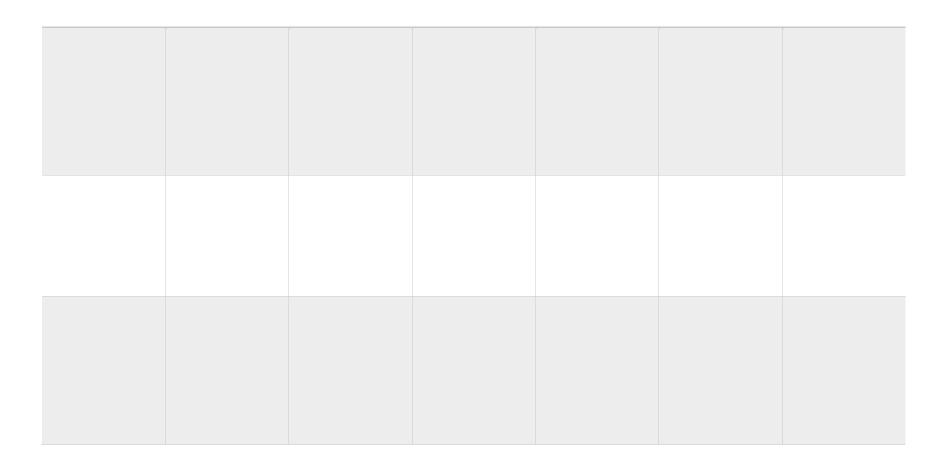
MEAL PLANNING:



GROCERY LIST:

CUTTING BOARD:

	MEAL #1	MEAL #1	MEAL #3	MEAL #4	MEAL #5	MEAL #6	MEAL #7
WHAT'S							
FOR DINNER?							
PREPPING:							
DOUBLE USE/ LEFTOVERS?							