



# Friends Of Baxter Animal Care

WHERE ANIMALS ALWAYS COME FIRST

Summer 2018 Newsletter

*Hello, it's our newsletter time again and we've lots to share.*

*We have now completed our application to become a registered Charity and once approved we will be seeking sponsorship. We're loving our work helping rescue and other animals – see Tiff's story - and we wish to help more animals in care centres so please suggest any local venues that may welcome our (free) help. Equine Muscle Release Therapy is a new addition to our range of therapies and we are also planning new classes and courses to add to our regular Reiki training courses. Products available from our website – with donations to Friends Of Baxter – include lovely new magnetic collars and matching leads too so please have a look. Our wonderful volunteers are kindly jumping from a plane and running for us to help raise extra funds and in August again we'll be offering free distant healing to animals on Sunday evenings. It's an exciting time and we're only starting our big adventure! Best wishes, Sue Malcolm Chair and founder (email:[info@friendsofbaxter.org.uk](mailto:info@friendsofbaxter.org.uk))*



## David did it for Friends Of Baxter!

All of us at Friends Of Baxter want to say a massive thank you to David Wood – one of our lovely volunteers – who bravely jumped 10,000 feet out of a plane on Saturday 16<sup>th</sup> June. The jump took place in Bridlington where David free fell at 120 mph for 30 seconds before parachuting down safely. Not a task for the faint hearted! So far £427 has been raised for David's efforts, but any more donations would be gratefully received. The money raised will go towards our planned Charity Therapy Centre, and our treatments to sick, cruelly treated and abandoned, stray or otherwise homeless animals. Our centre will also enable us to offer a wider range of training courses to a greater number of people with the ultimate goal of helping more animals. If you would like to show your appreciation to David and help our cause, please donate via [www.justgiving.com/crowdfunding/friendsofbaxtertherapies](http://www.justgiving.com/crowdfunding/friendsofbaxtertherapies)



## We're offering free Reiki for animals in rescues... spread the word!



Reiki has been well received and recognised as beneficial for the cats at Yorkshire Cat Rescue; we have even started to train volunteers who help there so that more regular treatments can be offered to the cats. We are now looking for additional rescues where we can offer free treatments to help more animals. It seems to be especially helpful for:

- \* nervous, anxious and timid cats
  - \* any in pain or otherwise suffering
  - \* those just returning from the vets post-surgery
  - \* any with physical or emotional issues, including being separated from loved ones due to abandonment or their owners sadly passing away.
- Please let other animal care centres in the Yorkshire area know about us if you feel they may like our services for animals in their care.



## The next step in our progression

### Charity Application

We have expanded our Board Of Trustees and have developed the extensive range of documents required to apply for Friends Of Baxter to become a registered charity. This has taken longer than planned but it will enable us to move forward on a bigger scale and fulfil our goals.

### Change of name

Friends of Baxter is having to be renamed for it to be accepted as a charity, so will become Friends Of Baxter Animal Care. Our logo and name will be changed on our website, literature, social media and other marketing materials; however the other content will remain unchanged.

### Therapy Centre plans

For various reasons – including many of our animal treatments being at a rescue rather than a home setting, it has made more sense for us not to rush into opening a Therapy Centre just yet. For the time-being we will therefore continue to go out to animals needing therapy treatments in their place of residence/care.

We are however in discussions with a venue that we hope to use for training, workshops and other supporting activities where we have larger groups and do plan to open our centre in 2019.

## Good Luck on Sunday ladies for the Leeds 10k!

**Friends Of Baxter**  
A good cause organisation devoted to improving & saving animals lives using holistic therapies

**Planning to run the Leeds 10K - 8th July?**

Whether you are a professional runner, training for a marathon, a fun runner or a dog walker please get involved.

Run to improve and save the lives of animals - run for Friends Of Baxter.

Friends Of Baxter helps animals using holistic therapies and is raising funds to open their 1st Animal Holistic Therapy Centre.

Any amount of money and awareness raised would be greatly appreciated!

For more info and to sign up contact Sue on 07737396948 or email [info@friendsofbaxter.org.uk](mailto:info@friendsofbaxter.org.uk)

NB. If you have medical conditions that affect your health & fitness check with your GP first. Perhaps try NHS Couch to 5K to get started.

[www.friendsofbaxter.org.uk](http://www.friendsofbaxter.org.uk)

The Leeds 10k is coming up on July 8<sup>th</sup> and we have 3 kind supporters who are being sponsored to run for Friends Of Baxter. These are Sam, one of our regular volunteers, Charlotte and we even have a supporter from Germany coming over to do her first 10k run - thank you Heather! We wish all three of them the best of luck and will be there to cheer them on at the finish line. If you want to sponsor any of these lovely ladies for their run and in turn help our cause, please donate via

<https://www.justgiving.com/crowdfunding/10kruntobenefitanimals> and <https://www.justgiving.com/crowdfunding/fobhelpinganimalsholistictherapy>.

On the other hand, if you want to run for Friends Of Baxter it's not too late! Just send us an email at [info@friendsofbaxter.org.uk](mailto:info@friendsofbaxter.org.uk) and we'll send you details for signing up and a sponsor form. Whether you're a competitive runner or just run for fun, any contribution is a much appreciated.

## Additional therapy is now available!!!

We are now offering Equine Muscle Release Therapy, as well as Canine Bowen, Canine Massage and Animal Reiki. Animal communications is next on the list to be available as a Friends Of Baxter Animal Care therapy.

Equine Muscle Release Therapy (EMRT) is the equine version of the Bowen Technique, developed directly from the work of Tom Bowen but tailored specifically for horses.

EMRT uses gentle rolling moves to bring the body back into balance and homeostasis. This is possible as the gentle moves send signals via the body's nervous system at specific locations on muscles, tendons, ligaments or nerves, which trigger the body's innate healing mechanisms to do the rest.

This technique is therefore particularly beneficial for helping horses with muscle/ligament/tendon strains, recovery from illness (e.g. cold and flu) or infections in the bladder/kidney, removing toxins, growth and degenerative disorders, skeletal problems and mental/emotional issues connected with tenseness and fear.





## It's such a rewarding job... Reiki gave Tiff her freedom

New Reiki case studies are being added to our website to showcase different ways in which Reiki can work to help animals. Here's our latest – a lovely happy ever after story.

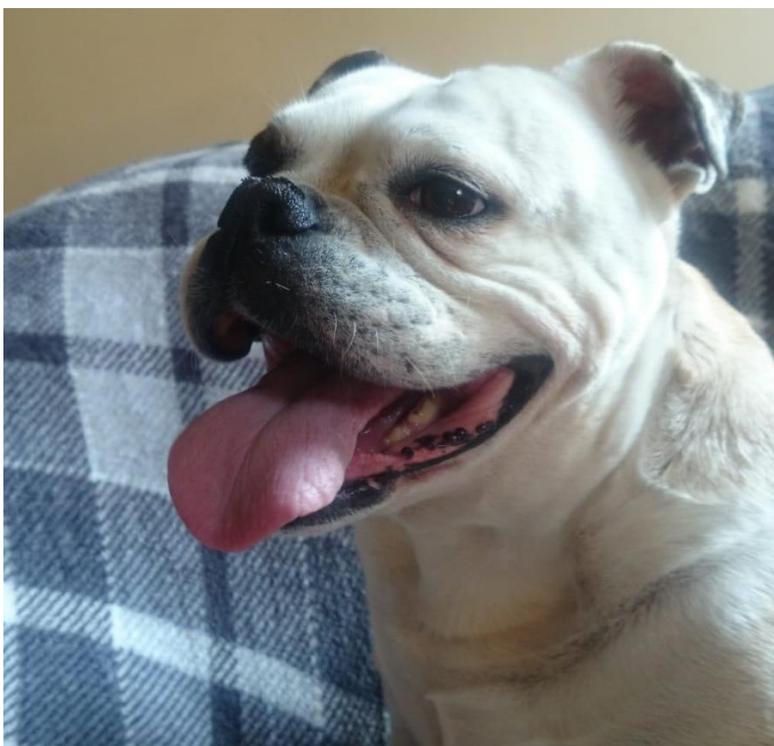
### Tiff's Story

*Tiff is an 8-year-old English Bulldog who spent the first 7 and a half years of her life as 'Bulldog 51' living in a small crate in a puppy farm, from which she broke all her bottom teeth trying to escape the metal cage.*

*When rescued, Tiff was spayed to ensure she endured no further pregnancies and required a major tummy tuck as her tummy was on the floor. As if this wasn't enough she was diagnosed with Scoliosis of the spine and a prolapsed womb for which additional surgery was necessary. She had scars all over her body and was terrified of going outdoors, presumably due to the fear of repeatedly being mated on the rare occasions she was taken outside. In her first foster home, Tiff refused to go outside so was sadly put in a choker collar and dragged. The foster carer tried to return her to the charity she came from, but she was unable to do so as the charity had closed down. I heard about all the torment poor Tiff had been through, so took a seven hour round trip to bring Tiff to my loving home.*



*She was very frightened; it took her some time just to go downstairs, never mind to the front door or outside. Then Sue from Friends Of Baxter offered to give her Reiki. Tiff had run away when anyone had knocked at the door until now but when Sue arrived she went towards her to say hello. She also looked happy when her Reiki session started. After the first session she went into the hall and down the first set of stairs then came back for a deep contented sleep. Following the second session dramatic advances were clear for all to see. I couldn't believe it! After over two weeks of refusing to venture out she tootled downstairs and outside.*



*The third session resulted in her being confident to roam around and she has since then happily gone out at least three or four times a day and enjoys going for walks and has made good friends with another dog. She was transformed in just four weeks and her neck has healed perfectly with no scarring too. Without the Reiki I don't know if I would ever have got her to go outside. I am extremely grateful and so impressed with Reiki that I booked onto one of Sue's courses to start learning this wonderful therapy myself.*

Lots of love, licks and tail wags

Libby and Tiff



## Therapeutic Collars you probably didn't know were possible!

A collar just has one purpose, right? To hold a nametag and attach a lead. Wrong. Magnetix Wellness collars not only do that, but may also reduce pain and inflammation in older dogs, and maintain the circulatory system in tip top condition in younger dogs. According to Magnetix Wellness, they are able to do this through the rare earth neodymium magnets built in to the collar. The use of magnetism as a therapy goes back thousands of years, however science today shows us that magnetism affects the body as a whole. By penetrating tissue and cells, magnetism regulates and stimulates the metabolism of cells in a natural way, and this metabolism supports life, supplying necessary energy to the body.

Magnetix Wellness offers these collars in 3 smart designs, made from beautiful handmade leather and Harris Tweed for durability and practicality. They can also be bought with matching leads to really walk your dog in style. To see, buy or find out more information, please head to

<https://www.friendsofbaxter.org.uk/magnetix-pendantsmay> and for every purchase that starts as an enquiry from this site, a donation is made to Friends Of Baxter.



*Styled and adored by our very own Baxter*

## Know any animal loving businesses that might sponsor us?

We're looking for Corporate Sponsorship!

If you own or work for a business that may like to contribute to our work so that we can help more animals, please contact Sue via [info@friendsofbaxter.org.uk](mailto:info@friendsofbaxter.org.uk) to discuss options or simply to find out more.

We will offer regular updates and an article for an annual report. If desired we are also happy to give a presentation to colleagues for them to see how the company's kind sponsorship is providing much welcomed help and making a difference to animals in need. Baxter could come along too ....if, of course, he's invited.



## What else is happening?

### FREE distant healing for animals in August

August sees the return of our 6 monthly FREE distant healing for animals at 8pm on Sunday evenings. In February we helped 26 cats, dogs and horses and received lovely feedback. If you care for an animal that would like our help just send us details of the animal – name, type of animal or photo if possible and the reason for seeking Reiki. Email details or send to them us via social media. No photos or other details will be publicised unless you send them publicly to us or provide your written consent.

**More classes and courses coming soon**  
details

Check our website <http://www.friendsofbaxter.org.uk> for

### To Get Involved or Donate

Would you like to join our volunteers group or committee or just help us on an ad hoc basis, being involved in a revolutionary venture with like-minded people that we hope will change the face of animal care in the UK?

- **Can you spare a few hours?**
- **Do you have any relevant skills or contacts?**
- **To donate or make a monthly payment go to**  
<https://www.friendsofbaxter.org.uk/donation-request>

For more information please contact Sue

[www.friendsofbaxter.org.uk](http://www.friendsofbaxter.org.uk)

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