



# fact sheet

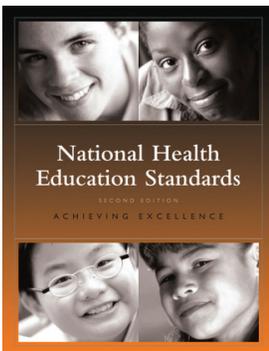


Spokane Public Schools  
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Answers to the most frequently asked questions regarding HGD.

## WHAT ARE WE DOING?

Spokane Public Schools is designing and adopting new materials for Human Growth and Development (HGD) in order to align to the new Washington State standards.



**WHY?** In 2016 Washington State adopted new comprehensive health standards that aligned with the new National Health Standards. Sexual health is included in the standards. In accordance with Washington State's Healthy Youth Act, Spokane Public Schools is required to align curriculum to these standards.



## PARENTS AS FIRST EDUCATOR

SPS recognizes and supports parents and other trusted caregivers as the primary educator for sexual education topics. The teen years and changes of puberty can bring lots of questions and concerns for both parents and their kids. Strong communication between parents and children helps families share their values and enable young people to make healthier, safer and wiser decisions. Open communication is key to helping students through this period of time. Parents may opt students out of the HGD course.



## CURRICULUM BREAKDOWN = RESOURCES USED

Curriculum for Spokane Public School Sexual Health education has been developed from several resources, including HealthSmart, Flash, GetReal, and KNOW as no singular curriculum addressed each standard for each grade. Lessons were selected by district staff based on how well they met the standards and age appropriateness.

Number of Lessons per Publisher, per Grade Level

	GetReal	HealthSmart	SPS/WA
Grade 4	-	9	1
Grade 5	-	8	1
Grade 6	2	4	2
Grade 7	3	4	2
Grade 8	5	22	3
High School	2	24	1

Preview a copy of the HGD curriculum at the SPS district office: 200 N Bernard St, Spokane.



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## PROFESSIONAL DEVELOPMENT

As with curriculum for other content areas, once materials have been adopted by the School Board, SPS will develop a robust Professional Development plan for educators. This will include building an understanding of new materials, the shifts in the standards, and the complex nature of the topics covered. During professional development teachers will receive training on how to foster a climate of inclusivity and address the individual needs of the students. Social Emotional Learning (SEL) is intended to be taught across all content areas and throughout a student's day. The district recognizes the direct connection between SEL and HGD curriculum, and as such will foster capacity by providing SEL training within the Professional Development for teachers providing sexual health instruction.



## INSTRUCTIONAL MINUTES

Additional instructional minutes were incorporated into the scope and sequence at the secondary level due to the intentional embedding of SEL lessons and the need to meet all 6 standards at each grade level. In grades 4-6, the proposed materials are similar to previous years, and are now done with greater intention and focus.



## WHO IS ETR?

ETR is a non-profit publisher that specializes in health curriculum. They are the publisher for more than 20 different health curricula. In addition to serving as the publisher, ETR is also the author of HealthSmart curriculum.

**SOCIAL-EMOTIONAL LEARNING (SEL)** is a vital experience for all students. Lessons have been embedded at each grade level in the proposed materials to get at these learning objectives, but as educational experts we believe that the real power for impact comes in the training of teachers on how to support SEL in students year round. SEL is a part of every interaction - every day. We have formed a K-12 committee to look at additional SEL resources in the 2018-19 school year and are working with our PD team to team to build capacity for SEL with all teachers.

*Still have questions? Talk to an HGD expert at the SPS district office: (509) 354-5900*