



# 2018 VIRGINIA STATE OPEN TAEKWONDO CHAMPIONSHIP

Dear Grand Masters, Masters, Instructors, and Competitors,

I am pleased to announce the 2018 Virginia State Open Taekwondo Championship to be held on Saturday, April 21<sup>st</sup>, 2018. Thank you all for your support in the 2017 Virginia State Open Taekwondo Championship. Each School and individuals participation made the tournament a huge success! Due to the success of last year's tournament, we have kept our venue at Cora Kelly Recreation Center; 25 W Reed Avenue. Alexandria VA, 22305. (703-746-5554)

This tournament, being before the National Qualifier Championships, will be an excellent opportunity for the competitors to prepare for the upcoming championship.

The personal information should include: Name, Address, Phone number, Gender, Weight Category, and Records of Runner-up. Participants in the exhibition games will be chosen based on each individual qualification and will be announced.

Please note that students who register for Daedo Sparring (12-years old and Up for World Class) must bring their own Daedo sparring equipment.

If you have any questions or concerns, please feel free to email us at [MasterHanTKD@yahoo.com](mailto:MasterHanTKD@yahoo.com) or feel free to speak with a representative at 703-455-3300.

Thank You,



Grand Master Kwang Soo Han  
Event Director



# 2018 VIRGINIA STATE OPEN TAEKWONDO CHAMPIONSHIP

## **-GENERAL INFORMATION-**

<b>DATE:</b>	Saturday, April 21 <sup>st</sup> , 2018
<b>PLACE:</b>	Cora Kelly Rec Center: 25 W Reed Avenue. Alexandria VA, 22305
<b>FEE(S):</b>	<p><b>Pre-Registration:</b> \$80 for One/Two Events, \$100 for All Three Events <b>On Site/Late Registration:</b> \$100 for One/Two Events, \$120 for All Three Events.</p> <p><b>Payment MUST BE in CASH, MONEY ORDER, or CASHIER'S CHECKS made out to G.M. Kwang S. Han.</b> WE DO NOT ACCEPT PERSONAL CHECKS.</p> <p><b><u>\$10 Admissions (per spectator) Fee AT DOOR, CASH ONLY.</u></b> Children Under 5 and Seniors over 65, FREE.</p>
<b>MAIL TO:</b>	Master Han Taekwondo 7839-B Rolling Road. Springfield VA, 22153
<b>CONTACT INFO:</b>	703-455-3300 / <a href="mailto:MasterHanTKD@yahoo.com">MasterHanTKD@yahoo.com</a> / <a href="http://www.MasterHanTKD.com">www.MasterHanTKD.com</a>
<b>DEADLINE:</b>	Friday, April 13 <sup>th</sup> , 2018.
<b>SCHEDULE:</b>	<p><b>Doors open 8:30AM   Onsite/Late Registration: All Day</b></p> <p><b><u>Part 1: Competitors Ages 11 &amp; Under: Start time 9:00am</u></b> Forms (Poomse): 9:00am-10:00am Breaking: 10:00am-11:00am Sparring: 11:00am-12:00pm</p> <p><b>Intermission: 12:00pm-1:00pm</b></p> <p><b><u>Part 2: Competitors Ages 12 &amp; Older: Start time: 1:00pm</u></b> Forms (Poomse): 1:00pm-2:00pm NO BREAKING FOR 12YRS/OLD AND OLDER Sparring: 2:30pm</p> <p>*Schedule times may change during the event.</p>
<b>COMPETITION RULES:</b>	Modified USAT & WTF Rules will govern this championship.
<b>EQUIPMENT:</b>	<p>Competitors must wear traditional or v-neck uniforms.</p> <p>Breaking Competitors: You will need to supply your own boards. There will be boards for sale on-site. Competitors also must provide their own Board Holders.</p> <p>Sparring Competitors: You must supply your own sparring gears consisting of: shin/instep protectors, forearm guards, chest protector, head gear, mouth piece, and groin cup.</p>



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## **-OFFICIAL ENTRY FORM-**

<b>FEE(S):</b>	<u>Pre-Registration:</u> \$80 for One/Two Events, \$100 for All Three Events <u>On Site/Late Registration:</u> \$100 for One/Two Events, \$120 for All Three Events. <b>Payment MUST BE in CASH, MONEY ORDER, or CASHIER'S CHECKS made out to G.M. Kwang S. Han. WE DO NOT ACCEPT PERSONAL CHECKS.</b>  <u>\$10 Admissions (per spectator) Fee AT DOOR, CASH ONLY.</u> Children Under 5 and Seniors over 65, FREE.				
<b>MAIL TO:</b>	Master Han Taekwondo 7839-B Rolling Road. Springfield VA, 22153				
<b>Name:</b>					
<b>Address:</b>					
<b>Contact:</b>	<b>Phone: (     )     </b>		<b>Email:</b>		
<b>Additional Info:</b>	<b>Birth Month:</b>	<b>Day:</b>	<b>Year:</b>	<b>Age:</b>	<b>Sex:</b>
	<b>Weight (lbs):</b>		<b>Height:</b>		
	<b>Belt Rank:</b>		<b>Belt Color:</b>		
<b>TKD School:</b>	<b>Head Master:</b>				
<b>ENTERING: (Please Check)</b>	<input type="checkbox"/> <b>Forms (Poomse)</b> <input type="checkbox"/> <b>Breaking (ONLY FOR COMPETITORS 11YRS &amp; UNDER)</b> <input type="checkbox"/> <b>Sparring</b>				

## **LIABILITY WAIVER**

I hereby submit this registration and liability waiver form to participate in the 2018 Virginia State Open Taekwondo Championship. I certify that the information on this form is true and correct and hereby agree to waive claims against any person, school (academy), or associations connected to Grand Master Kwang S. Han, Master Han Taekwondo (formally known as U.S. Taekwondo College), Cora Kelly Recreation Center, USAT, WTF, Championship directors, referees, instructors, coaches, staff, medical staff, and other competitors for any injuries I may sustain, including death, and for damages to or loss of property which may be suffered from myself arising out of or in any way resulting from or attributing in whole or in part to my traveling to, training for and likewise will assume full responsibility for all my actions in connection with the Championship. I also understand further that I shall strictly obey the Rules and Regulations governing this Championship and understand that I may be disqualified if I do not follow the rules. If I fail to show up for competition, I knowingly forfeit all applicable registration fees. I further agree that any pictures of videos taken of or by me in connection with the Championship can be used by the Championship Director for publicity or promotion without compensation at this time or any other time.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_  
(Signature of Parent/Guardian if under 18 years old)

**I verify that the applicant is a student at my school and that the above information is correct.**

Signature: \_\_\_\_\_ Date: \_\_\_\_\_  
(Signature of Grand Master/Master/Instructor of School)



# 2018 VIRGINIA STATE OPEN TAEKWONDO CHAMPIONSHIP

## **-OFFICIAL COACH/VOLUNTEER FORM-**

<b>Coach</b>	<b>Volunteer</b>
Name:	Name:
TKD School:	TKD School:
Phone:	Phone:
Email:	Email:

\*One coach-pass for every 10 competitors.

\*Volunteers must help out at all stations during the event. (Holding Boards, Sparring "Time" system tables, etc.)

## **LIABILITY WAIVER**

I understand that participating in the sport of Taekwondo involves an element of danger even when matches are supervised and protective gear is used. Despite this danger, I want to participate in the 2018 Virginia State Open Taekwondo Championship, and I knowingly and voluntarily assume all risks involved in participating in the championship as a coach/ volunteer/ referee/ competitor, even those risks occasioned by negligence. I relinquish all rights to claim or recover damages for personal injury and death even if injury or death is caused solely by the negligent of other persons or entities. I hereby agree to waive claims against any person, school (academy), or associations connected to Grand Master Kwang S. Han, Master Han Taekwondo (formally known as U.S. Taekwondo College), Cora Kelly Recreation Center, USAT, WTF, Championship directors, referees, instructors, coaches, staff, medical staff, and other competitors for any injuries I may sustain, including death, and for damages to or loss of property which may be suffered from myself arising out of or in any way resulting from or attributing in whole or in part to my traveling to, training for and likewise will assume full responsibility for all my actions in connection with the Championship.

Coach Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Volunteer Signature: \_\_\_\_\_ Date: \_\_\_\_\_

TKD School Owner's Signature: \_\_\_\_\_ Date: \_\_\_\_\_



# 2018 VIRGINIA STATE OPEN TAEKWONDO CHAMPIONSHIP

## DIVISION

(Division may be modified during Championship day)

### Belt Division Male & Female

Form	White-Orange	Green-Purple	Blue-Dark Blue	Red-Semi Black	Black
Sparring	White-Orange	Green-Purple	Blue-Dark Blue	Red-Semi Black	Black
Breaking	White-Orange	Green-Purple	Blue-Dark Blue	Red-SemiBlack	Black

### Age Division Male & Female

Form	7 & Under	8-9	10-11	12-14	15-17	18-29	30 & Up	
Breaking	7 & Under	8-9	10-11	12-14	15-17	18-29	30 & Up	
Sparring	5& Under	6-7	8-9	10-11	12-14	15-17	18-29	30 & Up

### Weight Division for All Belts/Male&Female

Division	Light	Middle	Heavy
Ages 7 & Under	0.0 lbs – 50.7 lbs	50.8 lbs – 59.5 lbs	59.6 lbs and Up
Ages 8-9	0.0 lbs – 55.1 lbs	55.2 lbs – 66.1 lbs	66.2 lbs and Up
Ages 10-11	0.0 lbs – 77.1 lbs	77.2 lbs – 88.2 lbs	88.3 lbs and Up

Ages 12-14	Division	Male's Weight	Female's Weight
Ages 12-14	Fly	Not exceeding 81.6 lbs	Not exceeding 72.8 lbs
	Feather	81.7 lbs – 99.2 lbs	72.9 lbs – 90.4 lbs
	Welter	99.3 lbs – 116.8 lbs	90.5 lbs – 103.6 lbs
	Middle	116.9 lbs – 134.4 lbs	103.7 lbs – 121.3 lbs
	Heavy	134.5 lbs and over	121.4 lbs and over
	Ages 15-17	Fly	Not exceeding 105.8 lbs
Feather		105.9 lbs – 121.3 lbs	97.1 lbs – 108.0 lbs
Welter		121.4 lbs – 138.9 lbs	108.1 lbs – 121.3 lbs
Middle		139.0 lbs – 160.9 lbs	121.4 lbs – 138.9 lbs
Heavy		161.0 lbs and over	139.0 lbs and over
Ages 18-32	Fly	0.0 lbs – 128.0 lbs	0.0 lbs – 108.0 lbs
	Feather	128.1 lbs – 150.0 lbs	126.1 lbs – 148.0 lbs
	Welter	150.1 lbs – 176.0 lbs	126.1 lbs – 148.0 lbs
	Heavy	176.1 lbs and over	148.1 lbs and over
Ages 33 and Up	Light	0.0 lbs – 145.0 lbs	0.0 lbs – 125.0 lbs
	Middle	145.1 lbs – 170.0 lbs	125.1 lbs – 156.0 lbs
	Heavy	170.1 lbs and over	156.1 lbs and over



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## COMPETITION BASIC RULES

### Forms (Poomsae)

All competitors must perform the Form (Poomsae) designated for their specific belt rank. Scoring for Forms will be graded on timing, technique, power, focus, and ki-hap.

### Sparring

Color Belts/All Ages: No Head Contact

7 & Under/Black Belts: No Head Contact

8-9 Yrs Old/Black Belts: Light Head Contact

10-11 Yrs Old/Black Belts: Light Head Contact

12-14 Yrs Old/Black Belts: Light Head Contact

15 & Up/Black Belts: Please check World Taekwondo Federation (WTF) Rules

Color Belts All Ages to 10-11 Yrs Old Black Belts: Sparring rounds are 2 minutes long with a 20 second break.

12-14 Yrs Old Black Belts to 15 & Up Black Belts: Sparring rounds are 2 minutes and 90 seconds with a 20 second break.

### Breaking

All competitors will be scored on their breaking technique, focus, and ki-hap.

### Demo Team

If interested please contact Grand Master Kwang S Han. Demo Team may use music but must be responsible for their own equipment. Demonstration must be no longer than 10 minutes.