

Write your thoughts

- What area of your life do you need strength today? Why?
- What can you let go of that you have no control over?
- How can you rely on God's strength to bring you through this time of weakness?

Strength for Tough Times

Memory Scripture: 2 Corinthians 12:10
“...For when I am weak, then I am strong.”



❖ **Psalm 138:3**

❖ **Exodus 15:2**

- ❖ **Psalm 18:1**
- ❖ **Psalm 24:5**
- ❖ **Psalm 18:32**
- ❖ **Proverbs 31:17, 25**
- ❖ **Psalm 28:1-8**
- ❖ **Isaiah 12:1-2**
- ❖ **Isaiah 30:15**
- ❖ **Psalm 3:10**
- ❖ **Isaiah 40:29-31**
- ❖ **Psalm 46:1**
- ❖ **Habbakuk 3:19**
- ❖ **Isaiah 49:4-5**
- ❖ **Mark 12:33**

❖ **Psalm 73:1, 26**

❖ **Romans 16:25**

- ❖ **Psalm 84:5-7**
- ❖ **Psalm 89:17-21**
- ❖ **Ephesians 3:14-18**
- ❖ **Ephesians 6:9-11**
- ❖ **Psalm 96:6-7**
- ❖ **Philippians 4:12-14**
- ❖ **Colossians 1:10-12**
- ❖ **Psalm 119:28**
- ❖ **Micah 5:4**
- ❖ **1 Peter 5:10**
- ❖ **Psalm 140:7**
- ❖ **Psalm 147: 10-13**
- ❖ **Isaiah 41:10**



Open Your Heart and Your Mind



Dear Lord, today I need your strength. Strength to deal with all the tasks before me. Strength to be kind and gentle to those who chose to be the opposite. Strength to make it through this day. Help me to lean on you. You know I am weak and tired. Emotionally. Physically. Spiritually. Grant me your power this day.
Amen.