



21-2-2019
Thursday

*** Messenger ***

My Salutations to all Pious Souls.....

In the Himalayas, the '**auras**' of some Gurus used to be so powerful that the plants and trees in the vicinity too would merge with them; and whenever they needed them, the 'leaves' themselves used to fall from the trees; and whenever they wanted the trees themselves would drop the fruits. I never saw them plucking fruits from the trees - they used to say that the trees and plants understand our needs. When we merge with nature, nature itself fulfills all our needs; and they had complete confidence in this matter. I remembered this today, because the trees and plants around me are really talking to me during this Deep Meditation Practicum; and I receive this state only after one year - this can be experienced only in an 'extremely sensitive' state.

If some plant is not getting sufficient water, then it calls me and asks me to give it water. The 'banyan tree' in the old '*yagyashala*' (fire-ceremony place), has itself become my place of spiritual practice; that tree keeps helping other trees which are spread out many miles away. It is helping many trees around it from within; and on the other hand, it has also established oneness with the 'sea'. It helps all the trees, it helps all equally; and the feeling of 'equality' comes only from Paramatma's divine energy.

My Gurudev also used to say that your very birth has taken place for the welfare of all mankind. Your 'family' is the whole world itself, and the objective of your life is the spiritual progress of all mankind. And when man's objective is so enormous, then the work which takes place through his medium is also on an enormous scale. Gurudev had said, that once you learnt how to see 'Paramatma' in the form of Shiv Baba within man, it means that you have learnt to see Paramatma within man's physical body. Now, in your life you will only see Paramatma within every human being, whether the person facing you behaves

nicely or badly, because your nature itself will become such that you will only see Paramatma within everyone. And that is exactly what happened later - so many Satgurus came into my life whose colour, features, demeanour, behaviour, living - everything used to be totally different. But without looking at these external covering layers, I used to look only at the 'Guru-element' within them; hence, I never felt that I was meeting some different person. I felt that 'Shiv Baba' himself was coming and meeting me in different forms. After 'Shiv Baba' bestowed me with the divine spiritual experience in the Himalayas, I used to see his form equally in all Satgurus; hence, I felt that I was always only with him. **'Your container is very big'** - all of them used to say the same thing. I used to proceed with that sentence as my 'support', and this sentence was also an 'indication' for everyone - the physical body may be different, but there was only one 'Guru-element'.

I received the benefit of staying for many years in the proximity of so many different types of Gurus, after coming to society. Today, I am connected with millions of people, and everybody has a different nature; everybody has good and bad qualities - and even after knowing all this, it has become my 'innate nature' to remain ignorant about it and look only for the good 'qualities' in each person and develop only those qualities. I do not find any bad person in this world at all; and I have a uniform feeling of 'selfless love' towards all in my mind. That is the reason why, everyone has the same 'feeling of love' towards me. A 'prayer' for the welfare and spiritual progress of everyone always keeps taking place within me. Soul-level progress is included in spiritual progress. When the progress of the soul takes place in the spiritual progress, then progress in all the other 'spheres' definitely takes place. In the soul-level progress, the soul starts becoming 'strong'; and once the soul becomes strong in one's life, then it definitely frees the person from all the unnecessary 'bonds' of attachment and delusion.

In the 'Guru's Sphere' in the Himalayas, generally, only those souls who had taken birth with the sole objective of attaining liberation could manage to reach. They had assumed the physical body only to perform spiritual practice, as they had already obtained everything else in their previous births. Everyone was in the state of 'God Consciousness'. It is a different thing to attain the state of 'liberation'; and distributing that state to millions of people is another thing. Attaining 'liberation' is a

state of one's feelings; and distributing that state of liberation is a totally different state of feeling. Every person wishes to reach the high peak of the mountain; and those who proceed with this objective, manage to reach there too after some births. But after reaching that high peak, who has thoughts of what is happening below (at the foothills)? – nobody has such thoughts. One never gets any thoughts of society at all in that place, so there is no question of coming down at all. That is why, there are a very few rare persons who have come down from there. This is possible only when there is a greater desire to give rather than to attain. Such people are Paramatma's 'Messengers' – Paramatma gives birth to them only with the objective of delivering His messages.

They always take on a form according to the conditions and situations of that time. They assume the form which society can easily absorb and accept. These are such mediums who can reach the maximum number of people during their life-time. But in general, there are very few people who manage to recognise them and are able to know them in their life-time. Their propagation and promotion increases after they take 'samadhi' (are enshrined). During their life-time, there are good as well as bad people around them – their behaviour towards everyone is always the same. They accept everyone and always have a feeling of compassion towards everyone in their mind. They have a uniform feeling towards both – those who praise them as well as those who curse them. They are always bound to speak the 'truth'. It is due to this reason, that during their life-time, those people who are affected by their speaking the 'truth', become their 'enemies'. And there appears to be one more reason why they become his enemies – every person definitely has to 'endure' the fruits of his karmas; and at such a time, these people have to face severe hardships; and if those people who are undergoing such suffering 'pray' to them, then they free such people from their suffering too.

'Enduring the result of karmas' also is finally just like debts, which someone or the other definitely has to pay off; the same is the case with 'enduring karmas' too. If people's sufferings end through these 'mediums' – meaning, these mediums take these (sufferings) on themselves, then these 'mediums' have to endure the effects of that negative energy. That is why, we observe that when prayers are offered to him (the medium), then the problems of thousands of people are

resolved. But the medium definitely has to endure the hardships in his life. Just as a 'broom' is born only for sweeping and cleaning, similarly, the 'medium' too takes birth to endure the sufferings and pain of others. These are Paramatma's 'mediums'; they too are not Paramatma, but they have merged with 'God Consciousness'. Paramatma is the energy of Universal Consciousness - that divine energy always keeps flowing within them - and a disturbed mind also becomes calm just by getting their 'darshan'. Nobody has the desire to move away from their proximity, because a powerful 'aura' is always present around them.

It is necessary for man to be in a 'free state' to obtain their darshan; it is not possible even to get their darshan without a high state and 'feeling' (*bhaav*). Paramatma's divine energy flows so strongly from within their physical body, that their physical body itself is not visible. One can only experience only divine energy all the time - and it is only because of this divine energy, that people start believing them to be 'Paramatma'. It is man's basic nature to catch hold of anything that can easily be caught; they see the physical body, and it is easy to catch hold of it, but it is difficult to put one's chitta on the consciousness. They give importance to the pipe, but not to the divine energy flowing through it. Divine energy always continues to flow naturally like a calm stream from within them. In the same way, that a stream keeps flowing for years together within the limits of its area, similarly, they stay within the 'limits of the physical body' and carry on with their work. They respect the 'dharma of the physical body' completely.

An ordinary person's physical body only endures its own suffering, but their 'divine body' keeps enduring the 'suffering' and 'sickness' of thousands, of millions of people daily. It is only because of their 'spiritual state' that even after taking upon themselves the 'suffering' and 'sickness' of thousands of people, that they are able to complete a 'pre-determined work period' in their life. They are always in a hurry to complete all their work, because there is more work and less time in their lives. They have to complete all their work in their life-time itself; but they always work according to the 'dharma of the physical body', they always work within their pre-defined limits. They always utilise their 'spiritual powers' for the welfare of the ordinary people.

'Paramatma' is a universal power of divine energy, which is spread all over the world; and it is available for all mankind. This universal

energy does not accept any boundaries of race, religion, country, language, colour, etc. Similarly, their innate nature also is to 'love everyone selflessly' - they love all human beings uniformly - even though that person may belong to any race, language, religion, country or colour. They love everyone; hence, each and every person loves them. Man's innate nature itself is 'to love'.

In their proximity, a person definitely reverts to his original nature of 'loving'. Their nature is to keep everyone happy; and hence, they always maintain a good atmosphere around themselves. They are always positive, and they always find a 'way' out of any situation with the help of their spiritual powers. They are an ocean of happiness, and nobody can ever make them unhappy. Their proximity is very 'rare' in the whole world, because right from a person's birth itself, his chitta travels outside; he tries to know others, but he does not try to know himself, because man's chitta is not 'turned inwards' at all. It is only in their 'proximity', that the chitta of all the people in the world turns inwards. They are 'Men of the Age' - there is no other medium during their era. They look just like very ordinary people, and they also speak like ordinary people. They are ordinary on the outside, but are extraordinary from within - their body is not extraordinary; but '**Paramatma's divine energy**' that flows from within them is extraordinary.

Not only ordinary people, but even animals and birds are attracted towards them - everybody feels good in their proximity. Every soul definitely obtains the spiritual experience of 'feeling good', then whether the soul belongs to a human being or animals-birds - every one of them definitely experiences inner-peace. The soul repeatedly takes the physical body to the place where it finds inner-peace. In reality, they stay physically with everyone, and talk to everyone; they go down to the level of the people around them, and talk to them at their level. They can go up to a higher level in 'a moment', and also come down in 'a moment'. Their chitta is very strong, but it is not very easy to meet them. Whenever someone goes to meet them, they first find out about the account of their past birth in a 'moment'. They come to know in a 'moment', on what 'basis' he has come to meet them, what is his objective of meeting them, and which Guru has sent him.

Just as today's 'Aadhar Card' has all the information of a person's life in this birth, similarly, in every physical body there is an energy, which contains the entire record of the past births of each person. They (mediums) check that record in a 'moment', and they can also come to know of that person's problems from that record. And by remaining within a definite limit, they also alert that person by warning him about his future problems. They are omniscient, with knowledge of all the three worlds – they come to know everything about the past, present and the next birth in a moment. But they also respect 'destiny'; and hence, despite knowing everything, they do not tell everything. Yes, they definitely give an indication about the danger that person will have to face in the future. They do not utter a single unnecessary word. Each and every word they speak contains a hidden 'indication'. It is not at all possible to understand the indication of every word in the warning which they give; and they never speak openly and clearly about anything. In reality, it is necessary to know them through spiritual experience, and not by listening to them. They have only one language, and that is the 'language of divine consciousness'. Their language can be understood only through the language of divine consciousness; and the language of divine energy is the language of the soul – it can never be understood at the intellectual level of the physical body.

Our 'intellect' is related to our physical body and the soul is related to feelings (*bhaav*). One is the westerly direction totally, and the other is completely the east. Once man's intellect falls away, man remains steady only at one place for some time; and then, he starts travelling in the direction of his feelings. Many times, it has also been observed, that some extremely intelligent people change their very direction in their (Gurus') proximity after just one incident, and then progress that much more in the direction of feelings. Such incidents take place just by getting their darshan, and they (intellectuals) make the same amount of progress that they had made in the direction of the intellect; and such incidents take place because of the spiritual state of their previous birth. They (Gurus) do not say anything at all after deliberating intellectually; the 'Universal Consciousness' makes them mediums and speaks through them. That is why, what they say at that time appears unnecessary. And one feels - what are they saying at this moment! But it is not they who are saying it; Paramatma makes them speak. When some

incident takes place after the passage of some time, only then does one understand everything. You may walk on any path in life – every path always has some hurdle or obstacle on it; they give prior information about these hurdles and obstacles only through indications. They never interfere with the '**karmic wheel**' either. They (Gurus) do not even insist that you listen to what they are saying; they just perform the work of providing guidance, and become free from it.

Such 'Messengers' take birth after many years, because parents who are capable of giving birth to a 'Messenger' cannot be found. Till such time, it is also impossible for them to assume a physical body, because in order to assume a physical body, they need such parents who are in society but are not attached to anything. And many years pass while waiting for such parents. They manage to take birth only after many years. The only easy way to obtain their proximity is by performing 'Guru-karya'. Guru-karya is the work which is performed physically by man, but with feeling; meaning, that it is performed in the soul's proximity. This Guru-karya is neither performed to fulfil any dormant desire, nor does he do it with the egoistic objective of showing off to others; he performs it solely because his soul feels good about it. A person performs this Guru-karya with a complete feeling of the soul; and on doing this, he also experiences infinite inner-peace. Such infinite inner-peace, which cannot be described – only the person who has experienced it will know it. Feeling/emotion (*bhaav*) is a big force in the world; feeling is the power of the soul – the work which is impossible to perform intellectually and physically, such large works are easily executed with the energy of feelings/emotions.

There are a lot of 'dormant energies' residing within human beings; but humans do not have any knowledge of those powers. Such dormant powers of divine energy are awakened through feelings, and then extraordinary work takes place through an ordinary person. Hence, it has usually been observed, that humans obtain the 'confidence' to perform large projects in the name of performing Guru-karya; and the self-confidence that 'I can execute this large project', also helps him in other fields. The dormant energies lying within ourselves are awakened by performing 'Guru-karya'; and then, man starts living a positive life. In this manner, the path to experience the 'Messenger's' proximity is 'Guru-karya'. Paramatma keeps manifesting from time to time on this

earth, in the form of a 'Messenger'. The form of the 'Messenger' keeps changing according to the situation and time, but Paramatma's divine energy flowing from within (the Messenger) is always the same. Generally, it has been observed that man always lives in the past. That's why, he has knowledge of the 'Messengers' of the past. But very few people manage to know the 'Messenger' who is also there in the present time, because only those people who are living in the present can know him - and there are very few such people.

Guru-karya which is performed with total feeling by living in the present, frees man from the ego of 'I'. The 'I-sense' always keeps us at the physical level itself; also, with the 'I'- sense being present, it is not possible to have the darshan of the 'Messenger'. The person who has the feeling of 'I', thinks that he only is the greatest individual in the world. He cannot accept that any other person can be better than him. He cannot believe that the 'Messenger' is a person who has made more spiritual progress than he, hence, it is not possible to go with the 'I-sense' to meet the 'Messenger'. For one, the spiritual state is not such an object or wealth which can be seen; the spiritual state is the highest state of feeling, and this state of feeling can only be recognised by a person having a heart filled with feeling (*bhaav*). Feeling cannot be created at all in a person who has the ego of 'I' present in him - the ego is related to the physical body, and feeling (*bhaav*) is related to the soul. An egoistic person will not be able to enter the 'aura' of a person in an exalted state.

The aura is always present around the 'Messenger' - the shadow also leaves the company of man on a 'no-moon' (*amavasya*) night - but the 'aura' never leaves the company of the 'Messenger'. The 'Messenger' assumes a physical body because of the assurance given to some people in their previous birth; and he recognises them through their 'eyes'. The eyes remain the same even after taking a new birth, and assuming a new physical body. **'Eyes' help one to recognise the soul - it is only because of the eyes that people recognise their 'Messenger' too - we come to know about it with just a momentary glance** - that the person whom I had been looking for over several births is this person; and man's eyes never change. The 'soul' that is residing within comes to know through the 'eyes' - the 'soul' can be recognised through the eyes. The Messenger always has a divine feeling of 'compassion' in his eyes for every human being; and because of this reason, the 'Messenger' manages to send his

messages to those souls through his eyes. These messages are in a very subtle form. The message is understood only by those people for whom he sends it. A 'Mother' recognises her child even amongst thousands of children - this incident is also somewhat similar.

Both 'sin' and 'virtue' are obstacles on the path to 'liberation', because both are karmas. Even if you perform sinful acts, you have to take another birth to endure them; and even if you perform good deeds, you definitely have to take birth again to enjoy them. You have to attain a 'karma-free' state, which is free from both (types of) karmas during your life-time itself; and this state itself is called 'liberation' (*moksha*). Our objective should be 'liberation'; and in order to attain 'liberation', it is necessary to have a physical body. It is not possible to free oneself from the karmic wheel without a physical body. 'Self-realisation' is only a tool - our life's objective should not be just self-realisation; attaining self-realisation is only a path on which one has to walk. If we just sit down (doing nothing) after obtaining self-realisation, then it is of no use. It is just a tool - you need to make your soul holy and pure through regular meditative practice. As the soul starts becoming stronger, it starts getting control over the physical body. The soul has knowledge about what is good and what is bad; and then, the soul gradually gets control over the bad karmas of the body. As the person progresses further, the physical feelings themselves end. Man endures his bad karmas and new bad karmas do not occur; and he is not bound by whatever good karmas he performs, as his physical feelings have ended. Thus, he attains a 'karma-free' state in his life-time itself, under the guidance of the 'Messenger'.

The 'Messenger' often keeps repeating the same thing again and again - this happens when he wishes to give an indication - and the person before him does not understand the meaning of what he is saying in the way it is meant. The 'Messenger' himself never gives any advice or instructions - in reality, the entire existence itself keeps on conveying it through his medium. Actually, he is only a medium before whom one can bow down - he has no existence of his own. Actually, by bowing down to him, on the one hand our ego of 'I' reduces; and after the reduction of the ego of 'I', the physical feelings also reduce. And on the other hand, the 'soul-feeling' undoubtedly fills up the space which is created with the reduction of the physical feelings. **Just as the**

nourishment for the physical body is food, the nourishment for the soul is universal consciousness. Your soul becomes as strong as the quantum of consciousness which you absorb.

The Messenger will never ask you to leave society, or your family; he will not ask you to go to the jungle, because he knows that if you leave your attachments and illusions and run to the jungle, then how will you wipe out your 'karmas'? The karmas have been created by staying in this world itself, so endure them and destroy them by staying in this world itself.

The Messenger will tell you to fulfill your duties; but he will also tell you to save yourself from attachments and illusions. **It is your duty to raise your children - so do that properly. But do not get entangled in the attachment and delusion of your grandchildren. Your children have given birth to them, they only will raise them - it is not your duty to raise your grandchildren. If you get stuck in the attachment-illusion of your grandchildren, then you will not manage to become free right up to the end - this is the snare of attachment-delusion!** It is not that you should be indifferent towards them, just do not have any 'attachment' to them; or else, you will never be able to take out time for yourself - **give time to yourself.** I met Shiv Baba in the form of such a 'Messenger' - he too was a human body - but in his territory, he was believed to be the avatar of Lord Shiva personified.

It is very difficult to accept a living individual as Paramatma, but the people over there had accepted him; and the reason for accepting him, was the flow of divine energy emanating from his physical body. It was that flow of divine energy itself which turned an ordinary physical body into an extraordinary one. People used to experience inner-peace just by getting his darshan. He had a uniform feeling of love towards everybody. Just by getting his darshan, one would get the answers to all one's questions straight from within. All the thoughts themselves used to cease, and one experienced infinite peace within oneself. And then, one's inward-looking journey used to commence from within oneself.

The whole atmosphere itself would change with his darshan. One would experience that he was '*Ardhanaari Nateshwar*' (Lord Shiva's half - male, half-female form) personified. He was a male physically, but he was the 'Mother' who gave birth to the soul. As long as the feeling of giving like a 'Mother' does not arise within anyone, that physical body

cannot give birth to a soul at all. **To give birth to a soul, one has to become the soul's mother; he was the mother of my soul.** Paramatma is the divine energy of universal consciousness, and that is present in every living being; that is why, he is living. But if we learn to see the Paramatma within just one person, then we will be able to see only Paramatma within all human beings.

I got his living proximity only for a few days; but after he gave up his body, I started experiencing him in my heart itself. This is because the curtain which was present, the wall which was present in the form of his physical body fell away; and then, I started experiencing him from a closer level. I always keep on experiencing that he is still with me even today. I got very little of his living proximity, but I have internalised every moment of whatever proximity I received, and have preserved it. That's why, it is said, isn't it, that it is not important how much of the Satguru's proximity you have received; what is important, is how much divine energy you have absorbed from that proximity! Every moment of the life of such 'Men of the Age' is invaluable, because such exalted beings create such 'footprints' in their life before they leave; and millions of people keep walking for years together on them - and then, their 'footprints' also guide the people in society. Today in society, we can study the life of Shirdi Sai Baba and understand the meaning of the word 'Messenger' - He too was definitely a Messenger of his time.

He too had to live his life in hardship during his life-time - he used to ask for alms for his subsistence. He used to eat and also feed the birds and animals with whatever he received as alms. In his life-time too, there were people who used to abuse him and call him a 'mad fakir'. This was because some people's greed could not be fulfilled because of him. He was bound to speak the 'truth'; and his truthful speaking would not be in the interest of some people. He lived the life of a fakir (mendicant), and he used to be immersed in his own bliss. He too had endured physical and mental hardships in his life. He used to 'love' all humans uniformly - he never had any discrimination based on their race, religion, language, etc. His sentence - '**Everyone's Master is one**' - reflects his own teachings itself. He would pass on whatever messages he received from nature to the people - he never thought about whether the people would like the messages or not. He too was not recognised much during his life-time. And very few people were able to recognise

him, because very few jewellers who can recognise a real diamond are present in society – an ordinary person cannot distinguish between a diamond and glass at all.

The Messengers never have any thoughts of their own; nor do they give any message or advice. In reality, they are like an empty pipe, and through their medium, Paramatma's divine energy keeps on informing us about what will be appropriate according to the present situation. Most often, what they have said is understood after the time has passed. One common thing that can be observed in their life, is that no Messenger has said – I am 'Paramatma', because everyone knows that Paramatma is the energy of universal consciousness, and that they are totally connected with it. They had merged with the God-consciousness, but they were not Paramatma; some 'Messenger' had said that 'I am the son of God', whereas someone else had said that 'I am Paramatma's servant'; and some other person had said 'I am Paramatma's messenger'. However, no matter what they said, if we have to reach up to Paramatma who is the form of universal consciousness, then we will have to do so only through their medium, because Paramatma too has reached us through their medium in the form of divine energy. Even if we fill up the water of the river Ganges in a small bottle and keep it at home, then too we will still call it the Ganges – because the purity of that water remains the same as that of the river Ganges.

The innate nature of fire is always to burn in an upward direction – fire is pure and the soul too is pure; its journey too is always in the upward direction. But the basic nature of water is always to flow downwards; thus, everyone travels on their journey according to their own nature. If one wishes to complete the soul's upward journey to Paramatma by remaining in society, then that will be possible only in collectivity. One can reach up to the *Agya* chakra (Brow Chakra) by performing worship and by chanting; and one can also reach a state of thoughtlessness – but the path above the *Agya* chakra is not possible at all without self-realisation. **Self-realisation too is a tool – you have to use it like a tool through regular meditative practice and reach that state of void** where there is no form – where one becomes free from God, the Satguru and all the mediums are left behind. We have to complete the rest of the path ahead through the regular spiritual practice of meditation. The *Agya* chakra too is just a halt (in the upward journey).

But the destination is always the '*Sahasrar* (Crown) chakra'. Thoughtlessness is not meditation - thoughtlessness is that state, through which one goes into meditation. That is why, the 'goal' of human beings should not be just to attain self-realisation. However, if after attaining self-realisation, one meditates regularly in this birth itself, then one can attain the state of 'liberation' too. But only those people who live with 'liberation' as their objective in life, manage to reach the state of liberation. Finally, I pray to God that you may be able to reach the 'Messenger' in your life; and after reaching him, you may be able to recognise him and reach the state of liberation. Lots of blessings to all of you.

Yours
Baba Swami
21/2/2019