



## 6A Region 7 Track & Field Championships

### Day 1 – April 19, 2017

<b>Noon</b>	Coaches meeting
<b>12:15 – 12:30</b>	Implement inspection
<b>1:00</b>	Field events: LJ (B), TJ (G), HJ (B), DI (B), SP (G), PV (B)

Running events will be on a rolling schedule and are preliminary unless noted:

### **3:30 (Rolling Schedule)**

4 x 100  
1600 **Boys Final**  
400  
100  
100 H  
110 H  
800  
200  
300 H  
3200 **Girls Final**  
4 X 400

### Day 2 – April 21, 2017 (Finals)

<b>2:00</b>	Coaches meeting
<b>2:15 – 2:30</b>	Implement inspection
<b>3:00</b>	Field events: LJ (G), TJ (B), HJ (G), DI (G), SP (B), PV (G)

Running events are all finals:

**5:30** 4 X 100  
**5:45** 1600 **Girls**  
**6:00** 400  
**6:15** 100  
**6:30** 100 H / 110 H  
**6:45** 800  
**7:00** 200  
**7:15** 300 H  
**7:30** 3200 **Boys**  
**7:50** 4 X 400  
**8:05** Awards