donate catering sized boxes of food as we are not allowed to open and re-package them. Thank you.

