

# **RULES RESPONSIBLE TENNIS COVID-19**

## **TV MEERHOVEN**

### **Version 29-06-2020**



Developments in the fight against the coronavirus allow further expansion of the measures as of July 1 2020. Towards COVID-19, a General Protocol has been drawn up by NOC\*NSF, VSG and all sports associations. This protocol is updated every time measures are adjusted. The KNLTB has supplemented this general protocol with specific guidelines for tennis.

The TV Meerhoven board has translated these guidelines into a number of rules that apply to the tennis park of T.V. Meerhoven. This document is subject to change. You will find the most recent version of this document at [www.tvmeerhoven.nl](http://www.tvmeerhoven.nl). If you have any questions, please contact Jan Vosselman, mobile: 06 2422 5679, email: [Bestuur@TVMeerhoven.nl](mailto:Bestuur@TVMeerhoven.nl).

These rules hereafter apply from July 1 until further notice and are aimed at ensuring the safety of athletes, teachers, volunteers and spectators.

hereafter the following rules are given:

- Safety and hygiene rules for everyone
- Specific rules regarding free tennis
- Specific information for parents, guardians and spectators
- Specific instructions pavilion and terrace

#### **Safety and Hygiene rules for everyone**

- The following applies to everything: using common sense comes first;
- Stay at home if you have complaints such as, cold, cough, shortness of breath or fever and have yourself tested;
- Go home immediately if during your visit to the tennis park complaints arise such as: cold, runny nose, (light) coughing, sore throat, sneezing, shortness of breath, fever and/or sudden loss of smell or taste;
- If you have been tested positive and/or if you are a housemate or a close contact of a proven COVID-19 patient, stay at home;
- Keep 1.5m away from persons aged 18 years or older (exception during exercise);
- For all age groups, they do not have to keep a distance of 1.5 meters during free play on the court. Outside the court, everyone (players and spectators) aged 18 and older must keep a distance of 1.5 meters to each other;
- Avoid crowds;

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- Before coming to the tennis park, go to the toilet at home. The toilet in the park is open, however try to avoid using the toilet in the tennis park;
- Wash your hands often with soap and water, especially before and after visiting the tennis park;
- Do not shake hands or give high fives;
- Come to the tennis park in sportswear. T.V. Meerhoven has decided to keep the dressing rooms closed for the time being. So you can't shower yet either;
- Bring your own equipment such as a water bottle with a towel;
- Do not sit close to each other (bench or chairs) while playing tennis;
- Wear a face mask when people outside your household go to or from a sports activity in one vehicle;
- Forcing voice or singing along and on the court is not allowed;
- Stick to the general hygiene rules of RIVM;

#### **Specific rules regarding free tennis:**

- T.V. Meerhoven sticks to the obligation to reserve a tennis court in advance online via the ClubApp or via the digital reservation board at the club;
- If you want to start playing within an hour, it is unfortunately not possible to reserve a court online. You can then use the digital reservation board at the club. Convince yourself at home, through the club app, that there are courts available at the time you want to play;
- You do not have to confirm an online reservation on the digital reservation board, you can immediately go on the tennis court;
- Bring your own balls to play tennis and mark them;
- Swipe the court after playing tennis, this is allowed;
- Follow to the safety and hygiene rules for everyone (see above);

#### **Specific information for parents, guardians and spectators**

- Inform your children about the general safety and hygiene rules and that they always follow the instructions of the guidance;

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- Follow to the safety and hygiene rules for everyone (see above);

#### **Specific instructions pavilion and terrace**

- Stay at home if you have mild symptoms, such as a cold, runny nose, (light) coughing, sore throat, sneezing, shortness of breath, fever and/or sudden loss of smell or taste;
- Keep a distance of at least 1.5 meter at all times;
- The safety and hygiene rules for everyone apply to the entire park, including the pavilion and the terrace (see above);
- Fill your water bottle at home;
- Follow the indicated walking routes on the tennis park, both in the pavilion and outside;
- In the pavilion and on the terrace there are only seats, not standing places;
- Only drinks and sweets are sold in the pavilion;
- Before and after using a table, clean this table yourself using the available cleaning products;
- A maximum of 1 person per table places the order at the bar;
- A maximum of 1 person brings the used glasses, etc. back to the bar afterwards;
- After using the toilet, clean it using the available cleaning products;
- The bar service is the point of contact for questions, but own responsibility comes first;

**Take care of yourself and each other!**