A NATURAL BIRTH ALTERNATIVE

CARE THAT IS SAFE
You can feel safe and secure having your baby at the Goshen Birth Center. As a Birth Center client, you are carefully evaluated to ensure that you possess minimal risks for complications, giving you peace of mind. Our care is consistent with the best available research on safety and effectiveness. Should issues arise, Goshen General Hospital is only minutes away and a midwife can continue to care for you there. Fairhaven OB/GYN physicians are available 24 hours a day if a doctor’s consultation or care becomes necessary.

AFFORDABLE CARE
Many insurance companies cover the use of Goshen Birth Center. We offer a generous discount if you are paying cash.

PERSONAL CARE
The Goshen Birth Center provides a home-like setting where you and your baby receive the most personal of care. Birth is celebrated as a natural and healthy process. Our certified nurse-midwives support you to have a healthy and joyful birth experience. You and your family are invited to celebrate the miracle of birth on your own terms.

Whether this is your first baby or you have given birth before, Goshen Birth Center offers a natural birth alternative for women who want to experience a natural birth in a home-like setting. Our experienced certified nurse-midwives provide care that focuses on the birth of your baby as a natural, safe and normal life event. The Goshen Birth Center allows you to personalize your choices throughout the labor and birth process. While avoiding the risks, discomfort and disruption of unnecessary procedures, the birth center provides the freedom to:

- Be active and move about during labor
- Eat and drink during labor
- Choose the most comfortable positions for labor and birth
- Use deluxe Jacuzzi-tubs for relaxation, pain relief and water birth
- Use complementary and alternative medical options
- Include family, friends and other support persons as desired
- Keep your baby with you until going home
- Return to the comfort of your own home soon after the birth.

Goshen Birth Center is licensed by the Indiana State Department of Health and accredited by the Commission for the Accreditation of Birth Centers.

Goshen Birth Center
1155 Lighthouse Lane • Goshen, IN 46526
Phone: 574.971.4840 • Fax: 574.533.4041
www.goshenbirthcenter.com

8.5" x 11" Trifold Brochure Template for 80# Text -outside View
Extend Bleed 1/8" as indicated by the 10% black area.
(Remove gray box and measurements before using the outlines as an overlay template in other applications.)
COMFORTABLE & HOME-LIKE
Each of our spacious suites is designed to offer you the privacy you deserve in an environment that is restful and soothing. Decorated in a variety of styles, your choice of suites provides an intimate atmosphere featuring a queen-sized bed, private bath, Jacuzzi tub and plenty of windows for natural lighting. The deluxe tub is used for relaxation and pain relief during labor and you can also choose to have a water birth if you desire. After the baby is born you soak in a soothing herbal bath that promotes comfort and healing.

PERSONALIZED CARE
Midwives give one-to-one care that considers the health needs of mother and baby while maintaining the utmost respect for personal preferences and values. Research shows this continuous personal support decreases rates of C-Sections and other medical interventions. Our midwives use complementary and alternative modalities and techniques for pain relief that avoids the use of pain medication. Your baby stays with you from the moment of birth until you are ready to leave the birth center.

Preparatory classes and personal coaching prepare you to go home shortly after birth. A home visit within 24 hours ensures that all is going well.

SPACE FOR FAMILY
The open concept of the Goshen Birth Center provides a spacious living area for family members and friends to relax and wait for the new arrival. Here you will enjoy all the amenities of home including comfortable furniture, a fireplace, play area for children, and a kitchen and dining area.

At the Goshen Birth Center you can create an atmosphere that is suited to you and your family’s personal, cultural, and religious beliefs.

THE GOSHEN BIRTH CENTER EXPERIENCE
The Goshen Birth Center experience allows you and your family to create the natural childbirth experience that is right for you. Supported by a certified nurse-midwife at every step of the way, you have the opportunity to choose labor and birth options that meet your unique needs. This allows you to experience control of your body and the birth process for an empowering and meaningful birth experience.

The birth center has been carefully designed to create a private, home-like environment that enhances the physiology of pregnancy and birth. It is the ideal setting to welcome the newest member of the family.