

Days for Girls International

DATA REPORT SEPTEMBER 2017: NEPAL & KENYA

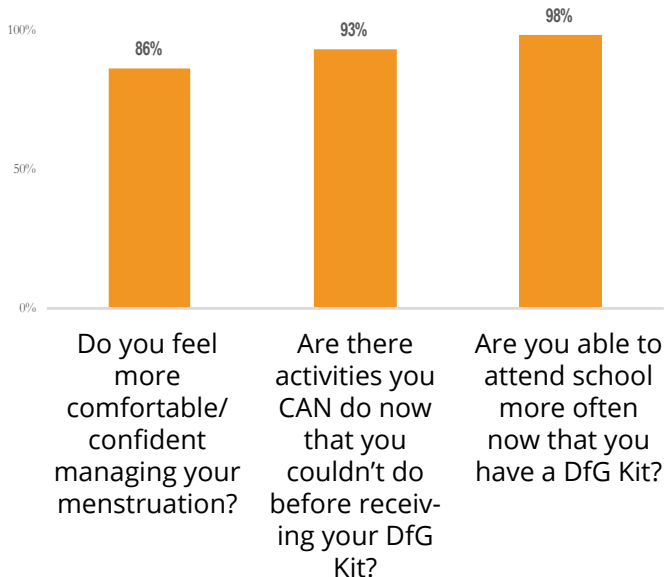
In 2016, Days for Girls expanded our data collection programs, through creating several new surveys to be used before and after distribution of DfG Kits. The surveys measure areas such as school attendance and self-esteem before and after Kit distribution, in addition to whether the Kits are comfortable and easy to care for.

DfG gathered data from 5 schools in Mbita, Kenya after distribution of DfG Kits, as well as data from 28 schools in Kathmandu, Nepal, prior to distribution (follow-up data collection is scheduled for 2018/19.)

KENYA

In Kenya, **98% of girls said they were able to attend school** more often with their DfG Kits. This survey was conducted more than one year after the initial distribution. **93% said that there were activities they could do now that they couldn't do before** receiving their Kits. Additionally, nearly 90% of girls were still using their DfG Kits a year after distribution.

Impact of DfG Kits:
% of girls who responded "yes"



NEPAL

DfG surveyed girls in 28 schools in Kathmandu, Nepal, an area where disposable pads are most likely to be available. Despite this, **80% said they would still be willing to use washable pads** (N = 1219). Additionally, although a smaller percentage reported that they were currently using washables (DfG Kits had not yet been distributed to the schools), **those who were using washables reported a much higher rate of satisfaction than with disposables**. This is most likely due to the fact that disposables are expensive and often difficult to dispose of.

Only about 50% of girls reported that they felt confident/comfortable managing their menstruation. **This shows that even in an urban area like Kathmandu, the need for washable solutions and health education is still high.**

During a typical month, how confident/comfortable do you feel managing your menstruation?

