

The Necessity of Scar Therapy

The skin is our largest organ of the body. It is made up of several layers of tissue which have many essential functions beyond just holding everything together inside. Our skin acts as a barrier from the environment, cooling us down through perspiration and helping us maintain a proper core body temperature. It is also the main pathway for the meridian systems. A meridian system may best be described as a bio-electrical pathway of bio-electrical currents that flow along our skin. Meridians are thought to be responsible for supplying biological energy and neurological information throughout the body as well as helping maintain an energetic balance within the system.

Scars on our skin, as a result of operations such as c-sections, minor stitches, tattoos, piercings or burns create a disturbance and interrupt this electrical flow. This disturbance results in a bio-energetic weakening of distant organs or systems of our body. Most often, clinically, we see scars contributing to such disorders as anxiety, digestive distress, insomnia and a general disturbance with the parasympathetic and sympathetic regulation of the nervous system. This is most often confirmed by the H.R.V. test.

The necessity of scar therapy is easy to understand when we realize that a scar may have as much as **100 times** the electrical activity attached to it than does the surrounding skin. This is energy and information bound for somewhere in the body that has now become obstructed at the scar site. Simple in-office procedures and some home attention to the scar can restore the natural electrical connection and return support to the organs as well as alleviating stress from the regulation of the nervous system.

Within European Biological Medicine we see illness and disease as a result of an overload of certain toxins and stressors and their combined effect upon the nervous system's regulation. If our body is unable to regulate properly than we cannot compensate for these various stressors. This has a direct effect on our mucosal lining and internal environment within the digestive tract, which is responsible for much of our immune system's ability to respond appropriately.

There are seven basic toxic stressors that have been discovered which contribute to the manifestation of illness and disease when also linked with a poor nutritional diet:

1. **Heavy Metals** from amalgam filings and environmental exposure,
2. **Chemicals** from pollution, preservatives in food, personal care products and pharmaceuticals.
3. **Nutritional Deficiency & Food**
4. **Immune Challenges** like bacteria, viruses, fungi and molds
5. **Emotional States** of mind such as work or family, stress or traumas from past events
6. **Scars** on the skin. By working to reduce or eliminate these primary stressors, the body has the ability to begin to regulate, recover and heal.

At True Wellness, we believe European Medicine emphasizes the conservation of all healthy material. We use techniques that incorporate bioenergetic medicine, neural therapy, acupuncture, homeopathy, the ONE technique, nutrition and cranio-sacral therapy.

Disclaimer: All therapies and supplements are conducted for research purposes only. Any changes in the health and wellness of those participating are strictly coincidental.