

# Celebrate the Magic of Energy Psychology

May 3-7, 2018 | Orlando, FL  
Disney Contemporary Resort

“This conference is magical—every year. The sense of belonging, the openness, the chance to be with other professionals who are thinking about life from a broader perspective is vital for me. It’s how I recharge my batteries.”

— Heather LaChance, PhD

## 20TH INTERNATIONAL ENERGY PSYCHOLOGY CONFERENCE

Register by March 12 to save up to \$260!

[EnergyPsychologyConference.com](http://EnergyPsychologyConference.com)

**Make your plans and ... prepare for a life-changing experience.**

### INSPIRING KEYNOTES INCLUDE:

Dawson Church	Anodea Judith
Donna Eden	Bradley Nelson
David Feinstein	Andrew Newberg
Amikaeyla Gaston	James Oschman
	Dean Radin

### NEW THIS YEAR!

- Special Tony Robbins video presentation
- Conversations among keynotes
- Deep question roundtables
- Quantum talks

# You're invited to experience energy psychology like never before ...

With world-class faculty and like-minded colleagues, you'll learn tools to become a more effective change agent for your clients, community and beyond.

## What makes this conference different?

### Here's what your colleagues have to say ...

#### An enlivening, mind-exploding experience

"I wouldn't even call it a conference. It's an enlivening, soul-enriching, mind-exploding experience. Every. Single. Year." - Gail Gillespie, PhD



#### I know I'm not alone

"I sacrificed so much to get to the 2017 ACEP conference. Reading the brochure, I knew the conference was going to help me find myself. I had a lot of pain and suffering growing up. Now I understand that what was going on in my neighborhood was an energy, and not so much a way of life. That energy is festering in individuals so much that it creates a negative cycle of stuff going around. Somebody has to go back in there, stop that, and start a

whole other cycle of positive energy - one of love and compassion. I felt like I was the only one who understood this. So to come to all these beautiful people [at the conference] inspires me. I know I'm not alone. I don't know how I'm going to do the work I want to do, but I know it's going to happen." - Reginald Wesley

#### I can hang out with leaders in the field

"It's such a friendly, down-to-earth group of people. We're at this conference with the pioneers of the field, and I can sit down and have lunch with one of them, someone who has written several books or created a whole new therapy that research is being done on. I think that's just amazing. I just love this conference. It's a shot in the arm." - Ellen Ronka, LCMHC



#### I enjoy the interdisciplinary flavor and I can get CME

"I have my foot in both worlds—mainstream and holistic medicine. This is one of my favorite conferences because I can connect with like-minded colleagues: physicians, psychologists, social workers, nurses, everyone who is interested in the field of energy psychology. I enjoy it because there's an interdisciplinary flavor to it. I've been coming for the last 10 years without getting CME, but now I can get them. I encourage all my colleagues to come, get their CME here and expand

their mind and worldview at the same time." - Larry Burk, MD, Co-founder, Duke Center for Integrative Medicine

### We welcome all helping professionals interested in integrative, mind-body approaches, including:

- Licensed mental health professionals
- Nurses
- Physicians
- Coaches
- Energy medicine practitioners
- Chiropractors
- Acupuncturists
- Educators
- Clergy

Up to 43  
CE/CME/CNE  
Available

REGISTER BY MARCH 12 AND  
**SAVE UP TO \$260!**  
[energypsychologyconference.com](http://energypsychologyconference.com)  
or call 619-861-2237

# “All the leaders of the field are here—and they’re accessible!”

“If you’ve been reading all these wonderful books, when you come to this conference, the authors and founders of healing modalities are here. They’re accessible, and they’re friendly. It’s amazing to engage in conversations with them.” –Shoshana Garfield, PhD

[View objectives](#)

## Thursday, May 3 5:00PM - 7:00PM (2 CE hrs)



### The Spiritual Science of Energy Psychology

Energy psychology and energy medicine can help our clients connect with themselves, with each other and with those around them in a way that enhances everyone’s experiences of life on earth. Awareness of our interconnectedness stimulates creativity and community. This is both a spiritual and a scientific journey. Understanding simple principles of biophysics and quantum physics can assist us in making

this journey more real for our clients and ourselves. These principles will be explained in a way that anyone can understand.

**James Oschman, PhD**, is an internationally recognized expert on the scientific basis for energy medicine. He has contributed scientific perspectives that clarify controversial issues such as the nature of biological energetics and energetic therapeutics. Jim has written several popular books on energy medicine and about 120 articles in leading peer-reviewed scientific journals as well as in leading journals on alternative medicine.



### The Emotion Code: Simple, Fast & Effective Energy Medicine

Emotionally charged events from our past can haunt us for a lifetime in the form of negative energies known as ‘trapped emotions.’ Not only does our emotional baggage cause many emotional difficulties, it also causes most of our physical pain and is now believed to be a major contributing factor in nearly all human diseases, including cancer. Users of The Emotion Code

technique have found freedom from emotional and physical problems. Learn the scientific reasoning behind the Emotion Code and see how it is used.

**Bradley Brian Nelson, DC**, author of *The Emotion Code*, is one of the world’s foremost experts in the emerging field of energy psychology, has been a popular guest on hundreds of radio and TV shows, and has trained and certified thousands of practitioners around the world in his methods.

## Friday, May 4 8:30AM - 10:30AM (1 CE hr)



### Dare to be Dauntless

Amikaeyla has worked with visionary role models who spark change for women and youth. She showcases compelling stories around health, healing, music, race, and culture from trailblazing artists, frontline activists and healers around the globe. We will explore how a creative-based leadership and economy can act to foster a more sustainable world infused with greater tolerance, freedom and compassionate understanding as

we are called to address the urgent challenges we are facing at this historic point in time.

**Amikaeyla Gaston** is founder of the International Cultural Arts & Healing Sciences Institute. She travels extensively as a cultural arts ambassador with the US State Department and the UN, and received the Voss Foundation’s Emerging Leaders Women Helping Women Award, the UN Global Woman Award, and the Hero for Peace and Forgiveness Award. She was invited to perform by His Holiness the Dalai Lama.



### Through the Fire

What would happen if a cataclysmic event changed your life? In the recent California wildfires, Dawson Church escaped moments before his home and office were consumed. He used the energy psychology methods he has validated in many clinical trials to recover. In this riveting presentation, he shows that the cells of our bodies are regenerating within the energy fields created by our brains, and presents research showing the

power of these techniques to promote cellular regeneration at the level of stem cells and telomeres.

**Dawson Church, PhD**, is an award-winning author of the best-selling book, *The Genie in Your Genes*. He founded the National Institute for Integrative Healthcare to study and implement promising evidence-based psychological and medical techniques. Dawson’s groundbreaking research has been published in prestigious scientific journals. He is editor of *Energy Psychology: Theory, Research, & Treatment*. Dawson shares how to apply energy psychology to health and athletic performance through EFT Universe.

All sessions are noted with available CE hours. Not all courses are eligible for each CE type. Refer to the [website](#) for details.

[View objectives](#)

## Friday, May 4 5:00PM - 6:40PM (1 CE hr)



**Andrew Newberg, MD**

### How Enlightenment Changes Your Brain

We will review the current data on enlightenment experiences, including a survey of 2000 people's experiences and brain scan data on over 300 people. We will consider the core elements of the enlightenment experience, the underlying neurophysiology, and implications for energy psychology. We will also describe possible methods and pathways toward achieving such experiences.

**Andrew Newberg, MD**, is director of research at the Marcus Institute of Integrative Health Jefferson University Hospital and a professor at Thomas Jefferson University. Andrew has studied mystical and religious experiences as well as the mind/body relationship, including the physiological correlates of acupuncture therapy, meditation, and other alternative therapies. His books

include *How Enlightenment Changes Your Brain* and the best seller *How God Changes Your Brain*. He has appeared on Dr. Oz, Nightline, and 20/20.

### Why Do People Do What They Do?

A NY Times bestselling author and premiere life and business strategist, Tony discusses the 'invisible forces' that motivate everyone's actions. He has been using energy psychology and NLP for over a decade in his presentations and trainings worldwide.

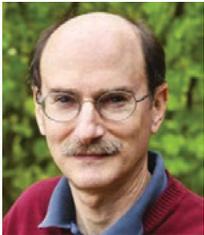
**Tony Robbins** has empowered more than 50 million people from 100 countries through his audio, video and life training programs. He created a top personal and professional development program, and more than 4 million people have attended his live seminars.

Special  
Video  
Presentation



**Tony Robbins**

## Saturday, May 5 8:30AM - 10:30AM (2 CE hrs)



**Dean Radin, PhD**

### Real Magic: From Esoteric Legends to the Frontiers of Science

There are three kinds of magic: fictional magic (Harry Potter), fake magic (Harry Houdini), and the topic of this talk — real magic. Dean reviews the esoteric origins of real magic, how we know from contemporary scientific experiments that real magic exists, the dangers and potentials of gaining a better understanding of magic, and why this topic provides important clues about the nature of reality and the future of science.

**Dean Radin, PhD**, is chief scientist at the Institute of Noetic Sciences. Radin's research focuses on consciousness-related phenomena that transcend the classical boundaries of space and time. He has given over 400 interviews and presentations around the world, including invited talks at Harvard, Stanford, and Cambridge universities. He has published over 90 articles and written 4 books including: *SuperNormal*, *The Conscious Universe* and his new book, *Real Magic*.

### Charge & the Energy Body

Just as electricity connects software and hardware, energy or "charge" is the interface between mind and body — and the key to their integration. We manage charge to maintain our comfort zone, but often this restricts our ability to experience higher and deeper states. How do we expand our comfort zone and learn to "harvest" the charge, rather than getting rid of it? The result is a softening of body armor and a new level of aliveness.

**Anodea Judith, PhD**, is the author of several bestselling books on the chakra system, psychology, yoga, bioenergetics, and social change, including the classics *Wheels of Life* and *Eastern Body, Western Mind*. She is director of Sacred Centers, a teaching organization for transformational wisdom, and teaches and lectures worldwide. Her newest book is *Charge and The Energy Body: The Vital Key to Healing Your Life, Your Chakras, and Your Relationships*.



**Anodea Judith, PhD**

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## Sunday, May 6 1:30PM - 3:30PM (2 CE hrs)



**Donna Eden**



**David Feinstein, PhD**

### Energies of Joy: Activating the Radiant Circuits

The radiant circuits are an independent energy system that brings balance to the body's overall energies, eliciting happiness and joy. Known in ancient Chinese healing practices as "extraordinary vessels" or "strange flows," they have many functions. They support the immune system and initiate healing. They build oxytocin and orchestrate the chemical basis of love. They raise consciousness and touch into spiritual realms. While psychological repair work may be slow, tedious, and heavy, waking the radiant circuits is fast, easy, and fun. This presentation will introduce you to this system and demonstrate techniques for activating it in yourself and your clients.

**Donna Eden** has been a pioneer in energy medicine for more than four decades. She is among the field's most sought, joyous, and authoritative spokespersons. Her abilities as a healer are legendary and her award-winning book, *Energy Medicine*, is the classic in the field.

**David Feinstein, PhD**, a clinical psychologist, has received nine national awards for his books on consciousness and energy healing. He has served on the faculty of The Johns Hopkins Medical School and, with his wife, Donna Eden, directs the world's largest organization teaching energy medicine.

# SPECIAL EVENTS AND MORE

## Are You An Experienced Practitioner?

We have plenty of intermediate and advanced Invited Workshops and Learning Labs for you. You can learn new skills, hone current approaches and broaden your outlook.

## Are You New to Energy Psychology?

We've created a whole track just for beginners, called EP Fundamentals (track 1). It's a great way to get a good foundation and learn techniques you can begin using with your clients when you return home. You can take all the workshops in this track, or you can pick and choose. Other Invited Workshops and Learning Labs are appropriate for beginners as well.



Free with conference - a \$210 value!

## 8th Annual Research Symposium (6 CE hrs)

**Thursday, May 3, 8:30AM - 4:30PM**

Knowing the science behind energy psychology/energy healing can help you communicate more effectively with doctors and other referral sources. It can also help you with skeptical clients. Join us for ACEP's 8th annual research symposium and learn about the latest research being done by some of the world's leading scientists and clinicians.

**Keynote:** David Feinstein, PhD, DCEP, is a clinical psychologist, and has received nine national awards for his books on consciousness and energy healing. This presentation will provide a bird's eye view of existing research studies, review the conclusions that can be drawn, and explore the research questions that remain unanswered.

**Symposium Coordinator:** John Freedom, CEHP, counselor, educator and trainer. Author of *Heal Yourself with Emotional Freedom Technique*, he serves as chair of ACEP's research committee.

## Gala & Dance Party

**Saturday, May 5, 7:00PM - midnight**

Bring your dancing shoes and get ready to party. We guarantee the dance floor will fill in 10 seconds flat! You'll also enjoy a delicious dinner and awards ceremony.

Warning: Stress-reduction will occur!



# Deepen your experience, achieve greater mastery ...

## Attend a pre-conference intensive

### Wednesday & Thursday, May 2-3 8:30AM - 4:30PM

#### Essential Skills in Comprehensive Energy Psychology - Level 1 P1 (12 CE hrs)

Understand and practice energy psychology within an overall perspective of sound science, practical application and ethical consideration. Leave with an array of tools you can use to customize treatment for specific client needs, along with a framework to integrate these tools within a psychotherapeutic model.

**Michael Galvin, PhD, DCEP**, is a psychologist and has served on the faculty of three graduate schools. He has been trained in TFT, EFT, EDxTM and TAT. Michael trains internationally, and is co-author of *Energy Psychology and EMDR*.

**David Gruder, PhD, DCEP**, psychologist and award-winning author, was ACEP's co-founder and first president. David is the founder and CEO of Integrity Revolution, whose mission is to assist leaders Make Integrity Profitable™. He speaks, trains and consults worldwide.

#### Emotional Freedom Techniques - Level 2 P2 (12 CE hrs)

EFT Level II is the gateway to certification. Learn EFT theory and science, and the therapeutic use of EFT's library of techniques. Deepen your knowledge from Level I, while enhancing your skills with the Movie Technique, Tearless Trauma, Chasing the Pain, Borrowing Benefits and others.

*Pre-requisites: ACEP's online EFT Level I, a 2-day EFT level 1 training, or 2 day EFT PS 1 training. Open to licensed mental health or allied health professionals or the international equivalent. Questions about whether you qualify for this course? Call 619-861-2237.*

**Michael DeMolina, PhD, DCEP**, has over 25 years as a psychotherapist and adult educator. He is ACEP's lead EFT trainer, and a certified trainer with the Society of Neuro Linguistic Programming (NLP), the American Board of NLP and the American Board of Hypnotherapy. He is past chairman of the National Qigong Association.

### Thursday, May 3 8:30AM - 4:15PM

#### Brainspotting: A Relational, Brain-Body, Mindfulness-Based Psychotherapy P3 (6 CE hrs)

Learn the basics of Brainspotting, an effective new therapy that integrates relational, brain-body, and mindfulness-based modalities. Brainspotting quickly and deeply helps heal trauma and dissociation by observing and harnessing eye positions and eye reflexes. It can also be applied to performance and creativity.

**David Grand, PhD**, is the developer of Brainspotting. He practices psychotherapy and performance enhancement in Manhattan. David is an international lecturer and the author of *Brainspotting: The Revolutionary New Therapy for Rapid and Effective Change* and *This Is Your Brain on Sports*.

- **Bonus: take a pre-con intensive and attend the Thursday evening keynotes for free, a \$30 value!**
- Special pre-con pricing when you register for the conference.
- Space is limited, sign up early at [energypsychologyconference.com](http://energypsychologyconference.com) or call 619-861-2237.
- View full bios and objectives at [energypsychologyconference.com](http://energypsychologyconference.com).

## There's always something new

"I am amazed that even though I have gone to this conference for several years, there is always something new, something inspirational, something that I can't wait to use with my clients the following week."

- Teresa Lynch, DPT, MHS

# Thursday, May 3 8:30AM - 4:15PM

## The Yes Code: Using EFT & Clarity for Personal & Professional Success P4 (6 CE hrs)

Are your clients tired of being stuck? Help them clarify a vision for personal and professional success and release root causes of sabotage by combining the simple steps of The Yes Code with advanced applications of EFT. Eliminate fear of failure and fear of success, and help your clients and yourself reach maximum potential.

**Carol Look, PhD**, is a founding EFT master, author, coach, workshop presenter and creator of her coaching method, The Yes Code. Carol uses advanced applications of EFT to help clients release limiting beliefs and conflicts so they can lead lives of exceptional success.



## Loss, Survive, Thrive: Growing Through Major Life Transitions P5 (6 CE hrs)

Meryl, who recovered from profound grief after her son's suicide, guides you to become a transformative agent, helping your clients create a new beginning after significant loss. Experience SourceTapping® and other energy psychology techniques (plus more) to heal grief, cope with difficult times, and find meaning in life again.

**Meryl Hershey Beck, MA, LPCC**, is an international speaker, teacher, and creator of SourceTapping®. She shares effective tools and techniques she uses for herself and clients in her best-selling book, *Stop Eating Your Heart Out* and newest book, *Loss, Survive, Thrive*.



## Energetic Approaches to Treating Chronic Pain P6 (6 CE hrs)

While chronic pain is subjective, it involves both physical and mental aspects. Energy psychology is an important addition to the treatment regime. Several EP techniques for efficiently treating pain will be discussed, demonstrated and practiced.

**Fred P. Gallo, PhD, DCEP**, is an energy psychology pioneer and author of numerous articles, manuals, and eight books. He is the author of *Energy Psychology* and *Energy Tapping for Trauma*.

## Basic Clinical Skills in Heart Assisted Therapy (HAT) P7 (6 CE hrs)

Learn the basics of Heart Assisted Therapy, a dynamic and mindfulness-enhancing psychotherapy approach with strong self-regulatory features. You'll gain clinical skills for using HAT with your clients. HAT is the original work of the presenter, which integrates and synthesizes traditional psychotherapy models with energy science.

**John H. Diepold Jr, PhD, DCEP**, is a psychologist, and has been an ACEP member since its inception. John is a published author and has presented nationally and internationally, including workshops on HAT in the USA, Canada, and Europe.



## Healing Unknown Trauma: Overcoming Conception Shock P8 (6 CE hrs)

If clients complain about a life-long dark cloud or black hole, they may suffer from trauma experienced in the first moments of life, a conception shock. This condition is hard to diagnose and even harder to treat. In this workshop, you will learn how to do both.

**Willem Lammers, DPsych, TSTA**, is a Swiss psychotherapist, supervisor and consultant to organizations, with over 40 years of experience in the field. He developed Logosynthesis and teaches this amazing new model around the world.

## EP Treatment for Autism Spectrum Disorders Throughout the Life Span P9 (6 CE hrs)

People with autism spectrum disorders, and their families, are longing for more creative options to treatment. Energy psychology principles are applicable to this population and can reduce co-existing anxiety symptoms at any age. Learn creative EP approaches that can be utilized throughout the life span.

**Amanda Freger, DCEP, LPC**, has served in multiple roles within many service lines of behavioral health treatment, including acting as a supervisor in outpatient and residential settings. She has extensive experience with people who have autism spectrum disorders.

All sessions are noted with available CE hours. Not all courses are eligible for each CE type. Refer to the [website](#) for details.

Program is subject to change.

# Get Inspired

# CONFERENCE OVERVIEW

Friday, May 4 [View objectives and presenter bios](#) Program is subject to change.

<b>Keynotes</b>	<b>Through the Fire</b> Dawson Church
<b>8:30AM - 10:30AM</b>	<b>Dare to Be Dauntless</b> Amikaeyla Gaston
<b>11:00AM - 1:00PM</b>	<b>Invited Workshops A</b> (see grid below)
<b>1:00PM - 3:00PM</b>	<b>Lunch and Annual Meeting</b> (with vegan & gluten-free options)
<b>3:00PM - 4:30PM</b>	<b>Learning Labs B</b> (see grid below)
<b>Keynotes</b>	<b>How Enlightenment Changes Your Brain</b> Andrew Newberg
<b>5:00PM - 6:40PM</b>	<b>Why Do People Do What They Do? (video)</b> Tony Robbins
<b>7:00PM</b>	<b>Dinner on your own</b>

Friday - Sunday: early morning energizers and complimentary breakfast (with gluten-free options)

	<b>Invited Workshops A</b> 11:00AM - 1:00PM	<b>Learning Labs B</b> 3:00PM - 4:30PM
<b>Track 1 (T1)</b> Fundamentals of EP	<b>Ideomotor Cueing: Portals to the Unconscious</b> <i>Kristin Holthuis, MD, DCEP</i>	<b>First Steps Toward Mastering the Chakras</b> <i>Joanne Karpinen, PhD</i>
<b>Track 2 (T2)</b> Specific Populations	<b>Facilitating the Healing of Developmental Trauma with Energy Psychology</b> <i>Holly Timberlake, PhD, DCEP</i>	<b>Awakening Spiritual Consciousness Through Healing Trauma</b> <i>Irene Siegel, PhD, LCSW</i>
<b>Track 3 (T3)</b> Specific Approaches	<b>Strengthening the Immune System Energetically</b> <i>Asha Clinton, MSW, PhD</i>	<b>Learn the Aroma Freedom Technique</b> <i>Benjamin Perkus, PhD</i>
<b>Track 4 (T4)</b> EP Throughout the Life Cycle	<b>Clearing Date &amp; Marital Rape</b> <i>Judith Swack, PhD</i>	<b>Love, Energy &amp; the Caregiver</b> <i>Betsy Muller, MBA, CEHP &amp; Sheran Mattson, PsyD, ACAP-EFT</i>
<b>Track 5 (T5)</b> Embracing Diverse Traditions & Practices	<b>Harness the Magic of Archetypes to Assist Wellbeing</b> <i>David Gruder, PhD, DCEP</i>	<b>Intuition &amp; Energy Practices: Accessing the Magic of Mind/Body Wisdom</b> <i>Lori Chortkoff Hops, PhD &amp; Wendie Colter, CEG</i>
<b>Track 6 (T6)</b> Practices for Higher Consciousness	<b>Take it Like a Soul: The Therapeutics of Detachment</b> <i>Debra Greene, PhD</i>	<b>Dig Down to the Root: How ThetaHealing Transforms Belief Systems</b> <i>Tara Greenway &amp; Mia Mor, LCSW</i>
<b>Track 7 (T7)</b> Transforming the Legacies of Violence & Marginalization	<b>Trans-Generational Trauma &amp; the 8 Extraordinary Meridians</b> <i>Ellen Franklin, PhD</i>	<b>4 Levels of Forgiveness: Tapping Process Through the Heart Chakra Shadows</b> <i>Margaret Lynch</i>
<b>Track 8 (T8)</b> Strengthening Resilience & Improving Performance	<b>Into Enchantment - Archetypal Shamanic Energy Medicine™ via the Disney Lens</b> <i>Gaisheda Kheawok</i>	<b>The Bottom Line: Energy Magic is Real!</b> <i>Rick Leskowitz, MD</i>
<b>Track 9 (T9)</b> Potpourri of EP	<b>Combining Chakra &amp; Chinese 5 Element Symbolism in Tapping for Physical Illness</b> <i>Larry Burk, MD, CEHP</i>	<b>An Integrated Model for Structuring Practitioner Self-Care</b> <i>George Limberakis, LCMHC, DCEP</i>

**About the Track System:** You can select sessions from different tracks or focus on one. No need to register for your learning labs beforehand.

# Saturday, May 5 [View objectives and presenter bios](#)

<b>Keynotes</b>	<b>Real Magic: From Esoteric Legends to the Frontiers of Science</b> <i>Dean Radin</i>
<b>8:30AM - 10:30AM</b>	<b>Charge &amp; the Energy Body</b> <i>Anodea Judith</i>
<b>11:00AM - 1:00PM</b>	<b>Invited Workshops C</b> (see grid below)
<b>1:00PM - 2:30PM</b>	<b>Lunch on your own</b>
<b>2:30PM - 3:30PM</b>	<b>Deep Question Roundtable or Quantum Talks</b> (your choice - see page 14)
<b>3:45PM - 4:45PM</b>	<b>Deep Question Roundtable or Quantum Talks</b> (your choice - see page 14)
<b>7:00PM - Midnight</b>	<b>Gala Dinner &amp; Dance Party</b>

## Invited Workshops C

**11:00AM - 1:00PM**

<b>Track 1 (T1)</b> Fundamentals of EP	<b>Orientation to the Meridians</b> <i>Michael Galvin, PhD, DCEP</i>
<b>Track 2 (T2)</b> Specific Populations	<b>Is There an Effective Treatment for Chronic Psychogenic Pain?</b> <i>Gregory Nicosia, PhD, DCEP</i>
<b>Track 3 (T3)</b> Specific Approaches	<b>No More Tapping. Restore Energy Flow Using Only Words</b> <i>Willem Lammers, DPsych, TSTA</i>
<b>Track 4 (T4)</b> EP Throughout the Life Cycle	<b>Energy Psychology &amp; Couple's Counseling</b> <i>Pamela Altaffer, LCSW &amp; Thomas Altaffer, MSW, LCSW</i>
<b>Track 5 (T5)</b> Embracing Diverse Traditions & Practices	<b>The Magical Healing Powers of Ritual &amp; Energy Psychology</b> <i>Sherry O'Brian, LCSW, DCEP</i>
<b>Track 6 (T6)</b> Practices for Higher Consciousness	<b>Interweaving Cognition, Consciousness &amp; Intention — the Magical Synergy!</b> <i>Phil Mollon, PhD, DCEP</i>
<b>Track 7 (T7)</b> Transforming the Legacies of Violence & Marginalization	<b>Envisioning the Future of Diversity &amp; Inclusion within ACEP</b> <i>Sylvia Stengle, MPH</i>
<b>Track 8 (T8)</b> Strengthening Resilience & Improving Performance	<b>Time to Shine — But Afraid to Take the Next Step?</b> <i>Tapas Fleming, LAc</i>
<b>Track 9 (T9)</b> Potpourri of EP	<b>Practice in Integrity: Scope of Practice Issues for Energy Healing Practitioners</b> <i>Midge Murphy, JD, PhD</i>



# Sunday, May 6 [View objectives and presenter bios](#)

<b>8:00AM - 9:30AM</b>	<b>Learning Labs E</b> (see grid below & page 15)
<b>9:30AM - 10:00AM</b>	<b>Break</b>
<b>10:00AM - 12:00PM</b>	<b>Invited Workshops F</b> (see grid below & page 16)
<b>12:00PM - 1:30PM</b>	<b>Lunch on your own</b>
<b>Keynote</b>	
<b>1:30PM - 3:30PM</b>	<b>Energies of Joy: Activating the Radiant Circuits</b> Donna Eden & David Feinstein
<b>3:30PM - 3:45PM</b>	<b>Closing Ceremony</b>

## Learning Labs E 8:00AM - 9:30AM

## Invited Workshops F 10:00AM - 12:00PM

<p><b>Track 1 (T1)</b> Fundamentals of EP</p>		<p><b>What's a Psychological Reversal &amp; Why Should I Care?</b> Lynn Karjala, PhD, DCEP</p>
<p><b>Track 2 (T2)</b> Specific Populations</p>	<p><b>Using Energy Psychology to Release Unconscious Causes of Illness</b> Henry Grayson, PhD, DCEP</p>	<p><b>Helping Addicts, Vets &amp; First Responders with Challenges That Hinder Recovery</b> Jim McAninch, CEAP, CTR &amp; Tom Greenhalgh, LICSW, MACJ</p>
<p><b>Track 3 (T3)</b> Specific Approaches</p>	<p><b>The Magic of Breath &amp; EP: 6 Healing Sounds to Open Meridians</b> Sarette Zecharia, PhD, DCEP</p>	<p><b>Clearing Meta-Anxieties in Challenging Clients</b> Daniel Benor, MD, ABIHM</p>
<p><b>Track 4 (T4)</b> EP Throughout the Life Cycle</p>	<p><b>Erotic &amp; Energetic Awakening After Infidelity</b> Tammy Nelson, PhD</p>	<p><b>Retrieving Missing Soul Parts</b> Barbara Stone, PhD, DCEP</p>
<p><b>Track 5 (T5)</b> Embracing Diverse Traditions &amp; Practices</p>	<p><b>Ancient Ayurvedic Mudra Meditations for Balance, Release &amp; Confidence</b> Jennifer Closshey, PhD</p>	<p><b>Everything is Energy! Understand Qi &amp; Boost Your Effectiveness</b> Larry Stoler, MSSA, PhD</p>
<p><b>Track 6 (T6)</b> Practices for Higher Consciousness</p>	<p><b>Beyond Chance Transformations: Synchronicity &amp; the Enneagram</b> Martin Meyer, PhD</p>	<p><b>A Journey Back from Stress — Using the 5 Elements to Be Whole Again</b> Dondi Simone Dahlin</p>
<p><b>Track 7 (T7)</b> Transforming the Legacies of Violence &amp; Marginalization</p>	<p><b>Energy Psychology: Transforming a Nation</b> Caroline Sakai, PhD</p>	<p><b>How EP Helps Democratize the Delivery of Mental Health Services Globally</b> Suzanne Connolly, LCSW, LMFT &amp; Prosper Ishimwe, MA</p>
<p><b>Track 8 (T8)</b> Strengthening Resilience &amp; Improving Performance</p>	<p><b>Self-Care Tools for Raising Vibration</b> Julie George, MSSA, LSW &amp; Barbara Evans, BS, PGCE</p>	<p><b>Put "YES!!" in Your Client's Life</b> Sandra Radomski, ND, LCSW</p>
<p><b>Track 9 (T9)</b> Potpourri of EP</p>	<p><b>Bring EP Home Through Humanitarian Outreach</b> Cindy Baker, MEd, DCEP, Amy Frost, MBA, MA, &amp; Georgia Howorth-Fair, MS, LMFT</p>	<p><b>META Health: Using EP to Target the Root Emotional Causes for Chronic Illness</b> Craig Weiner, DC &amp; Alina Frank</p>

# CONFERENCE SESSIONS

## Tracks

- T1 Fundamentals of EP
- T2 Specific Populations
- T3 Specific Approaches
- T4 EP Through the Life Cycle
- T5 Embracing Diverse Traditions & Practices
- T6 Practices for Higher Consciousness
- T7 Transforming the Legacies of Violence & Marginalization
- T8 Strengthening Resilience & Improving Performance
- T9 Potpourri of EP

**About the Track System:** You can select sessions from different tracks or focus on one. No need to register for your learning labs beforehand.

Program is subject to change.

[View objectives and presenter bios](#)



## Invited Workshops

### Friday, May 4 11:00AM - 1:00PM

#### **Ideomotor Cueing: Portals to the Unconscious** A1 (2 CE hrs)

Kristin Holthuis, MD, DCEP

Ideomotor cueing gives us another perspective on reality through accessing the inner wisdom of the body. It is an essential part of the guidance that directs energy psychology techniques, deriving from the collaboration between tester and subject, and yielding insight from outside of conscious awareness.

#### **Facilitating the Healing of Developmental Trauma with Energy Psychology** A2 (2 CE hrs)

Holly Timberlake, PhD, DCEP

Learn how to combine energy psychology perspectives and methods (including muscle testing) with interpersonal guided imagery to facilitate therapeutic release, reintegration, and re-mapping. Using these methods, you can help survivors reclaim a life of greater wholeness, improved relational capacity, comfort, and joy in living.

#### **Strengthening the Immune System Energetically** A3 (2 CE hrs)

Asha Clinton, MSW, PhD

In this workshop, you'll learn Advanced Integrative Therapy's Infectious Disease Prevention and Treatment Protocol to strengthen the immune system by using the focused movement of energy. You'll learn how to assess and treat poorly functioning immune system parts, as well as any traumas that may be inhibiting their successful functioning.

#### **Clearing Date & Marital Rape** A4 (2 CE hrs)

Judith Swack, PhD

Unconscious date/marital rape occurs when people consciously agree to have sex while the unconscious mind, body, or soul disagrees. The shame of self-betrayal keeps the pattern hidden. You will learn the HBLU Amendmaking/Forgiveness protocol for releasing this trauma and repairing relationships.

#### **Harness the Magic of Archetypes to Assist Wellbeing** A5 (2 CE hrs)

David Gruder, PhD, DCEP

Archetypes can be viewed as energy templates for accessing key aspects of our human nature and expressing our personal power. This high participation session provides you with a delightfully magical way to help your clients (and yourself) quickly uplevel personal and relationship wellbeing.

#### **Take it Like a Soul: The Therapeutics of Detachment** A6 (2 CE hrs)

Debra Greene, PhD

Come explore detachment on multiple levels: physical, emotional, mental, spiritual. We will examine four major areas of attachment: to the past, to the future, to a role we play, and to a person. Learn a protocol for identifying priority attachments and a method for facilitating detachment.

#### **Trans-Generational Trauma & the 8 Extraordinary Meridians** A7 (2 CE hrs)

Ellen Franklin, PhD

The 8 Extraordinary Vessels (EV) bridge the body's physical, energetic and emotional structure, offering a gateway for addressing trans-generational trauma. Learn the Taoist roots and psychological functions of the 8 EV, their relationship to trauma and how to access them through intention, touch, or sound vibration.

#### **Into Enchantment – Archetypal Shamanic Energy Medicine™ via the Disney Lens** A8 (No CE)

Gaisheda Kheawok

Connect to the wisdom of Archetypal Shamanic Energy Medicine as expressed via Disney archetypes. Access the magic of the Sacred Marriage from Within, deepening your professional skills via the wisdom and power of the enchanted story, sacred sound, and energy psychology.

#### **Combining Chakra & Chinese 5 Element Symbolism in Tapping for Physical Illness** A9 (2 CE hrs)

Larry Burk, MD, CEHP

The chakra system and the Chinese five elements are very different ways of assessing the flow of energy through the body. However, there are some interesting overlaps and correlations. You will learn some of the synergistic overlaps between the two systems that can inform therapeutic approaches to a wide variety of illnesses.

*All sessions are noted with available CE hours. Not all courses are eligible for each CE type. Refer to the [website](#) for details.*

## Learning Labs

Friday, May 4 3:00PM - 4:30PM

### First Steps Toward Mastering the Chakras **B1 (1.5 CE hrs)**

Joanne Karpinen, PhD

For many beginning energy psychology practitioners, the chakra system seems mysterious, and complicated to treat. This presentation offers a lively introduction to the chakras. You will learn how chakras express our thoughts, emotions and experiences. A simple method of chakra balancing will be demonstrated and practiced as a group.

### Awakening Spiritual Consciousness Through Healing Trauma **B2 (1.5 CE hrs)**

Irene Siegel, PhD, LCSW

Learn basic elements of a nondual, transpersonal therapeutic process and how to use alternative ways of knowing as tools for awakening consciousness. Then healing trauma, depressions and anxiety becomes integrated with a path of spiritual growth. Transpersonal skills integrate well with many approaches, and can be applied in all clinical settings.

### Learn the Aroma Freedom Technique **B3 (No CE)**

Benjamin Perkus, PhD

Use the sense of smell to identify and gently release subconscious thought patterns that hold people back. This technique activates learned emotional patterns through a series of simple questions, then achieves transformation by adding specific aromatherapy blends. You will learn how to use it with your clients and experience it yourself.

### Love, Energy & the Caregiver **B4 (1.5 CE hrs)**

Betsy Muller, MBA, CEHP & Sheran Mattson, PsyD, ACAP-EFT

Illness or injury can be a mysterious and unpredictable source of trauma for caregivers and patients. You will learn practical strategies for supporting those affected by serious medical challenges, highlighting unique benefits that EP offers. Leave empowered with specific techniques and self-care processes you can share with your clients.

### Intuition & Energy Practices: Accessing the Magic of Mind/Body Wisdom **B5 (1.5 CE hrs)**

Lori Chortkoff Hops, PhD & Wendie Colter, CEG

Is using intuition a "magical" talent for the few, or is it a natural human ability? Discover the latest research findings on intuition, practice intuitive tools to read your own mind and body, and explore ethical considerations when using intuition with clients.

### Dig Down to the Root: How ThetaHealing Transforms Belief Systems **B6 (1.5 CE hrs)**

Tara Greenway & Mia Mor, LCSW

Would you love to discover and transform the deepest root of your clients' issues even faster? Come learn the power of brainwaves and beliefs. This ThetaHealing workshop introduces you to an effective, joyful technique that you can use to transform your clients — and even yourself.

### 4 Levels of Forgiveness: Tapping Through Heart Chakra Shadows **B7 (No CE)**

Margaret Lynch

Discover the 4 Levels of Forgiveness and the radical transformation they can bring. By blending tapping with the workings of the heart chakra and our darkest shadows we can masterfully lead clients into this counter-intuitive but powerful work, step by step.

### The Bottom Line: Energy Magic is Real! **B8 (1.5 CE hrs)**

Rick Leskowitz, MD

Energy seems like magic if you don't understand its basic principles. Explore the invisible energetics of tapping, phantom pain, group cohesion, Gaia, crop circles, and more. You will walk away feeling inspired, amazed, and ready to bring a new level of understanding to your work with clients.

### An Integrated Model for Structuring Practitioner Self-Care **B9 (1.5 CE hrs)**

George Limberakis, LCMHC, DCEP

Incorporate ancient yogic teachings into a program of self-care, even for the "non-yogic" healer. Learn an integrated model to keep you more vibrant in your practice. Techniques will include energy psychology, conventional self-care practices, TFT and EFT for self-care.

All sessions are noted with available CE hours. Not all courses are eligible for each CE type. Refer to the [website](#) for details.



## Energy psychology blew me away

"I was trained at some of the best schools and yet wasn't able to get far with some people, particularly those with trauma and addictions. And then I started using energy psychology. I made more progress with patients in a session or two than I had in several years of treating them. It blew me away." – Anthony Tranguch, MD, PhD

**Invited Workshops**

**Saturday, May 5 11:00AM - 1:00PM**

**Orientation to the Meridians C1 (2 CE hrs)**

Michael Galvin, PhD, DCEP

We will explore the history of acupuncture meridians and the confluence of events that resulted in meridian-based energy psychology. You will learn how meridian acupoints came to be applied by tapping, touching, or other stimulation in a variety of energy psychology procedures.

**Is There an Effective Treatment for Chronic Psychogenic Pain? C2 (2 CE hrs)**

Gregory Nicosia, PhD, DCEP

Psychogenic pain; is it real or imagined? Could it come from the mind under extreme duress while feeling fear and/or rage leading to the FREEZE response? Learn how combining an abbreviated form of EMDR (EMD) and energy psychology can effectively treat complex psychogenic pain.

**No More Tapping. Restore Energy Flow Using Only Words C3 (2 CE hrs)**

Willem Lammers, DPsych, TSTA

Logosynthesis® is a powerful instrument that can resolve frozen energy patterns present in trauma, grief and fear. The active principle is the rarely used power of words. You will learn exactly how to use this technique. The session includes theory, exercises, and demonstrations.

**Energy Psychology & Couple's Counseling C4 (2 CE hrs)**

Pamela Altaffer, LCSW & Thomas Altaffer, MSW, LCSW

Learn and experience a new "magical" paradigm for couple's work, where developing a strong positive intention drives the treatment. Blocks to loving are eradicated with energy psychology. The discipline of loving transforms therapy with empowered connection, harmony, and peace.

**The Magical Healing Powers of Ritual & Energy Psychology C5 (2 CE hrs)**

Sherry O'Brian, LCSW, DCEP

In this highly experiential workshop you will learn to integrate the power of energy psychology with the healing power of ritual. An overview of the healing practice of ritual will be presented. Techniques to integrate EP with the healing power of rituals will be demonstrated.

**Interweaving Cognition, Consciousness & Intention - the Magical Synergy! C6 (2 CE hrs)**

Phil Mollon, PhD, DCEP

Achieve clarity regarding key principles behind some of the most effective forms of energy psychology — and blend them in a magical synergy! Explore the combination of subtle energy activation with altered states of consciousness, intention and command. Learn the Blue Diamond method of accessing altered states and higher consciousness.

**Envisioning the Future of Diversity & Inclusion Within ACEP C7 (No CE)**

Sylvia Stengle, MPH

ACEP is committed to increasing our organizational cross-cultural capacity. In this interactive, open session we invite you to share your ideas about how ACEP can become more inclusive and create a more welcoming space for diversity. Together, let's explore how to create a path forward within ACEP.

**Time to Shine — But Afraid to Take the Next Step? C8 (2 CE hrs)**

Tapas Fleming, LAc

Do you have clients who need help taking their next step in sharing what they came here to do? Does that apply to you? Learn how to clarify and dissolve the Top 10 Fears and connect with the Top 10 Inner Strengths using TAT® so we can all manifest the life we want.

**Practice in Integrity: Scope of Practice Issues for Energy Healing Practitioners C9 (2 CE hrs)**

Midge Murphy, JD, PhD

Practice in integrity! This lively, interactive seminar provides both licensed and non-licensed practitioners with practical advice to reduce scope of practice risks inherent when using energy healing methods.

*All sessions are noted with available CE hours. Not all courses are eligible for each CE type. Refer to the [website](#) for details.*

**If you're in the medical field, you need to be here**

"I encourage anyone in the medical field to come to this conference. There's so much research backing up holistic healing and how it's impacting lives around the world. I've been so inspired that when I go back I'm going to share all of this with my colleagues and hope to bring more of them to the next conference." - Kelly Hillcove, Holistic RN



## Saturday, May 5 2:30PM - 3:30PM

Choose to attend one Roundtable or all three Quantum Talks — TED-style talks that give you a quick, potent taste of a subject.

### Deep Question Roundtables

#### 20 Years & Growing Strong! Past, Present & Future of Energy Psychology (1 CE hr)

Moderator: Lori Hops, PhD  
Panelists: Lori Hops, PhD; Fred Gallo, PhD, DCEP; Tapas Fleming, LAc

Our 20th anniversary is a perfect time to explore the origins, current needs, and future goals of energy psychology and ACEP. Possible topics include research, healthcare, direct service, humanitarian aid, certification, and innovation. We want to hear from you!

#### Energy Psychology's Active Ingredients: Techniques, Consciousness or More? (1 CE hr)

Moderator: Pamela Altaffer, LCSW  
Panelists: Pamela Altaffer, LCSW; Larry Stoler, PhD; Asha Clinton, PhD

What makes EP unique and effective? Techniques, consciousness changes, or other factors? Some approaches focus on touch and energy body changes, while others do not. Some focus on consciousness as the prime vehicle for change. What are the differences among them, and what can we learn from different approaches to enhance client outcome?

### Quantum Talks (1 CE hr - 3, 20 minute talks)

#### How to Guarantee Success in Trauma Therapy

Maggie Phillips, PhD, DCEP

Learn five essential ingredients of successful trauma treatment: 1) use polyvagal perspective to reset the nervous system, 2) rewire the traumatized brain, 3) foster secure attachment, 4) revisit implicit trauma memory without reliving, and 5) build resilience to fuel the conflict-free self.

#### Upgrade Your Clients' Ethical Personal Power Skills

David Gruder, PhD, DCEP

In a world overrun by dysfunctional versions of power (and equally dysfunctional reactions to it), who can our clients turn to for assistance in developing right relationship with their own personal power? Us, that's who. Learn how.

#### TFT for Children & Adults With Intellectual Developmental Disabilities

Nora Baladerian, PhD

Using Thought Field Therapy to treat trauma victims with developmental and intellectual disabilities produces positive results within a short time. Indications of trauma relief are evident in facial expressions and excited "high fives," usually in one session. Learn the tapping points used.

## Saturday, May 5 3:45PM - 4:45PM

Choose to attend one Roundtable or all three Quantum Talks — TED-style talks that give you a quick, potent taste of a subject.

### Deep Question Roundtables

#### Diversify or Unify? EP's Roadmap for the Future (1 CE hr)

Moderator: Phil Mollon, PhD  
Panelists: Phil Mollon, PhD; Shoshana Garfield, PhD; Gregory Nicosia, PhD, DCEP

The past 20 years have seen rapid growth for EP schools of thought, trainings, and more. Does it serve clients and the field better if we emphasize a more unified field vs. emphasizing differences in schools of thought? Should we continue branching out with unique methods, designed on their own, or work towards integration?

#### The Magic of EP: Play, Fun & Imagineering (1 CE hr)

Moderator: Carol Look, PhD  
Panelists: Carol Look, PhD; Barbara Stone, PhD, DCEP; Michael DeMolina, PhD, DCEP

Disney celebrates creativity and innovation. How do these concepts apply to the world of EP? Is EP about alleviating suffering, or opening to greater play, laughter and creativity? How does the answer to this question affect our work with clients and the approaches we use? Let's dream bigger dreams for EP and the world.

### Quantum Talks (No CE)

#### The 5 Elements — An Ancient Personality System to Understand Your Clients

Dondi Dahlin

Learn how to use the five element system to understand your clients better than ever before and discover answers to the age-old question of why we do what we do.

#### Energy Psychology Around the World

Gunilla Hamne & Ulf Sandström

Energy psychology is creating ripples of healing throughout the world. Discover the powerful stories of healing using EP globally. Get inspired and join the revolution!

#### You Matter More Than You Think! Energetics of the Therapeutic Relationship

Mary Sise, LCSW, DCEP

Go beyond techniques and increase your impact through the law of resonance. Master this simple shift in thinking and witness seeming "miracles" with your clients and within yourself.

## Learning Labs

# Sunday, May 6 8:00AM - 9:30AM

### Using Energy Psychology to Release Unconscious Causes of Illness **E2 (1.5 CE hrs)**

Henry Grayson, PhD, DCEP

Stress contributes to over 90% of illnesses, and many causes of stress are unconscious, often stemming from unremembered early childhood experiences. You will learn ways to access this unconscious information and several EP tools for releasing the diverse causes.

### The Magic of Breath & EP: 6 Healing Sounds to Open Meridians **E3 (1.5 CE hrs)**

Sarette Zecharia, PhD, DCEP

Breath is magic; a magic that makes us consciously alive. Experience the power of breath work and the six healing sounds in relation to energy psychology. Develop a new set of self-care and professional tools that can enhance your connection to yourself and your patients.

### Erotic & Energetic Awakening After Infidelity **E4 (1.5 CE hrs)**

Tammy Nelson, PhD

Eroticism after infidelity can heal or traumatize marriages. Erotic recovery includes conscious repair to the couple's dynamic. In the paradigm of monogamy, we will focus on energetic and sexual intervention and dialogue. You will learn a process to create a new vision for couples who choose to stay together after infidelity.

### Ancient Ayurvedic Mudra Meditations for Balance, Release & Confidence **E5 (No CE)**

Jennifer Closshey, PhD

Experience three Mudra meditations based on ancient Ayurveda medical system traditions to balance the human biofield, balance major emotional fields and expand the five human senses to improve self-healing. Enjoy two hours of taking care of yourself and applying what you learn to your clients.

### Beyond Chance Transformations: Synchronicity & the Enneagram **E6 (1.5 hrs)**

Martin Meyer, PhD

We live in a trance state of repetitive reactions, unaware of our higher potential. Learn how to break the trance of personality by examining Enneagram personality types and the repeating, synchronistic experiences designed to promote growth to higher transcendent levels.

### Energy Psychology: Transforming a Nation **E7 (1.5 CE hrs)**

Caroline Sakai, PhD

Learn about magical transformations in individuals and in a nation that were facilitated by energy psychology. Explore the possibilities each of us can embrace in transforming our communities and making a difference. Experience a protocol for enhancing peak performance.



### Self-Care Tools for Raising Vibration **E8 (1.5 CE hrs)**

Julie George, MSSA, LSW & Barbara Evans, BS, PGCE

Vibrational medicine offers a pathway for awakening a profound connection with our inner essence. This promotes self-healing on physical, emotional, mental and spiritual levels. Discover how geometry, color, sound, and aromatherapy set beneficial vibrations for client self-care and enhance the effectiveness of your practice.

### Bring EP Home Through Humanitarian Outreach **E9 (1.5 CE hrs)**

Cindy Baker, MEd, NCSP, DCEP, Amy Frost, MBA, MA & Georgia Howorth-Fair, MS, LMFT

Get your Humanitarian To-Go Box! You will receive information, resources, and support, enabling you to bring EP into your community through humanitarian outreach. We have made it simple for you to explain, train and understand a model of global outreach, and have included ongoing coaching to ensure success.

*All sessions are noted with available CE hours. Not all courses are eligible for each CE type. Refer to the [website](#) for details.*

## This is a great place if you're curious about energy psychology

"This is a great place to come, even if you're not an energy psychology practitioner. If you think it might be helpful in your practice or in your personal life, this is the place to come and find out more about these techniques. Come even if you think there may not be a fit with what you do, because you might be surprised. I've seen so many cases where these techniques work where nothing else works." - Ken Kelly, Non-dual Teacher



## Invited Workshops

# Sunday, May 6 10:00AM - 12:00PM

### What's a Psychological Reversal & Why Should I Care? **F1 (2 CE hrs)**

Lynn Karjala, PhD, DCEP

Many clients lack full inner permission to make the changes they want. The common energy psychology term for this phenomenon is psychological reversal (PR). You will learn powerful strategies for supercharging your clients' success by identifying and intervening with their PRs.

### Helping Addicts, Vets & First Responders with Challenges That Hinder Recovery **F2 (2 CE hrs)**

Jim McAninch, CEAP, CTR & Tom Greenhalgh, LICSW, MACJ

We are dealing with an opiate epidemic, a 25-year extended war and an aging population struggling with challenges in recovery. See how we can quickly, effectively, and non-invasively help them clear their challenges using Thought Field Therapy combined with other energy psychology modalities and energetic oils.

### Clearing Meta-Anxieties in Challenging Clients **F3 (2 CE hrs)**

Daniel Benor, MD, ABIHM

Energy psychology clears many problems, but meta-anxieties can block EP progress. By clearing anxieties about therapy issues, therapy proceeds successfully. In this experiential workshop, WHEE (Wholistic Hybrid of EMDR and EFT) and 2-chair dialogues will be demonstrated, but any EP method can work.

### Retrieving Missing Soul Parts **F4 (2 CE hrs)**

Barbara Stone, PhD, DCEP

Traumatic events may cause a piece of soul energy to split off, unable to tolerate violence, loss of a loved one, physical or sexual abuse, etc. You will learn how to retrieve these soul fragments and help your clients heal a pervasive sense of emptiness and incompleteness.

### Everything is Energy! Understand Qi & Boost Your Effectiveness **F5 (2 CE hrs)**

Larry Stoler, MSSA, PhD

Science and ancient wisdom traditions agree that everything is energy, but energy and Qi have important differences. Qi has additional qualities that are vital to the healing process. Learning more about Qi can help energy psychology practitioners heal others as well as themselves.

### A Journey Back from Stress: Using the 5 Elements to Be Whole Again **F6 (No CE)**

Dondi Simone Dahlin

People are at their worst under stress. Dondi Dahlin will help you identify your five elements personality type and teach you energy medicine tools to un-hook from your stress, lead a joyful life, and understand why people do what they do.

### How EP Helps Democratize the Delivery of Mental Health Services Globally **F7 (2 CE hrs)**

Suzanne Connolly, LCSW, LMFT & Prosper Ishimwe, MA

Discover how energy psychology is one answer to the World Health Organization's call for community-based mental health. Learn the proven TFT model for delivering mental health services after large-scale disasters, and hear from one Rwandan with a master's degree in global development about his own personal experience.

### Put "YES!!" in Your Client's Life **F8 (2 CE hrs)**

Sandra Radomski, ND, LCSW

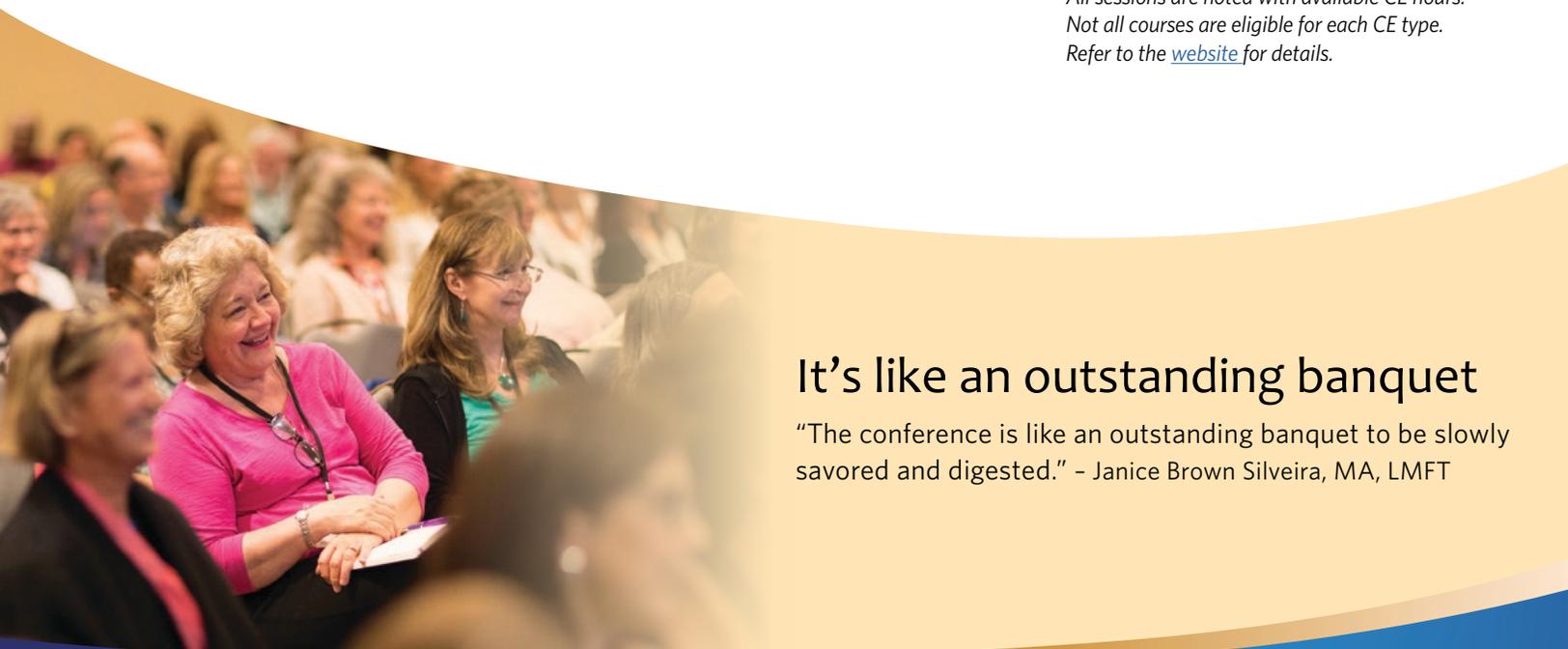
To put "YES!!" in your client's life, they need to know it is safe to have what they want, know they deserve to have it and know it is possible to achieve. Experience Ask and Receive to align your client with their goals and wishes.

### META Health: Using EP to Target Root Emotional Causes for Chronic Illness **F9 (No CE)**

Craig Weiner, DC & Alina Frank

META-Health is the science and art of discovering the unique stress triggers, emotions and beliefs underlying specific symptoms and health conditions. It is an integrative health model. You will learn a specific inquiry process to help find the emotional underpinnings for many health conditions.

*All sessions are noted with available CE hours. Not all courses are eligible for each CE type. Refer to the [website](#) for details.*



## It's like an outstanding banquet

"The conference is like an outstanding banquet to be slowly savored and digested." - Janice Brown Silveira, MA, LMFT

## Deepen your learning ... Attend a post-conference intensive

- Space is limited, sign up early at [energypsychologyconference.com](http://energypsychologyconference.com) or call 619-861-2237.
- [View objectives](#)

All sessions are noted with available CE hours. Not all courses are eligible for each CE type. Refer to the [website](#) for details.

### Monday, May 7 9:00AM - 5:00PM

#### What Energy Medicine Offers Energy Psychology **S1 (6 CE hrs)**

Energy medicine is a powerful adjunct to energy psychology. You will learn simple, effective techniques derived from energy medicine that will show you how to increase your success with clients who face a wide variety of psychological and spiritual challenges.

**Donna Eden** has been a pioneer in energy medicine for over four decades. She is among the field's most sought, joyous, and authoritative spokespersons. Her abilities as a healer are legendary and her award-winning book, *Energy Medicine*, is the classic in the field.

**David Feinstein, PhD**, a clinical psychologist, has received nine national awards for his books on consciousness and energy healing. He has served on the faculty of The Johns Hopkins Medical School and, with his wife, Donna Eden, directs the world's largest organization teaching energy medicine.

#### Create the Hero's Journey With the Magic of Breakout & Be Set Free Fast™! **S2 (6 CE hrs)**

The hero/heroine's journey mirrors two fundamentally human processes: the birth experience and the creative breakout experience. Discover the magic of breakthrough moments during sessions by exploring the archetypal hero's/heroine's journey. Learn how to awaken the magic of the Breakout Principle for yourself and your clients, using Be Set Free Fast™.

**Alfred Heath, MA, LPC**, fosters mind-body-spirit-energy wellbeing as a coach/facilitator/healer, and professional counselor. He is an NLP, Quantum Entrainment® facilitator, Reiki master, and developer of ZeroPoint Intention™. Alfred was designated by Be Set Free Fast™ developer Dr. Larry Nims to be its principal educator and trainer.

#### Family Energetics: Extending EP with Systemic Constellations **S3 (6 CE hrs)**

Family Energetics is a trauma treatment that combines energy psychology techniques with Systemic Constellations in a way that increases the effectiveness of each. After showing how similarly trauma behaves on different scales, you will learn the techniques and advantages of using Family Energetics. You will be able to use this approach to help heal dysfunction in individuals and families.

**Michael Reddy, PhD, CPC**, is an author, healer, shaman, certified coach, and leader in the U.S. in integrating energy psychology (EP) with Family Constellations. He trains practitioners in person and online, and help clients recover from chronic emotional or physical suffering rooted in personal and ancestral trauma.

### Monday & Tuesday, May 7-8 9:00AM - 5:00PM

#### Essential Skills in Comprehensive Energy Psychology - Level 2 **S4 (12 CE hrs)**

This training program is LEVEL 2 OF A TWO PART SERIES. You must have taken Level 1 to attend. Visit [energypsych.org](http://energypsych.org) for details and dates of other locations.

Building on the foundation you have developed in CEP Level 1, in Level 2 you will learn advanced applications of the 6-step CEP treatment model. You will also learn advanced approaches for working with meridians as well as advanced chakra and biofield interventions for trauma, anxiety, pain and more. You will also learn skills for self care. This workshop also prepares helping professionals wishing to join ACEP's certification program in comprehensive energy psychology.

**Stephanie Eldringhoff, MA, LMFT, DCEP, TFT-DX**, has specialized in energy psychology approaches since 1993. She has a private practice in Washington and an international practice online. She has served on the faculty of Donna Eden's Energy Medicine Certification Program, and is co-developer of The Rapid Relief Process.

**Kristin Holthuis, MD, DCEP**, is a holistic family doctor who has integrated energy psychology completely in her professional practice. As a certified CEP, TAT, EFT, TFT-alg and Matrix Reimprinting trainer, she loves to train professionals and introduce EP modalities into the health care system.

# ESSENTIAL INFORMATION

## 20<sup>TH</sup> INTERNATIONAL ENERGY PSYCHOLOGY CONFERENCE

May 3-7, 2018 | Orlando, FL



### Hotel

**Disney's Contemporary Resort** 4600 North World Drive, Lake Buena Vista, Florida 32830

**Incredible group rate:** \$186 per night (save over \$300/night off current rates)

Disney's incredible service includes free transportation to and from the airport and free bag delivery to your room. Complimentary WIFI throughout sleeping rooms and meeting space. Free self parking.

### Main Conference Includes

- Full set of conference recordings (including slides)—\$350 value
- Research Symposium attendance—\$210 value
- Full breakfast FRI through SUN & annual lunch (\$125 value)
- Up to 19 CE hours (+ up to 24 more CE hours for pre- and post-conference events at no extra charge — a \$140 value)

### Group & Student Discounts

**Group discounts** for main conference registration only

- 10% discount groups of 3 to 6
- 15% discount groups of 7 or more

**To receive your group discount code, read the [group discount policy](#), then contact us BEFORE registering.**

**Attention Graduate Students** We offer special discounts for full time graduate students with official identification.

**Questions?** 619-861-2237 or [admin@energypsych.org](mailto:admin@energypsych.org)

### Audio Library Bonus!

500+ talks for less than 20 cents per lecture!

Register for the conference and get your annual subscription to ACEP's online [Audio Library](#) for only \$49. (\$50 off regular price)

### Continuing Education

(Up to 43 hours!) [View Conference CE Objectives](#)

#### CE, CME, CNE Completion Requirements

For conference evaluation and certificate information, visit [energypsychologyconference.com](http://energypsychologyconference.com)

Continuing education hours are available for mental health practitioners, nurses, physicians, LMFTs, professional counselors, drug and alcohol counselors, social workers, psychologists, and acupuncturists.

ACEP is a nationally approved provider for

- American Psychological Association (APA)
- Association of Social Work Boards (ASWB, 1048)
- National Board of Certified Counselors (NBCC, 5868)
- National Association of Alcohol and Drug Abuse Counselors (NAADAC, 100504)
- National Certification Commission for Acupuncture & Oriental Medicine (NCCAOM, 727)



ACEP is approved by the American Psychological Association (APA) to sponsor Continuing Education for Psychologists. ACEP maintains responsibility for this program and its content.

ACEP is approved as a provider for social work continuing education by the Association of Social Work Boards (ASWB) [www.aswb.org](http://www.aswb.org), through the Approved Continuing Education (ACE) program. ACEP maintains responsibility for the program. ASWB Approval Period: 2/28/16 - 2/28/19. Social workers should contact their regulatory board to determine course approval for continuing education credits. Social workers participating in this course can receive up to 43 clinical hours.

The Association for Comprehensive Energy Psychology (ACEP) has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 5868. Programs that do not qualify for NBCC credit are clearly identified. ACEP is solely responsible for all aspects of the programs.

ACEP is an approved provider for the National Certification Commission for Acupuncture & Oriental Medicine (#727). (application pending)

California: ACEP is an approved CE provider by the APA, ASWB and NBCC, all of which are recognized by California Board of Behavioral Sciences to offer CEs for CA-based MFTs, LPCCs, LEPs and/or LCSWs.

Florida: ACEP is an approved CE provider FL Board of Clinical Social Work, Marriage & Family Therapy & Mental Health Counseling, Certified Master Social Workers and FL Board of Nursing (CE Provider #50-10765). ACEP is an approved provider for CELEBRATE THE MAGIC OF ENERGY PSYCHOLOGY (FL CE Broker Tracking # 20-601897).

New York: The Association for Comprehensive Energy Psychology (ACEP) SW CPE is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #0164. Programs that do not qualify for NYSED credit are clearly identified.

Applications are pending with the New York State Education Department Office of the Professions for NY-based LMFTs and LMHCs.

ACEP is a CE co-sponsor with the Institute for Better Health (IBH). Sessions that qualify for CME/CNE credits are clearly identified online. **Prior to registering, see [website](#) for specific session CE approvals, complete course descriptions, and speaker/planner conflict of interest disclosures.**

**Physicians:** This activity has been planned and implemented in accordance with the Essential Areas and policies of the ACCME through the joint sponsorship of IBH and ACEP. IBH is accredited by the ACCME to provide continuing medical education for physicians. IBH designates this live activity for a maximum of 1 AMA PRA Category 1 Credits™ per hour attended. Physicians should only claim credit commensurate with the extent of their participation in the activity.

**Nurses:** IBH is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.



The Association for Comprehensive Energy Psychology is the largest international nonprofit organization of its kind, with 1,200 members

promoting professionally responsible energy psychology treatments and collaboration among practitioners, researchers, and licensing bodies.

**Want to learn more about ACEP and energy psychology (EP)?**

**Visit our website at [energypsych.org](http://energypsych.org).**

# CONFERENCE REGISTRATION Prices are in USD

Register online at [energypsychologyconference.com](http://energypsychologyconference.com). For mail or fax registration, please fill out this page.

Name \_\_\_\_\_ Degree \_\_\_\_\_  
 Address \_\_\_\_\_  
 City \_\_\_\_\_ State/Province \_\_\_\_\_ Zip/Postal Code \_\_\_\_\_  
 Country \_\_\_\_\_ E-mail \_\_\_\_\_  
 Phone \_\_\_\_\_ Profession \_\_\_\_\_ License # \_\_\_\_\_

First conference?

Yes  No

ACEP Member?

Yes  No

To be eligible for the member registration fee, you must be a current ACEP member through June 2018.

Physical Needs: Check here if you need special accommodations to participate, and fax a written description of your needs to 484-418-1019.

## 1. Main Conference Registration

(Friday, May 4 - Sunday, May 6) Please check one category

Registration deadlines:	1/30 - 3/12	3/13 - 4/16	After 4/16
<b>Main Conference (Fri-Sun)</b>			
Member / Non Member	<input type="checkbox"/> \$595 / \$685	<input type="checkbox"/> \$645 / \$735	<input type="checkbox"/> \$695 / \$785
Full Time Grad Student*	<input type="checkbox"/> \$365	<input type="checkbox"/> \$415	<input type="checkbox"/> \$465
<b>Two Day Conference</b> Choose days: <input type="checkbox"/> Fri & Sat <input type="checkbox"/> Sat & Sun			
Member / Non Member	<input type="checkbox"/> \$515 / \$595	<input type="checkbox"/> \$565 / \$645	<input type="checkbox"/> \$615 / \$695
Full Time Grad Student*	<input type="checkbox"/> \$300	<input type="checkbox"/> \$350	<input type="checkbox"/> \$400

**Group Discounts** (For Main Conference Registration Only)

3-6 people - 10 % discount | 7 or more - 15% discount

BEFORE YOU REGISTER: [Read about group discounts](#), then call 619-861-2237 or email [admin@energypsych.org](mailto:admin@energypsych.org) to receive your discount code.

## 2. Pre-Conference Registration

(Wednesday, May 2 - Thursday, May 3) Please check one category

Registration deadlines:	1/30 - 3/12	3/13 - 4/16	After 4/16
<b>Two Day Pre-Conference (Wed-Thurs)</b>			
<b>Choose 1 two day:</b>			
<input type="checkbox"/> (P1) CEP Level 1	<input type="checkbox"/> (P2) EFT Level 2		
Member / Non Member	<input type="checkbox"/> \$355 / \$395	<input type="checkbox"/> \$395 / \$435	<input type="checkbox"/> \$435 / \$475
Full Time Grad Student*	<input type="checkbox"/> \$230	<input type="checkbox"/> \$270	<input type="checkbox"/> \$310
<b>One Day Pre-Conference (Thursday)</b> Pricing is only with conference.**			
<b>Choose 1 full day:</b>			
<input type="checkbox"/> (P3) Brainspotting	<input type="checkbox"/> (P7) Basic Clinical Skills in HAT		
<input type="checkbox"/> (P4) The Yes Code	<input type="checkbox"/> (P8) Healing Unknown Trauma		
<input type="checkbox"/> (P5) Loss, Survive, Thrive	<input type="checkbox"/> (P9) EP Treatment for Autism Spectrum Disorders		
<input type="checkbox"/> (P6) Energetic Approaches to Treating Chronic Pain			
Member / Non Member	<input type="checkbox"/> \$195 / \$215	<input type="checkbox"/> \$215 / \$235	<input type="checkbox"/> \$235 / \$255
Full Time Grad Student*	<input type="checkbox"/> \$130	<input type="checkbox"/> \$150	<input type="checkbox"/> \$170

\*You must be a full time graduate student and join ACEP as a student. Submit copy of student ID card with registration.

\*\*One day precons are only available to conference attendees.

Register Now at [energypsychologyconference.com](http://energypsychologyconference.com)

Or mail/fax registrations to:

ACEP, 28 Garrett Ave., Suite 100, Bryn Mawr, PA 19010

Phone: 619-861-2237 • Fax: 484-418-1019 • Email: [admin@energypsych.org](mailto:admin@energypsych.org)

## 3. Post-Conference Registration

(Monday, May 7 - Tuesday, May 8) Please check one category

Registration deadlines:	1/30 - 3/12	3/13 - 4/16	After 4/16
<b>One Day Post-Conference (Monday)</b> Pricing is only with conference.**			
<input type="checkbox"/> (S1) What Energy Medicine Offers EP <input type="checkbox"/> (S2) Create the Hero's Journey <input type="checkbox"/> (S3) Family Energetics			
Member / Non Member	<input type="checkbox"/> \$195 / \$215	<input type="checkbox"/> \$215 / \$235	<input type="checkbox"/> \$235 / \$255
Full Time Grad Student*	<input type="checkbox"/> \$130	<input type="checkbox"/> \$150	<input type="checkbox"/> \$170
<b>Two Day Post-Conference (Mon-Tues)</b>			
<input type="checkbox"/> (S4) CEP Level 2			
Member / Non Member	<input type="checkbox"/> \$355 / \$395	<input type="checkbox"/> \$395 / \$435	<input type="checkbox"/> \$435 / \$475
Full Time Grad Student*	<input type="checkbox"/> \$230	<input type="checkbox"/> \$270	<input type="checkbox"/> \$310

## 4. Special Events & Products

- \$30 Thursday Keynotes** (Free with pre-conference workshops)
- \$78 Saturday 20th Annual Celebration Dinner & Dancing**  
 Grilled chicken breast  Vegetarian lasagna
- \$49 Audio Library** (1 yr subscription)

## 5. Total Fees & Payment

Payment must be sent with your registration form (US\$ only). All non-US members will be charged US\$ equivalent when credit card is processed.

	Total Fee	Less Group Discount	Subtotal
<b>Main Conference</b>	\$	\$	\$
<b>Pre-Conference</b>	\$	N/A	\$
<b>Post-Conference</b>	\$	N/A	\$
<b>Special Events</b>	\$	N/A	\$
<b>GRAND TOTAL</b>			\$

**Enclosed is my check** payable to **ACEP** in the amount of \$ \_\_\_\_\_  
 (Payment from outside the U.S. must be made with credit card)

**Charge** \$ \_\_\_\_\_ to the following card:

VISA  Discover  MasterCard (Paypal available online)

Card # \_\_\_\_\_

Expiration Date \_\_\_\_\_ Security Code \_\_\_\_\_

Name as appears on card \_\_\_\_\_

Credit Card Billing Address \_\_\_\_\_

Signature \_\_\_\_\_

Registrations must be postmarked, faxed or web registered by dates indicated, without exception, to receive discounted rates. All registrations received after 5pm Eastern time on April 16, 2018 will be processed as on-site registrations at the on-site rate. Once your conference registration form is received and processed, you will receive an email confirmation. Please allow ten days for processing. **Cancellations/Refunds:** Cancel before Monday, March 26, 2018: full refund; Between March 26 and April 9, 2018: refund less \$75 processing fee; After April 9: no refunds.

ACEP grievance policy: If you have a grievance related to any workshop issue, please contact Executive Director Robert Schwarz at (619) 861-2237 or email [acep\\_ed@energypsych.org](mailto:acep_ed@energypsych.org)