

Shopping List

<input type="checkbox"/> Milk (UHT)	<input type="checkbox"/> Tinned Fish
<input type="checkbox"/> Fruit Juice (UHT)	<input type="checkbox"/> Pasta, Rice, Couscous, Noodles
<input type="checkbox"/> Cooking oil	<input type="checkbox"/> Soup (tinned or packet)
<input type="checkbox"/> Tinned Tomatoes	<input type="checkbox"/> Breakfast Cereal
<input type="checkbox"/> Baked Beans	<input type="checkbox"/> Biscuits or snack bars
<input type="checkbox"/> Kunserva / Tomato Paste	<input type="checkbox"/> Tea Bags
<input type="checkbox"/> Passata	<input type="checkbox"/> Instant Coffee
<input type="checkbox"/> Tinned Fruit	<input type="checkbox"/> Sugar
<input type="checkbox"/> Tinned Vegetables	<input type="checkbox"/> Jam (not homemade)
<input type="checkbox"/> Tinned Meat	<input type="checkbox"/> Instant Mashed Potato

Please remember not to donate expired food or fresh/frozen items.
Also, please do not donate catering sized boxes of food as we are not allowed to open and re-package them.

**Thank you
for supporting us**

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