



Homelessness NSW



Changing the Story of Homelessness

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Homelessness NSW



Who are we?

- Peak agency focused on preventing and addressing homelessness
- Mission: *A NSW where no-one is homeless or at risk of homelessness.*
- What we do

Homelessness NSW



Homelessness NSW - advocacy work

- Women on temporary visas
- Police and rough sleepers project
- Debt Set Unfair
- Lived experience participation



MILK CRATE THEATRE



WHO WE ARE

- An arts organisation
- Sydney, Australia
- 18 years

OUR PARTICIPANTS

People with lived experiences of:

- Homelessness
- Mental health support needs
- Disability
- Trauma
- Domestic violence

www.milkcratetheatre.com

MILK
CRATE
THEATRE

WHAT WE

DO

Facilitate:

- performing arts workshops
- performances
- productions
- films
- developing artist programs

Creative opportunities to build:

- confidence
- skills
- social connections



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STRENGTHS-BASED APPROACH

- No reliving stories of homelessness or trauma
- Social Worker
- Transparency, Information, Visual aids
- Artist Training:
 - Mental Health First Aid
 - Disability Awareness
 - CACD
- Self-actualisation:
 - self-efficacy, autonomy
 - educated decision making



COMMUNITY ARTS & CULTURAL **DEVELOPMENT**

Creating Australia:

1. By, with and for the community
2. Development a primary objective
3. Socially inclusive
4. Community-centred and collaborative
5. Engagement of highly skilled arts and culture practitioners

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Lived Experience Advisory Program

- Important of lived experience representation
- Cultural change in Homelessness NSW



Lived Experience Advisory Program- Stage One

Rough
Sleepers

Experience
of DFV

Older
women

Young
people

Lived Experience Advisory Program - how it will work

- Each group facilitated by lived experience representative
- 6-8 members in each group
- Provide ongoing advice to Homelessness NSW
- Sector capacity building



Resourcing and training



- Training developed in consultation with lived experience representatives
- Milk Crate Theatre designs training
- Milk Crate Theatre leads desired training, including also:
 - body & posture
 - voice & projection
 - spatial awareness
 - interpersonal & appropriate contact
 - creative games

THEORY OF CHANGE – LONG TERM IMPACT

CONFIDENCE

- Increased confidence
- Sense of self worth
- Reduced anxiety

SKILLS

- Sense of empowerment
- Increased aspirations
- Improved decision-making

SOCIAL CONNECTIONS

- Improved interpersonal skills
- Social Connections