



Ukrainian Athletic-Educational Association “Chornomorska Sitch”

60-C North Jefferson Road
Whippany, NJ 07981

SPORTS SCHOOL CLOTHING AND EQUIPMENT GUIDE

PLEASE PUT YOUR CHILD’S NAME ON EVERY ITEM!

Clothing

3 long pants (jeans/lightweight pants)
2 long-sleeve shirts (lightweight for campouts)
7 pairs of athletic socks
1 rain jacket/poncho (with hood or rain hat)
4-6 pairs of shorts
1 sweat suit
5+ short-sleeve shirts (t-shirts)
1 warm jacket
1 lightweight jacket/sweatshirt
5+ sets of underwear
1-2 pairs of pajamas or sleeping clothes
1 cap or hat (sun protection)
1 pair thongs/flip flops (for pool/shower)
2 swim suits
1 pair of sneakers
soccer shoes/shin guards
tennis shoes

Linens and Things for the Room

2 sets of bed linens
sleeping bag or 2 blankets
1 pillow and pillow case
2-4 towels for showering
1 wash cloth
2-4 towels for swimming
1 laundry bag

Other Reminders

1. To help prevent loss, all clothing and belongings must be marked with participant’s name!!! An indelible laundry pen is the easiest and quickest way to do this.
2. Valuable items should not be sent to the Sports School. Chornomorska Sitch Sports School is not responsible for loss or damage of any personal belongings of any kind. Pets are not allowed.
3. Campers do not need money at Sports School, although there is a gift shop and snack bar at “Soyuzivka”.
4. Sports School t-shirts will be available for purchase.
5. Participants may not have televisions, DVD players, computers, spray paint, matches, Zippo/lighters, candles, incense, fireworks, sparklers. Clothing, posters or music that describe or show inappropriate content (as determined by the Sports School) will not be allowed. If in doubt, please ask.

Toiletries (no glass containers)

Comb and brush
Toothpaste, toothbrush with case
Shampoo and conditioner
Sunscreen
Basket or bag to carry things to the bathroom
Soap with case or shower gel
Deodorant
Tissues
Insect repellent

Suggested Items

Tennis racquet and balls
Swimming Goggles
Flashlight and batteries
Clothes hangers
Sunglasses
Book(s) to read after lunch or before bed; games or cards
Note paper, pen, pencil
Addresses of friends/relatives

Optional Items

Camera
Reading lamp/book light
Bathrobe
CD or MP3 player for quiet listening at night