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Review

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Candlestick Phone**
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by Mary Beth
Gardner

**Chippewa Valley
Museum 4rth July**



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IT'S ALL ABOUT THE JOURNEY

---not the Destination

by Becky Mauch, local traveler,
teacher & word worker

Lately, the encouragement and inspiration of the words of Ernest Hemingway have appealed to me. I plan to read and reread his works as my “summer homework” including one called A MOVEABLE FEAST. One line in it says to “Write one true sentence Write the truest sentence that you know.” That especially appeals to me as I

think of Independence Day and summer celebrations. In my minds’ eye, I am “THE OLD WOMAN AND THE SEE” as I recall parades my father marched in as an active duty Air Force Sergeant in downtown Montgomery, Alabama. We proudly stood along the parade route and cheered for all the groups celebrating our country’s birthday and all the area princesses waving from cars and floats. And, of course we hoped for more candy from clowns than flyers from politicians. And everyone stood, removed their hats, and cheered for the flag whenever it came along with various veteran’s groups, scouts, 4H clubs, and civic groups.

I recall carefree days in the tiny town of Knob Noster, Missouri when I had the privilege of helping to sell fireworks at the Optimist Fireworks stand before the 4th of July. I guess there weren’t as many restrictions then as my father’s group used a lot of kids of members to help supply sparklers and firecrackers to anyone who rode up on their bicycle with change in their hot, sweaty hands. And, it was a fun way to see a lot of kids during the summer when people weren’t off swimming, going to the Dairy Queen for an ice cream cone, or practicing for baseball games.

And, it is impossible for me to think of any fireworks celebrations without the “Oooh, AAahhh” sounds made by crowds as we gasped at each new starburst lighting up the night on the 4th, at rodeos, and county fairs. At a much later date, my mind’s eye sees 3-wheeled carting vehicles....for people and/or cargo....driving colorful cartons of fireworks to shops to sell to Chinese customers in JiangDu, China....about 3 hours from Shanghai. There were many demands for fireworks from these ancient inventors of gunpowder because Chinese people incorporate them in celebrations of holidays, weddings, birthdays, and many other auspicious occasions.

I wasn’t there to witness it, but the 4th of July is special to me in another way because that was my parent’s wedding day, and I have wonderful old pictures to enjoy even though both my parents and many aunts and uncles are memories to me now. And, all those pictures of smiling faces at family reunions, graduations, birthdays and even fish fry’s at my Grandma’s house in Racine and fried trout breakfasts with my other Grandma and aunts, uncles and cousins down at Montauk State Park near Rolla, Missouri help reinforce the pleasant past.

I am thinking about what my one true sentence should be. Maybe it is to enjoy each opportunity that we have to be with family and friends and make memories. Perhaps we can be proud to be part of our bigger family, our country, in spite of its flaws and be a positive part of country’s birthday celebration. And, perhaps we should be thankful that we live in the land of the free and the home of the brave where we can read, go to school, enjoy opportunities, and influence our own futures.





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WHAT’S GOING ON HERE TO KNOW WHAT WENT ON HERE?

Summer is full of interesting happenings at the Chippewa Valley Museum. If you haven’t been inside, you should check out the exhibits covering over 350 years of immigration, economy, agriculture, health, and stories of the peoples and culture of the Chippewa Valley.

July kicks off with the 26th annual Fourth of July Family Fun Fair, from 11am to 4pm, combining traditional, community favorites like history trivia, spelling bees, and live entertainment. You’ll enjoy music and local performers like Kevin the Balloon Guy and the Torch Sisters, along with carnival games and vintage skill demonstrations, in celebration of Independence Day. Don’t forget to check out the museum, and treat yourself to something cool in the ice cream parlor. General admission to the museum is free with food and game tickets available for purchase during the event. All proceeds support programming, educational services, and the mission of the Chippewa Valley Museum.

Included with regular admission, from 1pm to 4pm, on Sunday, July 15th, at the Antique Fire Truck Show you can view fire engines and equipment from the 1930s to the 1960’s on the museum’s front lawn. The museum will be putting its 1931 Seagrave engine on display in this Antique Fire Truck Show put on by the Chippewa Valley Chapter of the Society for the Preservation and Appreciation of Antique Motor Fire Apparatus in America.

If bicycling is your speed, there’s a Biking into History bike tour happening on July 31st, starting from the museum at 6pm. This Industries of the Past bike tour will be led by Frank Smoot of Menomonie’s Rassbach Heritage Museum, and is funded through a Mayo Health System Home-town Health grant. The tour will last about two hours.

Check out the museum’s calendar at www.cvmuseum.com for more information about upcoming presentations, classes, children’s programing and more.



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The concerts begin at 7:30 PM with doors opening at 6:30 PM. Tickets are \$12 Advance or \$13 at the door. Advance tickets available from choir members, Gordy's downtown Chippewa Falls and Festival Foods Eau Claire. And we've added another concert on July 13 at the Mabel Tainter Center for the Arts in Menomonie! Concert is at 7:30 pm and tickets are \$15. Get tickets by calling the Mabel Tainter Box Office at 715-235-0001 or online at www.mabeltainter.org. Enjoy the beautiful voices of the Valley Gospel Choir and their band!

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MAN CAVE

...a just a bit of fun...
by Mary & Brad Dale, Editors,
Senior Review, Senior Times, and Senior Hi-Lites

So the guy in the cave stamped into the kitchen and announced that July 18 is National Hot Dog Day. The room looked at him with a bit of concern as he has been off a bit lately.

He proceeded to speak in hallowed tones of the might ‘hot dawg’, a food so great that it had been given its own spot in the food pyramid. In the course of his life he may not have been the guy in his gang to have eaten the most dawgs, but he could certainly take a spot on the leader board for best effort.

Where the origin is obscure, the festivities revolve around eating hot dogs. (often community fund raisers with beer chugging, face painting and of course wiener dog races)

Where else does one get to place the perfect tube of deliciousness on a puffy soft bun slathered with no less than six toppings. We are talking about spicy yellow mustard and ketchup covered under gobs of cascading chopped onions, eye watering spice peppers, tongue scorching chili and ultra sharp cheddar cheese. The topping of the dog lover could extend to also include bacon, peanut butter, melted chocolate or sauerkraut.

Eating requires two hands, a lobster cloth and a wet n’ wipe regardless whether grilled, boiled, broiled, pan-fried, rotisserie cooked, cooked on a stick over a campfire just plain cold.

Over 25 million hot dogs are sold at baseball stadiums each year. The man in the cave is good for at least 100 of them.

<https://nationaldaycalendar.com/national-hot-dog-day/>

HOT DOG FUN FACTS FOR NATIONAL HOT DOG DAY



- During a typical summer, Americans will consume a total of 7 BILLION hot dogs.
 - The most popular hot dog topping among adults? It’s mustard, at 87.6%. Among kids, it’s ketchup.
 - 7-Eleven sets the record for selling the most grilled hot dogs in North America, selling approx. 100 million of them each year.
 - More hot dogs are eaten in Los Angeles than anywhere else in the country, beating out it’s old rival New York City which now comes in second.
 - “As American as hot dogs, apple pie and baseball” is an old saying that comes from the fact that most hot dogs in America are consumed during baseball games. In fact, it’s estimated that baseball fans will consume more than 26 million hot dogs at US baseball stadiums this season.
- http://www.chiff.com/home_life/holiday/national-hot-dog-day.htm

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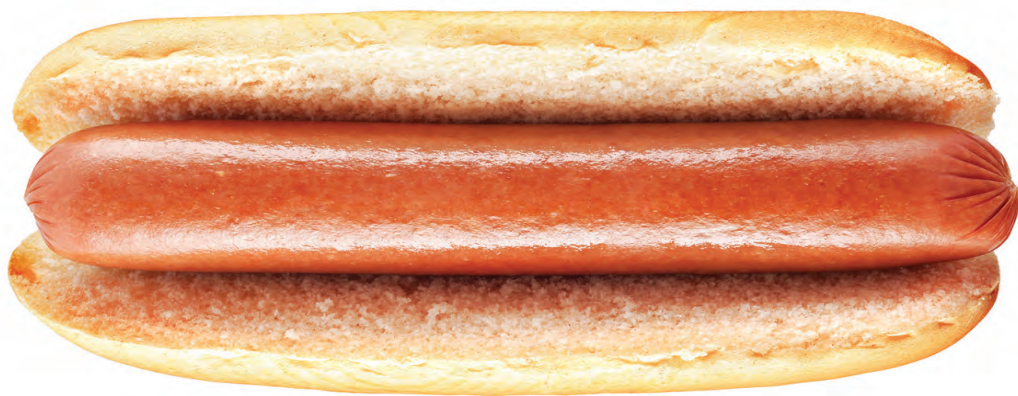
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JULY NATIONAL HOT DOG MONTH!

by Kelly Rohwedder L.P.N. Community Director, Milestone Senior Living Eau Claire



What you put on a hot dog isn't just about taste. Did you realize your favorite condiments can actually reveal a lot about your personality?

So do tell, which personality trait do you have?

PLAIN AND SIMPLE: If you prefer to keep your hot dog naked, you tend to be content with life and appreciate the things you have, rarely worrying about things you do not have. You get excited about the little things and find something special with each day!

KETCHUP: Some people say that ketchup on a hot dog is only for kids—but they're totally wrong. Ketchup is one of the classics, which you tend to enjoy! You tend to be reliable, dedicated and trustworthy. People seek your advice.

MUSTARD: Mustard lovers show signs of self-confidence, and self-direction! You always seem to know exactly what you like and what you don't and you are not afraid to share those thoughts with others! You tend to be stubborn because you know you are right, so those few times you're wrong it may take a while to admit it.

ONIONS: If you love onions on a hot dog, you have a flair for the dramatic and love to be noticed. You tend to think outside the box and enjoy any chances to use your artistic talents with anyone who is around.

RELISH: Love relish on a hot dog? You have a zest for life and tend to find the "weird" people in life are the fun ones! You're positive, upbeat and always ready to take on whatever life throws your way.

CHILI CHEESE: If you always order chili cheese dogs, you've got a big personality, and an appetite to match it. You love rich flavorful foods, and couldn't care less if you accidentally spill a little because to you that stain is a compliment to the cook!

SAUERKRAUT: Is sauerkraut your go-to condiment? If so, you're a person who honors tradition, though you also like a modern twist. You tend to dress retro often paying tribute many different decades! You are the type to buy a ticket for time travel.

BACON: If you loved a hot dog wrapped in bacon, you're all about living large!. You're the first person to try new foods, telling your friends all that they may be missing!. You're a firm believer that you can never, ever have too much of a good thing.

THE WORKS: If you like any and all great ingredients atop your hot dog, you're a versatile thinker who knows how to go with the flow in any situation. You're not picky, and you know how to succeed even when you've been dealt a bad hand. With that attitude, you can do pretty much anything.

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- Thursday July 26, 2018 at Briarwood Cottages, 5622 Gate House Drive, Eau Claire, WI 54701 at 1:00 pm to 2:30 pm

KNOW THE 10 SIGNS: EARLY DETECTION MATTERS: The warning signs of Alzheimer's disease are often dismissed as side effects of normal aging. This training shares the 10 Warning Signs of Alzheimer's disease, separates myth from reality and addresses commonly-held fears.

- Tuesday July 31, 2018 at 4:00 pm to 5:00 pm at the Classics at Hillcrest Greens, 2455 Sawgrass Place, Altoona WI 54720

THE BASICS: MEMORY LOSS, DEMENTIA AND ALZHEIMER'S DISEASE: Designed to help participants understand the difference between normal age-related memory changes and more serious memory problems that should be evaluated by a medical professional.

- Tuesday July 10th, 2018 at 10:00 am to 11:30 am at United Methodist Church Lounge Room, 337 Lake Street, Eau Claire WI 54703



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Hilmar Mostul

by Bert Moritz

Abraham Lincoln once said, “The better part of my life has been my friendships.” When my wife, Susan, and I moved to Eau Claire in 1982, I didn’t have a single friend in this town. I was unhappy here and wasn’t at all certain that we were going to stay. But that all changed with a chance meeting.

Who knew that my life would be so influenced by…?

I needed a hobby. My new office was very slow, and, without many patients, I had too much time on my hands. One day, I put my fishing poles in the car and headed for the Eau Claire River to find a spot to fish. Near the K Bridge, north of Fall Creek, was a pretty area, so I began to fish there. Shortly after starting, an older man came walking past. We had a polite conversation, and then he walked down the river a bit. I noticed that he seemed bored, so I called to him and asked if he would like to fish with me. “I don’t have a fishing pole,” he replied. I offered him an extra one that I had in the car.

On his first cast, he fouled the line and had a mess on his hands! I cut the line, restrung the pole and then gave him a quick lesson in casting. As you might expect, while standing together, we learned about each other. Hilmar Mostul was a recently retired Lutheran minister from Menomonie. He and his wife, Alice, had just moved into a small condominium on the north side of Eau Claire. He felt a bit unsure about living there, and, like me, he had to find something to do with his extra time. I remarked that the pastor was switching from being a “fisher of men” to becoming a “fisher of fish.” Hilmar smiled. At the end of the day, we had one small walleye on the stringer.

We let it go.

This chance meeting began a long friendship between our families. He and Alice became de facto grandparents for our daughter. We spent the holidays together, had them over for dinner often, and, at the end of their lives, we helped to care for them. But the majority of our relationship was spent thinking and fishing together. Let me tell you about an adventure that we had.

Early one October, we put our camping gear in the car and drove north. After renting a canoe, the outfitter dropped us off along the Namekagon River. Our plan was to spend three days and two nights boating and fishing our way back to the outfitter’s place. What a beautiful river, and what a pleasant time we were having! For two days, we had a warm October sun on our backs and a good night’s sleep. Then the weather changed. During our second night, the wind shifted, and the temperature dropped. Rain, driven by the north wind, came under our tent, and we woke up in wet, cold sleeping bags. Unable to get a campfire started, we paddled out onto the water. That friendly creek was rapidly becoming a rushing torrent that threatened to capsize us at every turn.

Hilmar was in the front of the canoe, and I was in the stern. About noon, we came to our first series of rocks. With the pounding rain, this was now a rapids that would test our skills. “We’ll need to paddle hard to make it through without hitting the rocks,” I shouted. Bending our backs and pulling hard, we came out of the rapids in fine shape. Hilmar raised his paddle over his head and exclaimed, “Praise the Lord!” A bit farther down the river we encountered another rapids. With white water threatening to swamp our boat, we steered carefully and made it through. Raising his paddle, the pastor again proclaimed, “Praise the Lord!”

Looking ahead, I could see that the river was starting to narrow, and the current was speeding up ever faster. There was a sharp bend to the left. I could hear the water surging against unseen rocks that would soon threaten our passage. I had a bad feeling about this, and my fears were confirmed as we sped downstream. We were being swept toward a rapids, and I could see no easy path through the boulders. “Hold on, hold on,” we shouted. The bow of the canoe rammed a rock and, at the same time, the current forced our boat sideways into the current. As the canoe tipped over, Hilmar flipped right out into the torrent of water. Without his weight, the canoe popped upright, and I was swept backwards downstream. I could see the 72-year-old pastor up to his armpits in freezing, rushing water. I knew there wasn’t going to be any “Praise the Lord” this time!

Forcing the canoe upstream using the rocks for footholds, I manage to get back to my friend and help him in. Hilmar was shaking and couldn’t speak. I was worried about him and knew he needed to be warmed up quickly. We drifted downstream until I saw an old bridge abutment along the river bank. Pulling over, we tried to start a fire, with no luck. I realized there must be



an old road that the bridge had served. Leaving Hilmar and hiking down the abandoned roadway, I came to a highway. After hitchhiking to the outfitter’s place, we returned in a truck and took Hilmar to town.

In town, we rented a motel room. I put him in a hot tub and took his clothes to a Laundromat. You should have seen the smile on Hilmar’s face when he was dressed in warm clothes, fresh out of the dryer. With our gear stowed in the car, we drove south toward home. As we got close, Hilmar turned to me and said, “You can’t tell my wife about this at all. If she found out that I fell out of the canoe, I would never get to go again!” We both had a good laugh, and we both kept our mouths shut. Alice never knew.

I stayed in Eau Claire because of an unexpected friendship that I had found here. To this day, I think of Hilmar and of the adventures we shared. He taught me many things about the wonders of the Wisconsin outdoors and about the wonders of a good friendship.

The Year is 1915

by Bruce Gardow, Archivist - Dunn Cty Historical Society

This story is a lighthearted look at the year 1915. It was passed on to me by my good friend Bill O’Gara. And now I am passing it on to you with the hopes that it will stir up some fond memories for each of you.

The year is 1915, 103 years ago. What a difference a century makes! Here are some statistics for the year 1915:

- The average life expectancy for men was 47 years.
 - Fuel for cars was sold in drugstores only.
 - Only 14% of the Holmes had a bathtub.
 - Only 8% of the homes had a telephone.
 - The maximum speed limit in most cities was 10 mph.
 - The tallest structure in the world was the Eiffel Tower.
 - The average US wage in 1910 was \$.22 per hour. The average US worker made between \$ 200 and \$400 per year; A competent accountant could expect to earn \$2000 per year; A dentist could earn up to \$2500 per year; A veterinarian earned between \$1500 and \$4000 per year and, a mechanical engineer about \$5000 per year.
 - More than 95% of all births took place at home; 90% of all doctors had no college education! Instead, they attended so called medical schools, many of which were condemned in the press and the government as “substandard.”
 - Sugar cost for cents a pound; eggs were \$.14 a dozen; coffee was \$.15 per pound.
 - Most women only washed their hair once a month, and, used borax or egg yolks for shampoo.
 - Canada passed a law that prohibited poor people from entering into their country for any reason.
 - The five leading causes of death were: pneumonia and influenza, tuberculosis, diarrhea, heart disease and stroke.
 - The American flag had 45 stars.
 - The population of Las Vegas, Nevada was only 30.
 - Crossword puzzles, canned beer, and I East T hadn’t been invented yet.
 - There was neither a mother’s day nor a father’s day.
 - Two out of every 10 adults couldn’t read or write and, only 6% of all Americans and graduated from high school.
 - Marijuana, heroin, and morphine were all available over the counter at the local corner drug stores. Back then pharmacist said, “heroin clears the complexion, gives buoyancy to the mind, regulates the stomach, bowels, and the is, in fact, perfect guardian of health!”
 - 18% of households had at least one full-time servant or domestic help.
 - There were about 230 reported murders in the entire United States.
 - I have now going to forward this to my editor without typing it myself. And she will receive it in a matter of seconds!
- It is impossible to imagine what it may be like in another 100 years!



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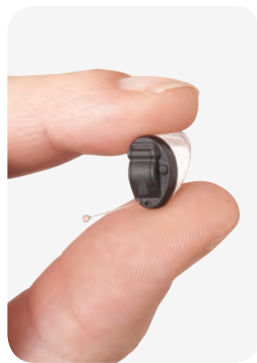
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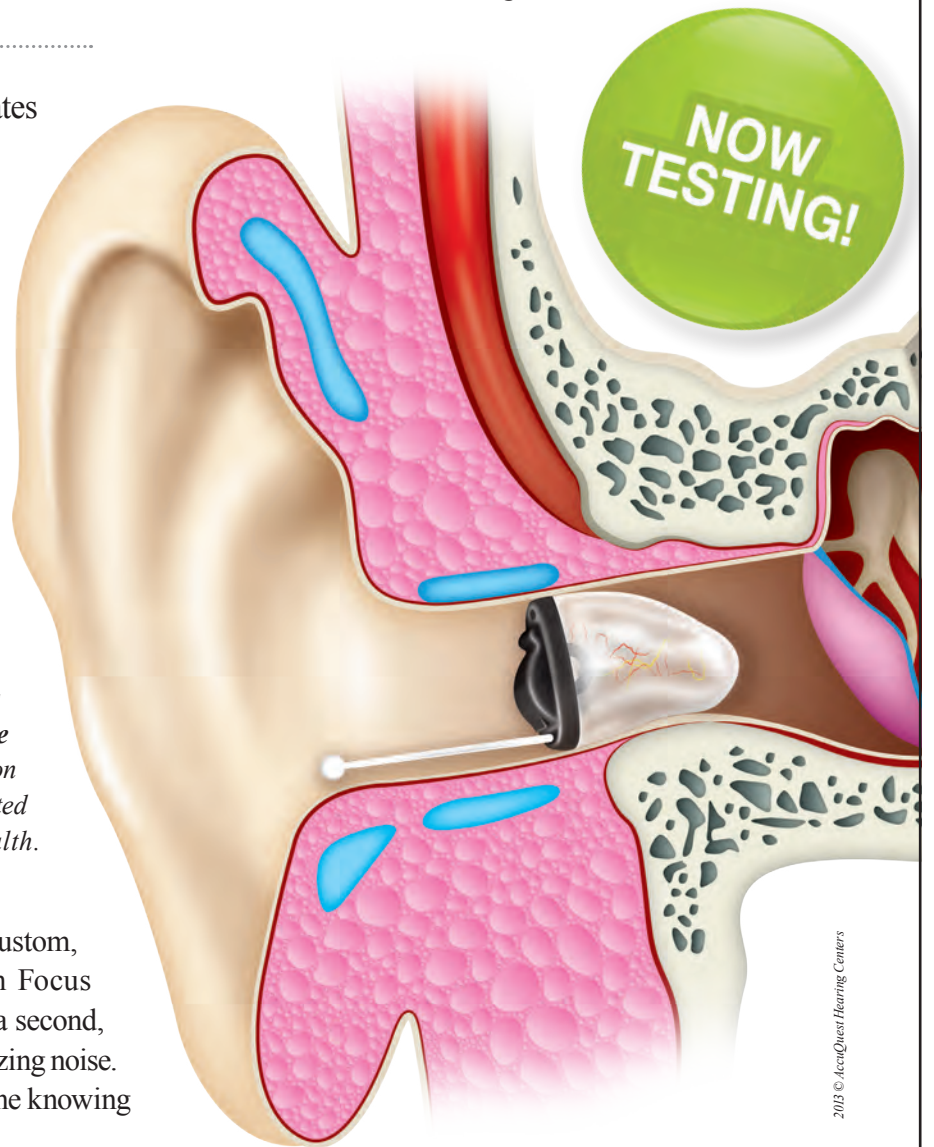


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AGENTS ROLE IN SELLING YOUR HOME

This month we are talking about the Real Estate Agent’s role in selling your home. The agent that you choose will be a very important part of selling your home. This person will be your partner in the sale process.

Your agent will assist you in determining your asking price by providing you with documentation of comparable homes that have recently sold in your area. After you determine your asking price, and have signed a listing contract, your agent will have photos taken, measure rooms and put together additional marketing information. Your listing will be put into the Multiple Listing Service (MLS) so that other agents and buyers can see the details of your home.

You will have a discussion with your agent about the showing process and how you will be notified of requested showings.

Next month we will talk about the different types of showings and what they mean to you as a seller.

Lastly, I want you to know how grateful I am for the opportunity to serve you. In April, I celebrated 20 years as a full time, licensed Real Estate Professional. I look forward to many more years. I welcome your questions and comments any time. I am truly blessed. Thank you!



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FIBER ARTS

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STIX THAT CLICK

Summer is officially here, at least as far as the ladies that come to Acoutics on Mondays from 10 - 12 to knit, crochet or just chat. There are no rules, divas, or dues. And if you have just a few Monday mornings off over the next few months, give it a thought. If this group sounds like just what you have been looking to join, please join us. We welcome anyone at any level. So grab a cup of coffee and get your ‘fiber’ on. Hope to see ya.

KNIT CLUB - WEDNESDAY EVENING

Join us at Blue Boxer Arts every Wednesday evening from 6-8 pm for Knit Club! Chat with friends, share tips and tricks, and show off your projects. Free of charge. For questions, contact Kelsey at blueboxerarts@gmail.com or at 715 577 3199.

“EAU CLAIRE GARDENS IN BLOOM”

tour is set for July 14, 2018. The Eau Claire Garden Club invites you to enjoy a leisurely tour of eight unique gardens. Tour hours are from 9 am to 4 pm rain or shine.

Each of the eight gardens offers you an opportunity to find inspiration in big or little projects. For example learn how flowers, shrubs and trees complement each other and what habitat works well to attract butterflies. Observe how gardeners use native plants, deer resistant options, heather and succulents. Discover how to create a sustainable no-till heirloom vegetable garden.

You’ll find treasures for your own garden at the plant sale. Tickets are \$15 and available starting June 1st at all three Eau Claire Festival Food stores or directly through the eauclairegardenclub.com website. They’ll also be available at garden tour locations on the day of the event.

The money raised goes to community garden projects around the Chippewa Valley.

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JUN 11 - 28

Flynn, Meadowview, Putnam Heights, Robbins, Roosevelt & Sam Davey Elementary Schools
BREAKFAST 8 - 8:45 AM | **LUNCH** 11:45 AM - 12:15 PM

Delong & South Middle Schools
BREAKFAST 7:50 - 8:55 AM | **LUNCH** 11:45 AM - 12:15 PM

Northstar Middle School
BREAKFAST 7:45 - 8:30 AM | **LUNCH** 11:45 AM - 12:15 PM

Memorial & North High Schools
BREAKFAST 7:30 - 8 AM | **LUNCH** 12 - 12:45 PM

JUL 2 - 5

Longfellow Elementary School - no session July 4 or 5
BREAKFAST 8:30 - 9 AM | **LUNCH** 11:45 AM - 12:15 PM

Delong & South Middle Schools - no session July 4
BREAKFAST 8:30 - 9:15 AM | **LUNCH** 11:45 AM - 12:15 PM

JUL 9 - 19

Longfellow Elementary School
BREAKFAST 8:30 - 9 AM | **LUNCH** 11:45 AM - 12:15 PM

Delong & South Middle Schools
BREAKFAST 8:30 - 9:15 AM | **LUNCH** 11:45 AM - 12:15 PM

Sam Davey Elementary School, Memorial & North High Schools
BREAKFAST 7:30 - 8 AM | **LUNCH** 12 - 12:45 PM

JUL 23 - 26

Longfellow Elementary School
BREAKFAST 8:30 - 9 AM | **LUNCH** 11:45 AM - 12:15 PM

Northwoods Elementary School
BREAKFAST 7:30 - 8 AM | **LUNCH** 11:15 AM - 12:45 PM

Delong & South Middle Schools
BREAKFAST 8:30 - 9:15 AM | **LUNCH** 11:45 AM - 12:15 PM

Memorial & North High Schools
BREAKFAST 7:30 - 8 AM | **LUNCH** 12 - 12:45 PM

JUL 30 - AUG 16

Flynn, Locust Lane, Longfellow, Meadowview, Northwoods, Putnam Heights & Sherman Elementary Schools
BREAKFAST 8 - 8:45 AM | **LUNCH** 11:45 AM - 12:15 PM

**Delong, Northstar & *South Middle Schools*
BREAKFAST 7:45 - 8:30 AM | **LUNCH** 11:45 AM - 12:15 PM

* Breakfast served 7:50 - 8:55 AM week of July 30 - August 2

The Community Table
June - August Schedule

LUNCH MON, WED, FRI & SAT 11:30 AM - 1PM
DINNER TUES 5 - 6:15 PM | **SUN** 3 - 4 PM

**Boys & Girls Club Summer Schedule*
Monday - Friday | No session July 4

BREAKFAST 7:30 - 8:30 AM | **AM Snack** 10 - 11:30 AM
Lunch 12 - 1 PM | **PM Snack** 3 - 3:30 PM

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***Summer School** | JUL 30 - AUG 16 | Thursday delivery
Flynn, Locust Lane, Longfellow, Meadowview, Northwoods, Putnam Heights & Sherman Elementary Schools

***Boys & Girls Club** | JUN 14 - AUG 17 | Fridays 9AM - 4PM
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Eau Claire Downtown Farmers Market | JUN 16 - AUG 25
Saturdays 8:30 AM - 12PM | Pick up at the Token Table, quantities limited

Eau Claire Hmong Mutual Assistance Association
JUN 19 - AUG 20 | Wednesdays 12 - 4 PM
Call (715) 832-8420

Eau Claire Parks & Recreation River City Adventures
JUN 11 - AUG 16 | Call (715) 839-5032

L.E. Phillips Memorial Library | JUN 11 - AUG 25
Pick up at youth services desk MON - SAT during regular library hours | Call (715) 839-5007

The Community Table | JUN 15 - AUG 18
Fridays & Saturdays 11:30 AM - 12 PM | Call (715) 835-4977

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SMART PHONE VS CANDLESTICK PHONE

by Ken Anderson



I often wonder why I own a smart phone. I don't answer it when I am with other people, I rarely text, I go days without turning it on, and only a handful of people have my number. But it does come in handy when I have car trouble.

My latest upgrade is a vintage candlestick phone. I love the old familiar bell ring when I have an incoming call and I enjoy

having to once again dial the number. It also makes receiving a call exciting as I don't know who the caller is until I actually answer the phone.

Being an Andy Griffith Show fan means I am very familiar with the candlestick phone. It is the only phone in the Mayberry courthouse and it is used for both police business and personal calls by both Barney and Andy. And Sarah, the operator, was on duty 24/7.

Telephones have changed a lot since the days of Mayberry. Like Mayberry, my home town also had three party lines. That meant when the phone rang, we had to make sure it was one long and two short rings indicating the call was for us. However, that



did not prevent us from picking up the receiver when we heard it ring for our neighbor so we could listen in.

When I was young we were told to always carry a dime so we could call home in case of an emergency. This was possible because every town had at least one red and white phone booth complete with a pay phone. Otherwise it meant knocking on someone's door to ask to use their phone.

I often wonder what is so important that people have to be talking on their cell phones while driving, dining, or walking across the street. We live in a time when we insist on instant communication. We want to share our news now and then we expect an instant reply. Is every call really that important? Then there are those annoying calls from unknown numbers that I always answer with, "Mayberry Sheriff Department, what is your emergency?"

Stop in and visit me at: www.themayberryguru.com



DUSTING OFF SOME LOCAL HISTORY: TUNING IN LOCAL MUSIC HISTORY

Greg Kocken Archivist, UW-Eau Claire
Kockeng@uwec.edu

"We called it Music City Midwest... And truly it is, you have Branson, Missouri, a mini-Nashville type thing, but... per population, there is nothing that compares to Eau Claire... for what it [music] brought in to this city. Music City Midwest, remember that." –Jim Bischel, 2017 Sounds of Eau Claire Oral History Interview

Earlier this year, I wrote in this column about the Sounds of Eau Claire History Harvest, an event this past March, which invited our community to share their musical memories and memorabilia. That event, the stories we recorded, and the 3,000+ items we digitized, built a phenomenal local music archive.



Larry Barr, an icon of the local music scene, contributed scrapbooks documenting some of the festivals he has helped organize. Here we see a performer at the Shake, Rattle N' Roll Festival in 1987, precursor to today's Country Jam.

Now it is time to share this archive with our community! Nearly everything harvested during this project is available online from the following website: <https://soundsofeauclaire.omeka.net>. We invite everyone to visit this site, explore the different collections, and discover more about the impact and legacy of music within our communities. The website provides access to the digitized collections of contributors, oral history interviews recorded with local musicians and others connected to the music scene, and digital exhibits curated by students from a public history course at UW-Eau Claire.

This project aimed to study the roots and dimensions of the current musical moment in Eau Claire and the larger Chippewa Valley region. The content preserved through this project aspires to recognize the broad and diverse scope of music that is part of our community's past and present. As participant Evan Middlesworth stated in his interview, "...What makes it [Eau Claire] unique is the diversity of it. There's a lot of different genres... There's a great hip-hop scene, there's a great heavy rock scene, of courses there's a great folk scene, indie scene, and jazz..." This project explores all these dimensions of our musical past and present and makes this information highly accessible. I hope you will take some time to explore this great resource!

Is there a local history mystery or topic you want to know more about? Do you have a suggestion for an upcoming column of "Dusting Off?" Please contact Greg at the UW-Eau Claire archives. He would love to hear from you.



Kathy Johns contributed scrapbooks that share the story of Conrad Johns and his orchestras. Here we see Conrad Johns next to his orchestra's touring bus, ca. 1980.

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DOES MEDICARE PAY FOR
NURSING HOME COSTS?



Yes, to a limited degree. However, there are certain hoops you have to go through. Prior to entering the nursing home, you need a 3 day hospital stay. This is three days as approved by Medicare not necessarily three physical days. In addition, you have to be admitted to the hospital. An observation will not start the three days running.

Second hoop is to be admitted to the nursing home under skilled care. All nursing homes will tell you that they provide skilled care. The nursing home needs to admit you for skilled care as defined by the Medicare program. If you pass these hoops Medicare will pay for day 1 thru 20 at 100%. It will pay from day 21 thru 100 after you first making a co-payment. After 100 days, Medicare pays nothing.

If the facility says they are terminating the Medicare benefit because you are not “improving” that is not the legal standard. This is usually done around day 20 or 21 of a stay. If the skilled care is still providing a benefit such as a prevention of deterioration or maintaining a level of achievement, the Medicare benefit should continue. You have the right to appeal the termination of benefits.

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CITY OF EAU CLAIRE
HOUSING REHABILITATION LOAN PROGRAM

The City of Eau Claire Housing Division is taking applications for its Housing Rehabilitation Loan Program. The Rehabilitation Loan Program is Federally funded and offers loans up to \$20,000. This program is for homes in need of repair, not for extensions or cosmetic renovations.

Types of Eligible Work:

- Roof and window replacement
- Plumbing repairs or upgrading
- Accessibility Modifications
- Electrical repairs or upgrading
- Carpentry repairs
- Heating system replacement
- Energy saving repairs
- Siding repairs or replacement

Applicant Eligibility Requirements:

- City of Eau Claire resident
- The Assessed Value of the Property May Not Exceed \$146,500
- Property Must be a minimum of 25 years old
- Owner Occupied (at least 1 year)
- Good Credit History
- HUD Income Guidelines Apply: Not to Exceed 80% of Area Median Income



For eligibility information and application call Chris at (715) 839-8294

The Hearing impaired may contact this office by TDD at (715) 839-4943. If there are other specialized needs due to handicap, i.e. sign language interpreter, wheelchair accessibility, reader, please contact this office.

Z:\city of eau claire housing\revised for size Rehab Ad_2.doc
Updated 03/09



Chippewa Valleys Farmers Market
working with Festival Foods

Sunday: 8am - 2pm
Mall Drive, Eau Claire
(across from Famous Dave's Restaurant)

Tuesday: 11am - 5pm
2717 Birch Street, Eau Claire

Saturday: 8am - 2pm
Wednesday: 11 am - 5pm
2615 N. Clairemont, Eau Claire



300 William St.
Eau Claire, WI 54703
(715) 839-8602

HUD Subsidized
Rent for Low
Income Persons
55 or Over OR
Disabled

- ◆ Income Based Rent / No Asset Limit
- ◆ One-Bedroom Apts. – Some Handicapped Accessible
- ◆ Pets Allowed With Restrictions
- ◆ Secured Building / Security Entrance
- ◆ Emergency Call System
- ◆ Coin Operated Laundry Facilities
- ◆ Tenant Driven Activities
- ◆ Community Room
- ◆ Cable Ready Outlets
- ◆ Air Conditioners Provided
- ◆ Garbage & Water Included
- ◆ Elevator Service
- ◆ On-Site Maintenance
- ◆ Cable Ready Outlets
- ◆ Off Street Private Parking



Tours Available
Call for an Appointment

For Applications, Contact the
Housing Authority of the City of
Eau Claire
(715) 839-4943



EQUAL HOUSING
OPPORTUNITY

Postcards from the Past

Then & Now Pictures of Eau Claire, Wisconsin
by David Tank



Published by A. C. Bosselman Co., New York

What's There Today?

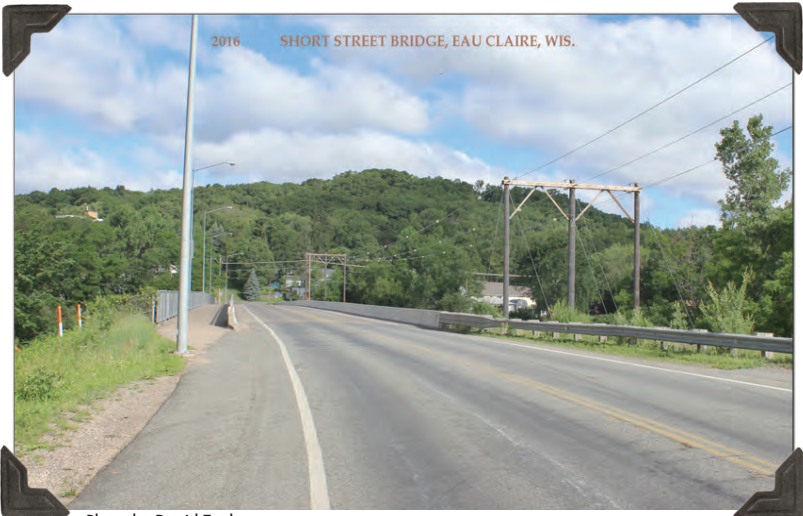


Photo by David Tank

The old bridge to Shawtown may have been more picturesque than today's concrete structure, but current drivers probably don't miss having to wait to cross because a truck was coming toward them and both wouldn't fit through at the same time. The pedestrian/bike lane is another useful and welcome addition. Remember when the bridge was painted bright blue?

Items in this column are from the book "Postcards from the Past: Then & Now Pictures of Eau Claire, Wisconsin" by David Tank. Complete information can be found at www.postcardsfromthepast.net.

Got an idea for a story... but wonder if it might be a "dog?" Let's chat! mary@seniorreview.com

HEY, MOMS, DADS, GRANDMAS & GRANDPAS
NEED EXTRA FOOD?

COME TO RUBY'S PANTRY THE FIRST THURSDAY of every month at Lutheran Church of the Good Shepherd in Eau Claire!

For just \$20 YOU CAN GET TWO LARGE BASKETS OF FOOD TO TAKE HOME. This great program can help you feed your families each month. If you need directions or more information, CALL THE CHURCH AT 715-834-2959

GUEST REGISTRATION 2-6

- Distribution begins at 4pm.
- No Checks accepted
- Everyone is welcome
- No qualifications
- Bring your own containers: laundry baskets or rubbermaid type containers

\$1 extra to register online. Time slots are limited. Go to rubyspantry.org



Ruby's Pantry is a ministry of Lutheran Church of the Good Shepherd. 1120 Cedar St., Eau Claire, WI www.goodshepherd-ec.org

VOLUNTEERS ARE ALWAYS NEEDED
NO TRAINING OR EXPERIENCE NECESSARY



SUMMER'S HERE
AT THE FARMERS MARKET

Here we are starting to hit the peak of the growing season. Just stroll through the Farmers Market and you'll see the grower's tables brimming with vegetables and berries. Not only are they displayed beautifully, they are fresh, local and delicious. We all know that one of summer's golden gifts is the sweet corn. We should start seeing it around the third week in July. Cooked on the grill it's a great addition to a picnic, boil some up at home for a sweet taste of summer, freeze or can it for a winter treat.

There is also something to be said about the spectacular flower bouquets that bring color to the Market. The in-season flowers are artistically arranged and ready to adorn your home. Many are finding that it's a great way to get local flowers

for their special occasion for a fraction of the price of the florist. Just talk to the flower growers for details on colors, types and prices for your wedding or party.

We want to remind everyone about our Token/Market Match Program. We are now selling tokens on both Saturdays (8:30 – 12:30) and Wednesdays (9:00 – 12:00). Just swipe your credit/debit/SNAP card to purchase \$1 tokens, every vendor accepts them, use any Market day and they never expire. We are happy to offer to our FoodShare customers a 1:1 match (maximum \$10. per week), swipe for \$10. receive \$20. of tokens.

Wednesdays and Thursdays brings the Art Mobile (art projects for kids), Wednesdays the library's BookBike will ride over and you can check-out books. It's great days to bring the kids to the Market where they can partake under the clock tower while you shop.

There's a lot going on at the Farmers Market for everyone – it's not just a market, it's an event!

Music Calendar –

- July 7th – R.E.M. Fusion
- July 14th – Angie Coyle Trio
- July 21st – Shillelagh Lads
- July 28th – Cathy Reitz & 7Swing





FIXER UPPER FUN!

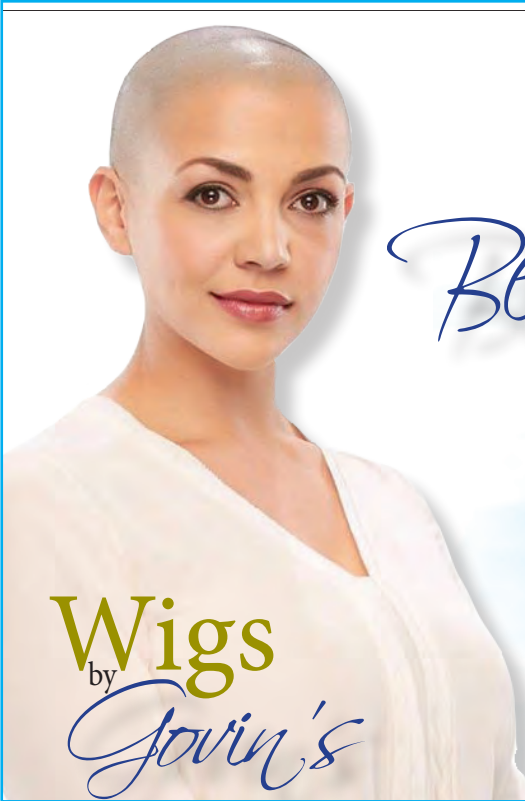
Chip & Joanna's
Magnolia Trial - Waco, TI

MOTOR COACH PASSENGERS:
Sept. 30 - Oct 6 \$980 per person-Double

AIR PASSENGERS:
Oct 1 - Oct 4 \$735 per person-Double

Come see for yourself all that is Magnolia!

Limited seats available, call or go online for details
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www.specializedtravelservices.com



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APPOINTMENTS NECESSARY



Wigs by Govin's

Join the 2018
Walk to End
Alzheimer’s
Chippewa Valley
Saturday
September 29th
at UWEC
Zorn Arena !

Walk to End Alzheimer’s is the world’s largest event to raise awareness and raise funds for Alzheimer’s care, support and research. Join our committee and help us recruit and train walk teams as Join well as plan all aspects of the event, including coordinating logistics, securing sponsorships, marketing, outreach, and advocacy efforts. Sign up as a team or an individual and start fund raising!

For more information on how you can get involved, please contact Julene Bowe at 715.861.6175 or jbowe@alz.org.

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HAPPY SUMMER

by: Shelley Krupa

Reminiscing with loved ones is an excellent way for families and friends of different generations to stay connected. Holidays and summer gatherings are a great place to give story telling a try.

Looking for a story to spark conversations? Try this one on for size – pause after each sentence to share smiles, listen to what they say and how they feel, tune into to validate their thoughts as you go:

When July 4th rolled around, many a crowd formed in the 1950’s. By day, ladies and little girls dressed in Gingham halter dresses, rompers, or poodle skirts. They wore white gloves and matching handbags. The streets filled with onlookers humming along with tunes played by marching bands in parades. A few men on stilts were always there to impress the crowds. The ball diamonds,

busy with sounds of bats cracking balls, players catching them in their mitts, sounds of players rounding bases and sliding into home plate. You could hear crowds cheering from miles away. Neighborhood potlucks and picnics on red checkered table cloths, covered with hot dishes, mystery salads, and of course red, yellow, and green Jello molds. Each party displayed red, white, and blue decorations. In windows, on bikes, cars, or doll buggies, everywhere you looked our nation’s flag was represented in all sorts of sizes waving graciously in the wind. At night, the kids and adults gathered together on blankets spread out on the ground. Some teens even risked sharing first time hugs and kisses in the dark. They sat watching in the darkness of skies, momentarily lit up by sparklers swirled around in little ones hands. Ah, yes, every fireworks show impressed them all. Wishing you fun filled memories this summer. From all of us at Lake Hallie Memory Care – Happy Summer



Summer can be a difficult time for families.

Many children struggle in the summer when school meals are not available.

We want to help.



(715) 835-9415 fmpfoodbank.org

Visit our website to see resources available for anyone struggling with hunger.

12TH ANNUAL AZURA MEMORY CARE

City-Wide Thrift Sale

to benefit the

Alzheimer’s Association

Friday, August 3rd 8:00am-6:00pm

Where: 3504 Oakwood Mall Drive

\$10,000 match provided by HOLIDAY  VACATIONS

Donated Items Welcomed!!
Drop – off Wednesday, August 1 & Thursday, August 2 12:00p-6:00p at 3504 Oakwood Mall Drive

Volunteers Needed! Please call Katie at 715-563-2618







Private Banquet Facilities

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-accomodations up to 70 guests-

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415 S. Barstow Street, Eau Claire, 715-835-6621 www.houligans.net
Easy access from street & parking lot in back. Tuesday-Saturday Open at 4 pm.

Not valid with wine & beer promotions. Not valid with sandwiches and appetizers. Not valid with any other offers. Not valid with carry out. Not valid on Holidays. One coupon per visit.
Expires: 7-31-2018



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Assisted Living 3706 Damon St.
heritagesenior.com

Free Copies Now Available at Woodman's and all 3 Festival Foods in the racks. Pick up a 'Good Read' for yourself...and one for a friend.

ARE HERBAL SUPPLEMENTS GOOD FOR YOU?



Dr. Hamblin
Prevea Health Family Medicine

Herbal medicines are made from plants. They are considered a dietary supplement and are regulated like food, not drugs. They come as tablets, capsules, powders, teas, extracts and fresh or dried plants and are available without a prescription. More than half of all Americans take one or more dietary supplements daily or on occasion, and 40 percent of patients do not share this information with their doctors.

Although evidence doesn't support that supplements can cure chronic diseases, evidence suggests that some supplements improve health. The most popular supplements are multivitamins, calcium and vitamins B, C and D. Calcium supports bone health. Vitamin D helps the body absorb calcium. Pregnant women need iron and breastfed infants need vitamin D.

While herbs are "natural," they are not always good for you. Some herbs taken alone or with prescription or over-the-counter medicines can be harmful. Herbs comfrey and ephedra can cause liver damage. Vitamin E reduces the effectiveness of blood thinners and increases the risk of prostate cancer. Ginkgo can increase blood thinning. St. John's wort can speed the breakdown of many drugs — such as antidepressants and birth control pills — and make them less effective.

Many supplements haven't been tested for safety in children, pregnant women or other groups. Unlike drugs, no regulatory agency evaluates the effectiveness or safety of herbs, and no agency makes sure that outside labels match what's inside the bottles. You may be taking more or less of the herb as well as ingredients that are not listed.

The National Institute of Health provides free information about herbals, such as fact sheets on dietary supplements at ods.od.nih.gov/factsheets/list-all, an online Dietary Supplement Label Database at www.dsld.nlm.nih.gov, along with an app for your smart phone or tablet.

Tips for using herbal products:

- Get information from reliable sources about herb's effectiveness and safety.
- Check if there are any harmful interactions with other medicines that you are taking.
- Take the prescribed dose – more isn't better.

As always, share any herbal supplements you take with your doctor and pharmacist.

Only Urogynecologist in the *Chippewa Valley*

As women age, pelvic muscles can weaken leading to concerns that millions of women deal with. These concerns don't need to be a problem. Prevea Women's Care can help. Dr. England offers a full range of surgical and non-surgical treatment options for:

- Bladder control concerns
- Bowel control concerns
- Weak bladder muscles
- Pelvic organ prolapse (discomfort, leaking, bulging)
- Pelvic pain
- Urinary incontinence
 - Overactive bladder
 - Stress incontinence (when sneezing, exercising)



Rebecca England, MD, FACOG, FPMRS
Obstetrician, Gynecologist and Urogynecologist

To schedule an appointment, call (715) 717-3870.

Chippewa Falls
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2661 County Highway I

Eau Claire
Prevea Hamilton Health Center
703 W. Hamilton Ave.



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Volunteering at The Classic

Volunteering is such a rewarding experience!

At The Classic at Hillcrest Greens, we appreciate the volunteers who come to visit and socialize with our Memory Care residents.

Some volunteers help with our arts and crafts programs, some entertain, and others simply spend time visiting with our residents and engaging in lively conversations.

Who Can Volunteer?

- Retirees • Families
- Individuals or Groups • Organizations
- High School or College Students
- Anyone who wants to give to others

For more information about volunteering at The Classic, visit our website at www.TheClassicHG.com.

Interested in volunteering?

Please give us a call at 715-839-0200.

 **The Classic**
AT HILLCREST GREENS

2455 Sawgrass Place • Altoona, WI 54720





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50 % OFF PRE-SALE JULY 1st for Club Card Members



50% Off Sale

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Monday - Saturday,
9:00 am-9:00 pm

Sunday, 10:00 am-7:00 pm
www.savers.com

VOLUNTEER DRIVERS NEEDED

Eau Claire County Veteran Services is currently looking for volunteer drivers to drive our DAV van to the Minneapolis, MN VA.

It can be 1 day a month or 1 day a week, we just need drivers.

It will require a couple trips to the VA to become certified. Please contact our office for more details.

Adam Kohls, Assistant Veteran Services Director
721 Oxford Avenue, Suite 1130, E.C., WI 54703

715-839-4744

Free Ride To Minneapolis VA Medical Center

- For Medical Appointments Only
- Eau Claire County DAV Van runs on odd numbered week days
- Departs from the east side of the Government Center in front of the County Jail @ 7AM
- Departs from Mpls VA Medical Center @ 3PM or earlier
- Please schedule appointments accordingly
- Can accommodate one wheelchair (please call to reserve wheelchair ride)



To reserve your ride visit:

www.co.eau-claire.wi.us/departments/departments-l-z/veterans

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