

Skills Self-Reflection

Part 1: Start by brainstorming any and all music-related skills you have. Be specific! For example, if you write down “sound design”, think about if that could be broken down into other sub-skills or if there are any other related skills (ex. field recording, DAW skills, using synthesizers, etc).

Write your skills here!

Part 3: Look at the skills from Part 1 again. Choose one or more skills that you think you might want to improve, or write down things you might want to learn. Finally, think about how you will go about improving that skill. Ideally, you would want this to be something you can do a little bit everyday. Even just 20-30 minutes a day adds up quickly! Make sure that the action you decide on is doable.

Skill Name	Why learn this? What is your goal?	How will you improve?

Part 4: This might be the most important step - hold yourself accountable! Write down 1 thing you learned or did to improve the skills you wrote in Part 3 each day. You'll be able to keep track of your progress and see how many awesome things you've done!