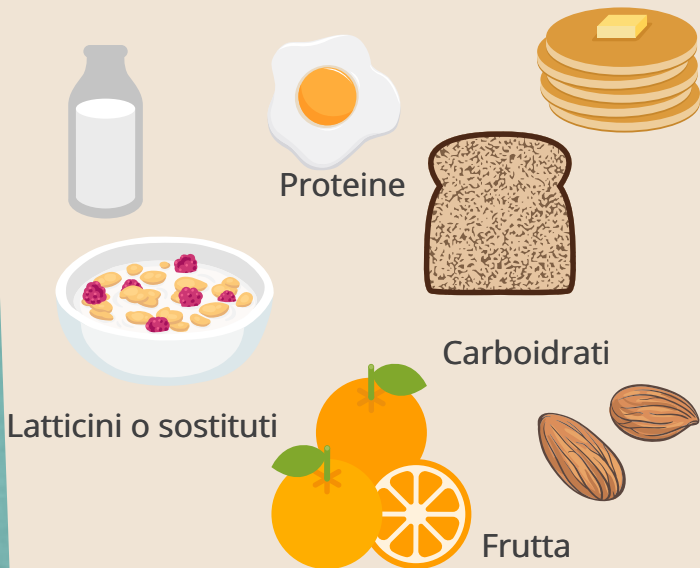




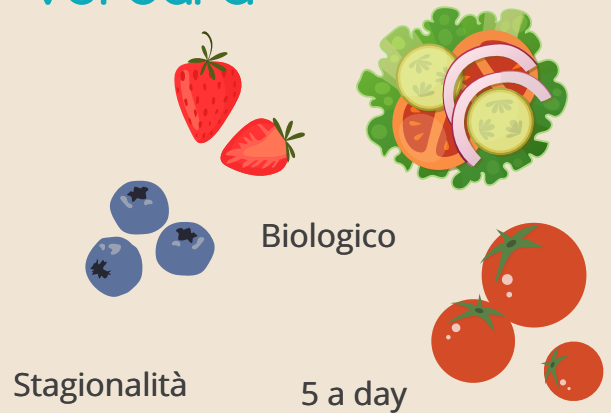
2017

Health tips

Non saltare la colazione



Mangia più frutta e verdura



Fai 5 pasti al giorno



Bevi più acqua



Fai movimento

