



Helping Children Succeed in Life.

# 2019 FALL Groups

## SOCIAL SKILLS

### Buddy Builders

(Ages 3-5 years)

This group will give your child the opportunity to interact and play with peers. Our therapists will utilize modeling and positive behavior strategies to encourage interactions. This group will provide the structure appropriate for this age to enhance predictability and engagement.

### ABCs to Social Skills

(Ages 6-8 years)

In this group, your child will participate in instruction of social skills and will be provided with opportunities to practice his skills in fun, play-based activities. Goals include increasing your child's confidence to initiate interactions, listening skills, and understanding social cues.



### Building Friendships

(Ages 8-12 years)

This group will give your child the opportunity to build confidence, develop age-appropriate social skills, and establish positive friendships with peers. Your child will participate in activities that promote communication, taking directions from peers, and negotiation in structured and unstructured settings.

### Girls' Group

(Ages 7-12 years)

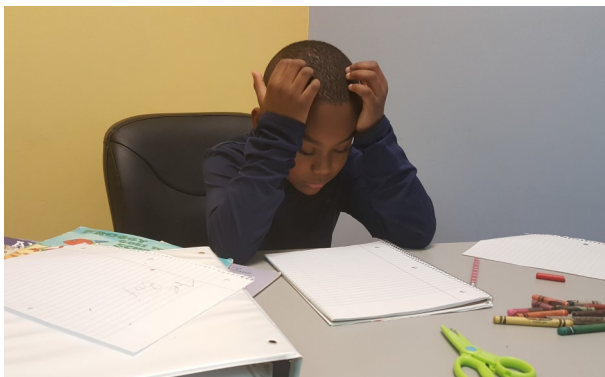
This group will help girls connect and establish positive friendships with peers. The group will foster self-confidence, communication, conflict resolution, and other issues that directly affect young girls.

### Boys Will Be Boys Club

(Ages 11-15 years)

This group will help boys connect and establish positive friendships with each other. The group will foster appropriate behaviors, self-confidence, and communication. Conflict resolution will also be addressed throughout the group.





## PARENT SEMINARS

### Dyslexia

*September 5th, 7:30-9:00p.m.*

There is a lot of information being issued on Dyslexia and reading difficulties. In addition, recent legislation has changed how Dyslexia is viewed in public schools. This seminar will help you to better understand dyslexia, provide information on what goes into a dyslexia diagnosis, and what resources are available to help those with reading difficulties.

We will also provide more information on the approaches used to treat symptoms of Dyslexia at Leaps and Bounds.

### Attention Strategies

*October 3rd, 7:30-9:00p.m.*

There are many reasons why children may struggle with attention. One of our occupational therapists will share strategies to help improve your child's attention. Topics will include sleep, nutrition, activity selection, and sensory processing.

### Understanding Your Sensory Child

*November 7th, 7:30-9:00p.m.*

This seminar defines sensory processing and its impact on a child's attention, learning, behavior, motor skills, feeding skills, social skills and emotional development.



## SKILL BUILDING

### Executive Functioning

(Ages 10-12 years)

If your child struggles with planning activities, figuring out where to start when cleaning his room, or forgetting what homework is due, then your child may be having difficulty with executive functioning skills. This group will introduce organizational skills and teach your child how to develop his own strategies to be successful with activities such as homework and chores.

### Emotional Regulation

(Ages 6-8 years)

This group is designed for children who struggle with anxiety, attention, and managing behaviors. It will promote increased confidence, coping strategies, and self-management.



## SPEECH & LANGUAGE

### Toddler Talk Time

(Ages 18 months-3 years)

This group is designed for children who are not yet talking or who need a boost in their vocabulary. Our speech therapist will encourage your child to use language to engage in songs, art, sensory activities, stories, imaginative play, creative snacks, and theme-based games. A group setting can be a great way to facilitate socialization.

### Super Speech

This group will help children practice articulation skills with peers who have similar goals. When children have similar goals, they have fun using their skills during games and conversations together. Our speech therapist will facilitate conversations and give cues/models of speech sounds, as needed. Your child will become more spontaneous, begin to self-correct, and enjoy being successful while building friendships.

## GROUPS RUN

**August 26th - December 21st**

**Please call for pricing and scheduling.**

**An evaluation may be required for new clients.**