



# SUNNYBROOK CHRISTIAN ACADEMY

February 2020

## LUNCH MENU

MEALS ARE SERVED WITH MILK AND TEA\*




MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>3</p> <p>Soup, salad and ham sandwich</p>	<p>4</p> <p>Beefaroni, veggies, and salad</p>	<p>5</p> <p>Enchilada, rice and beans</p> 	<p>6</p> <p>Chicken strips, mashed potatoes and veggies</p>	<p>7</p> <p>Fish sticks, mac n cheese and veggies</p> 
<p>10</p> <p>Sausage, rice, beans and bread</p>	<p>11</p> <p>Chicken parmesan, noodles, veggie, and salad</p>	<p>12</p> <p>Crispy Tacos, salad, rice and beans</p>	<p>13</p> <p>Chicken Nuggets, fries and salad</p>	<p>14</p> <p>Grilled Cheese, chips and salad</p> 
<p>17</p>  <p>NO SCHOOL!</p>	<p>18</p> <p>Chicken Alfredo, veggies and salad</p>	<p>19</p> <p>Burritos, rice and beans</p>	<p>20</p> <p>Sweet and sour chicken, rice and salad</p>	<p>21</p> <p>Pizza bread, veggies and salad</p>
<p>24</p> <p>Chili dog, fries and salad</p>	<p>25</p> <p>Spaghetti, veggies and salad</p>	<p>26</p> <p>Taco salad, rice and beans</p>	<p>27</p> <p>Hamburgers, fries and salad</p>	<p>28</p> <p>Lo mein, veggies and salad</p>

Updated Information can be found on [www.sunnybrooklions.com](http://www.sunnybrooklions.com)  
Schedules, Events, News Flash subject to change please check the webpage daily

\*Tea is only offered to Secondary

# SUNNYBROOK CHRISTIAN ACADEMY

## February 2020 Events

### History of Valentine's Day

A brief look at the origin of Valentine's Day reveals a most curious fact. Its patron Valentine, for whom the day is named, had nothing to do with the ancient festival celebrated on February 14<sup>th</sup>. In order to "Christianize" all people and keep law and order, the "Holy Roman Empire" allowed the Romans to keep most of their pagan observances and simply renamed them. A martyred saint of God, Valentine, was honored on the church calendar on the same day in as the festival of "Luper Calia" or wolf-destroyer. It was a riotous time of mischievous joy, idol worship, and paganistic rituals of love lasting for several days. Many of the pagan customs remain today. Cupid, the Roman god of love has become the symbol of Valentine's Day all over the world.

At Sunnybrook, we attempt to avoid the "worldly" influence. We purpose to honor the only God of Love, the Lord Jesus Christ. Students are allowed to exchange cards that exemplify the Phileo (brotherly) love of Christ or the Agape love of the Father and choose characters that are of good moral and character.

### **February 5<sup>th</sup> Wednesday - Parent's Cowboy Breakfast:**

Parents are invited to join us Friday morning for a cowboy breakfast 7:30am - 8:15am. Sausage wraps and a beverage will be available for pickup curbside as you make your way to work.

### **February 5<sup>th</sup> Wednesday - Hearing Vision Screenings:**

We will have a certified Audiologist/Vision Screener coming in to screen our students hearing and vision. This screening is required by the state, so please ensure your child(ren) are in attendance. If not, please have your child screened by their PCP and bring us a copy of the results for their records. We will begin the screenings in the morning and should tentatively end in the late afternoon.

### **February 7<sup>th</sup> Friday - NOAH'S ARK DAY**

Joint Chapel is at 9:30 a.m. Students are encouraged to dress in animal costumes. Parents are invited to see our Parade of Animals. We have previously had a pig, a cow, bumble bee, a black panther, a horse, monkey, a mouse, an elephant, a bear, a rabbit, a jungle cat, a lady-bug, a puma, a Dalmatian, a Cocker Spaniel, lions, butterflies, leopards, bunnies, tigers, cheetahs, and deer. We also had Mr. & Mrs. Noah, the ark, a couple of rainbows, and a cloud! Be creative! Teachers will be sending information regarding your child's class costume.

### **February 14<sup>th</sup> - Western Wear Day:**

Let's Rodeo, Sunnybrook. Get out your boots, ropers, western shirts, bandanas, and cowboy hats! Cowboys and cowgirls may wear western "garb."

Some cowpokes have a "hankerin" to wear tennis shoes and T-shirts. That's hangin' out clothes, not cowboy duds. Ma and Pa, tell your cowpokes that its cowboy duds or those fancy dude clothes called uniforms. By the way, no spurs, no guns, no horses!

**Translation:** Students may wear western attire or required uniforms. **No exceptions! Jeans should be loose fitted but not baggy and sit on the waist. Failure to comply will result in the student being sent home. So if in doubt of your cowpoke wear - bring your uniform.**

### **February 14<sup>th</sup> Thursday - Valentine Parties:**

Parties will be held at 2:30pm. Please include all students in your child's class when giving cards. Cards should exemplify Gods creations and love. Character cards are allowed, but ensure that the characters exemplify good characters and morals (no Descendants, Harry Potter, etc). Teachers will be sending class party information.

### **February 17<sup>th</sup> Monday - STUDENT HOLIDAY. Enjoy your 3-day weekend!**