



# Friends Of Baxter

WHERE ANIMALS ALWAYS COME FIRST

Winter 2017 Newsletter



Welcome to our first newsletter for this year. We envisage 2017 being a year in which Friends Of Baxter takes big strides forward and may it be a wonderful year for you all too. We have just launched a new Friends Of Baxter Facebook page to replace the previous group to allow more people to see what we're doing. The Reiki Experience has also been very active in the New Year with its training and new partnership activities. We have high hopes for my book 'It's All About Trust' telling the start of my journey to helping animals in need and we have been inspired by an American animal hospice. For more about these and other updates and activities read on...

Please share this newsletter with animal loving friends and family and if you might like more information or to be part of our venture just email us on [info@friendsofbaxter.org.uk](mailto:info@friendsofbaxter.org.uk).

With very best wishes

Sue Malcolm (Chair and founder)

## Animal Reiki Treatments and therapy training courses with The Reiki Experience

The year started well with full bookings for our January Reiki Level 1 training course and further bookings for level 1 (beginner) and also level 2 (practitioner) training in February and March. We have 2 places left for March and regular training courses will follow these.

The growing interest and recognition in this gentle healing technique is becoming evident too though our wonderful and sometimes quite staggering feedback from clients and the new requests we are receiving for animal and owners treatments, largely as a result of word of mouth recommendations. See <http://www.thereikiexperience.co.uk/client-feedback> for a few case studies and examples of client feedback.

Letter from a student who attended the January Reiki training course

*I just wanted to say thank you so much Kath and Sue for an amazing Reiki filled weekend. I loved every single second and am excited for new beginnings. You made me feel very welcome and the course was well thought out. I feel like I've been on a spiritual retreat!*

*I already have friends and family requests for Reiki treatments to help me practice. I would like to continue to Master level and learn animal Reiki too – but one step at a time.*

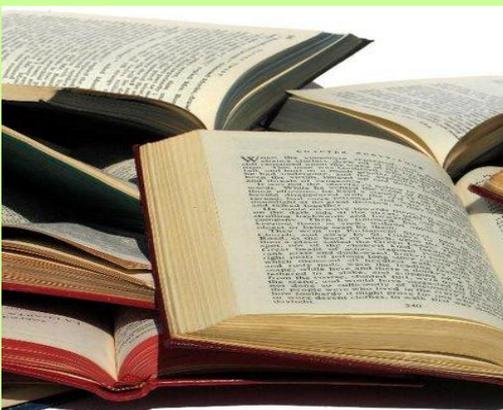
*Thank you again and see you both soon at your Reiki shares.*

*Love & Light and Namaste, Anita xxx*

One of our Reiki case study clients



## 'It's All About Trust' is getting closer to being published!



**The funds from this book will make significant impact towards funding our first holistic animal care centre 😊**

A publishing deal might not have been offered yet, but in recent weeks feedback has been incredibly positive with several agencies and publishers implying that they would expect a publishing deal to be offered when the right agent is approached.

**At the end of 2016, the logline (top-line summary) for It's All About Trust was listed as one of the World's best of 2016 Biography loglines by Novel Fest.**

Editors from top UK and New York agents and publishers have described the book as a quality submission, enjoyable, engaging, well crafted, well written, a book that stood out from the pile. I was even described as being a talented writer – praise indeed!

Feelings are running high that the 'right agent' will be unable to resist the pitch sent to them soon but in the meantime, if anyone knows of a literary agent who might be interested in a memoir with an animal and MBS (mind, body and spirit) angle please shout!



## Working with Paddlin Paws to benefit more animals

Friends Of Baxter and The Reiki Experience are keen to forge partnerships with organisations who wish to work with us for mutual benefit but most importantly to help a greater number of animals using holistic and complementary therapies. Sometimes one therapy helps but a second can enhance the benefit available and so we are delighted to announce that we have teamed up with Paddlin Paws.

Sue and Kath will soon be offering Reiki to its clients in a new treatment room on site at this hydrotherapy centre in Pontefract, as well as offering distant healing where required.

We also know that owner Hannah Morley is a well trained expert in her field and we will have no concerns about suggesting that owners of our canine clients contact her where hydrotherapy may help.

Hydrotherapy is very simply the use of exercises in water as part of the treatment or maintenance of various conditions. It acts by encouraging a full range of joint motion in reduced weight bearing conditions and consequently it can help improve muscle tone and promote tissue repair without imposing undue stress on damaged tissues.



**Paddlin Paws is a purpose built, safe and hygienic, dog hydrotherapy pool created with the aim helping dogs to recover from injuries, get fit and most of all have fun! It is open for fun swims too – your dog doesn't need to have a health issue.**

**A vet's referral is required for hydrotherapy but Hannah has good relations with a local vet and receives regular referrals. It's great to see vets supporting holistic therapies and we can only see this increasing in the future. To find out more contact Hannah Morley on 01977 780043 or visit [www.paddlinpaws.co.uk](http://www.paddlinpaws.co.uk)**

## NEW - Friends Of Baxter Facebook page



Friends Of Baxter



We set up a Friends Of Baxter group early last year but have realised that we will gain wider public awareness with a page so a few key posts might be duplicated but we'll be looking to use this page to keep you updated on our activities, therapy training, animal welfare activities we support, events, product offers and more. Please have a look and it would be great if you could 'like' our new page – <https://www.facebook.com/Friends-Of-Baxter-1213454462077144>

If there is anything you'd especially like to see posted just email us and we'll do our best to oblige ☺

We also plan to launch a page for The Reiki Experience very shortly to provide updates and feedback about our treatments and therapy training.

## Fundraising

Following a number of table top sales, after which the car thankfully felt much lighter and emptier than on the outward journeys, we have decided to continue to sell good quality donated goods at indoor sales and car boots in 2017 (so please keep the donations coming). However, our focus for this year will be on events and entertainment activities as well as developing our partnerships and product/ service offer. If you have a service that you could offer to assist our fundraising or an animal related product we would love to hear from you.





## Rescuing just one animal makes a real difference

By re-homing a rescue animal you are giving a truly deserving animal the chance for a happy, new life as your loyal, loving companion and best friend. In exchange all that will be requested is loving care, food and exercise. Please visit a rescue centre if looking for a new friend that will always be there for you and find your ideal match.

This is one action we can all take to reduce puppy farming or inappropriate over-breeding and to free up space in rescue centres to save more animals needing new homes.

**Saving one animal  
won't change  
the world,**

**but it will change  
the world for  
one animal.**



## End of life care at an animal hospice – an inspiration

When our centres are up and running, Friends Of Baxter will lovingly care for all the animals with us for treatment, re-homing, therapy and for any permanent residents we take under our wings. Our centres will promote a new way to care for animals. Another pioneer for animal care is the New England Pet Hospice which was founded in 2010 to promote the philosophy of hospice in end of life care for animals. This animal hospice cares for elderly and special needs animals as well as those who have a terminal diagnosis.



The organisation is run by animal lovers with a deep love, respect and commitment to the welfare of our animal companions; being deeply committed to the hospice philosophy of tending to the needs of the whole being - physical, social, emotional, mental and spiritual - at the end of life, as well as support for the entire family. New England Pet Hospice is open minded, interested and willing to explore all options that offer alleviation of suffering to the animal if and when the family wishes to do so. "We let the animals be our guides, if something works for them, terrific; if it doesn't, we move on. We have seen truly **remarkable** things happen in animals treated with chiropractic, acupuncture, Reiki, TTouch, flower essences and homeopathic remedies. We have witnessed animal communicators diagnose physical issues with pinpoint accuracy that were later confirmed by diagnostic veterinary tests. And we hear resounding success stories from people all over the world about their experiences with many different types of complementary and alternative therapies.

For more information see <http://newenglandpethospice.blogspot.co.uk>

## First UK report calls for Silent Fireworks



Since 2015, Baxter's Firework campaign has actively supported the restriction of fireworks to official organised events and on dedicated nights only. It is also very much in favour of silent fireworks.

Again in November 2016 animals were frightened up and down the country to such an extreme, that in tragic cases lives were lost. It was therefore with great interest to see BBC News coverage on December 15<sup>th</sup> announce that Councillors in Edinburgh had agreed to commission a report into the impact of noise from firework displays to determine whether silent pyrotechnics could be used instead. The council advised that the report would be completed by Feb/ March 2017.

Edinburgh councillor Joanna Mowat said it was a constant complaint from residents. Ms Mowat told the BBC Scotland news website: *"I am delighted that my motion calling for a report into the impact of fireworks on the residents, pets and buildings and the city has been accepted. This is an opportunity to look carefully at this issue and investigate whether new technology can reduce the noise but keep the spectacle"*.



## Huntingdon College of animal Welfare 'Careers with Animals' Day - March 25<sup>th</sup>



Friends Of Baxter and The Reiki Experience literature will be on display at this event in Godmanchester, Cambridgeshire. If you plan to visit, have a look at our information and please call or email us if you have any queries or would like more information.

### Forever Living products for animals – 50% of our profits on all sales go to Friends Of Baxter

Forever Aloe Vera products are pretty well known for human use but many of the products are also great for animals too. Those recommended by veterinary surgeon David Urch BSc MA Vet MB Dip Herb Med MRCVS can be seen on <http://www.friendsofbaxter.org.uk/forever-living>, where you can also watch his video with feedback from delighted owners of various animals.

According to his book *Aloe Vera Nature's Gift*, aloe vera shows consistent beneficial effects on conditions affecting the skin, ears, eyes, digestive, respiratory, urino-genital and musculo-skeletal systems. David Urch also uses it in his veterinary practice to help the immune system.



#### Feature product February – April: Aloe Vera Gelly

This thick clear gel, essentially from the aloe vera inner leaf, lubricates sensitive tissue safely. It is soothing for scars and calms irritations. David advises its use for wound healing, several skin conditions, burns, a number of topical ear issues and abscesses. It may help benefit teething discomfort, reduce redness and itching and is perfectly fine if swallowed as aloe vera works internally as well as externally, although the gel drinks have been developed specifically for internal use.

What's more the gel is great for us. It's an ideal antiseptic, first aid soothing gel for all medical cabinets – widely bought in the summer and used to calm sunburn. A 118ml tube lasts for ages and for its size is very good value at £12.73. Products can be ordered via [www.susanmalcolm.myforeverber.biz](http://www.susanmalcolm.myforeverber.biz). Any queries to [info@friendsofbaxter.org.uk](mailto:info@friendsofbaxter.org.uk)

### Good quality Friends Of Baxter pens – Special offer £2



For a limited time only we will be offering quality metal 'Friends Of Baxter' engraved pens for just £2 each (plus p&p if being posted versus collected). That's 33% off the usual price.

The recommended retail price in top department stores is £5 - £10 each and all of the profit goes to this good cause.

All pens are green externally but you can choose blue or black ink and they all have a silicon stylus for use on tablets and mobiles.

Bulk orders are available if you can help us at your own events. Customer feedback

*"Thanks for the pens Sue. They're lovely – they look and feel like a good quality pen and write really nicely. I'll be back for more – a bargain at £2!"* Charlotte

P&P depends on the number of pens - standard royal mail prices

Blue ink pens read: FRIENDS OF BAXTER  
[www.thereikiexperience.co.uk](http://www.thereikiexperience.co.uk)

Blank ink pens read: FRIENDS OF BAXTER  
[www.friendsofbaxter.org.uk](http://www.friendsofbaxter.org.uk)

### To Get Involved

Would you like to become a committee member or just help us on an ad hoc basis, being involved in a revolutionary venture that we hope will change the face of animal care in the UK?

- Can you spare a few hours a week or now and again?
- Would you like to meet like-minded people?
- Do you have any skills or contacts that could be helpful?
- Do you simply wish to help in some way?

For more information please contact Sue

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