



Stoke Fleming Community Primary School

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School Meals Menu

Monday 7th May to 11th May 2018

Monday	Bank Holiday
Tuesday	Sweet and sour pork served with Basmati Rice A choice of shortbread, yoghurt or fresh fruit
Wednesday	<u>Picnic Day</u> - Locally baked bread rolls with a choice of fillings (v) A choice of sweet selection, yoghurt or fresh fruit
Thursday	Ham in Parsley sauce served with fried diced potatoes, peas and sweetcorn A choice of fresh fruit salad, yoghurt or fresh fruit
Friday	Jumbo Cod fingers served with chips and low salt and sugar baked beans A choice of Syrup sponge and custard, yoghurt or fresh fruit

The 5 A Day Salad Bar

A variety of salad items will normally be available Monday, Tuesday and Thursday to support children in meeting the recommended '5 portions of Fruit and Vegetables' per day.

This cannot be taken as a meal in itself but is to go with their meal.

Monday 14th May to 18th May 2018

Monday	Jacket Potatoes served with a choice of fillings tuna cheese, beans all with salad A choice of choc chip cookies, yoghurt or fresh fruit
Tuesday	Spaghetti Bolognese served with garlic bread A choice of ice cream, yoghurt or fresh fruit
Wednesday	<u>Picnic Day</u> - Locally baked bread rolls with a choice of fillings (v) A choice of sweet selection, yoghurt or fresh fruit
Thursday	Jumbo Cod fingers served with low salt and sugar baked beans and chips A choice of fresh fruit salad, yoghurt or fresh fruit
Friday	Chicken and ham pie served with creamed potatoes and fresh vegetables A choice of chocolate cake, yoghurt or fresh fruit

To Drink

A nice cold drink of Semi-Skimmed Milk or fresh Water!