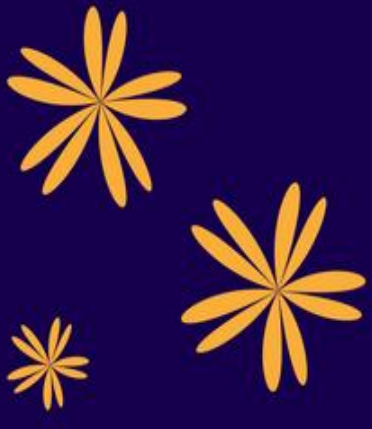
Teach Me about Ramadan

lets learn all about Ramadan



By Um Aasiyah

ez HomeSchool
ready to learn

Introduction

Bismillahi-Rahmani-Raheem

I'm Um Aasiyah, a Muslim mum of three and a wife.

I've created '**Teach Me About Ramadan**' book for my children, based on the famous book by our noble Shaykh Salih al-Uthaymeen Rahimullah '**Majaalis Ramadan** Sittings in Ramadan' in the hope that they will understand more about Ramadan.

It is my passion to help children understand this beautiful Deen in the way of the salafu-saaleh for that entails following the Book (Qur'an) and the Sunnah. For this reason I am delighted to share this small gift with you all. This book is suitable for children between the ages of 4 – 8 in shaa Allah.

All Praise be to Allah who has given me the opportunity to check this work with a senior student of knowledge. May Allah reward him and bless him in this life and the next. Aameen.

May Allah continue to guide us to His Straight Path and make us firm upon it and may He protect us and our children from all evil. Aameen.

Anything good I've shared is from Allah and all praise is due to Him Alone, and any errors made, are from myself.

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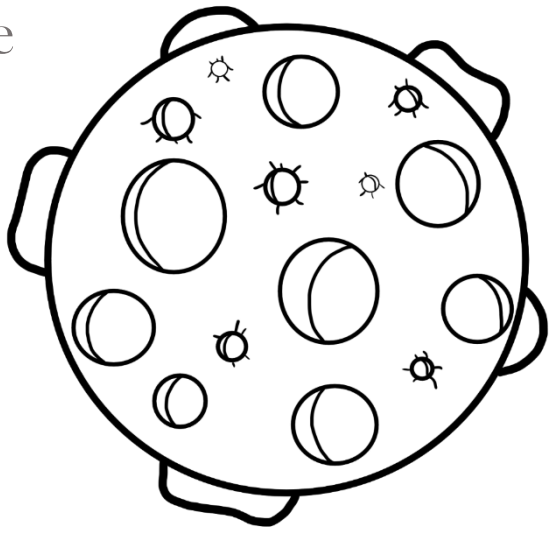
The Islamic Months

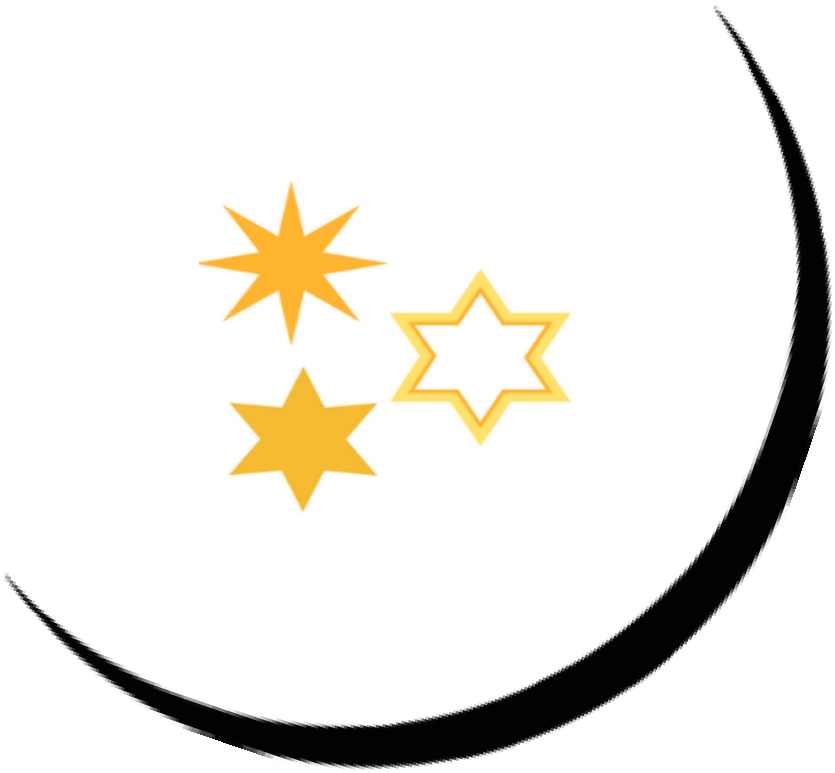
"And the moon – We have determined for it phases, until it returns [appearing] like the old date stalk."

[Qur'an 36:39]

The Islamic Calendar is called the Hijri calendar. It follows the phases of the moon known as the **Lunar Calendar.**

The Phases of the moon allow us to know about the timing of the month.





Islamic Calendar depends on the phases of the moon. The beginning of each month is marked by the new moon seen for the first time.

It has 12 months with 29 or 30 days. If the Crescent Moon is visible shortly after sunset on the evening of day 29, the following day is the first day of the new month. If no sighting is made, a 30th day is added to the current month.

Hijri Months

Muharram

Safar

Rabee Al Awwal

Rabee Al Thaanee

Jumaadal Awwal

Jumaadha l Thaani

Rajab

Shabaan

Ramadan

Shawwal

Dhul Qhadah

Dhul Hijjah

Circle The Month of Ramadan

1) المُحَرَّم(*Muḥarram*)

2) صَفَر(*Ṣafar*)

3) رَبيع الاوَّل(*Rabīʿ al-Awwal*)

4) رَبيع الثاني(*Rabīʿ al-Thānī*)

5) جُمادى الأول(*Jumādá al-Ūlá*)

6) جُمادى الثانية(*Jumādá al-Thāniyah*)

7) رَجَب(*Rajab*)

8) شَعبان(*Shaʿbān*)

9) رَمَضان(*Ramaḍān*)

10) شَوّال(*Shawwāl*)

11) ذو القَعدة(*Dhū al-Qaʿdah*)

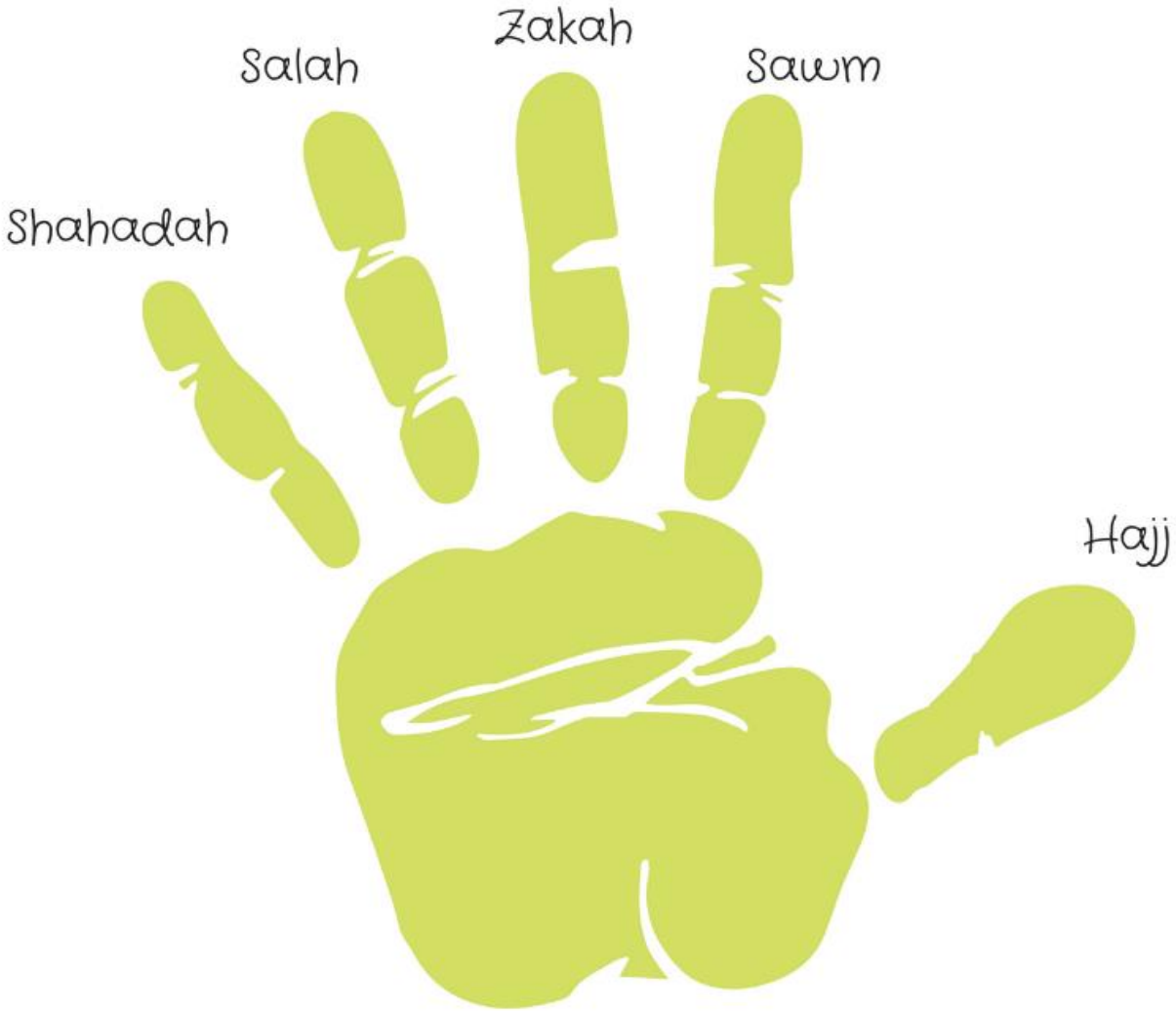
12) ذو الحِجّة (*Dhū al-Ḥijjah*)

What is Ramadan

Ramadan is the ninth month of the Islamic calendar; a special month, it is the month of goodness and blessings. Most importantly Ramadhan is the month in which the Qur'an was sent down, as a guide to the whole of mankind!

It is the month that is known for mercy, forgiveness, and safety. This month contains a special night called Layla-tul Qadr.

5 Pillars of Islam



Fasting in the month Ramadan is one of the 5 pillars of Islam.

The Start of Ramadan

Fast when you see it (the new moon of Ramadan) and break (fast) when you see it (the new moon of Shawwal), but if the sky is cloudy for you, then complete the number (of thirty days).

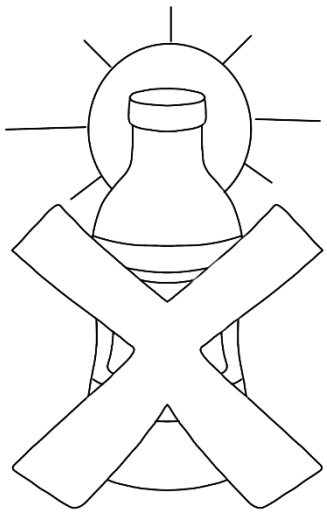
Sahih Muslim

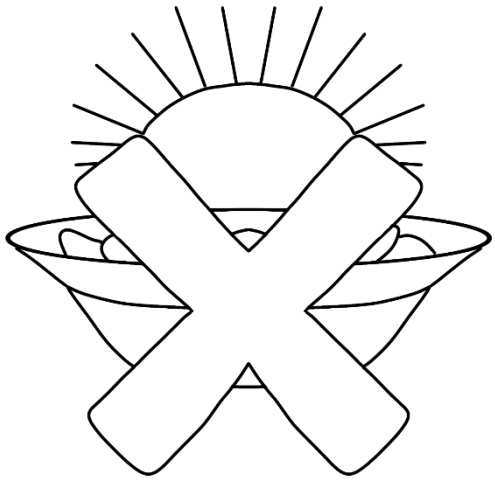
It is the start of Ramadan! Do you know how we know Ramadhan is here? Well, we see a crescent moon!

The month of Ramadan begins when the crescent of the new moon is seen or when the previous month has reached 30 days!

What Happens in Ramadan

In Ramadhan, we fast from Fajr time till Maghreb time, that is, from dawn till sunset. This means no eating or drinking anything in the time between that.

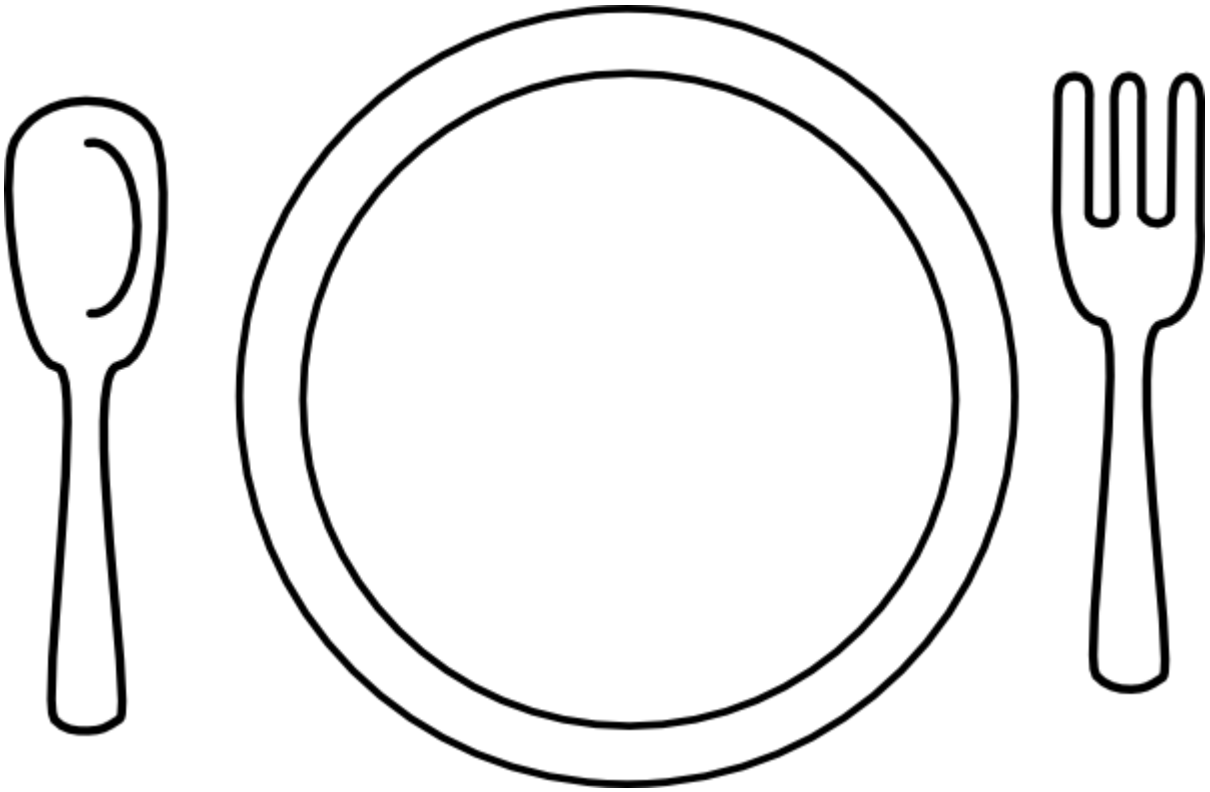




However, if you forget and eat, that does not break your fast.

Suhoor

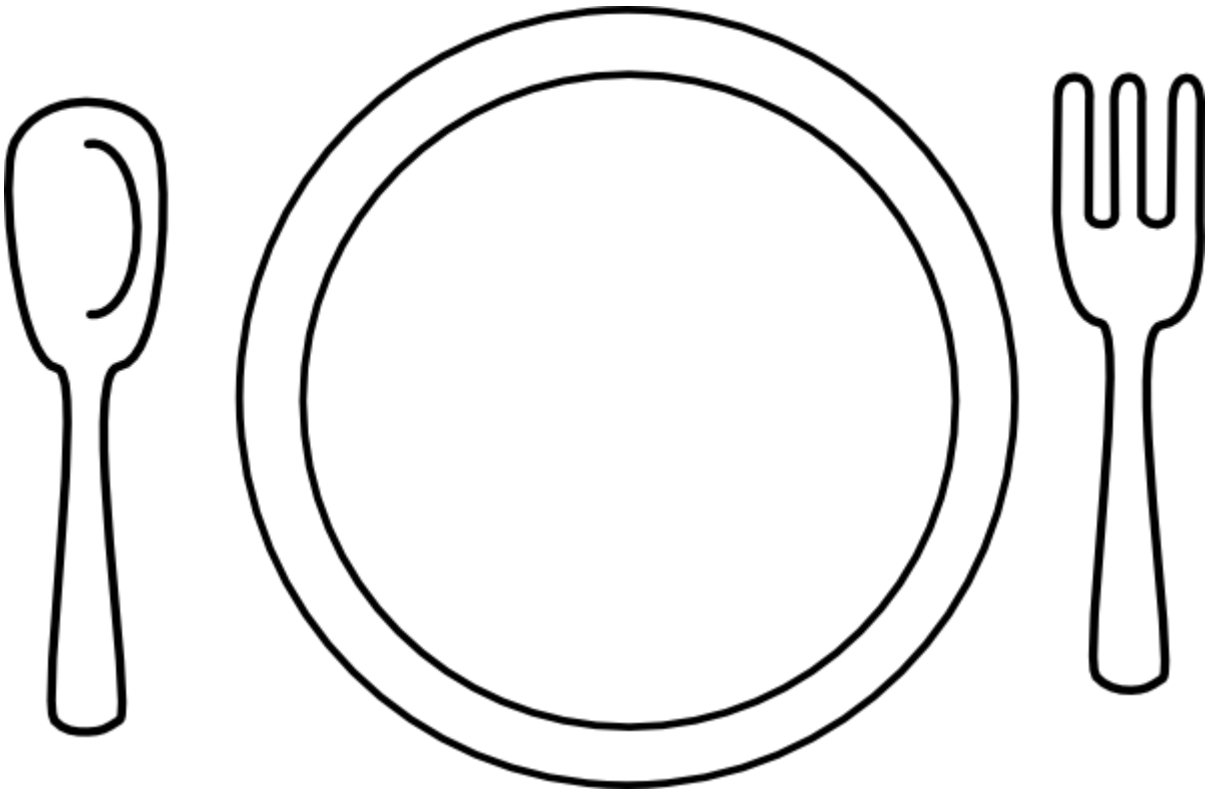
Before Fajr, we eat a meal called “Suhoor” to prepare us for the day’s fast. Try to eat healthy nutritious foods at this time!



Can you draw your food for Suhoor on the plate?

Iftaar

At Maghreb time, we break our fast and eat a meal called “Iftaar”. You’ll probably be hungry but you should try to NOT eat too much food. It is Sunnah (the Prophets way) to break your fast with some **dates** or **water**.



Can you draw your food for Iftaar on the plate?

Who Should Fast

The Muslim who is sane, able to fast and resident should fast in the month of Ramadan.

"The pen is lifted from three, the sleeping person till he wakes, the child until they grow, and the insane person until he comes back to his senses."

(Ahmad, Abu Dawood, An-Nisai and Al-Hakim declared it Saheeh)

Children do not have to fast but it is always good to try!

Do you remember?

Circle the correct answer.

1 – The Hijri Calendar is

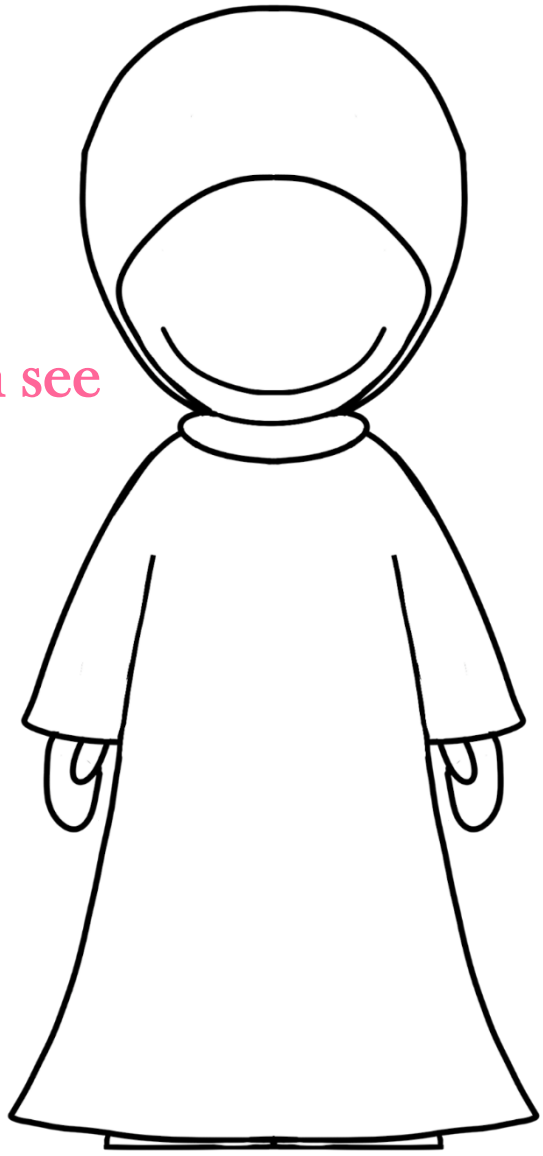
A) The Lunar Calendar

B) The Solar Calendar

2 – We begin Ramadan when see

A) The Full Moon

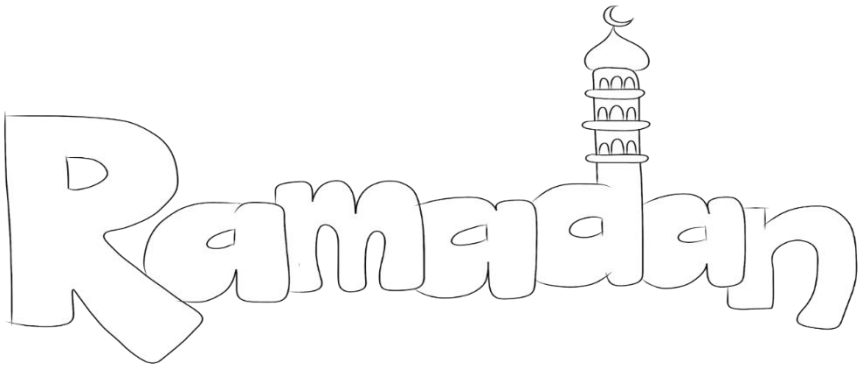
B) The New Crescent Moon



3 – We break our fast

A) At Fajr Time

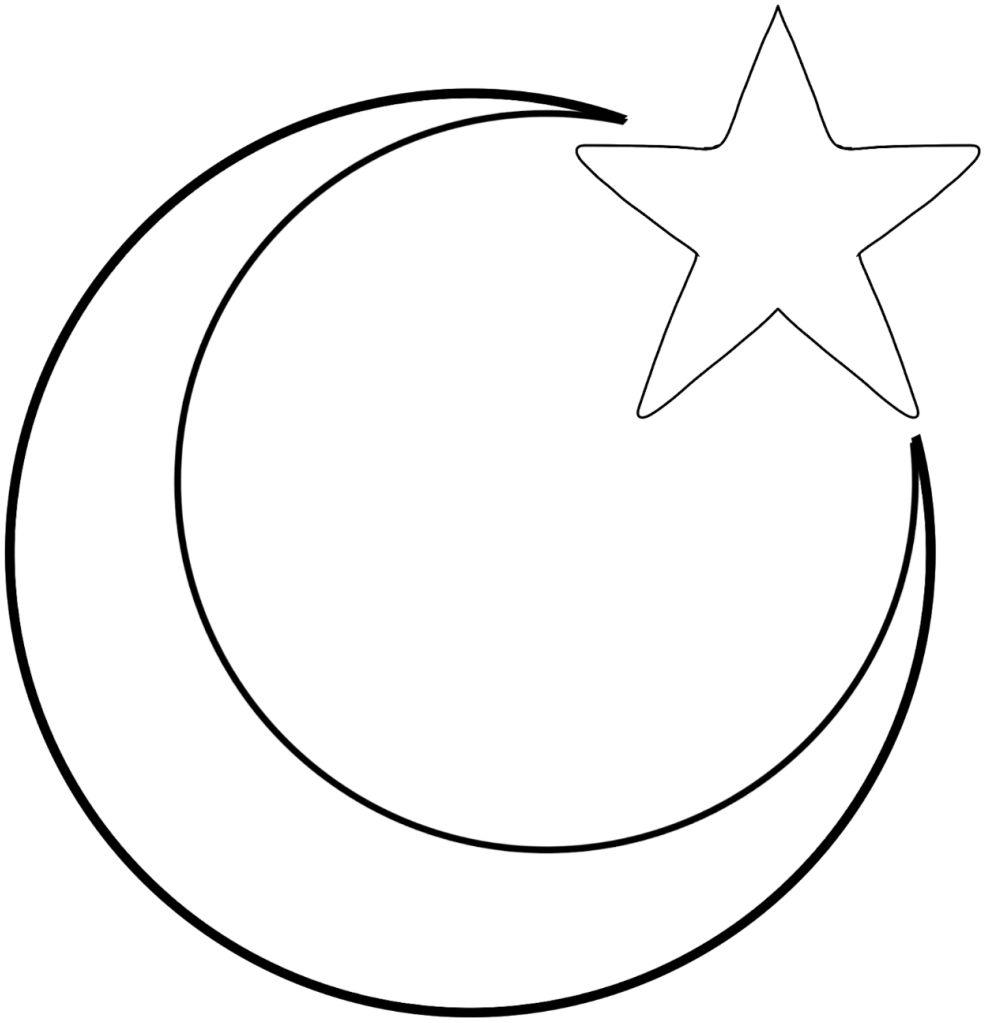
B) At Maghreb Time



BLESSINGS IN RAMADAN

In Ramadan the Angels ask for the forgiveness of the fasting one until they eat.

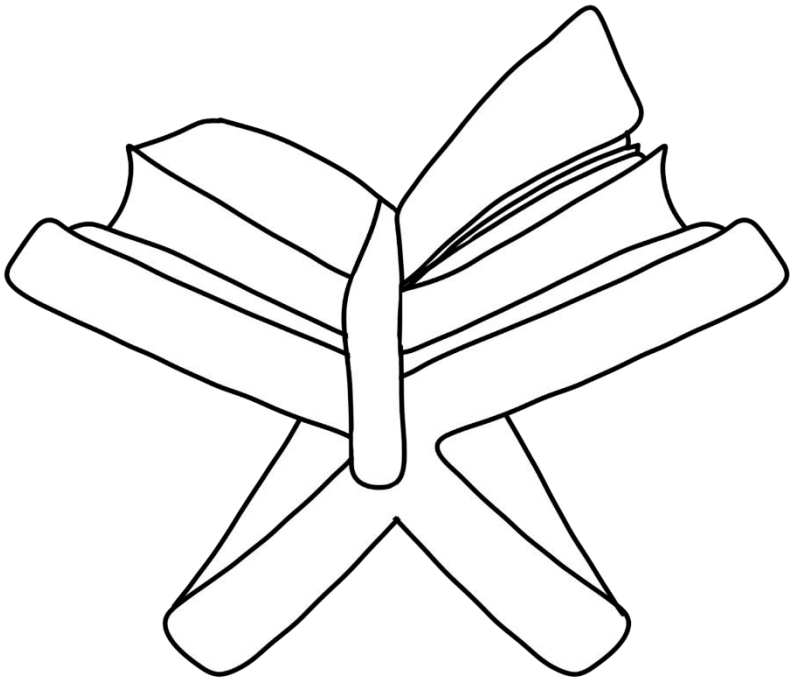
Angels are noble slaves of Allah. They are most deserving for their du'a to be answered for the fasting people



In Ramadan the breath of a fasting person is sweeter to Allah then the smell of misk (nice sweet smell).

The breath of a fasting person is a smell which is disliked among the people but to Allah it is better than the scent of misk because it is a result of worship and obedience of Allah.

In Ramadan Allah keeps the Shayatin locked away so that they do not keep you busy from doing lots of good deeds. This is such a great blessing.



We should rush to do lots of good deeds in Ramadan, since it will be multiplied from ten to 700 times and even more! How merciful is Allah!

Doing lots of good deeds and staying away from bad deeds in Ramadan is a big blessing on whoever tries to become a better Muslim in order to please their Lord.

O Allah awaken us from this heedlessness, and give us the ability to increase in
Taqwah, and give us the ability to make use of our time during this special time, and
forgive us and our parents and all the Muslims, with your mercy. And send your
peace and blessings on the Prophet Muhammad (sallallaahu `alayhi wa sallaam).

A poem by Shaykh Uthaymeen Rahimullah.

Do you remember?

Can you mention **two special blessings** in Ramadan?

1- In Ramadan

2 - In Ramadan

Superb!

May Allah bless you!

Layla-tul Qadr

In Ramadan there's a special night called Laylat al-Qadr, a night which is better than a thousand months. Allah forgives us all in this blessed night; if we worship Him the best way we can!

This night is in the last 10 nights, only Allah knows what day exactly.

.Verily! We have sent it (this Qur'an)
down in the night of Al-Qadr
(Decree)
And what will make you know what the
night of Al-Qadr (Decree) is?
The night of Al-Qadr (Decree) is
better than a thousand months
Therein descend the angels and the
Ruh [Jibrael (Gabriel)] by Allah's
Permission with all Decrees,
Peace! until the appearance of dawn.

Surah Al-Qadr

This night has many blessings;

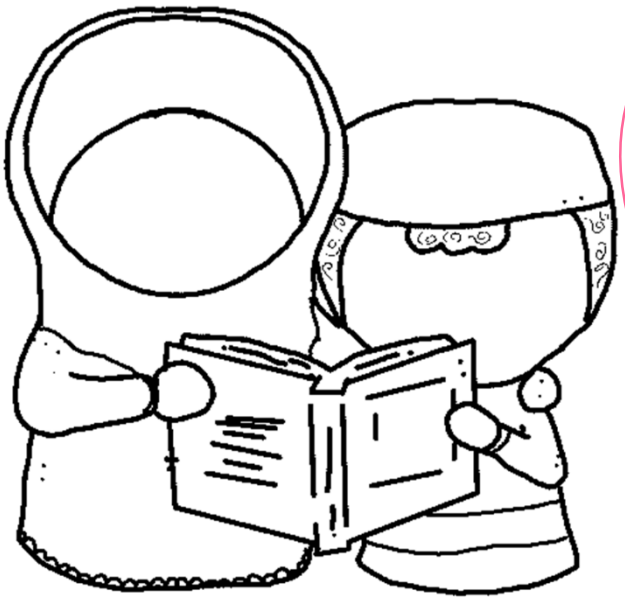
First - Allah revealed the Qur'an as a guide to mankind which contains their happiness in this life and the next.

Second – This Night is so great that we will never understand it greatness.

Third – This night is greater then 1000 months.

Fourth – The angels come down in this night, who do not come down except with good, blessings, and mercy.

Fifth - It is a night full of Peace.



Even children can stay up with their parents in this beautiful night.

Prophet Muhammad (sallallaahu alayhi wa sallam)

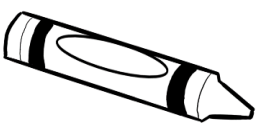
"Whoever establishes Laylatul-Qadr with faith, and seeking reward, his previous sins are forgiven."

(Bukhari)

This special night is in the odd nights of the last 10 nights of Ramadhan.

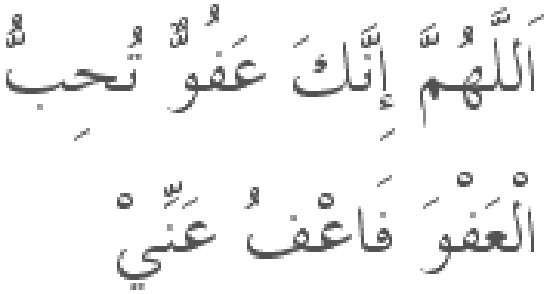
Circle the odd numbers in the last 10 nights of Ramadan

20 21 22 23 24 25



26 27 28 29 30

Special Dua



O Allah You are The One Who pardons greatly, and loves to pardon, so pardon me.

[Sunan Ibn Majah]

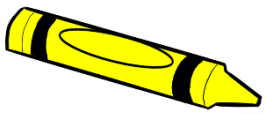
Prophet Muhammad sallal-lahu alayhi wa sallam has taught us a beautiful dua to recite in this Great Night.

Try and memorise this dua so you can always recite it.

Why do we Fast?

"O you who believe! Observing As-Sawm (the fasting) is prescribed for you as it was prescribed for those before you, that you may become Al-Muttaqoon (the pious)?"

Quran 2:183

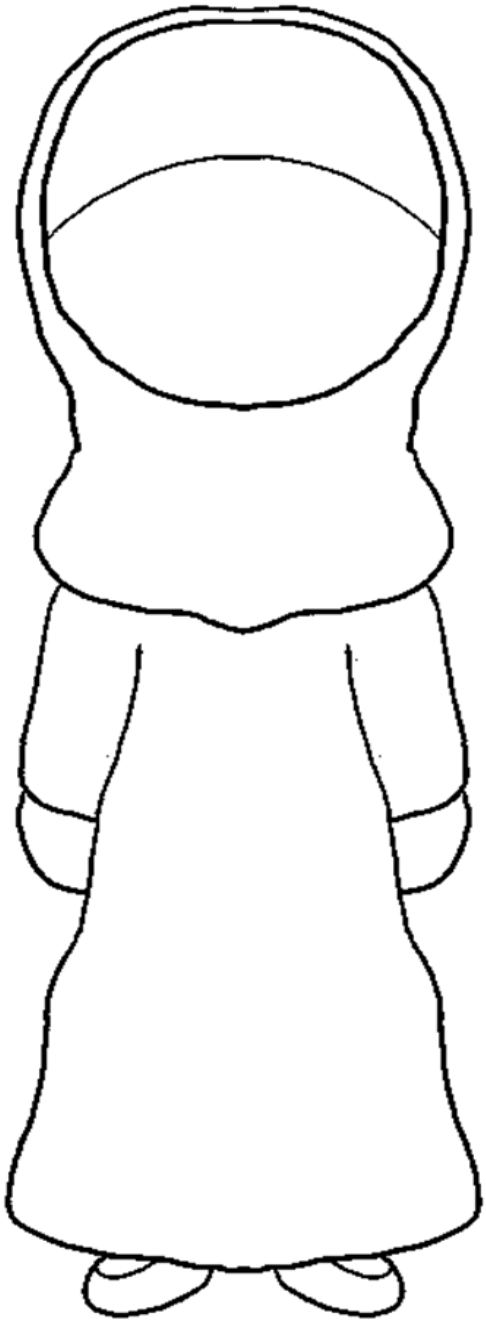


Taqwa

Taqwa

Taqwa is keeping away from everything that leads to the disobedience of Allah.

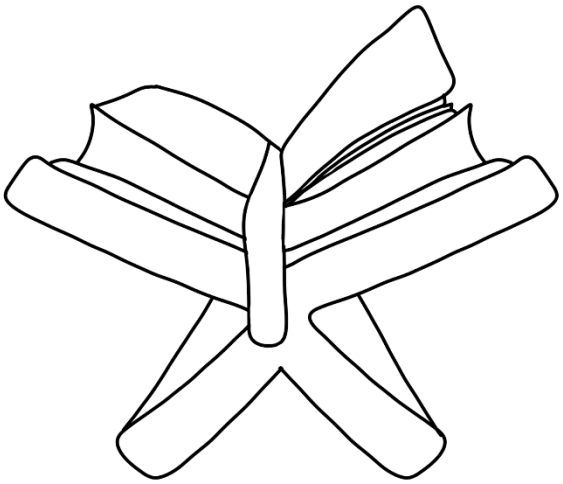
We should always observe Taqwa but especially in the month of Ramadan we should increase in Taqwa by doing lots of good deeds and we should keep away from all that which displeases Allah.



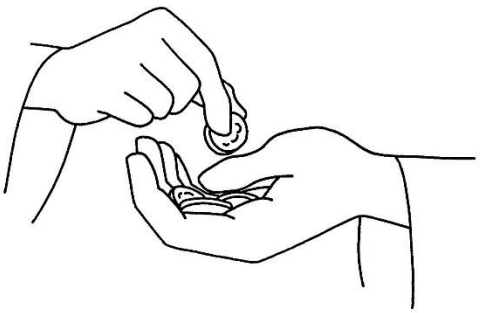
REMEMBER

The purpose of fasting is not to just get hungry and thirsty but it is to gain **Taqwa** and become better Muslims.

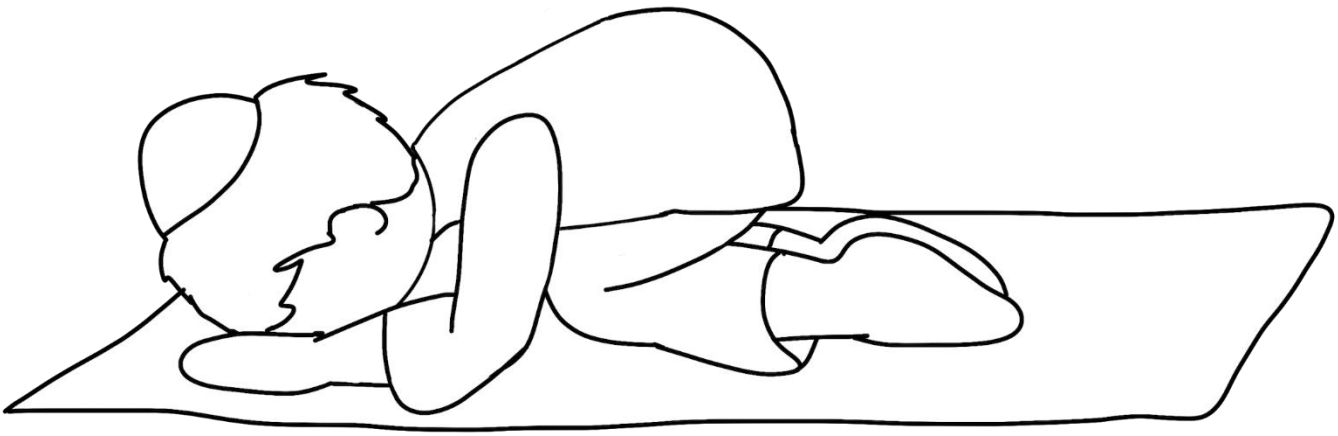
There are many actions that increase our Taqwa



Giving Sadaqah and Zakah can increase your Taqwa. In shaa Allah!



Ramadan is the month of Quran so recite and learn the Quran as much as you can to increase your Taqwa.

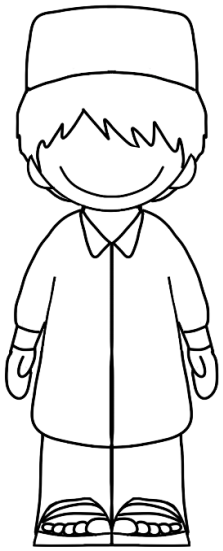


Pray extra prayers like Taraweeh and ask Allah's forgiveness for your parents. This will increase your Taqwa. In shaa Allah!

Do you remember?

Can you mention **two things** that increase us in Taqwa when fasting?

Laylatul Qadar is in the first 10 nights or the last 10 nights?



Maa shaa Allah

Fasting is not just keeping away from food

Did you know that fasting is not just keeping away from food and drink?

"Whoever does not leave off false speech and false conduct, Allah has no need of his leaving off food and drink."

Saheeh Bukhari

When we fast its for the **whole** body!

Use your tongue to say that which pleases Allah. Use your ears to hear only that which is good. Love your brothers and sisters in Islam for the sake of Allah and advise others, to be patient, say adhkaar as much as you can and ALWAYS correct your intention. If someone begins to argue with you tell them "I am fasting I am fasting" because the Prophet Muhammad (sallaahu alayhi wa sallam) said;

"The fasting person should avoid offensive speech and should not behave foolishly and ignorantly, and if somebody fights with him or insults him, he should tell him twice,

'I am fasting'.

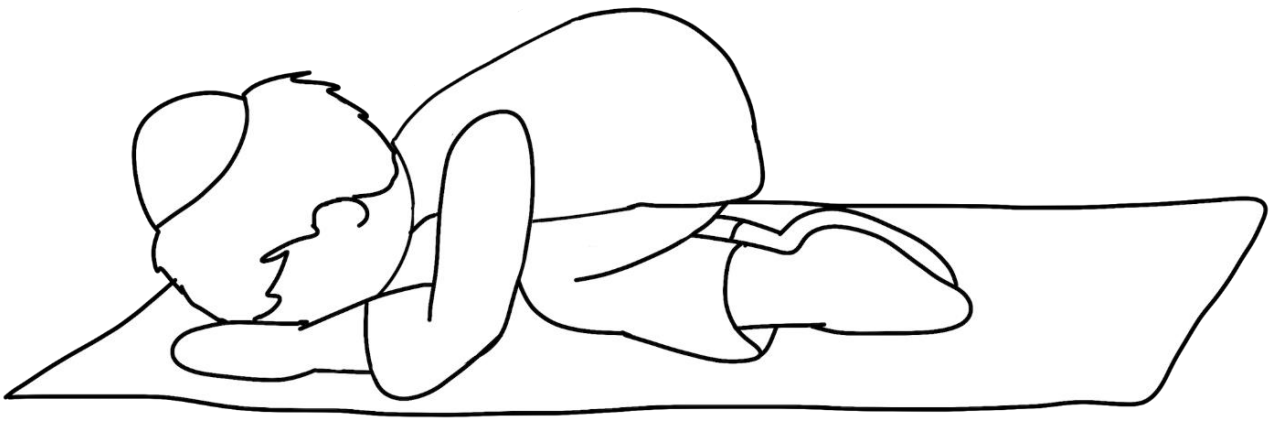
(Sunan Abi Dawood – Saheed Albani)

Colour your fasting tongue!

Manners of Fasting

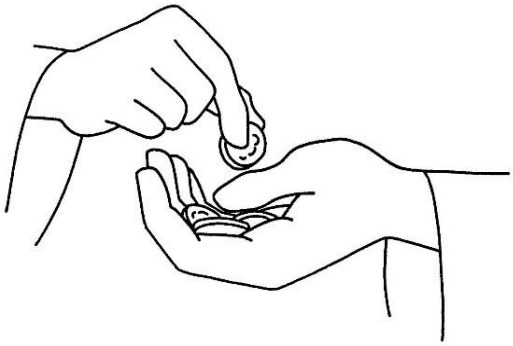
Did you know that there are manners that are important for the fasting person?

The fasting person should pray the **SALAH.** As for boys and men they should pray in the Masjid and as for girls and women; it is better for them to pray at home.



The fasting person must leave off all haram things whether it be an action or a saying. They should leave off lying, and lying is any news that is not true.

Zakatul Fitr



At the end of Ramadan Muslims pay Zakatul Fitr before the Eid prayer.

Zakat is giving charity to the poor and needy, it is one of the **five pillars of Islam**. Every Muslim sane adult who is able, must pay Zakat.

Each person is responsible for paying it on themselves, if they can't then their family i.e. parents can pay it for them.

Paying Zakatul Fitr will help the poor and allow them to join the rich people in their happiness, and it will be Eid for everyone. It also makes a person more generous, and kind. Sharing with the poor also helps us to be more grateful to Allah for all the blessings He has given us.

Eid Ul Fitr

Eid ul Fitr is the Eid of breaking the fast. It's at the start of Shawwal.

In the morning of Eid, we all go to the Masjid and pray Eid Salah. We thank Allah for allowing us to complete Ramadan and we ask Him to accept all our good deeds from Ramadan.

After we complete the Eid Salah we greet our friends and families

Remember to make dua for the poor and needy.

Enjoy Your Eid

&

Keep Up The Good Deeds

Oh Allah make us steadfast with eeman and on doing righteous actions, and give us a nice life and allow us to be with the righteous, and all praise is to Allah Lord of the worlds, and send your peace and blessing on the Prophet Muhammad (sallallaahu `alayhi wa sallaam) and on his family and companions.