

Stoke Fleming Community Primary School

School Road, Stoke Fleming TQ6 0QA
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School Meals Menu

Monday 19th June to Friday 23rd June 2017

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| Monday | Jacket Potatoes served with a choice of fillings and salad A choice of cookies, yoghurt or fresh fruit |
| Tuesday | Spaghetti Bolognese served with garlic bread A choice of Jam tarts, yoghurt or fresh fruit |
| Wednesday | <u>Picnic Day</u> - Locally baked bread rolls with a choice of fillings (v) A choice of sweet selection, yoghurt or fresh fruit |
| Thursday | Roast pork with roast potatoes and fresh vegetables A choice of fresh fruit salad, yoghurt or fresh fruit |
| Friday | Hot dogs served with low salt and sugar baked beans and chips A choice of Pineapple Upside Down cake, yoghurt or fresh fruit |

The 5 A Day Salad Bar

A variety of salad items will normally be available Monday, Tuesday and Thursday to support children in meeting the recommended '5 portions of Fruit and Vegetables' per day.

Monday 26th June to Friday 30th 2017

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| Monday | Jacket Potatoes served with a choice of fillings and salad A choice of ice-cream, yoghurt or fresh fruit |
| Tuesday | Sweet and Sour Chicken served with Basmati rice A choice of Chocolate Crunch, yoghurt or fresh fruit |
| Wednesday | <u>Picnic Day</u> - Locally baked bread rolls with a choice of fillings (v) A choice of sweet selection, yoghurt or fresh fruit |
| Thursday | Cottage Pie served with fresh vegetables A choice of fresh fruit salad, yoghurt or fresh fruit |
| Friday | Jumbo Cod fingers served with low salt and sugar baked beans and chips A choice of Apple Crumble, yoghurt or fresh fruit |

This cannot be taken as a meal in itself but is to go with their meal.

To Drink

A nice cold drink of Semi-Skimmed Milk or fresh Water!