

Milton Invitational Showcase Day 1

4:30 pm Coaches Meeting

4:45 pm - Rolling Schedule (girls followed by boys)

-4x 200m- 1 team entry

-5000m- 2 entries per team

- **Emily Cummings**
- **Daley O'Brien**

-4x 400m- 1 team entry

-300m- 1 entries per team

- **Carson Frizzell**

-400m Hurdles- 1 entry per team

-1500m- 2 entries per team

- **Abayomi Woolheater**
- **Clark Bilderback**
- **Reed Racine**
- **Bryndi MacDonald**

-800m- 3 entries per team

- **Grady Etheridge**
- **Spencer Etheridge**
- **Aaron Retana**
- **Berkley Bender**
- **Caroline Wemple**
- **Sara Gotwalt**

-DMR- (1200/400/800/1600) 1 team entry

Milton Invitational Showcase Day 2

9:30 am Coaches meeting

10:00 Session 1 - Rolling schedule with field events

-Girls Long Jump- 3 entries per team

-Boys Long Jump -3 entries per team

-Boys High Jump -3 entries per team

-Girls Pole Vault

-Girls Shot Put - 3 entries per team

- **Maya Stienes**
- **Monet Joseph**

-Boys Discus - 3 entries per team

- **Breon Smith**
- **Dennis Green**
- **Javan Parara**

-Girls Discus -3 entries

- **Monet Joseph**

10:30 am -2-MILE- 2 entries per team

- **Grady Etheridge**
- **Spencer Etheridge**
- **Racine Reed**

11:00 pm Session 2 - Rolling Schedule with field events

-Girls Triple Jump- 3 entries per team

-Boys Triple Jump- 3 entries per team

-Girls High Jump- 3 entries per team

-Boys Pole Vault (will start once girls have finished)

-Boys Shot Put- 3 entries per team

- **Breon Smith**
- **Vito Perri**
- **Jevan Parara**

-Girls Discus - 3 entries per team

12:00 pm Rolling Schedule (girls followed by boys)

-4X100- Final- 2 entries per team

- **Whitman Sperry, Nicholas Haven, Vito Perri, Cameron Dorsey, Vincent McMillon**
- **Nathan Neal, Carson Frizzell, Garrett Young, Kris Thomas, Breon Smith**

-4X800- Final (1 entry per team- Girls)

- **Berkley Bender, Bryndi MacDonald, Emma Huey, Madeline Prol, Akshaya Arun-Minnasandran, Flippa Roos-Olsson**

-400m- Final- 2 entries per team

- **Nicholas Haven**
- **Nathan Neal**
- **Jasmine Jackson**

-100m- Final- 3 entries per team

- **Vincent McMillon**
- **Cameron Dorsey**
- **Vito Perri**

-100H- Final- 2 entries per team

-110H- Final- 2 entries per team

-4X800- Final (1 entry per team- Boys)

- **Abayomi Woolheater, Aaron Retana, Timothy Green, Ved Paranjpe, Reid Ortman**

-200m- Final- 2 entries per team

- **Kristopher Thomas**
- **Nicholas Haven**
- **Jasmine Jackson**

-MILE- 2 entries per team

- **Kevin Johnson**
- **Clark Bilderback**
- **Caroline Wemple**
- **Sara Gotwalt**

-300H- Final- 2 entries per team

-SMR (100/100/200/400)- 2 entries per tea