



Presents:

Dr. Pohsuan Zaide

Crisis of Selfhood

The Challenge of Staying Whole in a Fractured World

October 6, 7:00-9:00, University of Victoria,
David Strong Building, C122



The process of becoming a person or self involves honing and expanding our consciousness. We find our selfhood through ongoing acts of definition, discrimination, suffering the consequences of choice and conflict, and then growing beyond forces that threaten to tear us apart. Analytical psychology calls these the tasks of *individuation*—the self-actualizing, personality-forming process—that

transforms an undifferentiated being into a unique, fully-formed person capable of personal authority, self-reflection, and moral judgment.

This lecture uses a Jungian lens to examine the development of selfhood as a psychological imperative in which our struggles with identity, meaning, purpose, and moral development are both formative and potentially destructive. We expand the idea of individuation to include a component of alchemy's *unus mundus*—one world—and discuss what that implies for the healing of the planet.



Pohsuan Zaide, PhD, RCC, is an instructor and psychotherapist. She received her doctorate in Jungian Studies and Transformative Social Change from Saybrook University. Her work includes bringing the visionary work of C.G. Jung into public arenas such as education, social and environmental activism, and peace work.

Tickets at the Door: **Members: \$15, Non Members: \$20, Students: \$10**
Memberships : \$10, beginning July 1 and ending June 30

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