

JULY 2017

refuge@riverwood.cc
(204) 668-3181 x220



| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|-----------|--|---|---|--|---|-----------|
| | | | | | | 1 |
| 2 | 3 CANADA DAY HOLIDAY | 4 | 5 Family Farm 9:30am-3pm Families Welcome | 6 Refuge Walking Group Women Only 10am-11am 325 Talbot Ave | 7 Splash Park 75 Brazier 1:30pm-3pm Families Welcome | 8 |
| 9 | 10 Focus Group Women Only Embrace 12pm-3pm 325 Talbot Ave | 11 Berry Picking 1pm-3pm Families Welcome | 12 Women's Drop In 10am-12pm 325 Talbot Ave Gardening 1:30pm-2:30pm | 13 Refuge Walking Group Women Only 10am-11am 325 Talbot Ave | 14 Assiniboine Park Zoo 1:30pm-3pm Families Welcome | 15 |
| 16 | 17 | 18 Museum 10am-2pm Families Welcome | 19 Food Bingo Women's Drop In 10am-12pm 325 Talbot Ave Gardening 1:30pm-2:30pm | 20 Refuge Walking Group Women Only 10am-11am Community BBQ 6-8pm 302-342 Talbot Ave | 21 Splash Park 75 Brazier 1:30pm-3pm Families Welcome | 22 |
| 23 | 24 Focus Group Women Only Mindfulness/Relaxation, 12pm-2pm 325 Talbot Ave | 25 | 26 Women's Drop In 10am-12pm 325 Talbot Ave Fringe Fest 2pm-4pm Families Welcome | 27 Refuge Walking Group Women Only 10am-11am 325 Talbot Ave | 28 Splash Park 75 Brazier 1:30pm-3pm Ballet in the Park 7:30pm | 29 |
| 30 | 31 | | | | | |