

INTERNATIONAL MENTOR PROGRAM FOR NEWLY ARRIVED PROFESSIONALS



EOS CARES



THE PROJECT

Every year, about 2500 international students are introduced to the city of Lund through the University's International Mentor groups. Together with the arrival program during the first few weeks, this opens the doors to an amazing social community and a time-of-your-life experience. But what if you are a professional, an intern, or a spouse joining a recruited partner? Who is then taking care of your social establishment?

Eos Cares, the integration program of the IK Eos basketball club, is tapping into this void by forming a group of International Mentors for newcomers within the professional community. Inspired by the University, we have created a series of social activities through which the mentors introduce the region to the newly arrived and allow for them to bond with each other as well as with our mentors.

A pilot round of the program with 15 available spots will be run from mid-September through October 2019. Here below is the schedule of activities, and on the following page you can read about how to join!

THE SCHEDULE

1) Introduction fika (Wed. 18/9, 18:00-20:00)

Where: Stadsbibliotek (Sankt Petri kyrkogata 6, Lund)

What: Fika & Library Tour

2) Nordisk Panorama: "Humanity on Trial" (Monday 23/9, 14:00-17:15)

Where: Malmö C (Skeppsbron 1, 211 20 Malmö)

What: Malmö downtown tour & Movie (starts at 16:00)

3) Botaniska trädgården (Monday, 30/9, 10:00-12:00)

Where: Botaniska trädgården (Östra Vallgatan 20, Lund)

What: A walk through the botanical garden of Lund's University, a beautiful green space close to the city center.

4) Cook-along (Wed. 2/10, 18:00-20:00)

Where: Eoshallen (Arkivgatan 32, Lund)

What: Practice cooking with new friends, bring home a filled lunch box!

5) Language Café (Wed. 9/10, 10.00-12.00)

Where: Eoshallen (Arkivgatan 32, Lund)

What: Practice Swedish with native speakers, have fun and enjoy fika.

6) Skåne trip with “Local Discoveries” (Sunday 13/10, 10.00-17.00)

Where: A nature area in Skåne

What: Get a taste of your new region via a life-enriching excursion through its natural beauty.

7) Networking seminar with Janine Miller (Th. 15/10, 18:00-20:00)

Where: Internationella Kvinnoförbundet (Grynbodgatan 20, Malmö)

What: The psychotherapist, Janine Miller, will guide us through the key-aspects of networking in Sweden.

8) Stenkross: Dance in the dark & Fika (Th. 17/10, 17:00-19:00)

Where: Stenkross (Kastanjegatan 13, Lund)

What: Fika - Local associations introduction & Dance in the dark

9) Lunds Domkyrka & Fika (Monday 21/10, 10:00-12:00)

Where: Lund's Cathedral (Kyrkogatan 6, Lund)

What: Fika (10:00-11:00) and a guided tour to Lund's Cathedral

10) Quiz Night & Farewell (Wed. 23/10, 19:00-21:00)

Where: Eoshallen (Arkivgatan 32, Lund)

What: Farewell with a fun quiz night

WANT TO JOIN?

In our Mentor Program, we welcome people of all origins and background who are interested in getting to know professional newcomers from all over the world and share with them the experience of getting established in the region.

COST: This initial pilot round of the program is FREE to join. However, participants cover their own costs for the activities (fika etc).

Sounds interesting? Apply for one of the 15 spots by sending an e-mail to info@eoscares.se!

CONTACT

✓ For any questions regarding the International Mentor Program, contact the project coordinator, Despina Lappa, at: despina@eoscares.se!

✓ For the latest news on the program & other Eos Cares activities, check our website www.eoscares.se!

Follow us on social media:



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