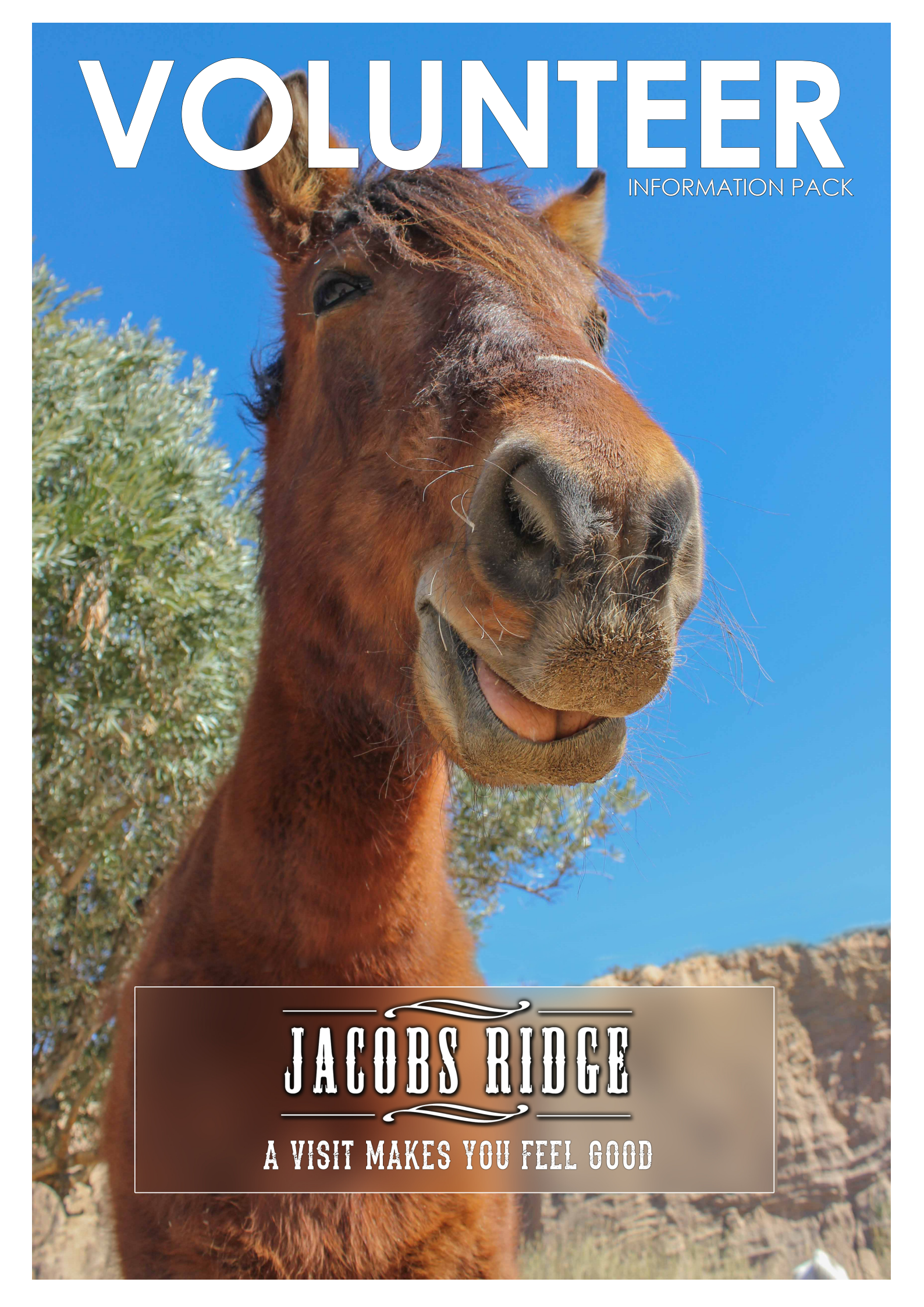


VOLUNTEER

INFORMATION PACK



JACOBS RIDGE

A VISIT MAKES YOU FEEL GOOD

Welcome to the Jacobs Ridge Volunteer Information Pack! We hope that everything you need to know is here but please do not hesitate to contact us if you have any questions.



Tents

Unless you have requested to share, you will be allocated your own tent. Each tent will be kitted out for your stay and if you are here for more than one week we will change your bedding after the first week. You will have battery-operated lights in the tent but not electricity. You will be able to charge up any equipment at the main house to avoid fire risks. It is also forbidden to smoke inside the tents for the same reason.

We kindly ask that you keep your tent as clean as possible and leave dirty shoes outside.

The cats will insist that they should sleep in your tent but we prefer that you do not let them as their claws can cause significant damage. It is therefore best that you leave your tents zipped up properly (this will also keep insects out).

During the summer months there will be an opportunity to sleep under the stars.

Valuables

We suggest you do not bring anything of great value, not in case it is stolen but more because it could be damaged whilst you are here. We have a safe for important documents, just let us know if you would like to use it.

Money

You will not need any money whilst you are at Jacobs Ridge but you may want to bring some for shopping or for additional trips out.

There are plenty of service tills here but nowhere to change currency, except at the airports, so it is better to bring debit cards for the bank machines or euro currency.

Health

Please ensure you have health insurance before you arrive. The health system is very good here in Spain but you do need to show proof of insurance. If you have medication please ensure you bring it with you. Your European Health card will suffice.

Work

There are ongoing projects here and of course, that includes being with the animals. So if you have something that you are good at or would like to get involved with, give us a heads up before you get here so we can try and get you doing something you enjoy. No pressure on anyone to go crazy, this is a combined volunteer/holiday programme so we want you to have fun too!



Food All food and drinks here are 100% vegan but if you have any allergies or specific dietary requirements please let us know before you arrive.

Food for breakfast, which you will organise yourself, can be found in the main house, enabling you to pick your own start times. If there is something in particular you like to start the day, let us know and we will do our best to provide it for you.

The main house is where you go to pick up hot and cold drinks and snacks throughout the day, a communal location.

For lunch and dinner we all sit down and enjoy our meals together and have a good chat to get to know everyone better!

It is important to remember to keep hydrated when you are here, especially in the summer months as it's mostly sun and a lot of it!

It can be easy to forget to keep drinking water when you are doing volunteer work or even just relaxing. We recommend you bring your own water bottle with you that you can keep topping up at the main house.





Pool/Relaxing

The pool is available for everyone to use and relax by or in. Please ensure you shower before entering (there is a shower by it) and be careful around the pool, it can get slippery. All children regardless of their ability, must be supervised when swimming.

There are other areas to relax in as well and we have plenty of sun loungers.

Animals

When you arrive we will take you round and introduce you to all of the animals here, giving you information on their background, but also pointing out any personal traits they may have. Many of the animals here have been through difficulties and are learning to trust again, so take your time with them and let us help you get acquainted. That said, there are many who are very trusting and enjoy lots of attention. We want you to enjoy being with the animals here so spending time getting to know them is best for everyone.

Work

The daily routine (morning and evening) includes cleaning out paddocks, feeding, watering and dog walking. We take our time over this. A more relaxed approach often with music playing, which ensures the animals eat in a relaxed environment, vital to their digestion and health.

We always have ongoing projects that you can get involved in but the amount of work that you participate in is really up to your own desire and ability. If you would prefer to spend your time relaxing with the animals then that is perfectly OK. The animals benefit hugely from human company and interaction.

Please do not feel any pressure to be up at a certain time.

Wildlife

There is plenty of wildlife here including birds, frogs, turtles, snakes, scorpions and spiders. You are never in any danger providing you keep to two simple rules.

1. Do not pick anything up.
2. Wear sensible shoes when walking in nature.

You have nothing to worry about providing you are sensible.



Fire

We ask that nobody lights an open fire at any point during their stay as there is a high risk of it spreading due to the hot/dry weather conditions. If you smoke there are designated areas for you.

Things to Bring

Towels for showering
Towels for the pool
Suncream/Aftersun
Toiletries
Medications
Insect Repellent
Comfortable clothes
Jumpers/ sweatshirts for the evening (depending on what time of year you are here)
Closed in shoes for working/walking the land
Ear plugs (not everyone is used to donkeys braying in the middle of the night!)
Torch (phone torch will do)
Water bottle

Internet

We have wifi here so you can keep in touch with the outside world.

Trips Out

Mula, the local town, has lots of shops, cafes, museums and old architecture to view. Depending on what time of year you come, there are festivals too.

Murcia has plenty of history, shopping centres and some vegan restaurants. You can visit via bus from Mula and we can give you all the information and help on how to do this.

We have a local Go-Kart track which is good fun for everyone and we are more than happy to organise a trip there for you. We can also arrange kayaking and rafting trips along the river Segura which is a great experience with beautiful scenery (additional cost applies).

Nearby we have stunning areas of natural beauty which we visit frequently for walks, sight seeing, lake swimming and rock jumping, if you're feeling brave!

Photographs

We are more than happy for you to share photographs with your friends via social networks. However, please do not post pictures of our home or give away our location. This is to protect both our privacy and the security of the animals. Not everyone views animals in the same way we do. If you are unsure about posting anything, just ask. Also, please ensure you complete your stay by having a selfie with one of the animals here, you will know which is the right one for you.

Hopefully this covers everything, but if anything is missing please let us know by emailing info@jacobsridge.com. We look forward to meeting you and hope you enjoy your stay!

