



# Friends Of Baxter Animal Care

WHERE ANIMALS ALWAYS COME FIRST

February 2019



*Spring is now with us and we're delighted that we have started offering Reiki on a weekly basis to some absolutely gorgeous donkeys who are soaking it up. Did you know that April is Stress awareness month – and that applies to animals too so we'll be looking to get the message out that complementary therapies can help them ...also a feature below on Canine Bowen, another of our therapies.*

*Best wishes,  
Sue Malcolm, Chair and Founder*



## **Canine Bowen – another of our animal therapies**

Our most popular therapy work is currently Reiki, however, we also offer other treatments including Canine Bowen Therapy.

This very gentle, subtle and relaxing hands-on complementary therapy works on soft tissue using small rolling movements to benefit physical conditions.

It is often requested to help with sprains & strains, arthritis, muscular issues, stress/anxiety, skin conditions, lameness & mobility problems, back issues, hip & elbow dysplasia, degenerative disease, general wellbeing, trauma and more.....

To find out more see <https://www.friendsofbaxter.org.uk/canine-bowen-therapy>



## **Our Reiki Service is up and running for Donkeys at the Wonkey Donkey Visitor Centre**

Friends Of Baxter Animal Care is now offering weekly Reiki to all of the donkeys who wish to receive some holistic therapy at this wonderful donkey sanctuary and so far it's proving to be extremely popular!

By the end of our Reiki mornings heads are bowed and bodies are relaxed in fields, pens and stables. It's a delight to offer healing to so many beautiful souls who's lives were not so good before being rescued and cared for here.

We are already starting to notice a real difference thanks to our Reiki team of volunteers.



## **A few words from Baxter**

This weekend people put their clocks forward an hour but spare a thought for animals like me who like routine. We don't understand why all of a sudden, things like feeding time and walks aren't at their usual time. If you can gradually change our routine over a week or so it can really help us! 😊

## **April is stress awareness month and April 16<sup>th</sup> is stress awareness day**

Animals become stressed over aspects that individually upset them. Also, when you get stressed, your animals feel it too. So please help us spread the word that therapies such as Reiki can really benefit them.

**FUNDRAISING SUPPORT NEEDED:** If anyone can spare a few hours a week or even on an ad hoc basis to drive or support some fundraising activities we'd very much appreciate your help. You'd make a real difference.

**For more information please contact us via**

**[www.friendsofbaxter.org.uk](http://www.friendsofbaxter.org.uk)**

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