

# A warm welcome back...



## ...to Boston Squash & Racketball Club

*Dear Member,*

**We hope that - like all of us - you are looking forward to being able to return to the club from Saturday 25th July. We can't wait to see everyone again.**

As with virtually every aspect of life, some things around the club are going to be a little different for a while. The committee have worked extensively over recent weeks to ensure the club re-opens in a way that both keeps you safe yet preserves the club's welcoming character and friendliness. This guide aims to tell you everything you need to know about these measures.

**If you have any symptoms of covid-19: a temperature; a new, continuous cough; or a loss or change in your sense of smell or taste - please follow the government advice around testing and isolation - and do NOT visit the club (yet)!**

### Court bookings

The normal 'cards' system will remain in place. We have carefully assessed the club's safe capacity against daily entry figures, and are confident there is no risk of overcrowding within the club. We are fortunate to have a very spacious club.

Both England Squash and government guidance emphasise that sports clubs should make decisions based on their circumstances, and our approach is in line with that of major gym chains such as Virgin Active and David Lloyd, neither of whom require advance bookings for their gyms.

### Court availability: please note

Court 3 (the blue court) will be a 'permanent' table tennis court for the time being, and so not available for squash/racketball.

**No courts will be available for general use at the following times, due to junior coaching sessions taking place:**

- Saturday 25th July: 9.30am-12.30pm.
- Tuesdays and Thursdays from 28th July onwards: 9.30am-12.30pm.

We will let you know if/when these times change.

### Hand hygiene

There are numerous hand sanitising stations around the club.

Please make generous use of these—in particular on entering the club, and any new areas within it.

### Changing rooms...

...will remain closed for now, to help reduce the number of areas which require cleaning (so we can clean fewer areas, more frequently). Therefore **please arrive ready to play**, with the exception of shoes—we ask that you do change into 'court shoes' inside the club, to protect the court floors. Toilets will be open.



### Staffing and cleaning routines

To help ensure the club is supervised at its busiest times, Pete's hours will temporarily change to Monday-Friday, 10am-7.30pm. Therefore please ensure you have sufficient tokens if you wish to play outside of these hours.

The club will be accessible 24/7, as usual.

We have arranged cover for the weekends so that the club will be operating a seven-day cleaning regime each week.

### What can I do on court?

England Squash recommend that:

- Full squash/racketball should only be played between

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members of the same household or support bubble.

- Members of different households should stick to modified forms of the game, or drills, which allow them to practice social distancing on court.

You can find more information on this here:

<https://www.englandsquash.com/backtosquash>

Off the Wall Squash have also produced a number of drills which can be performed while practicing social distancing:

<https://squashmad.com/wp-content/uploads/2020/07/OTWS-Post-Corona-2m-Games-rcliyx2.jpg>

### What is the club doing to enforce these guidelines?

We are promoting safe squash/racketball following these guidelines extensively via all of our communications - including this guide - and also by suspending any internal competitions which would promote match play across households. We are also introducing a special offer for playing with members of your own household to encourage this—please see across the column.

If committee or staff members see members playing in contradiction with the guidelines, we will politely check that they are aware of and understand the regulations, and explain them if required.

If members choose to continue to disregard the guidelines in full knowledge, we consider that this is ultimately their choice, and do not currently plan to remove members from court or issue bans.

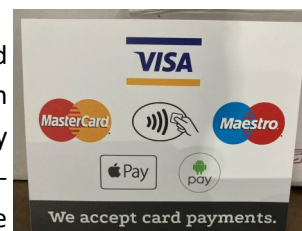
### What else should/shouldn't I do on court?

In line with the England Squash guidelines, we ask that you:

- Please sanitise your hands on every occasion prior to stepping on court.
- Take all of your equipment and personal belongings, bags etc on court with you. You can leave these at the front of the court.
- Please do not leave the court for rest periods; this will help prevent 'mixing' and aid social distancing.
- Please do not wipe your hands on the walls!
- Before and after play, please sanitise 'touchpoints' - the court door handles (inside and outside) and card holders.
- Please try not to arrive more than 10 minutes before the time you have agreed with your partner.

### Contactless payments

We have taken delivery of a card machine which is compatible with contactless payments, Apple Pay and Android Pay as well as ordinary chip and pin. Please feel free to use this for any payments you need to make at the club. We do continue to accept cash.



### The water fountain

The water fountain will be in use, however we will not supply cups. **Therefore please bring your own water bottles.** You must not drink straight from the tap!

### Special offer: members of your household

Between now and the end of August, every member will be entitled to five free guest passes for use by a member of their own household. To take advantage of this offer, please see Pete.

### The gym



The gym area has temporarily been expanded into the function room, which greatly expands the floor space available and allows for generous spacing out of equipment.

The maximum occupancy of the gym has been set at 10 people, based on government guidance on appropriate densities and a margin of safety. We will not require advance bookings, as experience tells us the gym is never this busy at a given moment of time.

**We have provided anti-bacterial spray and towels in the gym - please wipe down your equipment before and after use.**



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### Table tennis

To prevent unnecessary handling of the tables, two tables will be permanently in place on court 3 (the 'blue court') for the time being. We ask that table tennis is played only on this court. These tables should **not** be removed for games of squash and racketball, either!

Two different sets of members will be permitted to play table tennis at once (one set per table). We would ask you to reach an agreement between yourselves as to who provides what tokens.



### The bar...

...will be open, and has been extensively redecorated and is a great place to catch up with old friends. Tables have been generously spaced out, and given the changing rooms are closed you will be welcome with 'wet kit'.

### Junior coaching

We are delighted to be resuming junior group coaching sessions. These will be run by Jacky and Pete, both fully qualified England Squash coaches, and carefully follow the guidelines set out by England Squash on group sizes, and we will be sanitising all loan equipment before each use.

The smaller group sizes means sessions will be more 'focused': instead of the two-hour large group on a Saturday morning, we will run one-hour sessions with much smaller group sizes (maximum of five per coach). We will therefore require advance bookings.

These will operate on Tuesday and Thursday mornings until schools return in September.

To book on to these sessions, please contact Pete:

Email: [bostonsquashandracketball@gmail.com](mailto:bostonsquashandracketball@gmail.com)

Call: 01205 839475 (Monday-Friday, 10am-7.30pm).

Like ordinary members, juniors should **arrive ready to play** (with the exception of court shoes—which should be changed into at the club) - and **bring their own water bottle**.

### NHS Track and Trace

As with many other venues, we are required to keep records to assist with NHS Track and Trace if any cases are identified amongst visitors to the club. We can do this automatically using the door fob entry data and so there is no need to sign in or out of the club.

If requested, we will pass on (to NHS Track and Trace **only**):

- Your name.
- A telephone number.

You are entitled to opt out of this by letting us know—please see the contact details above.

### Subscriptions

As previously indicated, we intend to offer pro-rat refunds for the closure periods to any members who wish to claim these. A large number of members have indicated they are happy to waive this entitlement, which we greatly appreciate (the club is not-for-profit, and all surplus funds are reinvested into facilities).

We will issue details on claiming such refunds as soon as is practicable—to date the committee's efforts have been focused on the practicalities of re-opening the club safely, so thank you for bearing with us.

**Thank you for reading - we hope this gives you confidence that the club is going to be both a safe and enjoyable environment for you to come back to. We're delighted to be able to welcome you back.**

### The Committee

