



THE SOCIAL PRESCRIBING NETWORK

UNIVERSITY OF
WESTMINSTER 

International Social Prescribing Conference

11th-12th July 2019

Marylebone Campus, University of Westminster, London

Thursday 11th July

08:15 Registration and refreshments – entrance

Session 1: Chair Dr Michael Dixon

09:30 Welcomes: Dr Peter Bonfield Vice Chancellor and President, University of Westminster

Dr Marie Polley, Co-Chair Social Prescribing Network, University of Westminster

Dr Michael Dixon, Co-Chair Social Prescribing Network

09:45 Keynote lecture - Professor Dean Ornish, *'The evidence behind lifestyle medicine'*

10:30 Questions + discussion

10:45 James Sanderson, Director of Personalised Care, NHS England, *'Implementation of Social prescribing across England - a system perspective'*

11:05 Questions

11:15 Break

Session 2: Workshops

11:45 Workshops running concurrently

- Workshop 1. *'Culture change & collaborative approaches to working'*

Alyson McGregor, National Director, Altogether Better & Bev Taylor, Senior Manager Personalised Health Care, NHS England

- Workshop 2. *'Quality assurance developments in social prescribing'*

Craig Lister, Managing Director, Green Gym

- Workshop 3. *'Digital approaches for social prescribing'*

Elemental & Signum Health

- Workshop 4. *'Economic sustainability of social prescribing'*

Dr. Richard Kimberlle, Senior Research Fellow, University of West England

12:45 Lunch Networking and posters and exhibitors

Session 3: Chair Dr Marie Polley

- 14:00 Kate Mulligan, Director, Policy and Communications, Alliance for Healthier communities, Ontario, Canada, *'Health Equity and High Expectations'*
- 14:30 Jan Joost Meijs & Miriam Heijnders, *'Welzijn op Recept/Social Prescribing in the Netherlands'*
- 15:00 Tan Bee Yee, *'Implementation of social prescribing in community hospitals in Singapore'*
- 15:20 Miia Palo, *'Social prescribing and integrated care above the arctic circle -Finnish perspective'*
- 15:40 *Interactive panel session* – Kate Mulligan, Jan Joost Meijs, Miriam Heijnders, Tan Bee Yee and Miia Palo

Session 4

- 16:10 Meet the innovators open space

During this session there is also time for Networking, exhibits, poster viewing. Refreshments will be available

17:30 – 19:30 Awards, drinks reception, art exhibition 'The Road to Health'

Friday 12th July

08:30 Open for networking

Session 1: Chair Dr Karen Pilkington

- 09:00 Dr Marie Polley, Co-Chair SPN, *'Understanding the outcomes in social prescribing'*
- 09:20 Dr Daisy Fancourt, Senior Research Fellow, UCL, *'Social prescribing for population health? Findings from UK cohort studies'*

09:50 Questions

- 10:00 Tony Doherty & Dr David Robinson, *'Social prescribing in Ireland 'North and South''*
- 10:15 Della Powell, *'Title TBC'*
- 10:30 Dr Viola Marx, Green Health Partnership Co-ordinator, *'Scotland perspective'*
- 10:45 Questions

11:00 break

Session 2: Concurrent oral presentations from abstract submissions

- 11:45 *Wider Social Outcomes* – Chaired by Jane Hartley and Alyson McGregor
Children and Young People – Chaired by Paul Jarvis Beasley and Marcello Bertotti
Implementation of social prescribing – Chaired by Jo Robins and Sian Brand
System Perspectives and Big Data - Chaired by Tim Anfilogoff and Warren Escadale

13:00 Lunch, posters and networking

Session 3: Workshops

14:15 Workshops running concurrently

- Workshop 1. *'Link workers development'*
David Cowan and Dan Hopewell
- Workshop 2. *'Nursing, dentistry and medical education'*
Michelle Howarth, Jo Ward
- Workshop 3. *'Social prescribing using creative arts to support mental health'*
Workshop leader TBC
- Workshop 4. *'The role of Allied Health Professionals in social Prescribing'*
Linda Hindle, PHE Lead Allied Health Professionals

Session 4: Quentin Hogg Lecture theatre and Cayley lecture theatre

15:30 *'Setting priorities for a sustainable future'*

16:15 Closing statements from Social Prescribing Network Co-Chairs, Dr. Marie Polley & Dr. Michael Dixon

16:30 Official close

With sincere thanks to all our sponsors, University of Westminster, College of Medicine, TCV, Signum Health, Elemental, Mayor of London and Big Lottery Community Fund.



SUPPORTED BY
MAYOR OF LONDON

