

FAMILY TASK TRACKER

SOUL (SELF & MUSIC)	Heart (Family, Friends, Animals & Nature)
Important / Urgent	Important / Urgent
<ul style="list-style-type: none"> • • • • • 	<ul style="list-style-type: none"> • • • • •
Important / Not Urgent	Important / Not Urgent
<ul style="list-style-type: none"> • • • • • 	<ul style="list-style-type: none"> • • • • •
Mind (Academic Skills)	BODY (SPORTS & HOBBIES)
Important / Urgent	Important / Urgent
<ul style="list-style-type: none"> • • • • • 	<ul style="list-style-type: none"> • • • • •
Important / Not Urgent	Important / Not Urgent
<ul style="list-style-type: none"> • • • • • 	<ul style="list-style-type: none"> • • • • •

NOTES: