

SAINTFIELD CENTRAL KITCHEN – January 2019

	Monday	Tuesday	Wednesday	Thursday	Friday
07/01/19 04/02/19 04/03/19 01/04/19 06/05/19 03/06/19	Chicken Curry & Rice Naan Bread	Savoury Mince Diced Carrots Mashed Potatoes	Sausages Baked Beans Mashed Potatoes	Roast Turkey, Stuffing & Gravy Peas/Carrots Mashed/Dry Roast Potatoes	Salmon Bites Peas Chips
14/01/19 11/02/19 11/03/19 08/04/19 13/05/19 10/06/19	Pasta Bolognese Crusty Bread	Pizza Coleslaw Herby Diced Potatoes	Homemade Vegetable Soup Chicken Burger & Bap Salad	Roast Gammon, Stuffing & Gravy Turnip Mashed/Dry Roast Potatoes	Breaded Fish Baked Beans Chips or Baked Potato
21/01/19 18/02/19 18/03/19 15/04/19 20/05/19 17/06/19	Jam Sponge & Custard	Vanilla cookie	Ice Cream tub	Fairy Cake, Yoghurt	Melon Wedges
28/01/19 25/02/19 25/03/19 29/04/19 27/05/19 24/06/19	Fish Fingers Peas Chips or Baked Potato	Irish Stew & Wheaten Bread	Chicken Curry & Rice Naan Bread	Roast Chicken Stuffing & Gravy Carrot & Parsnip Dry Roast/Mashed Potatoes	Hotdog Baked Beans Diced Potatoes
	Flakemeal Biscuit, Fresh Fruit & Milk	Chocolate sponge & Custard	Jelly, Ice Cream/ Fresh fruit	Yogurt/Slice of Melon	Fruit Muffin & Milk
	Chicken Bites Sweetcorn Chips/Baked Potatoes Sweet Chilli Sauce	Breaded Fish Baked Beans Creamed Potatoes	Homemade Vegetable Soup Beef Burger in a Bap Salad	Roast Gammon, Stuffing & Gravy Broccoli Dry Roast/Creamed Potatoes	Lasagne Sweetcorn Crusty Bread
	Shortbread, Fresh Fruit & Milk	Fruit sponge & Custard	Frozen Chocolate Mousse	Fairy Cake/Apple	Ice Cream Sponge Roll

school food

Try something new today

www.schoolfoodni.com

*Bread, Fresh Fruit, Yoghurt, Milk
and Water are available daily*

*If you require any additional
information on allergies or special
diets please contact the school in the
first instance*



