

The background features a watercolor-style wash of blue and teal colors, with darker shades at the top and bottom edges and lighter shades in the center. The text is centered in the white space.

Strength
+
dignity

WOMEN
WITH PURPOSE

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Our Vision:

Strength & Dignity, Women with Purpose has been birthed out of a desire to see a New Zealand based women's curriculum and website that is accessible and relatable to every woman. It is for the at home mum, the working woman, the busy woman, the lonely woman, the overwhelmed woman, the 'in church' woman, the 'not in church yet' woman, for every woman. For the women who can make it to a monthly study group and the women who can't.

Strength & Dignity can do this by providing a resource that can be used in a study group format that is also backed up by a website and Facebook page sharing the same content. To make available a resource that will bring women into a closer relationship with Jesus and to living out the purpose and calling He has placed in their lives.

Through online video clips or a workbook formatted study group, **Strength & Dignity** will take you through relevant topics to teach you, empower you, encourage you and release you, into all God has called you to be.

Proverbs 31:25-26 – *“She is clothed with strength and dignity and she laughs without fear of the future. When she speaks, her words are wise and she gives instructions with kindness.”*

Our Values:

Every Woman has purpose. That every person has God given purpose
To place value inside every woman, so she knows how precious she is and to call out all that God has placed within her.

Continual development – transformational journey
To be continuously learning and growing spiritually as we walk this journey with the women sharing this vision.

Build others – Add value. Be who we are, where we are.
To add value to those in our own sphere of influence: family, friends, co-workers and community members.

Be relevant – teaching principles that work in everyday life.
To provide practical ways to daily live out your God-given purpose and take you to a new level in Him.

Build Godly Women – Proverbs 31
To be strong women of God but keep our femininity, to compliment the men in our lives, not compete with them.

Bio's



Ps Kathy Strong

Ps Kathy Strong is a Mum to two big kids, pastor's wife, blogger, seminary student, women's ministry leader and creator of an amazing ministry for tweens called "*Daughters of the King.*" She is bursting with faith, joy and hope. Her bubbly personality overflows with love for God and His people. She loves Jesus, Christmas and French fries and longs to see all women rise to their potential.



Zoey Penwarden

Zoey Penwarden is an enthusiastic encourager, worshiper and leader. Zoey has a *dream* to see ALL women empowered and equipped to fulfill their unique calling, and lead a passionate life for Jesus, with purpose. Born in Pietermaritzburg, South Africa, Zoey along with her husband Simon and two sons have been living in New Zealand for 11 years. By day an intermediate school teacher... and at all times just-a-girl who loves Jesus!



Maree Brown

Maree Brown along with her husband Mark are long standing members and leaders of Park City Church. Mother of two, occasional preacher, prophet orientated encourager and in recent years passionate teacher at a local primary school. Maree has a strong faith that she draws on to encourage and equip those around her.



Rachael Lock

Rachael is the founder and facilitator of Strength and dignity – Women with Purpose. Her heart's desire is to see a New Zealand based women's curriculum and website that is accessible and relatable to every woman. Rachael has written, developed, dreamed and contributed to this resource to help teach, encourage, equip and release women into all God has called them to be.

Bio's



Marina Walsh

Marina Walsh has been married to Pastor John for 20+ years and together they have 5 adult children and recently added an 8 year old gorgeous girl to the family. With 4 grandchildren also, life is full of people, love and a busy home. Marina enjoys serving the church, encouraging others dreams and spreading the love wherever she is. She currently works as an Assistant Hostel Manager after working 10 years at Park City Church which she loved with all her heart and still does.



Jan Rodgers

Jan Rodgers is married to Sheridyn, and together they lead Activate Church Hamilton along with overseeing 6 other Activate Churches in NZ.

She also serves on the Acts Churches National Council.

Jan has 2 grown sons who are leaders at Activate.

She's passionate about seeing people rise to be all they're created to be in God.



Christine Graham

Christine and her husband Steve served as missionaries in the Philippines for 7 years. Christine is currently working as a Family support Coordinator for the Child Cancer Foundation as well as serving as the Care Team Co-Leader at Equippers Church Auckland City. Mother of 3 young adults and grandmother, Christine also is a keen gardener, loves crafts and is a keen runner.



Ruth Swift

Ruth and her husband Wayne are the senior Pastors at 'the church @1330' in Melbourne Australia. Wayne and Ruth have a passion for reaching lost people with the gospel of Jesus and seeing people become all that God intended them to be. They have been in ministry together for 30 years. Ruth is a Network Leader overseeing and supporting many churches and pastors across the denomination.

Acknowledgements

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Leaving a legacy



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LESSON ONE: Ps Kathy Strong

Leaving a Legacy – She lives with Purpose

LEGACY.....

It can sound like a scary word right?

When we think of leaving a legacy for our kids or the next generation, it can cause stress and leave us feeling overwhelmed.

What if I leave a bad one?

What if it isn't good enough?

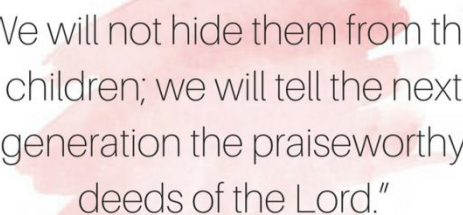
I have nothing to leave?

I don't have a lot of money!

A Legacy is defined in the dictionary as "Anything handed down from the past." And so often, we think this means money, houses, cars or even a business.

What are some things you think of when you hear the word "legacy?"

Notes:



"We will not hide them from their children; we will tell the next generation the praiseworthy deeds of the Lord."

Psalm 78:4

But a legacy is not necessarily about wealth and worldly possessions. Sure, it can be, but a far greater legacy we can leave the next generation is to teach them about our ever-faithful God. To live a life that honors God in everything we do.

Watch Av clip and discuss

Teaching the next generation about how awesome our God is, is the greatest legacy we can leave them. Remembering the good things God has done in our lives. It's not so much about us but about what God has done in our lives that will impact and



encourage the people coming after us. Sharing those moments when God has shown Himself strong in our lives. Not so much 'our' legacy but God's legacy getting passed on.

Q What is a legacy you would like to leave the next generation?

Passing on a legacy doesn't have to be in written form, each of us have our own way of leaving a legacy. The important thing is to sow those seeds, tell those stories, live in a way that reflects God in your life, it all counts.

Q What are some ways you can leave a legacy?

Q What about in our everyday lives, for example in our work places, families or spheres of influence? How can we leave a legacy in these areas?

Remember, it isn't about us, it is about sharing those moments when God has stepped into your situation and transformed your life. There is purpose in sharing these moments as these are the moments that are going to encourage and inspire the next generation to live a life of legacy also.

God's legacy, passed from generation to generation.

Deuteronomy 6: 5-9 (NLT) – *“And you must love the Lord your God with all your heart, all your soul, and all your strength. And you must commit yourselves wholeheartedly to these commands that I am giving you today. Repeat them again and again to your children. Talk about them when you are at home and when you are on the road, when you are going to bed and when you are getting up. Tie them to your hands and wear them on your forehead as reminders. Write them on the doorposts of your house and on your gates.”*

Don't let the enemy 'silence' you from sharing your legacy, those God moments that need to be passed on. You have a voice, whether it be through writing a journal, printing photos, creating a piece of artwork, music, sharing testimony or just living a life that reflects Christ. Let 'your' individual voice be heard as you leave a legacy of God for the next generation.

Notes:





Extra Study – Kathy Strong

Retelling stories of God’s goodness is the greatest legacy we can leave the next generation. And remember, it doesn’t have to be complicated!

It’s great to read the stories in the Bible to see God’s faithfulness, but it is also great to tell your own stories. As you sit around the dinner table, or catch up with friends, tell stories of God’s goodness in your lives:

“Remember that time we had no money and God provided food for us.”

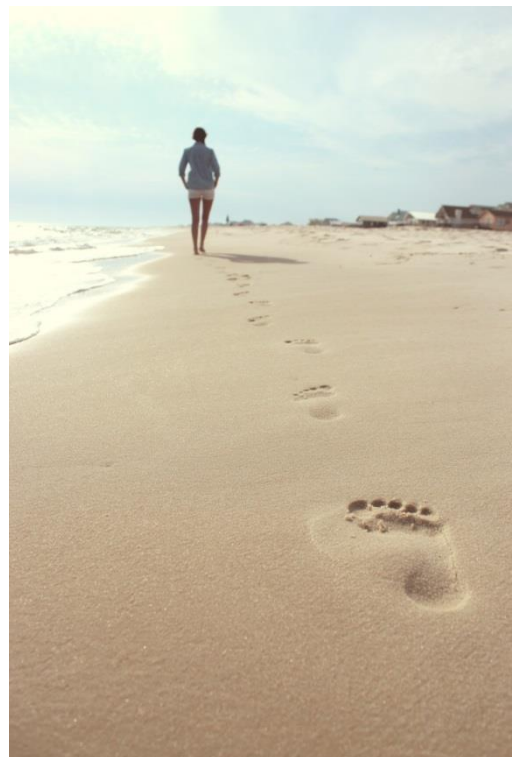
“Remember that time we prayed for And they got healed.”

“Remember that time....”

In the book of Joshua, he set up the 12 stones in Gilgal that he had taken from the Jordan and said *“In the future when your descendants ask their fathers ‘What do these stones mean?’ tell them ‘Israel crossed the Jordan on dry ground.’ (Josh 4:20-21)*

Visual reminders are a great way for us to remember God’s goodness in our lives, and for the next generation to also see. It can be a photo, a memento, or just something that can prompt you to tell stories of how amazing our God is. A journal is also a great way to record His goodness that can be handed down to future generations.

So when you think of leaving a legacy for your kids or the next generation, don’t get stressed or overwhelmed, wondering if you are leaving them enough. If you can leave them with stories of God’s grace and goodness, you are leaving them the best possible legacy.



Scriptures on Legacy:

Deut 6:5-9 Deut 12:28 Josh 4:21-22 Psalm 145:4 Prov 13:22
Prov 22:6 Phil 4:8-9 2 Tim 2:2 3 John 1:4

www.strengthanddignity.co.nz for further reading and study.