

# Community Ball Hockey

Sponsored by Kw'umut Lelum

October 3rd, 10th, 17th, 24th  
November 1st, 7th  
5:30pm – 6:30pm

**HAREWOOD LACROSSE BOX**  
740 Howard Ave. Nanaimo

## QUESTIONS?

Contact Emily Simpson  
250-591-0933  
[esimpson@kwumut.org](mailto:esimpson@kwumut.org)



**Learn to play, or just  
join in and have fun!**

This is a covered area, so we play  
rain or shine. Dress accordingly

KL Coaches will be on hand to run  
some skills and drills

Pre-game snacks and drinks  
provided

Bring your own gear or borrow  
some of ours!

Open to all



**Kw'umut Lelum**  
[kwumut.org](http://kwumut.org)

Children. Culture. Community.