



“Frequency of Symptoms”

of Mercury Toxicity gained from analysis of
questionnaires from 1,320 patients
Pre-1988

73.3%	Unexplained irritability
72.0%	Constant or very frequent periods of depression
67.3%	Numbness and tingling in extremities
64.5%	Frequent urination during the night
63.1%	Unexplained chronic fatigue (today over 85%)
62.6%	Cold hands and feet, even in moderate/warm weather
60.6%	Bloated feeling after eating
58.0%	Difficulty remembering or use of memory
55.5%	Sudden, unexplained or unsolicited anger
54.6%	Constipation on a regular basis
54.2%	Difficulty in making even simple decisions
52.3%	Tremors or shakes of hands, feet, head, etc.
52.3%	Twitching of face and other muscles
49.1%	Experience frequent leg cramps
47.8%	Constant of frequent ringing or noise in ears
43.1%	Get out of breath easily
42.5%	Frequent or recurring heartburn
40.8%	Excessive itching
40.4%	Unexplained rashes, skin irritation
38.7%	Constant of frequent metallic taste in mouth
38.1%	Jumpy, Jittery, Nervous
37.3%	Constant death wish or suicidal intent (today over 90%)
36.4%	Frequent insomnia
35.6%	Unexplained chest pains
35.5%	Constant or frequent pains in joints
32.4%	Tachycardia
28.2%	Unexplained fluid retention
20.8%	Burning sensation on the tongue
20.1%	Get headaches just after eating
14.9%	Frequent diarrhea

Data collected from the patients of Dr. Hal A. Huggins
Recent increases may be related to 50x Hg release from hi-Cu amalgam.